

TARTAN



1929

Chris L. (Peabody)

Chris to a real sweet person, I remember Saturday school, I probably see you there next year give me a call in the 10 Belminter Hwy. and Their is a Bed no pants Mike

So Chris, To a pretty cool person to hang around with. Have a great summer! Love Erica

Peabody, Haven't seem you too much this year but have a super nice summer. See ya next Lin & Tammy

Chris, a sweet girl that I know for a long time. I hope that you have a nice and hot summer. Good luck for the next year and keep your eyes on the cup. Shula Jones

Chris I have really enjoyed having you in the study hall with you. Good luck in your coming years! Love Julie

To a really sweet person I had fun in study hall with you. Hope to see you next year. Keep cool your friend Linda Bradberry

Chris it has been nice knowing you. Hope to see you at school next year. Hope you have a great summer. Good luck in 11th of Tina Jones

Have a brother and sister. Love! Chris

To Chris,
It's been another
exciting year and
the older we get,
the better we get!
Hope to see you
in my final years of
school.

Thanks for all
the good times!
Love,
Colo

To a
Really super
Really enjoyed
Really enjoyed
Knowing you this
year and hope to
see you this summer
and meet this summer
Just me a call sometime
Love Mike Bullock
461-1381

to a good friend
Happy Hi Greeting's

Paul
E. B.

To Chris,
Well I hope you
another year of
well get it on
much love
a great year
and I hope you
have a great
summer and
have a great
time
Love
Chris
1991

Sign it
HA! HA!
Bill June

To a nice girl
hope to see you
This summer stay
out of trouble
Eric Byrnes

Dear Chris
I don't know
you that well
but what I do
know I like
so have a great
summer
Love
Cindy

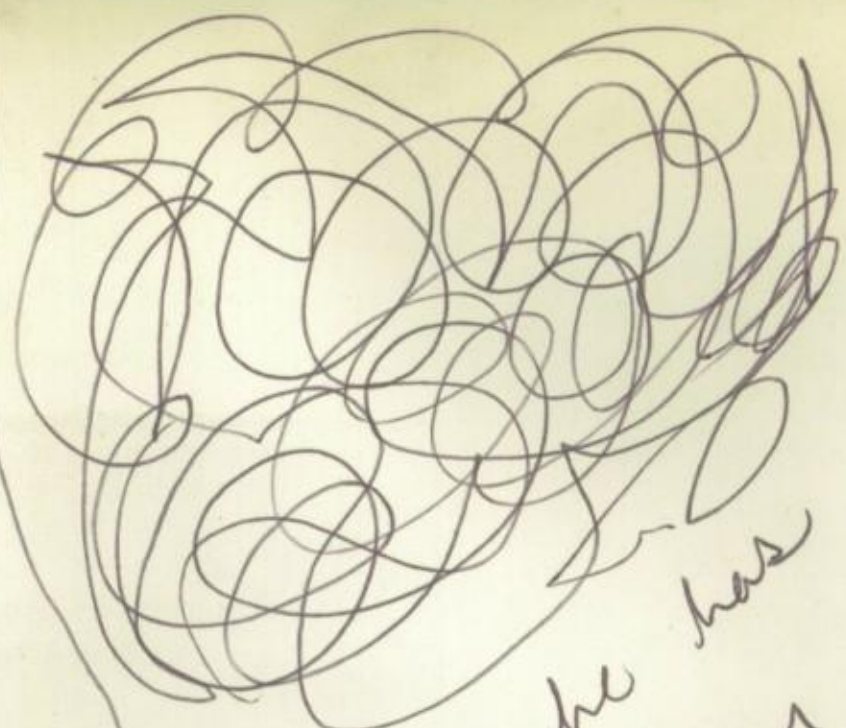
This page is saved
for special sisters only

brother like Mike

Peabody,
I'm really glad I've become
close to friends to Squirrelly
& you because we're going
to have a "blast," Watch Out
World, Shaggy's girls are go-
ing to LIVE. Well, let's keep it
this way, too. I hope Squirrelly
can move out here to stay.
I don't know what to say &
everyone's yelling at me to
let them see the book. so
let's keep in contact till we
become old lady.

Love you
Dearly
but not
squirrelly

Love Always (Amy
Boggon)
Babygo
697-8133



Chris,
I had a really nice
person that I have
that honor of meeting
I hope you are the
best of friends
and don't let me see
you on T.V. being
excited.
FOR B/BK



HEY CRIS
WHAT'S GOING ON
MAN
Bruce

Hi
Cris Well it's
the end of the year
Hope you have a
great year next
year and a crazy
summer. See
you around.
Love
Kevin

You're the
nicest
person
5 feet
Love
Short-
under
I know
Aubrey

CHRIS It's been nice
knowing you this year
see you later
for

1979 Tartan
Helix High School
La Mesa, California

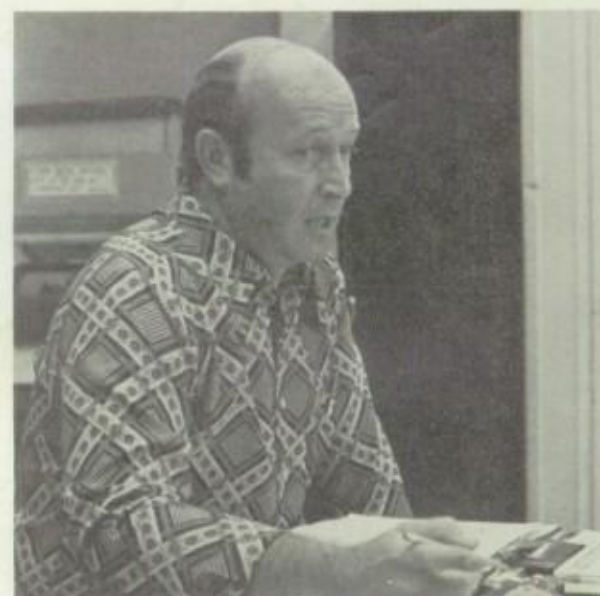
Chris, I don't really know
you all that well but
you're a real sweet
person! and I hope I
get to know you better
next year.
Love
Gina
"80"

From the trials of initiation to the joys of graduation, each moment was an experience to be remembered. As each year passed, students were getting more and more involved. The trial of being a freshman was no longer there, but the mixed feelings of graduation was. The thought of meeting new friends while leaving old ones behind was becoming evident. 1978-79 will be remembered as the year of challenge for seniors ... the challenge of living in and adjusting to a new environment.

Center Right: Missy Rhea administers first aid to Janet Ralston's eye after she had been clobbered by a drum mallet.

Below: Registration ... that hectic time that signals the beginning of school.

Right: Debbie Lapham and Suzy Erautt announce senior standouts at an assembly.



Right: Tartan advisor Ron Ray struggles through another 64-page deadline.

Below: J.V. swimmers prepare to compete in the meet with Grossmont.



Above: Scott Anderson becomes a victim of mis-directed toothpaste.





Above: Junior Kathy Smart keeps her eye focused on her favorite football hero.



Right: Junior Jim Allen displays his costume at Tracey's halloween party.

Below: Varsity cheerleaders encouraged participation at the Hello assembly.





Students Make The School



Going along with the crowd used to be the thing to do ... but a few years have passed, and you've grown up a little bit. You don't have to be full of loud ideas or creative genius to express yourself; actions also serve ... It makes no difference how you choose to make that great expression come alive, just so there's part of you in the project. Finding a way to become part of the things around you without sacrificing a part of yourself ... Belonging to a world that won't allow you to stand still as it goes by ... Believing that someday someone will come to understand a part of you ... But only when you begin to give of yourself to others.

Page 4—Top Left: Helix students enjoyed their victorious Green Machine. **Top Right:** Drum Major Bruce Kerl led the "Pride of La Mesa" at halftime. **Bottom Left:** Highlander pride was evident at graduation on June 14. **Bottom Right:** Angles Bartholomew calls Mom for a ride home. **Page 5—Left:** Multi-talented Casey Tiumalu scores against Monte Vista. **Below:** Highlanders prepare to be entertained at halftime following the intense first half of the Helix vs Granite Hills game.



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Chris -
 Well another
 year sheet to hell
 I hope your find every
 thing out of life that you want
 I know we don't talk much
 but its been weird knowing that
 your still about 70 & Diana & your
 the same as if nothing happened
 Thank you & Kisses
 Hal Bowler

STUDENT LIFE

To abod
 you are the nicest
 murderer that I have
 ever known. And I
 deny it. I know
 a fact that you
 stepped on ants
 oh well lets
 forget about all
 the good things
 life. How have
 you been.
 The one
 Me



Adam
 Benders
 Blood

Luke
 Kemler's
 Blood

Varsity Cheer Upheld Scottie Spirit Through Victory ... And Defeat!

The mere word 'spirited' was just a partial description of this year's varsity cheerleaders. They were a hard-working and enthusiastic group of girls, all doing their best at providing the utmost in Scottie spirit and pride. Through times of tension, excitement, tears and joy, our cheerleaders maintained the reputation that Helix holds for an abundance of school spirit. In November, the girls raised over \$200 by selling carnations and in December they had an equally successful mistletoe sale. And, finally in May, several Highlanders were entertained by singing telegrams.

PAGE 8—Right: Lore Meek, Head Cheerleader; **Lower Left:** Susie Klinkenberg; **Lower Right:** Suzy Bumpas
PAGE 9—Top Left: Kim Surber; **Top Right:** Lili Feingold; **Center Left:** Leticia Barber; **Center Right:** Kathy Barber; **Lower Left:** Doreen Kim; **Lower Center:** Sheri Morris; **Lower Right:** Venise Contreras





Fun-Filled Homecoming Week Featured Excitement And Glamour

Homecoming '78 was filled with excitement, glamour, fun and many treasured memories. Homecoming Week featured games and contests for the sixteen princes and princesses. At the special assembly students were excited with the appearance of mystery guest Bill Walton, while Donna Oleksow and Mark Bailey had the pleasure of kissing a baby pig. Homecoming night proved to be a "Touch Of Class" as the princesses arrived in fancy sports cars. The evening was highlighted by the announcement of **Ken Devaney** and **Kathy Barber** as Homecoming King and Queen for 1978. The evening was complete with the 35-0 defeat over El Capitan, and the dance which featured the sounds of the band Horizon.



Above: Superstar Bill Walton, who began his basketball here, was the surprise mystery guest at the assembly.

Left: Prince Ken Devaney and Princess Donna Oleksow being introduced to all.

Below: Queen Kathy Barber receives a warm hug from her twin sister Letitia.

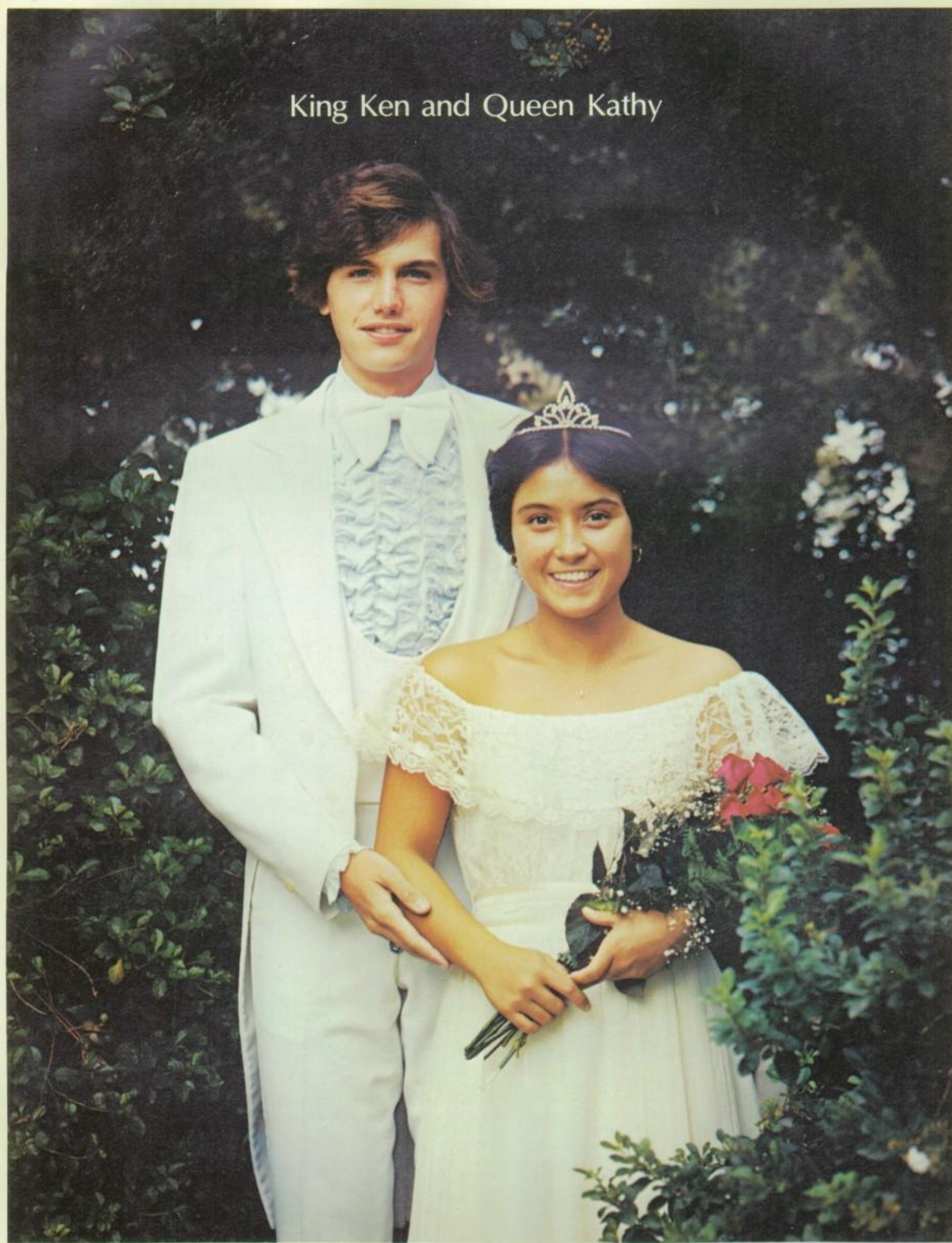


Left: The glamour and excitement of Homecoming 1978 was never more evident than at this moment of the ceremony.



Above Left: Prince Scott Anderson and Princess Mary Mendoza join the anxious couples on the field. Above Right: Prince Glen Lee offers assistance to Princess Kathy Barber as they prepare to be introduced to Helix fans. Left: Princess Donna Oleksow displays her approval as her escort Ken Devaney is proclaimed 1978 Homecoming King. Above: Mark Bailey becomes ecstatic after kissing a baby pig at the assembly.

King Ken and Queen Kathy



Homecoming Of 1978 ... "A Touch Of Class"



This year's twenty-sixth annual Homecoming will be remembered by many as one of the biggest events of the entire year. This year, however, marked the beginning of a new era by having a double coronation. In accordance with Title IX, equal opportunities to all persons regardless of sex must be provided. So, the decision was made to have both a king and queen and give both equal recognition. Among the candidates for these prestigious titles included twelve Helix seniors and four foreign-exchange students. They were: **Kathy Barber** who was active in modern dance, a member of the senior board, secretary to the human relations club and a varsity cheerleader. **Glen Lee** was ASB president and treasurer to the Letter Club as well as being a member of the varsity water polo team. **Lisa Barber** was a member of senior board, Girl's State representative, in modern dance and ASB, and played on the tennis team. **Mark Bailey** was this year's commissioner of boy's athletics, was on the varsity football and wrestling teams, and a member of the Onsite Council. **Linda Bras** was this year's ASB secretary, a member of the Fling staff and in modern dance. She was also in Y-Teens and Young Life. **Donna Oleksow** was this year's commissioner of spirit and Scottie Riot Squad advisor. She was a member of senior board, Tartan staff, Highland League cabinet and Quill & Scroll. **Phil Oyos** was an outstanding running back on the varsity football team. **Ken Devaney** was this year's senior class president, a member of the speech team and UN Club. **Cindy Freeman** was this year's commissioner of public relations, a member of senior board, Tartan staff, student council and Y-Teens. **Mike Ryan** was this year's senior class vice president, and a member of the varsity basketball and baseball teams. **Mary Mendoza** was co-editor-in-chief of the '79 Tartan, a member of Quill & Scroll and modern dance. **Scott Anderson** was a member of the varsity football, wrestling and track teams, and was in CSF, Young Life and Campus Life. Honorary princes and princesses were Jose Ribiero from Brazil, Maja Raznatovich from Yugoslavia, Alessandra Orrechioni from Italy and Rui do Carmo from Brazil.

Highlander Band Marches To



Above: The Highlander band marched in the Columbus Day Parade and received high honors for their performance.

Top Right: Band Officers were Curt Garvin, president; Curt Stedman, vice president; Cheryl DeForest, secretary and Lisa DeSantis, treasurer.



Above: Under the direction of Gerald Kirk, the marching band displayed their talent and pride while performing during halftime shows.

Lower Right: Loading Crew members included Louise DeSantis, Curt Garvin, Jeff Jolliff, Mike Mountain, John Siegel and Bill Walton.



Another Award-Winning Season



Above: Drum Major Bruce Kerl led the marching band through a successful season.



Below: The Helix award-winning drill team performed well and earned several awards.



Above: Letter carriers display radiant smiles as they lead the band into each halftime show and competition.

Above: The band performed with a Scottish theme song prior to each football game at Helix stadium.



Above: Pep Band members included Louise DeSantis, Tom Lehto, Curt Stedman, Mike Pirie, John Siegel, Mike Mountain, Bill Walton, Jeff Jolliff, Jeff Barkley, Mark Jacobson, Theresa Lanham and David Bradley.



Banner and Letter Carriers: L. Peterson, S. Morgan, K. Ball, C. DeForest, K. Bartow, C. Michener, C. Jolliff, M. Moore, J. Rury, V. Nordberg, C. Taylor, D. Oswalt, N. Bauer, L. Springer, P. Featheringill, C. Loach, T. Manzano, E. Castello, S. Bracka, T. Bracka, G. Lowery, J. Heuberger **Bagpipe Band:** B. Blaisdell, H. Butchart, J. Eckert, T. Flaherty, R. McFee, S. McIntyre **Band:** J. Farrell, S. O'Neill, D. Karl, M. Heuberger, B. Chianese, M. Mountain, S. Derby, J. Ziegler, D. Lock, F. Tirpak, B. Walton, D. Bailey, M. Boltz, M. Garvin, C. Hambel, J. McHenry, B. Igarashi, T. Lehto, C. Griffin, J. Moss, B. Bateman, S. Epps, R. Ramos, C. Garvin, D. Moore, T. Zolezzi, J. Barkley, C. Stedman, L. Kent, D. Jekkel, D. Stewart, L. Hoagland, H. Munguia, J. Siegel, R. Kohnke, C. Daley, M. Price, C. Kent, G. Oliver, K. Loveless, C. Heskett, L. DeSantis, S. Dodson, M. Pirie, D. Murray, G. Kloeckner, P. Bateman, D. Gutierrez, D. Schitoskey, D. Bradley, S. Johnson, M. Collins, J. Jolliff, D. Viertel, H. Viertel, S. Marino, R. Boyer, J. Kloeckner, T. Leberis, R. Duggan, M. Cohan, J. Redbird, S. Redbird, R. Gonzalez, J. Gaskill, V. Hughes, D. Fortenberry, D. Zopfi, L. Pickup, L. DeSantis, J. Pagel, K. Triguero, L. Samayoa, K. Robertson, T. Lanham, M. McElroy, M. Jacobson, D. Phillips, J. Cliffe, B. Clark, M. Brooks, P. Avila, D. Wissinger, B. Bartow, L. Spencer, S. Duncan, S. Coupland, K. Scott, S. Dixon, A. Colbert, M. Hunter, V. Neve, R. Zolezzi, M. Nadeau, M. Smith, P. Makovic, K. Quasarano



Highlander Band And Corps ... The Pride Of La Mesa

The Highlander marching Band and Corp was once again victorious and award-winning, capturing honors and sweepstakes throughout the year. From their first competition at the Columbus Day Parade, to the last competition of the year, the band walked away from every performance with high placement and showmanship Trophies. They practiced approximately four hours a day, including the morning, during and after school, and at night. The band definitely had that "scottie spirit" and everything that it takes to be a winning band.



TOP RIGHT: Hi-Stepper Captain DeDe Hart and Drum Major Bruce Kerl displayed their utmost Highland Pridé.

LEFT: Lieutenants: Pam Alvarez, Angie Capron, Karen Owens, and Brenda Brunner.

BELOW: Hi-Steppers: Robyn Arakawa, Barbie Bruner, Susan Burrows, Anna Marie Craig, Tammie Dorworth, Terie Duff, Eugene Edwards, Lorie Erwin, Lisa Gladhill, Kama Hada, Marilyn Hamilton, Karin Kizer—Treasurer, Susie Koenig, Joanne Loritz, Colleen McAulley, Cindy McCarthy, Teresa Mountain, Becky Olson—President, Shelley Schniepp—Soc. Historian, Tammy Spann, Teresa Spencer, Kathy Verba—Secretary, Joyce Yeakly—Publicity.



Assemblies: The Spice Of Student Life



Above: "Babies" Mike Perry, Ken Devaney and Mark Bailey display their supreme talents at baby-bottle guzzling!

Below: "Super Sophomore" Lisa Bras shows her Class of '81 enthusiasm at the spirit assembly.



Above: Scott Anderson and Chris Brogan entertain the crowd with their "wild and crazy" act.

Below: Leanne Walton, Janet Ralston and Mary Mendoza get their revenge by spreading tooth paste at random over varsity football players.





Above: Go bananas! B-A-N-A-N-A-S, Go bananas! Our new varsity cheerleaders for the day entertain at the spirit assembly.

Left: ASB class arrived in style at the Hello assembly and performed a skit to promote ASB card sales.



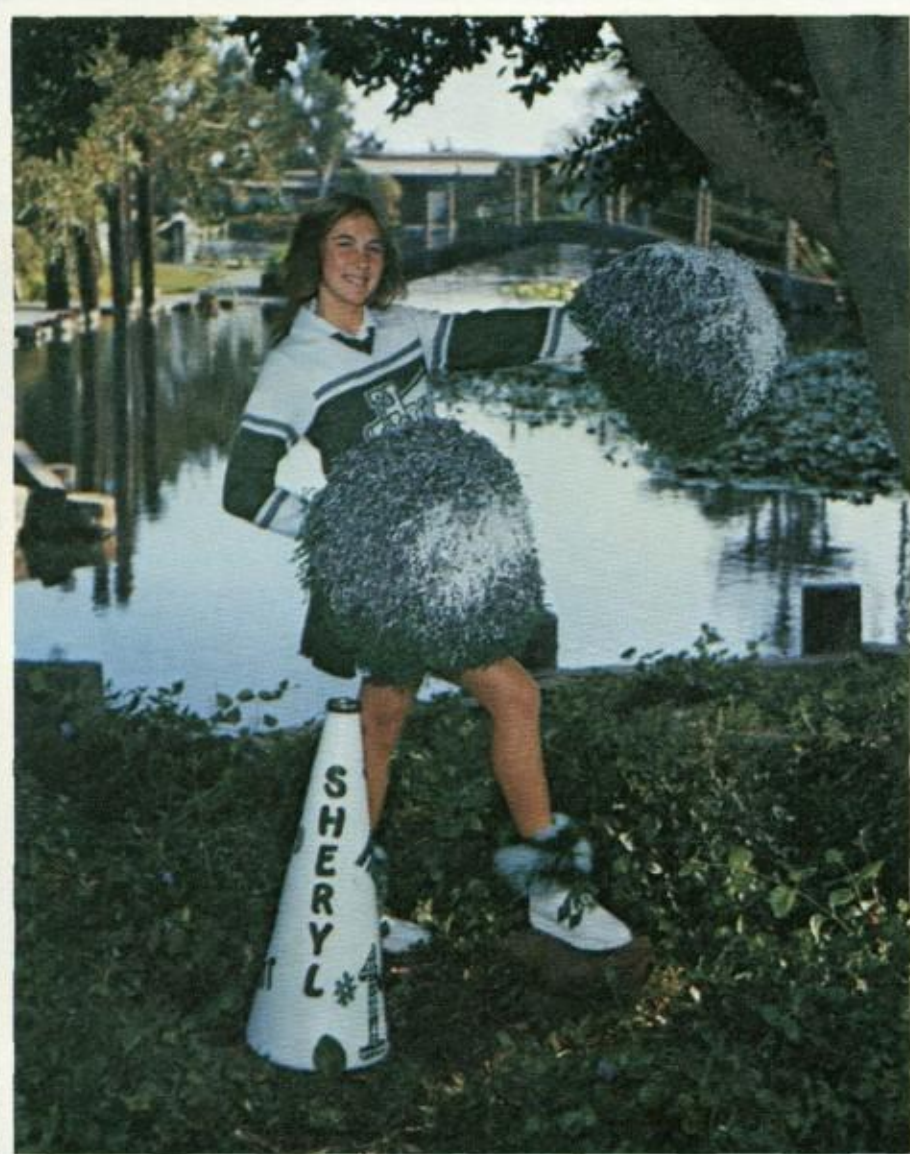
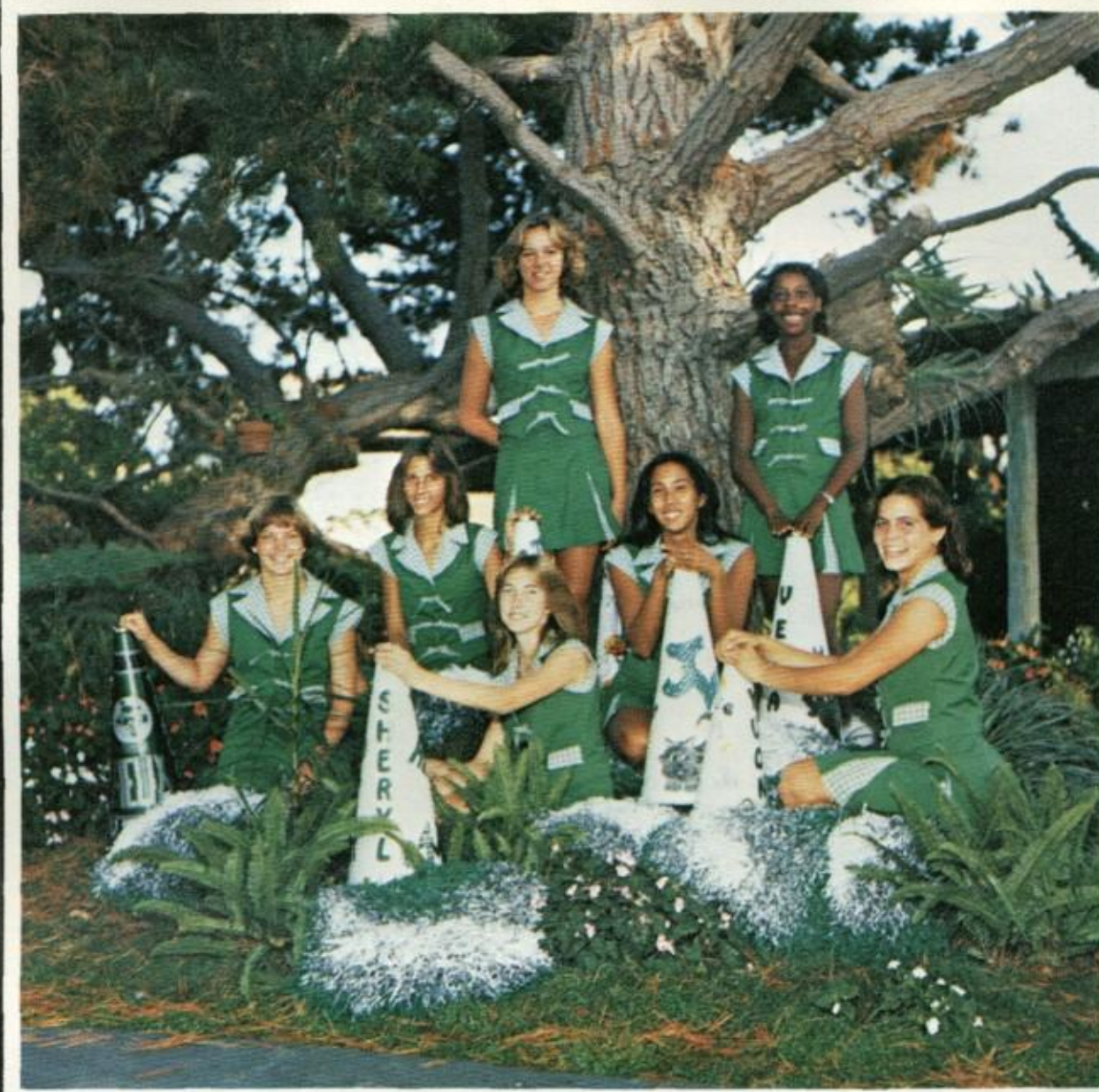
Above: Senior Mike Ryan, dressed in the style of a student from the 50's, waits his turn to make an appearance.

Left: Cheerleaders of all sorts and sizes appeared at the "Beat Grossmont" assembly!



Fired-Up J.V. Cheer Ignites Spirit

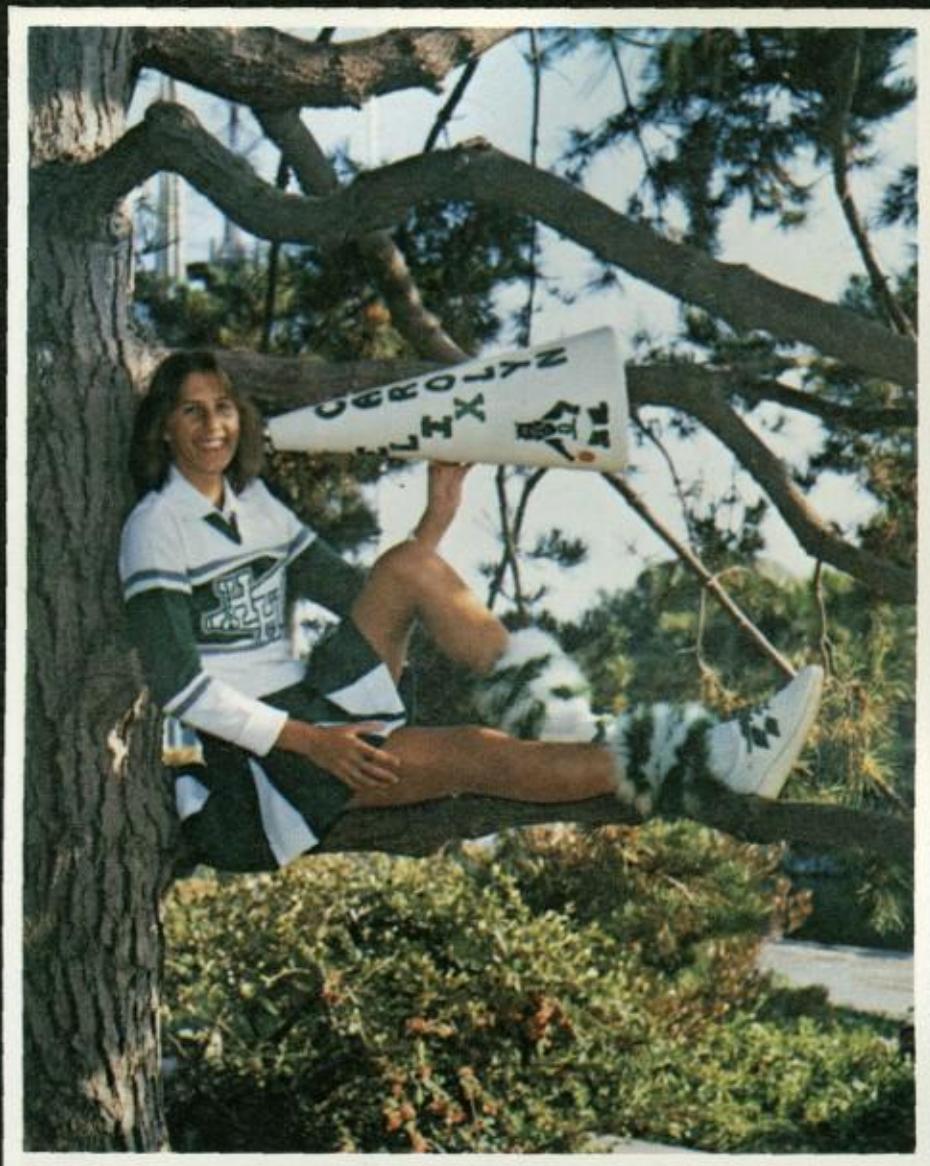
Sparked with motion and vigor, this year's **Junior Varsity Cheerleaders** experienced a full measure of liveliness. Through energetic exertion these girls maintained the tradition of Scottie spirit and pride. Cheering at all sporting events, they encouraged a winning attitude which was evident with each performance. In addition, the girls were busy raising funds selling carmel corn in November, holding a locker love-note sale in December, selling carnations in February and March, and ending with a successful candy sale in April. Whether raising enthusiasm or money, this seven-member squad kept busy throughout the year.



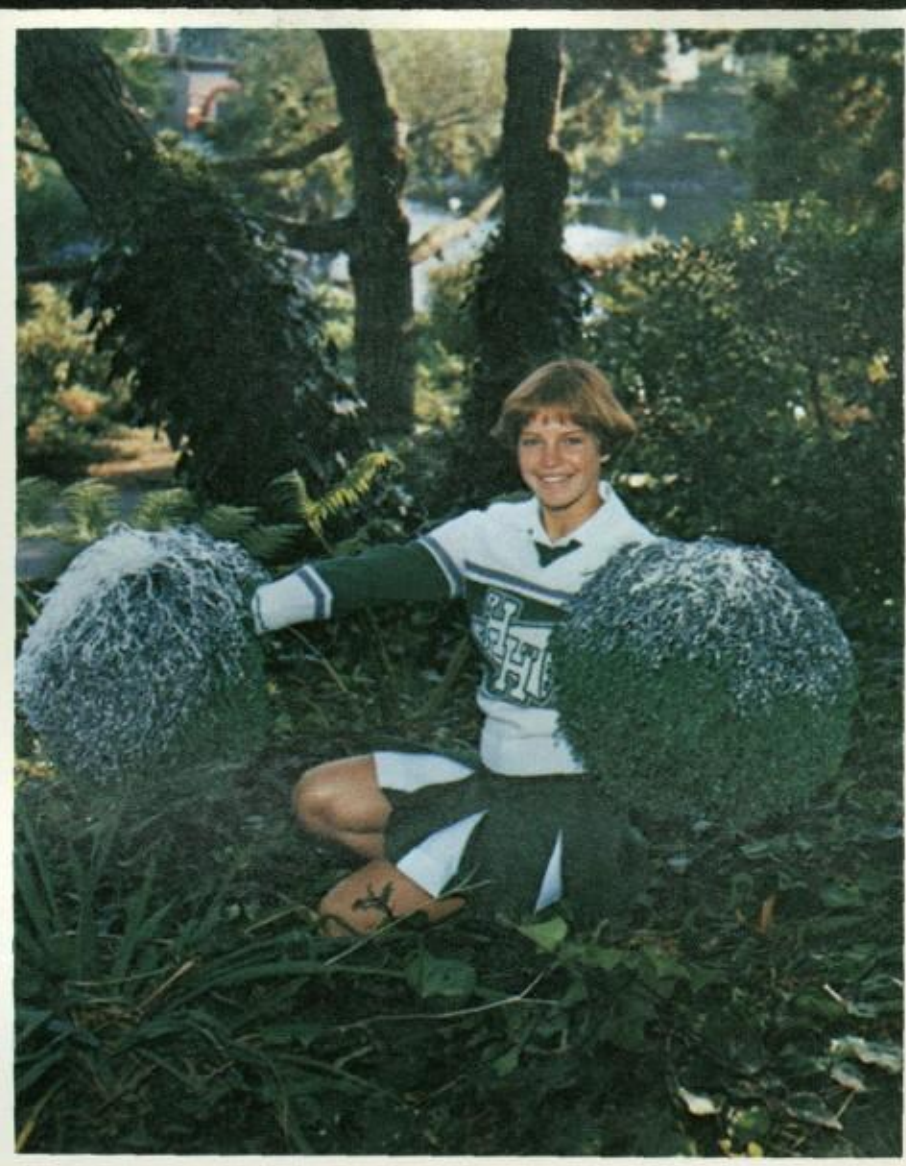
Sheryl Jones, Head Cheerleader



Veda Johnson, Sophomore



Carolyn Mathis, Sophomore



Tracey Reynolds, Sophomore



Lisa Andaleon, Sophomore



Lynn Hunter, Sophomore

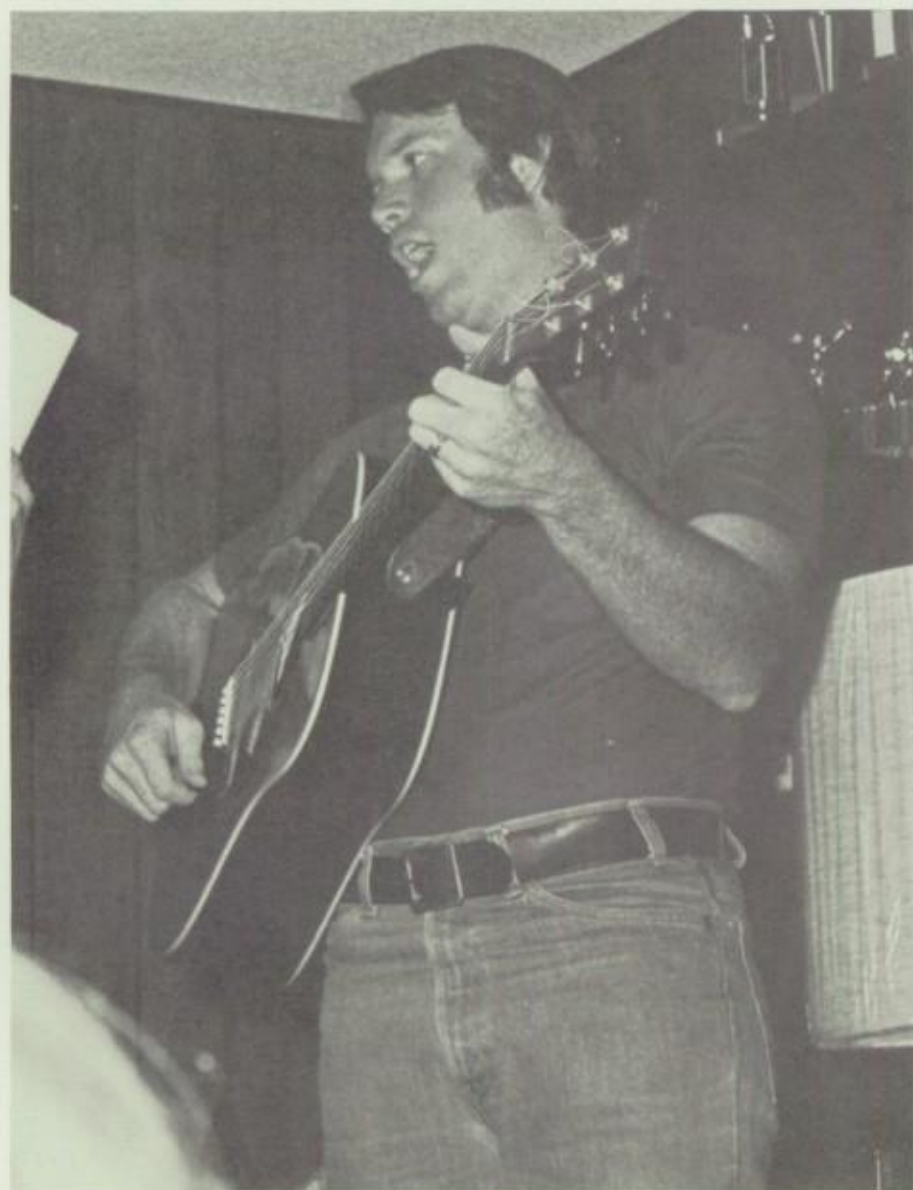
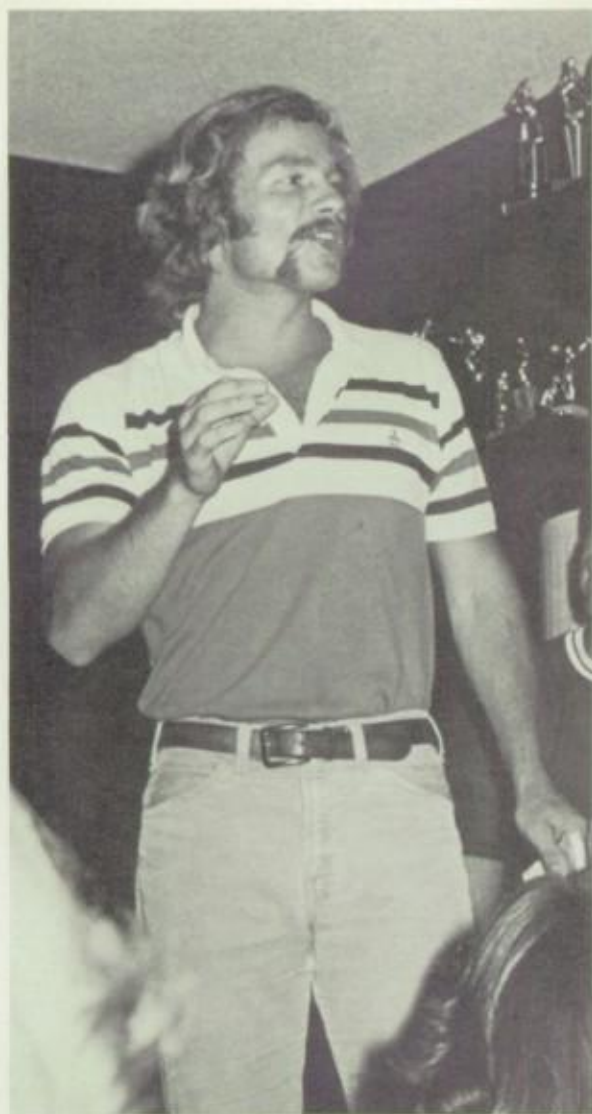


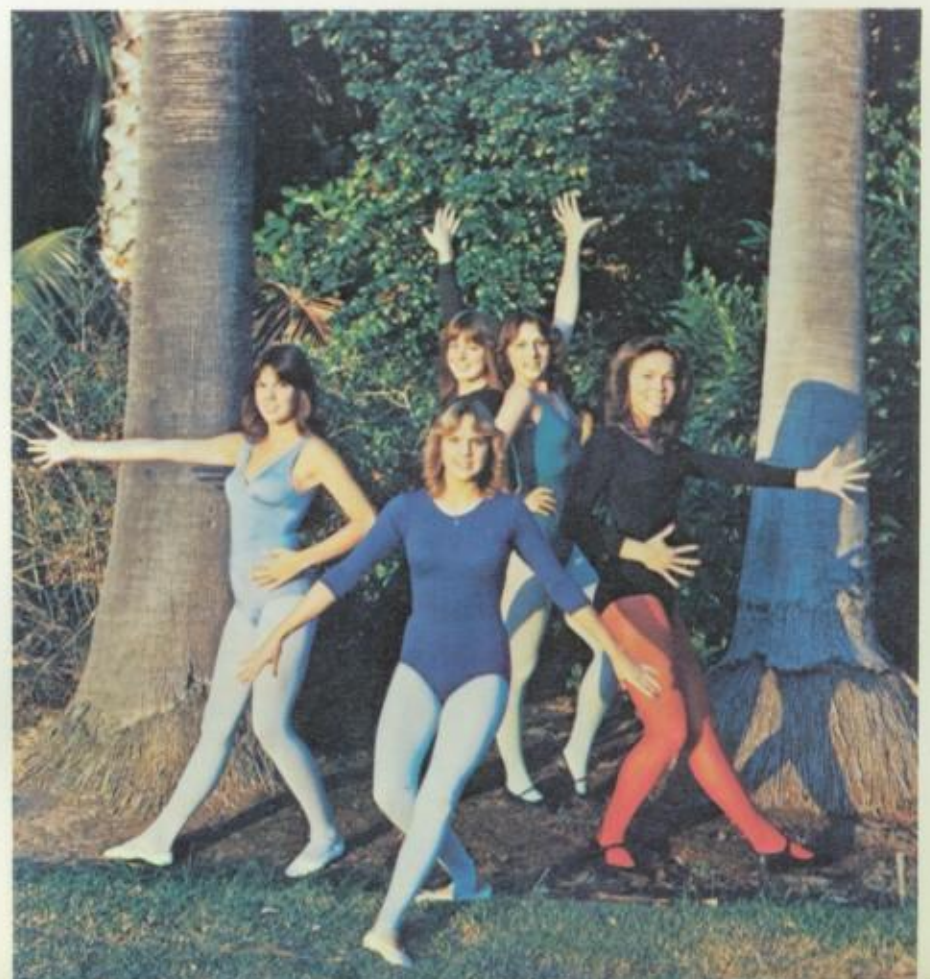
Yvonne Denos, Sophomore

Young Life Offered Social Enjoyment

Yong Life is an off-campus organization which promotes Christian fellowship in a relaxed atmosphere. Every Wednesday evening throughout the school year, the group met at various student's homes under the leadership of counselors **Rick Wolcott, Rick Lasko, Mark Robbins, Brenda Vanderbilt, Bret Vaught and Ron Rozok.** **Page 22—Right:** Rick Lasko and Mark Robbins as "cone heads", **Bottom Left:** Tom Biehl as Tarzan, **Bottom Right:** Rick Wilcott attempts to get everyone's attention. **Page 23—Top Left:** Rick Lasko explains details for upcoming ski trip, **Top Right:** Tom Myers participating in a skit with Susie Klinkenberg, **Bottom Left:** Mark Robbins entertains with song and guitar, **Bottom Right:** Tom Myers, Sheryl Jones, Kelly Danielson and Chris Danielson frolicking at Dave Frank's home.





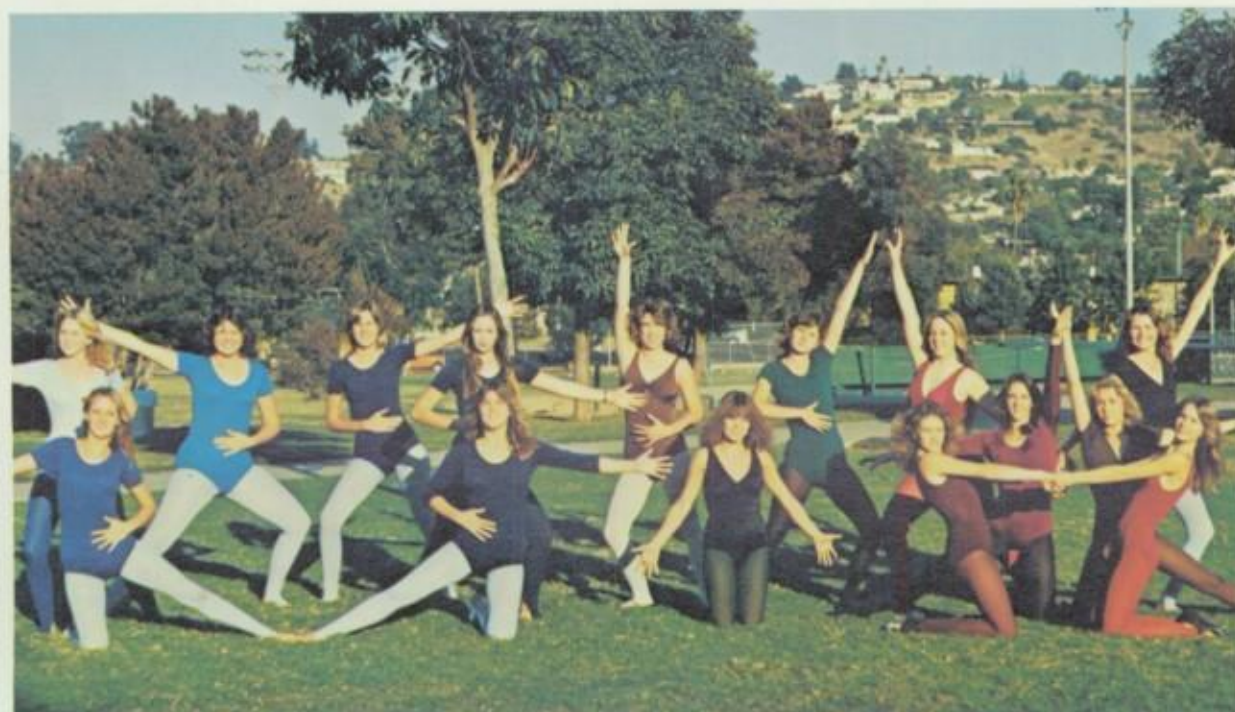


Modern Dancers Create New Image With Talent, Imagination

Dancing their way to a new image, the **Modern Dance** classes were determined to create routines that would be uniquely their own. Instead of relying on dances of past years the girls depended exclusively on their own talents and imaginations to create their dances. They spent many long, hard hours at after-school and evening practices, where the enthusiasm of their advisor, Leslie Messier, instilled a new excitement into their routines. The period 2 advanced class was in charge of the annual Dance Concert in December in which many of the dances were choreographed and performed by this group of 30. The girls raised money to finance the program with volunteer help from the other three dance classes. The dance concert was called "Let's Do It . . . Let's Dance," and consisted of jazz, ballet, modern and novelty dances.

Dancers from the beginning classes were also performers and helpers which contributed to the group's success.

Page 24—Top Left: Veronica Freeman, Gwen Weischedel, Linda Bras, Jeanene Mortensen; **Top Right:** Janel Sanford, Ingrid Moreland, Letitia Barber, Kathy Barber; **Center Left:** Pam Alvarez, Robin Buckley, Dee Dee Hart, Debbie Freedman; **Center Right:** Ingrid Moreland, Carol Turner, Janel Sanford, Letitia Barber, Kathy Barber; **Lower Left:** Janice Fox, Cathy Copeland, Kim Surber, Susie McGowan, Keri Conlin, Lili Feingold, Suzy Bumpas, Laurel Hays, **Lower Right:** Mary Mendoza, Janet Ralston, Debbie Lapham, Lore Meek and Missy Rhea.



Period 1—Left: Joann Asaro, Susan Bieri, Joan Bumpas, Marty Campbell, Susie Corson, Lisa Eldridge, Cheryl Engbretsen, Valerie Finlayson, Gina Giles, Desiree Harpole, Lauri Heyer, Nancy Holden, Crystal Jager, Marie Juarez, Jo-leen Koenig, Becky Marland, Dawn McGlennon, Mary McGrath, Dawn Molitar, Robyn Newberry, Valerie Osman, Kim Spear, Debbie Strukejl, Beverly Ward, Janeen Wheeler, Shelly Whelan and Tami Wineteer.

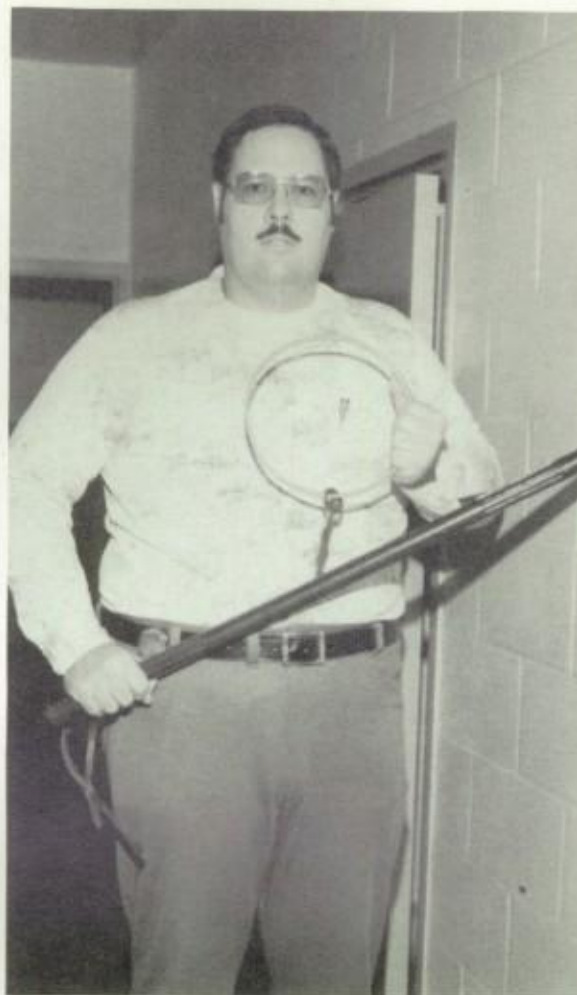
Period 4—Center: Beth Blue, Carla Brannon, Brenda Bruner, Belinda Bryant, Jeri Burns, Shirley Busker, Karen Byrnes, Barbara Clapham, Sherry Contine, Connie Gilmore, Laura Graef, Laura Henson, Julie Hercules, Debra Hinze, Kim Hotka, Kelly Huber, Denise Johnson, Danette Kunkel, Kari Langlois, Sharon Lolli, Patricia Lukow, Patricia Mathis, Sheri Maxwell, Megan McCallum, Donna Neeley, Cynthia Odum, Karen Owens, Jeannine Perchuchetti, Cynthia Plum, Grace Sevilla, Deene Torgensen and Lisa Zschunke.

Period 5—Below: Julie Beckman, Lisa Barber, Michelle Boeckermann, Carrie Brandon, Angie Capron, Stephanie Carnahan, Vicki Carter, Linda Ciccarelli, Diane Cleves, Diane DeWarwick, Sheri Fernandes, Lisa Harshberger, Debra Hart, Lori Kellogg, Karin Kizer, Doreen Kim, Susie Klinkenberg, Connie Langefeld, Mary Markall, Karen Marano, Yvonne Meeker, Ann Montalto, Lisa Paz, Lisa Punzo, Lori Schwartz, Teresa Spencer, Laura Stewart, Annette Thacker, Kathy Verba and Joyce Yeakley.

Class Representatives—Period 1: Kim Spear, **Period 4:** Connie Gilmore, **Period 5:** Karen Marano.



Highland League President Kelly DeSelms poses for a mug shot.



Advisor Don Bonney watches for escaping commissioners.



Commissioner of Special Events, Katrina Klebe.



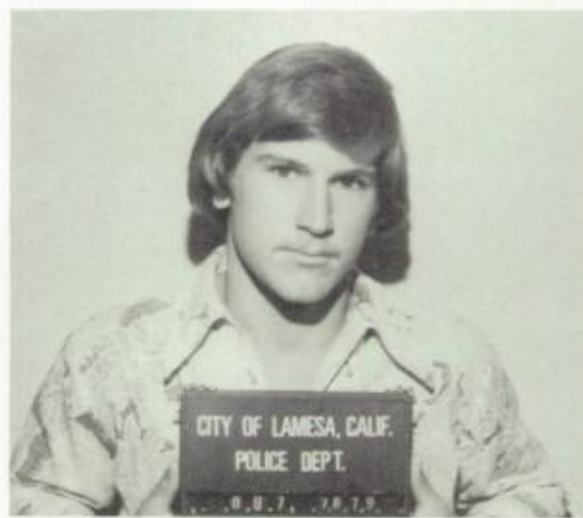
Senior Class President Ken Devaney, arrested for Senior pranks.



Assistants: T. Finlayson, R. Sarkella, K. McBride, L. Walton, R. DoCarmo, J. Nicholson, A. Orrechioni, L. Barber.



Assistants: L. Bras, E. Moore, M. Ryan, R. Johnson, K. Jones, M. Raznot, J. Ribiero.



Mark Bailey, Commissioner of Boys' Athletics.



Leslie Igarashi, Commissioner of Activities.



Donna Oleksow, Commissioner of Spirit. Arrested for disturbing the peace.



Commissioner Eileen Barend gets fingerprinted as Brian Igarashi, Denise Manno, and Jeanene Mortensen anxiously await their turn.

Commissioners

Caught In The Act!

This year's Commission class once again experienced a rewarding and successful year. With twenty-eight members, eight of which were returning, ASB effectively organized many activities. For instance, this year's Homecoming held on Nov. 9 certainly had a "Touch of Class" as it proved to be a successful event. Other activities included dances, assemblies, and Nominating Convention. ASB worked with a \$25,000 budget this year, the largest in our district. Under the direction of advisor Don Bonney and President Glen Lee the commission class helped promote student involvement and make this year more enjoyable for everyone.



Commissioners Cindy Freeman, Ingrid Moreland, Susie McGowan, Susan Arellano were arrested and handcuffed at the La Mesa Police Dept.



Officers Glen Lee, Linda Bras, and Mike Perry get frisked as they await arrest.



Commissioners: K. Devaney, M. Perry, K. De-Selms, S. McGowan, C. Freeman, K. Klebe, E. Barend.



Commissioners: S. Arrellano, L. Igarashi, L. Bras, M. Bailey, B. Igarashi.



Commissioners: G. Lee, D. Oleksow, D. Manno, I. Moreland, J. Mortensen.

Highland League Shows Highland Pride



Lisa Andaleon helped organize the annual Hula Hop in April.



Susan Burrows



Susie McGowan



Kelly DeSelms



Janet Ralston



Doreen Kim



Linda Bonine



Lore Meek



Missy Rhea



Kelly Jones



Marie Andaleon



Bertha Cannizzaro



The all-new Highland League for 1978-79 was an update of the former Girl's League of the past. These girls and their sponsored events kept most Highlanders active throughout the school year with such activities as Homecoming, Alumni Tea, the Canned Food Drive, the Hula Hop, the Fashion Show and Highland League Week. President Kelly DeSelms, together with vice president Bertha Cannizzaro and secretary-treasurer Linda Bonine, was instrumental in making this another successful year.

Assistant-at-large Susan Burrows listens attentively as candidates for Leading Lads and Lassies were discussed.



Suzy Ganci



Millie Hackworth



Lisa Andaleon



Dolores Cannizzaro



Donna Oleksow



Mary Mendoza



Debbie Shaw



Grace Sevilla



Jane Drake, advisor

Highland League President Kelly DeSelms and Advisor Jane Drake work out the details for the upcoming Fashion Show.

Fling Staff Attained Accurate Coverage,



ABOVE: Advisor Clovis Hill and editor-in-chief Nancy Nordahl discuss the most recent Fling.



ABOVE: Nancy Nordahl proofreads the Candid Comment column with Linda Bras.

BELOW: Leanne Walton, Opinion Co-Editor, types one of her many student interest articles.



ABOVE: Liz Wright, Kevin Parriott and Tom Philp review feature articles on the sports page.



ABOVE: George Jarold assists Lisa Riska in proofreading articles on Proposition 6.

Interesting Articles, And Varied Viewpoints



ABOVE: Sports and feature editors Bill Cleves and Valerie Finlayson offer aid to each other while completing page layouts.



ABOVE: Reporter Kelly DeSelms delivers the latest issue of the Fling.

Swinging into another year of bi-monthly publication, the **Highland Fling**, under the leadership of editor-in-chief Nancy Nordahl and advisorship of Mr. Clovis Hill, kept our school up to date on day-to-day happenings around campus, and local cultural events. Spending countless hours meeting deadlines, the staff maintained a tradition of producing excellence in journalism with each issue. Of the twenty-five member staff, eight were returnees from last year's staff that was awarded the **Sweepstakes Trophy** by the San Diego County Journalism Education Association.



ABOVE: Patrice Makovik and John Siegel revise their article concerning the Fall Play.



ABOVE: Ad Manager Kelly Jones organizes the advertising section for a future issue.



ABOVE: Staff members Barbara Clapham, Nancy Nordahl and Valerie Finlayson complete last-minute details of a feature article for publication.

Editorial Staff: Nancy Nordahl, Tom Philp, Grace Sevilla, Ivan Hawyard, Dolores Cannizzaro, Patric Makovik, Lisa Riska, Leanne Walton, Valerie Finlayson and Bill Cleves; **Art Staff:** Kevin Parriott, Lisa Markall, Susan Beverage, Tracy Finlayson and Chet Urata; **Business Staff:** Jeanene Mortensen, Kelly Jones; **Reporters:** Linda Bras, Dolores Cannizzaro, Barbara Clapham, Suzy Ganci, Brian Igarashi, George Jarrold, Paul Levikow, Joanne Loritz, Patrice Makovik, Lisa Markall, Lisa McSwain, Jeanene Mortensen, Kim Osuna, Karyn Poll, John Siegel and Liz Wright.

Tartan Staff Created



Tartan Staff Members: Suzy Erautt, Dawn Welford, Ingrid Moreland, Janet Ralston, Lore Meek, Kim Barrow, Cindy Freeman, Donna Oleksow, Kathy Smart, Mary Mendoza, Mark Freed, Chris Danielson, Debbie Lapham, Missy Rhea, Sam Belling, Kelly DeSelms, Millie Hackworth, Wade Stone, Dean Andolsek, Marti Vidaurri and Jim Wier.

Right: The Tartan Staff worked diligently to meet their first publisher deadline in November.

Creating the school yearbook can have many trying and frantic moments, as experienced by this year's staff. Nevertheless, they were a group of devoted students, spending many hours outside class to meet publisher deadlines. Combined with determination on the part of the staff and assistance of advisor Ron Ray, the end result was achieved. The 1979 *Tartan* is a reflection of the happenings of the '78-79 school year. Hopefully, many dreams and unforgettable memories are recorded here for all Highlanders.



A Highlander Memory Book



Left: Sports editors Wade Stone, Millie Hackworth and Kim Barrow discuss ideas for the varsity football pages.

Below: Lore Meek, Donna Oleksow and Suzy Erautt plan senior standout pages for the senior section of the book.



Left: Ingrid Moreland, copy editor, proofreads copy submitted for editing and typing.

Below: Kelly DeSelms, Dawn Wolford and Marti Vidaurri separate pictures and mark pictures to appear in the classes section.



Above: Missy Rhea and Janet Ralston, faculty section editors, put finishing touches on the Administration pages.

Right: Cindy Freeman, Mary Mendoza, Chris Danielson and Kathy Smart plan each page for the Student Life Section.



Leading Lads And Lassies ...



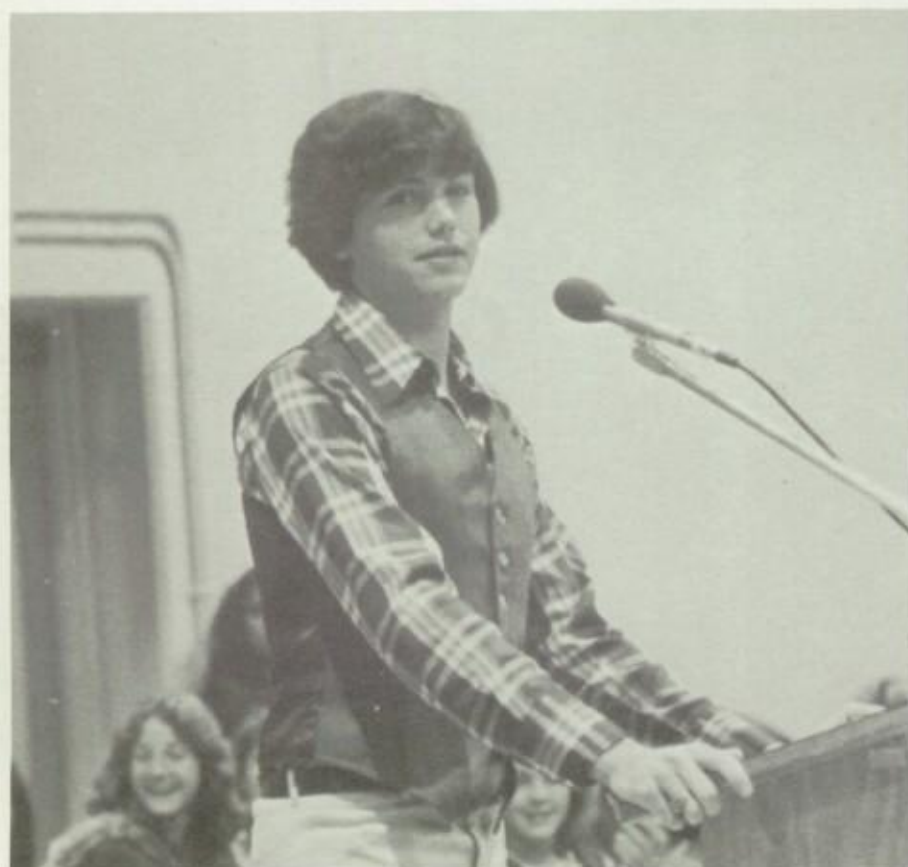
Glen Lee



Linda Bras

Right: A.S.B. President Glenn Lee and assistant-at-large Kim McBride helped plan a variety of school events.

Below: Senior Class President Ken Devaney introduced the senior board at the Senior Assembly in January.

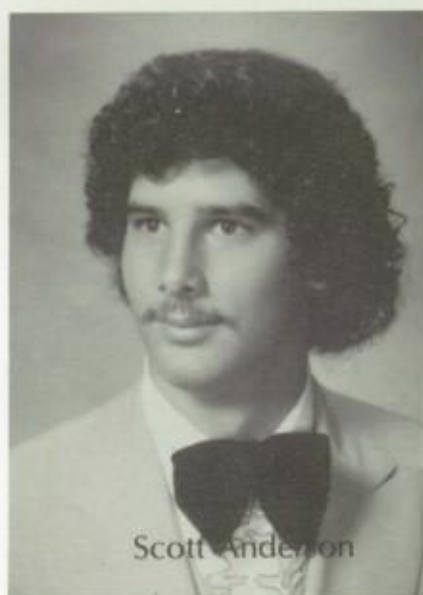


Ken Devaney



Cindy Freeman

The twenty most deserving seniors of the 1979 graduating class were selected as **Leading Lads** and **Lassies** for their dedicated four years of service and leadership while at Helix. These students were chosen by the Highland League Cabinet. Each senior excelled in areas such as athletics, Tartan and Fling Staff, band, cheer and A.S.B.



Scott Anderson



Donna Oleksow



Above: Lisa Gleason, shown here at a student council meeting, was a member of the varsity volleyball and softball teams.



Mike Perry



Mary Mendoza

Left: Scott Anderson, selected as Grossmont League Defensive player-of-the-year, and Mary Mendoza, assistant editor of the Tartan, received honors also as members of the royal court at this year's homecoming.



Mike Ryan



Lore Meek

Below: Lisa Barber and Mark Bailey, active in A.S.B., participated as members of the royal court at homecoming.



Chris Brogan



Grace Sevilla

Lead The Way In '79



Mark Bailey



Lisa Barber



Upper Right: Head varsity cheerleader Lore Meek promoted never ending spirit throughout the school year, as shown here at a pep rally.

Below: Bill Cleves, Grossmont League and C.I.F. runner-of-the-year, lead the Helix cross-country team to a third straight C.I.F. championship.



Above: Chris Brogan and Grace Sevilla were members of the Speech Team and Drama Club. They also participated in the Choir Pops Concert.

Below: Varsity basketball player Steve Whitcomb shown here blocking a shot in the game against Valhalla.



Brian Igarashi



Lori Kellogg



Above: Mike Ryan, active as an A.S.B. assistant and member of the varsity basketball and baseball teams, escorted Cindy Freeman, commissioner of public relations, at Homecoming.



Bill Cleves



Lisa Gleason

Below: Highland League Cabinet member Donna Oleksow helped promote the Canned Food Drive at a school assembly.



Above: Lori Kellogg was active in girls' diving and basketball, and was also a varsity cheerleader.

Below: Brian Igarashi was involved in A.S.B. as sergeant-at-arms, and was also a member of the Helix math team.



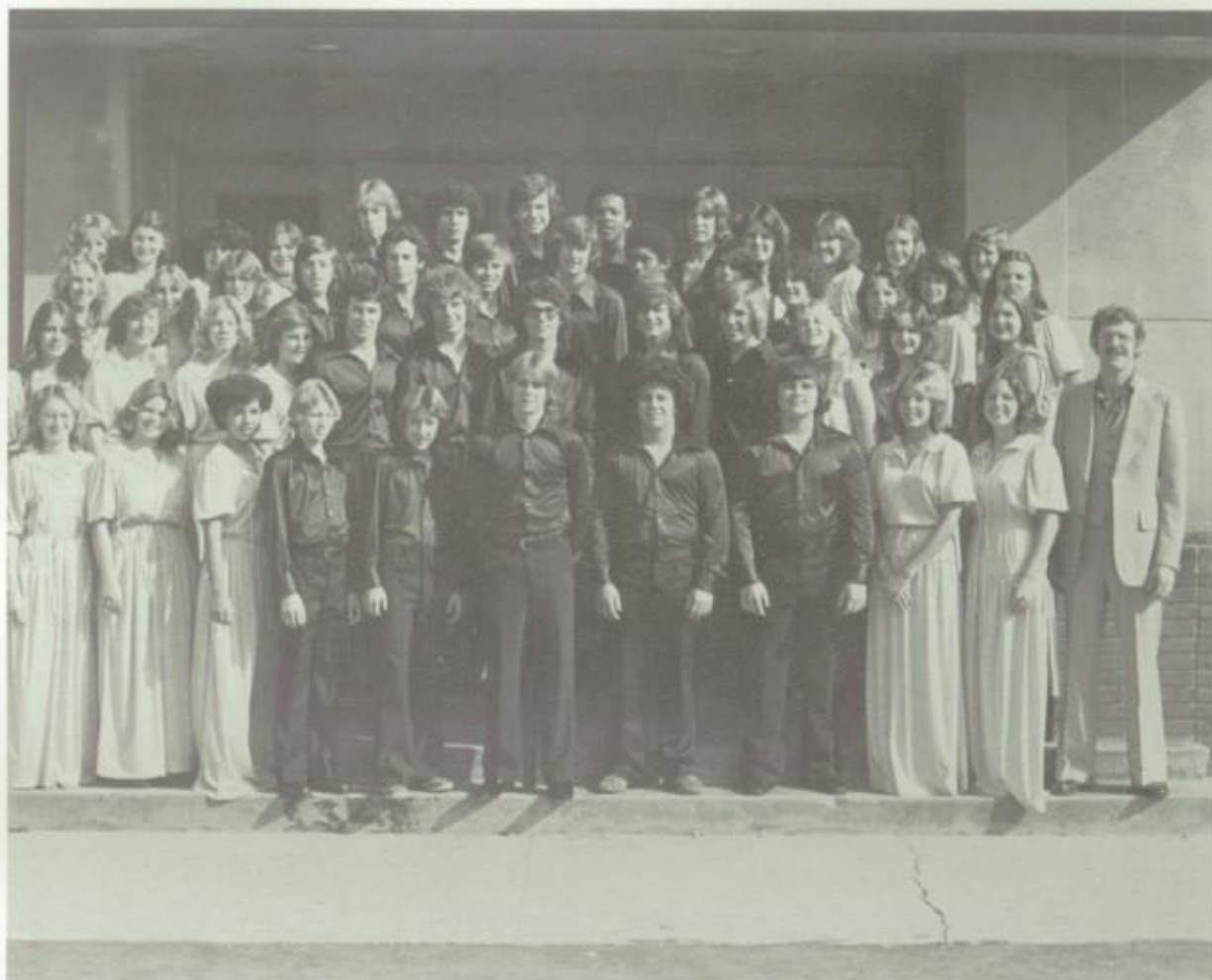
Steve Whitcomb



Kim McBride

Vocalists Provided Variety Of Entertainment

The **Helix choral department** taught students a variety of vocal music ranging from serious classical compositions to upbeat jazz and contemporary songs. **Members** were Patti Ambler, Scott Anderson, Janet Asbury, Cheryl Bailey, Nora Batts, Sharlene Baxter, Chris Brogan, Tom Bruner, Joni Bumpas, Lynne Burdge, Jaime Campbell, Geoff Canyon, Keith Clark, Val Cunningham, Laurie Dine, Tammie Dorworth, Allen Durden, Steven Englke, Anne Erickson, Michelle Farsy, Gundar Ferguson, Tim Fratee, Melissa Gladhill, Lori Gohde, Daniel Graham, Debbie Hart, Donna Headrick, Randy Krumholz, Tammie Leverett, Mark Manning, Terry McGough, Chantay Miller, Theresa Mountain, Jenni Mucha, Amanda Neve, Rene Nielson, Noelle Orsborn, Randy Pitkin, Robin Rivera, Sue Rossi, Kim Sandberg, Karen Tackett, Matt Thompson, Lane Tozer, Lisa Villapando, Leanne Walton, Gwen Weischedel, Tami Wineteer, Ricky Wyland, Louis Zizzo, Robert Sosa, David George, Emilio Trujillo, Paul Levikow and Phil Bensimon. Their director was Mark Faulk.



Below: Glee members included Giovanna Atkins, Arlene Allgaier, Angelica Alonso, Michele Alspaugh, Kris Anderson, Angie Anderson, Paula Andresen, Mary Bona, Molly Bowman, Sharon Boyd, Nanette Brassell, Donna Brinkerhoff, Amber Caporale, Emily Castello, Delsey Chenelle, Valerie Cornett, Lisa Crigler, Donna Ferguson, Christine Harpenau, Shannon Harris, Windy Hill,

Annette James, Marilyn Lintvedt, Pam Martinez, Susan McAfee, Suzy Merit, Jamie Miller, Gail Nordahl, Marie Olsen, Eva Orozco, Suzy Perkins, Shelly Piland, Dee Dee Pires, Theresa Plum, Chris Rodriguez, Jill Rury, Dora San Filippo, Cathy Sanford, Janice Saunders, Barbara Sherrill, Krista Smith, Julie Stahl and Kim Thorson.





Above: Choraliers members included Patti Ambler, Sharlene Baxter, Frannie Bowman, Diane Breuninger, Jaime Campbell, Eugia Edwards, Anne Erickson, Lori Halley, Dee Dee Hart, Rene Nielson, Lisa Paz, Becky Rodriguez, Lisa Skort and Barbi Wyatt.



The choir, choraliers and freshman glee performed for the student body and parents in two major concerts this year including a Winter concert and Spring Pops concert. These groups were kept busy throughout the year with activities such as candy sales, a Christmas candle sale, and festivals with other Grossmont district schools.



The Winter Pops concert which was held in the Helix gym on December 12, 13 and 14, and the theme was "Something New". Under the direction of Mr. Mark Faulk, these groups provided a myriad of sounds for a variety of audiences both on and off campus.

Christmas Sets The World Aglow



Chris Brogan



Missy Rhea

Above: The 1978 Christmas Dance Court. Chris Brogan, Steve Whitcomb, Jime Oxe, Kim McBride, Lisa Gleason, Bertha Cannizzaro, Missy Rhea, Brian Igarashi.

Below: Lore Meek was more than excited to be named the Queen for 1978.



Mike Perry



Bertha Cannizzaro



Steve Whitcomb



Lisa Gleason





Above: King Mike Perry and Queen Lore Meek. Below: The couples enjoyed an evening of "West".

An array of sights and sounds was to be experienced at the annual Helix Christmas Dance of 1978. Highlighting the evening was the special crowning of King Mike Perry and Queen Lore Meek, chosen to reign by the attending couples. Highland League's Mary Mendoza, Donna Oleksow and Janet Ralston organized this year's dance, and the band "West" helped to make the occasion a success. This year's theme, Christmas Sets The World Aglow, was shared by all in a night of dreams and fantasies by the 250 couples in attendance.



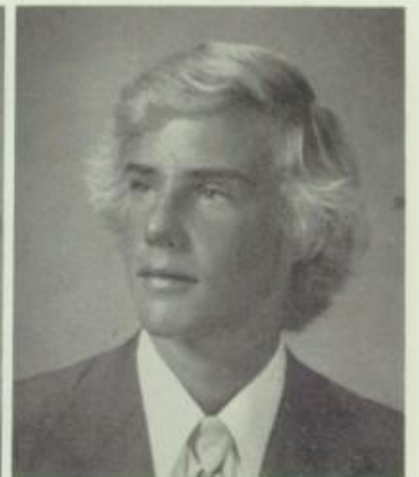
Lore Meek



Brian Igarashi



Kim McBride



Jim Oxe

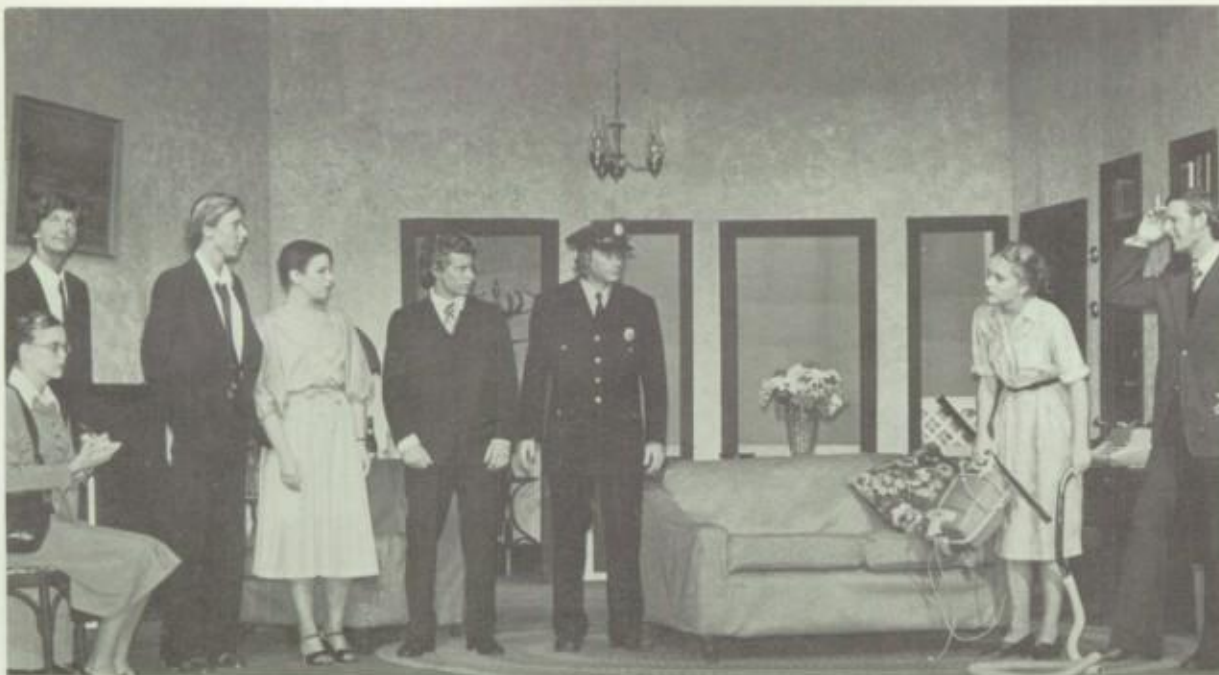
Fall Play Presents "The Gazebo"



CAST

Elliot	Chris Brogan
Harlow.....	Wayne Savage
Nell	Sharon Settle
Matilda.....	Julie Hercules
Druker	Stacey Schaffer
Louie.....	Phil Bensimon
Dook.....	Tom Sullivan
Mrs. Chandler	Frannie Bowman
Cop.....	Dave Nunnally
Wyner.....	Scot Campbell
Thorpe.....	Paul Levikow
Jenkins.....	Paul Levikow
Body.....	Dave Morton





Page 42—Lower Right: "We have to go on a ski trip. My wife just had a baby!"
Page 43—Upper Left: "Oh my God, actors!"
Center Left: "You're a prime suspect for Harry Shelby's blackmail." **Center:** "They're going to start building a swimming pool the day you move out." **Center Right:** "What's this you've got on?" **Lower Left:** Members of the technical crew. **Lower Right:** "Let me work him over!"



Speech Team

The purpose of the **Speech Team** was to strive to increase the communication skills of its members by offering a variety of different and competitive speech events. Their members included Kathleen Beck, Chris Brogan, Lynne Burdge, Susan Burrows, Keith Devaney, Ken Devaney, Lori Erwin, Michelle Farasay, Jerry Finley, Suzy Ganci, David Genser, Shor Le Hall, Elyse Hamilton, Donna Headrick, Kathy Kappmeier, Janet Keais, Leslie King, Kurt Krueger, Julie Labrincha, Yvonne Leveille, Lauri MacLean, Mike Martin, Mike Price, Richard Quasarano, Lisa Samarron, Wayne Savage, Jill Schniepp, Dennis Selder, Kathy Selder, Dan Shea, Brad Singer, Cathy Weeks, Sheryl Whelan, Pat Winkler, Ruff Yeager. Their faculty advisor and coach was Christine DeGaetano. Their activities included a potluck dinner, a dance, a candy sale and the hosting of two speech tournaments.



The **Drama Club** was open to any student interested in Drama, or any other aspect of theatre including acting or technical work. This year's activities included the Fall and Senior Play, Drama Club Night and ushering at the Old Globe Theatre. The members included Lisa Anderson, Paul Bateman, Margaret Bendixen, Frannie Bowman, Beth Blue, Sharon Boyd, David Bradley, Chris Brogan, Jackie Brothers, Scott Campbell, Juli Costa, Becky Crane, Michiko Del Castillo, Losa Dolezal, Sandra Dowin, Sandy Downin, Pam Evans, Mary

French, Chris Gillen, Lori Gohde, Julie Hercules, Nancy Holden, Tracey Hoover, Karen Rublou, Anita Jage, Kathy Jones, Shelly Kissel, Jeff Kloeckner, Danette Kunkel, Julie Labrincha, Debbie Lapham, Shor Le Hall, Teresa Lenham, Paul Levikow, Cindy Lindsay, Kathy Loveless, Peter Marriott, Cindy McBride, Megan McCallum, Dini Miller, Lori Miller, Mike Mountain, Julie Newman, Cindi Newton, Eva Orozco, Kevin Palmer, Dora Peace, Lora Peace, Randall Pitkin, Blair Pogue, Leah Rozok, Sharon Settle, Krista Smith, Bonnie Stewart, Stacey Wicks and Karla Wurzel. Their faculty advisor was Evonne Noll.

Drama Club

Class Officers' Council

The Helix Class Officers' Council for 1978-79 served primarily as an investigative body for numerous student concerns. Its other major purpose was to serve as a communication body between the ASB, students and administration. Their membership included Gretchen Biehl, Ellen Smart, Keith

DeVaney, Patty Markall, Millie Hackworth, Larry Solomon, Mario Espinoza, Teri Cuthbert, Johneen Manno, Janie Brown, Nina Balistreri, Debbie Brierly, Ken DeVaney, Mike Ryan, Dan Shea, Missy Rhea, Kelly DeSelms, Linda Bonine, Bertha Cannizzaro, Brian Igarashi and Mike Perry.



The California Scholarship Federation was designed to promote scholastic achievement among high school students. This honorary organization was made up of students with a grade point average of 3.75 or better. This year's officers were Tom Biehl, president, while Leata Ball served as vice-president. Other members included John Alonso, Lisa Andaleon, Kitty Ball, Robin Battleson, Raymond Deters, Bill Fornaciari, Joanne Heuberger, Robert Hickman, Mark Jacobson, Suzanne Koenig, Paul Kunkel, Cammy McGrath, Johneen Manno, Dini Miller, Robin Perkins, Lori Swafford, Paul Trent, Marie Andreone, Laura Azar, Julie Beckman, Robert Berg, Steven Boettcher, Jennifer Bourbiel, Michael Burtless, John Busker, Dolores Cannizzaro, Kelly Connors, Kelly DeSelms, Thi Do, Lili Feingold, Leslie Igarashi, Joanne Loritz, Laurie

Kicklighter, Bonald McAdams, Cesli McCarty, Patrice Macovic, Frank Niedzwiecki, Kim Osuna, Scott Paasche, Elizabeth Porter, Karen Roberg, Francesca Sardina, Rona Sarkela, Darrell Schlom, Pam Smith, Deene Torgersen, Liz Wright, Mark Zulaf, Val Andreone, Mark Bailey, Lisa Barber, Susan Beverage, Bryan Bloom, Diane Christian, Dawn Davis, Dave Genser, Ivan Hayward, Brian Igarashi, Lisa Jacobs, Jon Jacobson, Kurt Kreuger, Glenn Lee, Minette Limieux, Mirta McElroy, Steve Martin, Mary Mendoza, Elaine Moore, Ingrid Moreland, Alec Morrow, Nancy Nordahl, Valerie Orsborn, Tom Philp, Rengo Rengasamy, Dan Shea, Bob Singer, Carol Turner, Chet Urata. Their advisor was Mrs. Peggy Hopkins.

Calif. Scholarship Federation

Mat Maids

The purpose of the Helix Mat Maids was to promote spirit at wrestling matches while helping the cheerleaders cheer the wrestlers onto victory. Their members included Vicki Carter, Ann Eckhaml, Marva McInnis, Terry Watson, Darlene Warner, Johnneen Manno, Judith Hichman, Millie Hackworth, Shana Nelson and Vida Caballero. Their advisor was Dick Langston.



J.R.O.T.C.

The purpose of J.R.O.T.C. was to provide training for students who were interested in military services. They prepared their members for service with training in military maneuvers, discipline and respect. Their members included Giovanna Akins, James Byerley, Tina Dandorf, Jeff Hankins, Jodie Kirkendall, David Schmidt, J. Santos, B. Tutterow, Gordon Anderson, Mike Berger, William Draper, Philip Harris, C. Mullens, Robert Pratl and James Rosemeyer. Their advisor was Lt. Col. Norm Spiro.

Letter Club



The **Letter Club** was an organization open to athletes who had earned a varsity letter. The club's main fund-raiser this year was an after-game dance that helped raise funds for the Senior Awards Banquet. Their members included Scott Anderson, president; Mark Bailey, vice-president; Glenn Lee, treasurer; David Vance, sergeant-at-arms; Bill Capitano, Steve Capitano, Mark Caspers, Henry Castro, Bruce Cramer, Kevin Durden, Mark Faucher, Byron Glenn, Jon Jacobson, Ken Jenkins, Kevin Junior, Tom Morris, Scott Paasche, Lon Postulka, Jerry Sullivan, Emilio Trujillo, Carl Vetter and Nick Zambito. Their advisor was Rick Ash.

Key Club

The **Key Club** was a service organization sponsored by the La Mesa Kiwanis Club. This year's activities included the tree planting in the lunch area as well as various other services that helped beautify our campus and community. Their members included John Alonzo, Cynthia Anfinson, Mike Burtless, Cindy Busker, John Busker, Rick Chandler, R. Cliffe, Zoe Draheim, Scott Faulk, L. Gladhill, Laura Guffey, M. Harris, Jerry Sullivan, Scott Tinkham, D. Tinkham and Marc Wilson. Their advisor was Robert Eckert.



Library Club

The **Library Club** is one of the oldest clubs on campus. Since 1952 its purpose has been to support the needs of the school, and as a social service club. Under the guidance of faculty advisor Robert Freeland the club held a paperback drive in which prizes were awarded for books donated by the community. At Christmas time the club collected nearly one hundred toys which were taken to the Hillcrest Receiving Home in San Diego. The club helped with display windows around campus and decorated the library for Christmas. Their members included David Jordan, Karen Cornett, Karim Jaffer, David Girard, Gil Keisler, Michelle Veeck, Pam Cornett, Joanne Loritz, Lisa Perry, Kevin Woolford, Jay Fischer, Carl Vetter and Zoe Draheim. Media technician Matt Dawes and library clerk Pat Owens also served as advisors.



Foreign Exchange Students



Alessandra Orecchioni

Alessandra Orecchioni: "I am from Ancona, Italy, which is on the Adriatic coast. During my stay in the U.S., my favorite memories were my trips to Chicago, Colorado, Sacramento, Yosemite, Disneyland and San Francisco. While attending Helix, I lived with the Peterson family."

Maja Raznatovich: "I am from Belgrade, Yugoslavia. My favorite memories while in the U.S. were trips to Hawaii, Magic Mountain, Disneyland, Washington, D.C., and New York. While attending Helix, I lived with the Jones family."



Maja Raznatovich



The **Latin Club** was active this year studying the Latin language and Roman customs. Their fund-raising activities included two candy sales which helped finance a trip to Disneyland and the traditional Roman Banquet in May. Their members included John McNeil, Kevin Woolford, Ty Taylor, Steve Dressen, Bill Forniciari, Steve Edwards, Glenn Hood, Dennis Dibos, Robert Coupland, Robert Cook, Joe Pingatore, Lisa Perry, Denise Dibos, Bobbi Miller, Mary French, Rick Reynolds, as president Lorie Miller as vice president and Mary French as secretary-treasurer. Their advisor was Shurli Bailey.

Latin Club



The **French Club** enjoyed the pleasures of French food and various traditions of French peoples. In November the club had a candy sale to help raise funds for a dinner at the La Masion Henri, a new Belgian-French restaurant in Del Mar. The chef and owner, Henri Bergmans, had two daughters attending Helix. They were Shelly and Tammy Bergmans. Club members included Kevin McGee as president, Lee Hall and Kelly Scott as vice presidents, Tim Cliffe as secretary, Julie Mahoney as treasurer, Shaura Negling in charge of candy sales, Shelly Bergmans, Karim Jaffer, Judy Nelson, Tony Nolen, David Sandstrom and Liz Wright. Their advisor was Jill Gormley.

French Club

Ten's Company

Helix High School's dance team, **Ten's Company**, performed at basketball half times, at elementary schools and at numerous school events throughout the year. Their members included Judy Nelson, Janet Ralston, Janice Fox, Gwen Weischedel, Lora Meek, Kathy Barber, Letitia Barber, Janelle Sanford, Pam Alvarez and Linda Bras. Their advisor was Leslie Messier.



Boardgaming Club

The **Boardgaming Club** was new to Helix this year. It was established to provide a meeting place for groups to play board games which involve a group of people. In past years members have participated in chess, checkers, othello, star troopers, ogre and other simulation games. Their members included Mike Buckalew, Geoff Canyon, Andy Caspers, Walter Hedges, Bill Moore, John McNeil, Victor O'Rear as president, Kathy Ring as Dungeon Master, Dennis Selder, Alan Shipple and Mark Williams.

Mecha—Shades Of Brown



In the five-year existence of **Mecha** at Helix, this group of students met on Thursdays for the purpose of promoting greater involvement in school activities, discussing an awareness of the Mexican-American culture, and learning about the availability of jobs in today's market. Their advisor was Richard Dye while Davida Barron and Teri Darrah were president and vice-president respectively. Other members included Ruben Arellano, Maria Avilez, Andy Bonilla, Olivia Bonilla, Rudy Bonilla, Cindy Contreras, Liz Cuenca, Scott Cuenca, Pati Darrah, Tammy Galon, Joe Herford, Alex Martinez, Virginia Payan, Irene Perez, Mary Ponce, Angela Sanchez, Lisa Young, Leti Horta, Maria De-LosRios, Rosa Bury, Alfonso Landazuri, Jesus Landazuri and Manual Robles. Their activities throughout the year included two successful car washes and a trip to Magic Mountain.



Human Relations was a club on campus which helped promote understanding and good feelings among the different ethnic backgrounds and people in general here at Helix. Their activities included a fashion show, two workshops, an assembly, a talent show and Culture Week. They participated in car washes and candy sales for fund-raising. Their members included Larry Brooks, Rick Bradley, Deanne Jackson, Marva McInnis, Veda Johnson, Bonnie Snelson, Thomas

Rudd, Kent Dorrell, Carol Turner, Kathy Barber, Leticia Castillo, Maria Andaleon, Tam Caballero, Lisa Apolito, Willie Major, Ingrid Moreland as Commissioner, Michelle Connors, Laura Azar, Ernie Sosa and Allen Durden. Their advisor was vice principal Richard Geck.

Human Relations

Scottie Riot Squad

The purpose of the **Scottie Riot Squad** was to promote school spirit at all Highlander sporting events. The squad also participated in decorating lockers and cheering at games. The officers were Nina Balistreri, President; Janie Brown, Vice-President; Debbie Brierley, Secretary; Amanda Neve, Treasurer. The advisors were Commissioner of Spirit Donna Oleksow and Mr. Don Bonney.

Radio Club

The **Helix Amateur Radio Club** was designed to promote the use of amateur radio equipment and to encourage communication with other operators. Members included Jim Frankey, Henry Hernandez, Vince Holt, Robert Martinez, Victor O'Rear, and Bob Pratl. The advisor was Mr. Lou Laterza.



The Helix High **Maranatha Club** was established to help improve the moral and spiritual environment of our campus. Activities included Back to School, "Koinea" picnic, films at lunch, Thanksgiving "Love Feast", Great cake bake, bike-a-thon, and after finals pizza party. Members included John Alonzo, Pam Barr, Phyllis Barlow, Michele Boucher, Colleen Bradberry, Russ Diehl, Michele Farasy, Liz Freed, Cindy Hall, Steve Hanks, Mel Heyer, Charles Hickman, Robert Hickman, Barbara Jeffers, Mike Layton, Holly Lovejoy, Dale McAloxy, Lauri McClean, Paulette Moore, Jon Morrison, Cori Owen, Cathi Owen, Mary Ruppel, Thad Wilder and Pat Winkler.

Maranatha



The **Science Club** was designed to promote an interest in science among Helix students. Activities included field trips, lectures, and demonstrations. The advisors were Mr. Watenpugh and Mr. Ramsey. Members included Bryan Bloom, Marie Bona, Mike Burtless, David Girard, Ivan Haywood, Charles Hickmen, Brian Igarashi, Alex Morrow, Victor O'Rear, James Rosenmeyer, Ty Taylor and Chet Urata.

Science Club

Young Life

Young Life was an organization designed primarily to provide a time and place for Helix students to get together for fun and fellowship, to gain insight about themselves and to discuss various topics concerning the world around them.



The Model United Nations Club discussed world problems, summit resolutions considered each country's political beliefs and attempted to find possible solutions. The club participated in the Model U.N. Conference with students from other schools which was held at San Diego State. There they were able to state their views and share ideas. The club's members included Nancy Nordahl, Lisa Markall, Kelly Jones, Patrice Makovic, Kevin Woolford, Lisa Perry, Leann Walton, Kelly Scott, Elyse Hamilton, Dan Shea, Shelly Bergmans, Ken Devaney, Lisa Porter, Rick Reynolds and Brian Boulio. Their faculty advisor was Myrra Lee.

Model U.N. Club



The **Sophomore** and **Senior Y-Teens** were involved in sponsoring events which were affiliated with the YWCA in downtown San Diego. Among this year's activities were Christmas caroling, car washes and a "no talk" marathon. Senior members included Rengo Rajendran, Tracy Finlayson, Debbie Freeman, Robyn Loftus, Mary Stevens, Sandi Marks, Leata Ball, Dawn Oliwa, Linda Bras, Lisa Gleason, Susan Graves and Chet Urata. Members not pictured are Lore Meek and Mary Mendoza. Sophomore members included Yvonne Denos, Lisa Bras, Nina Balistreri, Carolyn Mathis, Kelly Danielson, Letitia Batson, Debbie Brierly, Janie Brown, Sharon Bo-

Sophomore, Senior Y-Teens

hamed, Cathy Carter, Jorge Espinoza, Stephanie Ford, Lene Gutierrez, Deanna Haley, Joe Howell, Tracy McPike, Mike Layton, Lynn Hunter, Cameo Kenedy, Gina Lowery, Tina Manzano, Cindy Moser, John Naples, Shana Nelson, Joey Salomon, Becky Rodriguez, Mindy Shaklet, Jeff Stodhard, Sandi Stoop, Jay Strandberg, Greg Tidwell and Terri Wineteer.



Fishing Club

The **Fishing Club** held tournaments at local lakes, hosted guest speakers, films and demonstrations of proper fishing techniques. Several local professional bass fishermen visited club meetings and aided members. The purpose of the club was to promote sportsmanship and proper angling among interested Helix students and their parents.

Club members included Jim Henson, president; Mark Brockelhurst, secretary-treasurer; advisors Don Bonney and Gordon Nash; Russ Heskett and John Miller. **Not pictured** are Doug Burke, Jim Burke, Vince Holt, Nick Zambito, Scott Anderson, Paul Levikow and John Gesler.



This year's **Orchestra** participated in such concerts as the Winter String Orchestra Concert, Choir Winter Concert, String, Band and Orchestra Concert, Grossmont District Band and Orchestra Festival and the Instrumental Music Department Pops Concert. Helix hosted the District Combined Orchestra Concert and the Solo Ensemble Festival. Members included: **flutes:** Brenda Bartow, Leah Peterson; **oboes:** Lisa DeSantis, Lyndi Pickup; **bassoon:** Kenyon Robertson; **clarinet:** Patrice Makovic, Cynthia Heskett; **trumpet:** Tom Lehto, Louis DeSantis, Mike Pirie; **french horn:** Curtis Garvin, Mike

Price, John Siegel, Joanne Heuberger; **trombone:** Frank Tirpak, Mike Mountain, Bruce Kerl; **tuba:** Jeff Jolliff; **percussion:** Ross Duggan, Laurie Kent, Cindy Jolliff, Jeff Kloeckner; **violin:** Michael Smiley, Valerie Nordberg, James Schechter, Greg Beers, Tina Bracka, Lisa DeSantis, Mark Sada, Cathie Loach, Sandy Bracka, Mark Garvin, Barry Harris, Deanna Oswalt, Don Bailey, Dawn Wissinger, Susan Koenig; **viola:** Laura Guffey, Kurt Schwartz, Mirta McElroy; **cello:** Jeff Sleet, Julie Mahoney, Melvin Collins; **string bass:** George Oliver, Philip Ben-simon, Mary E'Golf, Lisa Springer and Pam Springer.

Orchestra

Math Team

The **Math Team** was a student run, campus organization devoted to studying advanced topics and solving unusual problems in mathematics. Despite the cutbacks suffered from Proposition 13, the math team continued its traditional success in competition this year. Under the guidance of advisor Jack Munson, the team captured honors at the San Diego State, U.C.S.D. and San Luis Obispo Math Field Days.

Team members included Tony Nolen, Rengasamy Rajendran, Steve Boettcher, Kurt Schwarz, Craig Knox, Doug Morgan, Vauna Hughs, Kelly Scott, Nga Do, Darrell Schlom, John Busker, Chet Urata, Mark Sada, Frank Madruga, Mike Burtless, Geoff Canyon, Don McAdams and Brian Igarashi.



The **International Club** helped raise funds to sponsor the foreign exchange students that attended Helix this year. Also, they were active throughout the year with such events as potlucks, assemblies, and a bond and sticker drive. Other activities included a "Kidnap Breakfast" in which Maya Raznatovich and Alessandra Orecchioni were escorted to faculty advisor Doug Hartung's home at a very early hour. All Helix students were entertained in March with the Donkey Basketball Game in which the faculty opposed the graduating seniors. The club's motto "Walk Together, Talk Together" was very much in evidence throughout the year.

Members included Alessandra Orecchioni, Lisa Porter, Cindy Hall, Michiko de Castillo, Sheryl Jones, Maja Raznatovich, Laura Stewart, Sarah Peterson, Cindy de Castillo, David Schmidt, Dave Pitkin and Carl Vetter. Their advisors were Maria Heimpel and Doug Hartung.

International Club

Student Council

The two main purposes of **Student Council** are to provide the student body a voice in campus affairs and activities, and to improve communication with the students. Chairman Mike Perry organized and conducted meetings throughout the year. He was assisted by parliamentarian Brian Igarashi and secretary-treasurer Kelly DeSelms. Meetings were held approximately every three weeks and their advisor was Don Bonney.



Every other Thursday night at precisely 7:29, Helix students met at a nearby home to learn more about themselves, their friends, and to have a good time. Meetings began with games and laughs, usually with at least one or two victims ending upon the dreaded electric chair. On alternate Thursdays small groups got together to comprise meetings known as "Insight". Director Mike Crooker led conversations towards personal conflicts, problems of the day and Christianity in general. These meetings were designed to help students

Campus Life

take a deeper look into their spiritual lives with readings from the Bible, discussions and prayer. As an additional help to students, director Mike Crooker was on campus throughout the year, available for discussion and guidance. Other Campus Life activities included Breakaway, Haunted House, Burger Bash and Pine Summit winter camp.



saved↓

Chris, we
got to be good
friends. It was a
blast in English with
Cindi and every body with
else. Well I'm not to good
at signing annuals. so see ya
later

maureen justice
P.S. Keep in touch
(697-1749)

June
1979
2:19 PM.
at BERNIES

ELC *
* JE *
40 E 4. E E E

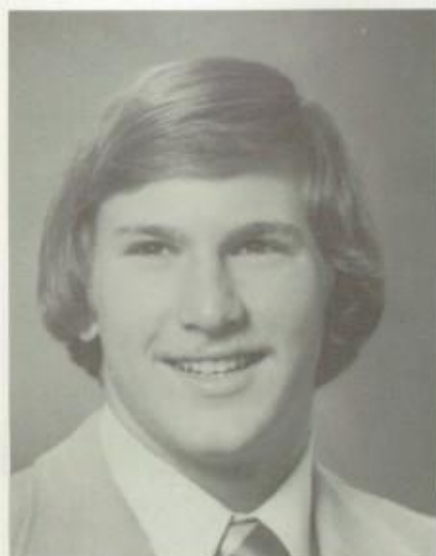


Hi Criss
Ha! I'm Fucked up
Have a good Summer
and see you playing
Softball stay high & party
natty. By Carl Puchett

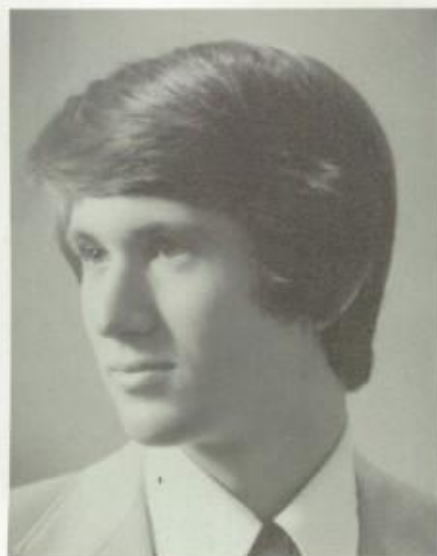
SENIORS
SUCK



Helix Boasts Ten Valedictorian Candidates,



Mark Bailey
4.0



David Genser
4.0



Ivan Hayward
4.0



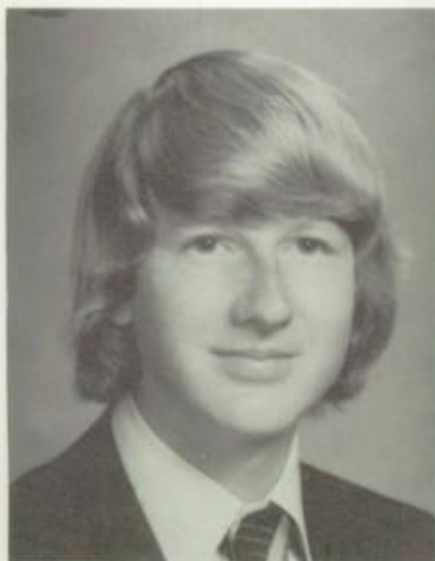
Brian Igarashi
4.0



Elaine Moore
4.0



One Salutatorian Candidate For 1979



Peter Jaeger
4.0



Alessandra Orecchioni
4.0



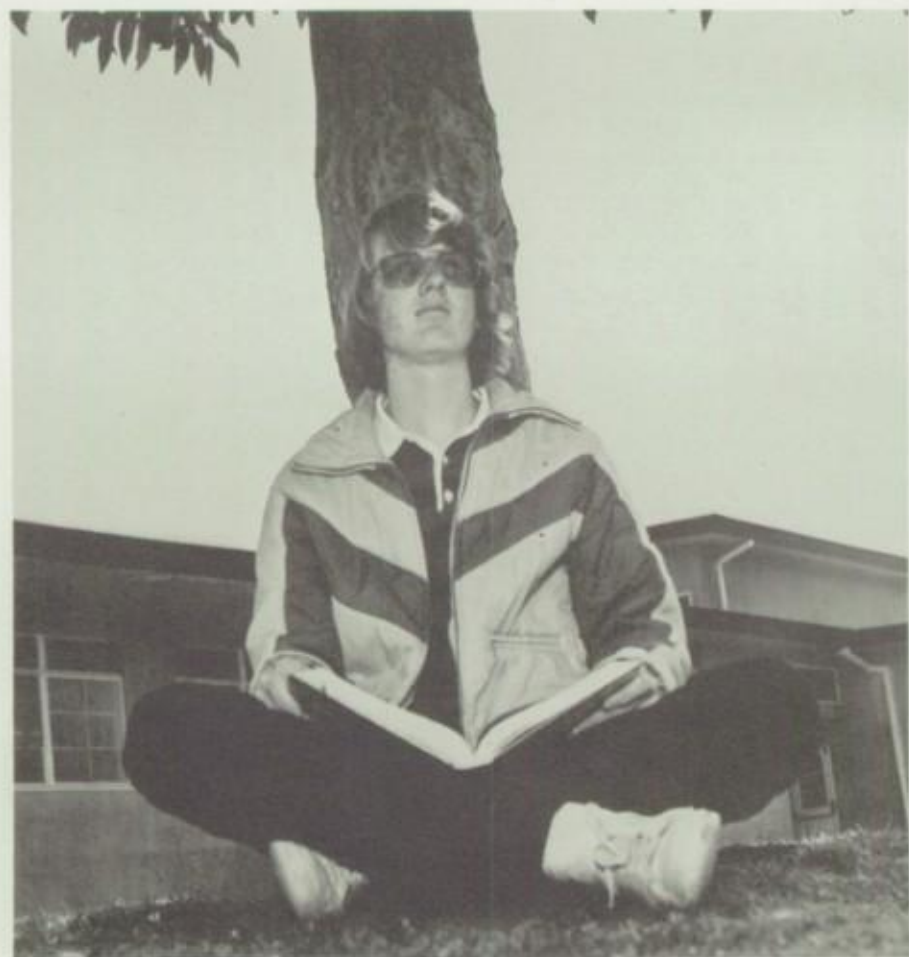
Michael Perry
4.0



Rengsamy Rajendran
4.0



Robert Singer
3.96



Top Ten Percent Of The Class Of 1979

Pictured on the preceding pages (62, 63) are candidates for valedictorian and salutatorian. The remainder of the top ten percent of the graduating class of 1979 are pictured here, with the exception of the following seniors: Andres Bonilla (3.917), Alec Morrow (3.857), Kurt Krueger (3.704), Kris Kusumoto (3.593) and Kelly Connors (3.588).



Glen Lee
3.967



Leata Ball
3.967



Lisa Barber
3.966



Bryan Bloom
3.964



Tom Philp
3.964



Thomas Biehl
3.960



Nancy Nordahl
3.960



Francis Claypool
3.958



Steven Martin
3.958



Diane Christian
3.950



Valerie Andreone
3.933



Chet Urata
3.931



Marlys King
3.929



Barbara Clapham
3.913



William Cleves
3.913



Carol Turner
3.875



David Price
3.862



Bruce Chianese
3.857



Lisa Riska
3.833



Susan Beverage
3.821



Sandi Marks
3.810



Lisa Jacobs
3.778



Lyndi Pickup
3.778



Stacy Smith
3.763



Dawn Molitor
3.727



Veronica Freeman
3.720



Daniel Shea
3.719



Scott Anderson
3.692



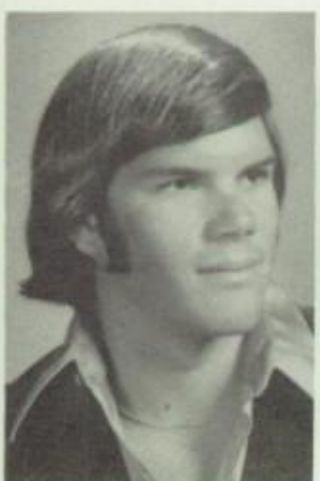
Rose Lemieux
3.692



Steven Roberg
3.692



Juanita Foye
3.682



Richard Chandler
3.680



Grace Farasy
3.677



Maja Raznatovich
3.667



Crystal Jager
3.652



Ingrid Moreland
3.630



Michael Ryan
3.630



Mary Romanowski
3.625



Cathleen Pearson
3.619



Leanne Walton
3.600



Diane Breuninger
3.583



Jon Jacobson
3.581



Robert Lock
3.581



MR. AND MS. SENIOR CLASS: Glenn Lee and Linda Bras



Julia Aguilar



Diana Aguirre



Paul Aiken



Darrell Alden



John Alvarez



Pamela Alvarez



Marie Andaleon



Katherine Anderson



Scott Anderson



Valerie Andreone



Timothy Anfinson



George Anthony



Terri Armitage



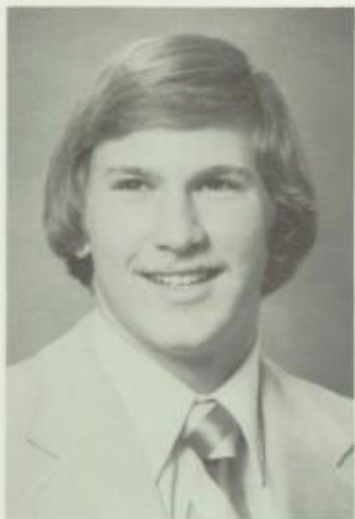
Elena Artadi



Tina Arthur



Joann Asaro



Mark Bailey



Sheri Bailey



Leata Ball



Katharine Barber



Letitia Barber



Lisa Barber



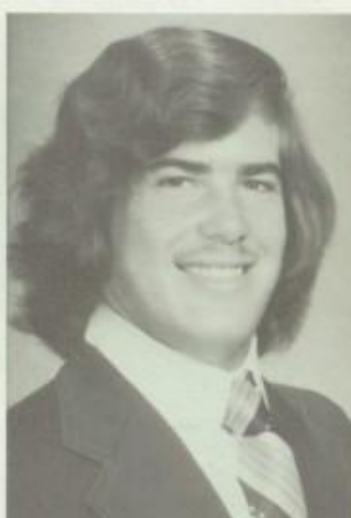
Eileen Barend



Jeffrey Barkley



Carla Barnhill



Jeff Barnicoat



Kim Barrow



Lauri Bartczak



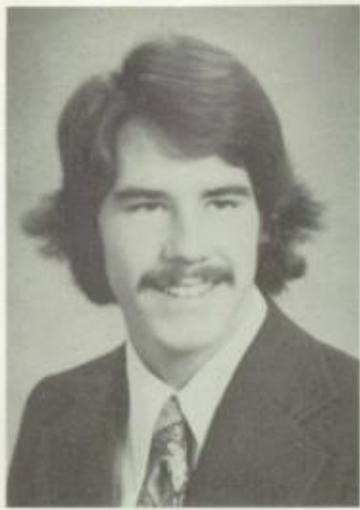
Gerald Bartosh



Brenda Bartow



Steve Bazzar



Adam Bea



Samuel Belling



Barbara Bennett



Katherine Bennett



Rochelle Bergmans



Annette Bernal



Susan Beverage



Thomas Biehl



Susan Bierly



Douglas Bixel



PRETTIEST EYES: Jim Oxe and Donna Oleksow



Brian Blaisdell



Bryan Bloom



Beth Blue



John Bodie



Bernadette Bonner



Brian Boschert



Mark Bower



Colleen Bradberry



Rick Bradley



Linda Bras



Diane Breuninger



MOST SCHOLARLY: Brian Igarashi and Elaine Moore



Christopher Brogan



Dave Brown



Steven Brown



Thomas Bruner



Cheryl Buck



MOST SCHOOL SERVICE: Mike Ryan and Cindy Freeman



Robin Buckley



Joan Bumpas



Beverly Bunting



Lynne Burdge



Kay Burner



Lynne Burns



Shirley Busker



Stephanie Butcher



Daniel Byrnes



Karen Byrnes



Gabriella Cairo



Bertha Cannizzaro



Aulani Cano



Joseph Carter



Karen Carter



Dora Casias



Mark Caspers



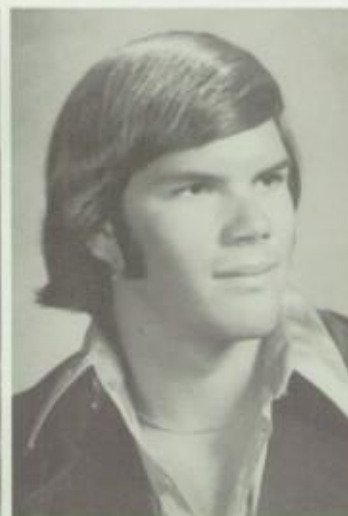
Brenda Cassidy



Henry Castro



Anna Cawthon



Richard Chandler



Bruce Chianese



BEST SENSE OF HUMOR: Tom Myers and Missy Rhea



Diane Christian



Michael Ciccarelli



Lia Cimmarrusti



Daniel Ciolfe



Barbara Clapham



CUTEST SMILE: Tom Biehl and Doreen Kim



Kirk Clay



Francis Claypool



William Cleves



Arthur Cluff



Mark Cluff



Michael Cohan



Susan Coleman



Willard Columbus



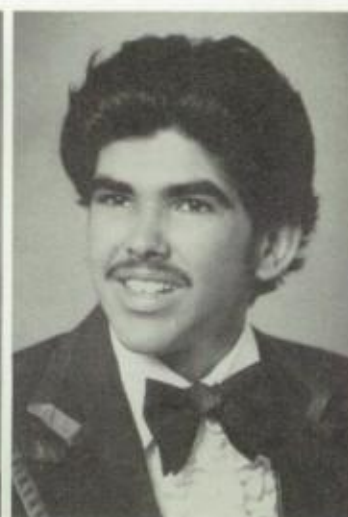
Leslie Condon



Cynthia Connely



Patrick Conners



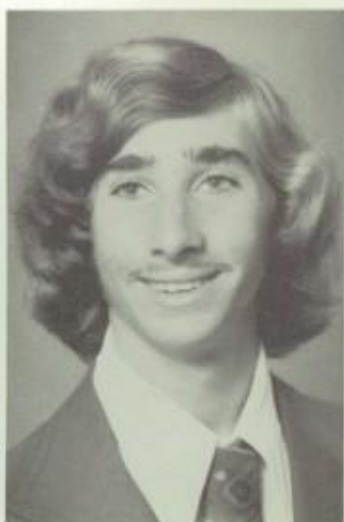
Michael Contreras



William Corbit



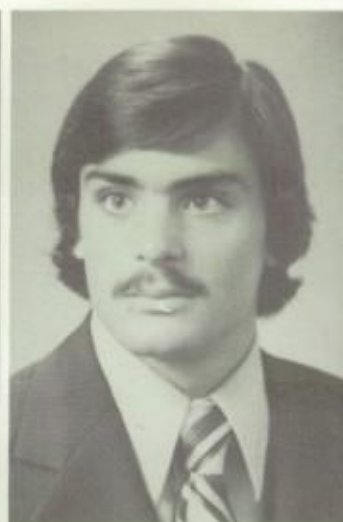
Victoria Cox



Bruce Cramer



Paulette Crawford



Ronald Crise



Dean Curtis



Lisa Cuthbert



Kim D Acquistro



Dianna Daniel



Christopher Danielson



Randy Darland



Etta Davis



BEST PERSONALITY: Scott Anderson and Kathy Barber



Susan De Gaetano



Louis De Santis



Sharon De Witt



Duncan Depew



Ken Devaney



Donna Dibos



Russell Diehl



Laura Dillon



Ngoc Do



Nhu Do



Kevin Donovan



Margaret Durland



Rosalie Dye



Elaine Edwards



James Ekhaml



Gina Elliott



Michelle Elsam



MOST LIKELY TO SUCCEED: Mike Perry and Lisa Barber



Neil Emig



Janet Emple



John Engle



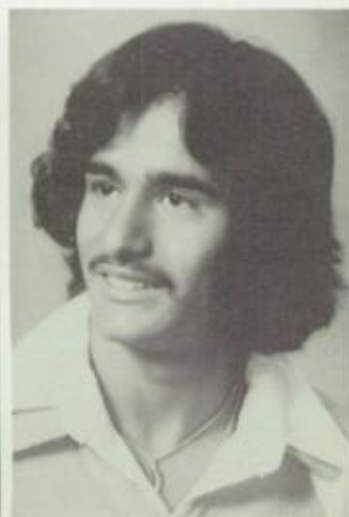
Sharon Epps



Susan Erautt



Jonni Erickson



Jesse Espinoza



Mark Fackrell



Lora Fagan



Grace Farasy



Thomas Faucher



Susan Ferguson



Miguel Ferrara



Tracy Finlayson



Valerie Finlayson



Jay Fischer



Patrick Flaherty



Gregory Flores



Hugo Flores



Mike Flores



Juanita Foye



Karen Francis



David Frank



Susan Fredricks



Mark Freed



Debbie Freedman



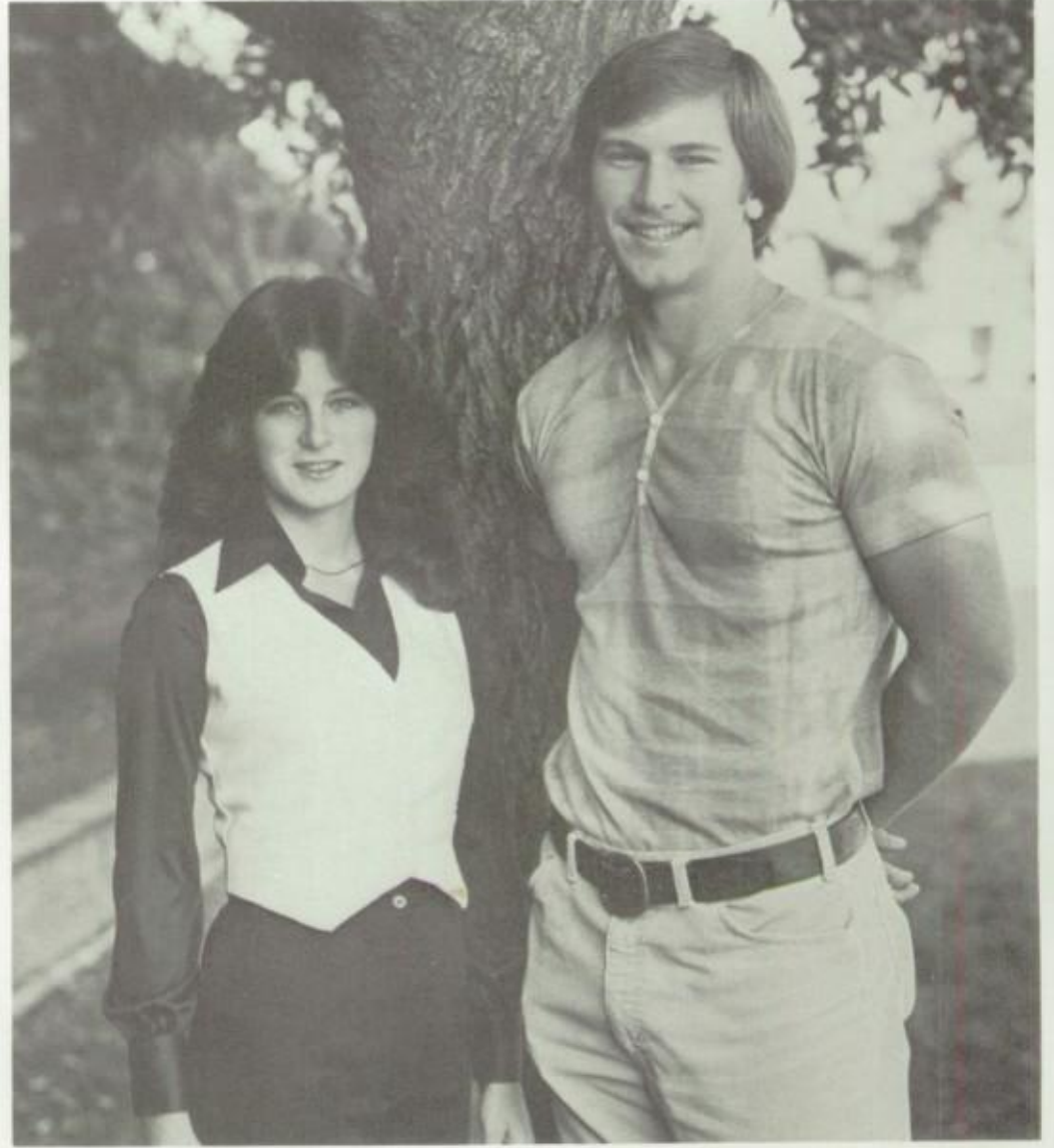
Cynthia Freeman



Veronica Freeman



Susan Frei



BEST PHYSIQUE AND FIGURE: Mark Bailey and Barbie Wyatt



Martin Frischknecht



Thomas Fulshaw



Jill Fuscoe



Wendy Gallagher



Olivia Galvin



Susan Ganci



Phillip Gardner



Sue Gardner



Curtis Garvin



MOST ATHLETIC: Phillip Oyos and Stacy Smith



David Genser



Kelly Gibson



Barbara Girulat



Lisa Gleason



Lori Gohde



Kenneth Golojuch



Gretchen Gonzalez



Yvonne Gourley



Laura Graef



Susan Graves



Lynette Griffin



Jeff Grosekemper



Stacy Gruver



Laura Guffey



Kathlene Guillen



Earl Gutgesell



MOST TALENTED: Chris Brogan and Marlys King



Tim Haar



Howard Hackworth



Helen Hajj



Lori Halley



Elyse Hamilton



Richard Hanley



Simone Hardy



Linda Harmon



Jeffery Harmuth



Victoria Harp



Gerald Harpenau



Desiree Harpole



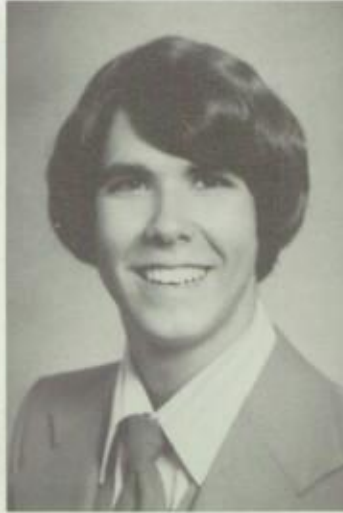
Carl Harris



Mark Harris



Diana Hart



Richard Hartman



Daryl Hatch



William Hauck



John Hawkins



Howard Hawver



Ivan Hayward



Donna Meadrick



BEST DRESSED: Charlie Johnson and Ingrid Moreland



MOST SCHOOL SPIRIT: Tom Philp and Lore Meek



Paula Hennessey



Holly Herling



Leslie Hernandez



Drew Hertsch



Russell Heskett



Lauri Heyer



Paige Hood



Susana Horta



Kim Hotka



Diane Houghtlin



Laurie Howell



Ronald Howerton



Vauna Hughes



Rick Hunemuller



Jeff Hunter



Arthur Ibarra



Brian Igarashi



David Jackson



Michelle Jackson



Lisa Jacobs



Jon Jacobson



Peter Jaeger



Crystal Jager



George Jarrold



Michele Jarvis



Kenneth Jenkins



Lesley Jett



Charlie Johnson



Craig Johnson



Debbie Johnson



Elizabeth Johnson



Russell Johnson



Jeffrey Jolliff



Kelly Jones



Robert Joynt



Anne Kane



Debora Karl



Lori Kellogg



Kirk Kenney



Debra Killian



Doreen Kim



PRETTIEST HAIR: Sam Belling and Mary Mendoza



William Kindle



Jeff King



Laura King



Markys King



Thomas Kirklen



Karin Kizer



Katrina Klebe



Jeffrey Kloeckner



Arthur Knori



SHYEST: Mike Wills and Venise Contreras



Joleen Koenig



Lynn Koptionak



James Kramer



Laura Kramer



Kathleen Krum



Otto Kyriakidis



Steve Labor



Michele Lamb



Nancy Lane



Connie Langefeld



Jackie Langenberg



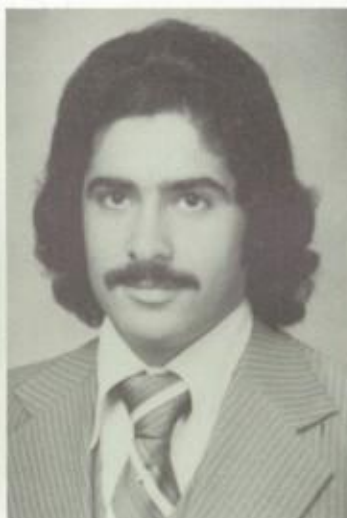
Kari Langlois



Debbie Lapham



Charles Larson



Mark Ledesma



Glen Lee



Christina Lehmann



Rose Lemieux



Margaret Leonard



Carol Lester



Mary Levikow



Robert Lock



Robyn Loftus



Patricia Lopez



Brian Loraine



Carolyn Lowe



Troy Macrae



Dana Madrid



Robert Madruga



Denise Manno



Lisa Markall



Sandi Marks



Lori Kellogg and Sue Russell say "cheese" for the photographer.



Leslie Marline



Michael Martin



Steven Martin



Aida Martinez



Alex Martinez



Homecoming brought the best of friends together.



David Martinez



Sandra May



Kimberly McBride



Eric McDaniel



Mary McGrath



Sally McIntyre



Michael McKay



Prapun McMannis



Jay McNamara



Lisa McSwain



Laura Meek



Mary Mendoza



Omar Mendoza



Kimberly Messier



Carol Michener



Chantay Miller



Mary Miller



Ginger Minter



Maureen Mogan



Dawn Molitor



Byron Moore



Elaine Moore



"Get away, Underclassmen have cooties!!"



Melanie Moore



Paulette Moore



Sharron Moore



Ingrid Moreland



Debra Morgan



"No Autographs Please!"



Thomas Morris



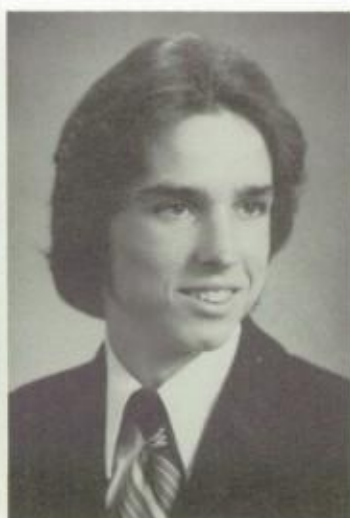
Jon Morrison



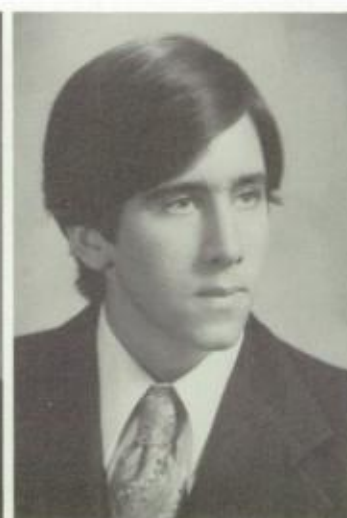
Jeanene Mortensen



Kathie Mosher



Michael Mountain



Vincent Mross



Larry Myatt



Belinda Myers



Kathleen Myers



Thomas Myers



Denis Nelson



Gisella Neve



Melbalee Newberry



Kim-Chi Nguyen



Tuong Nguyen



Joseph Nicholson



Geana Nilsson



Nancy Nordahl



Nadine Norgaard



Catherine Norris



David Nunnally



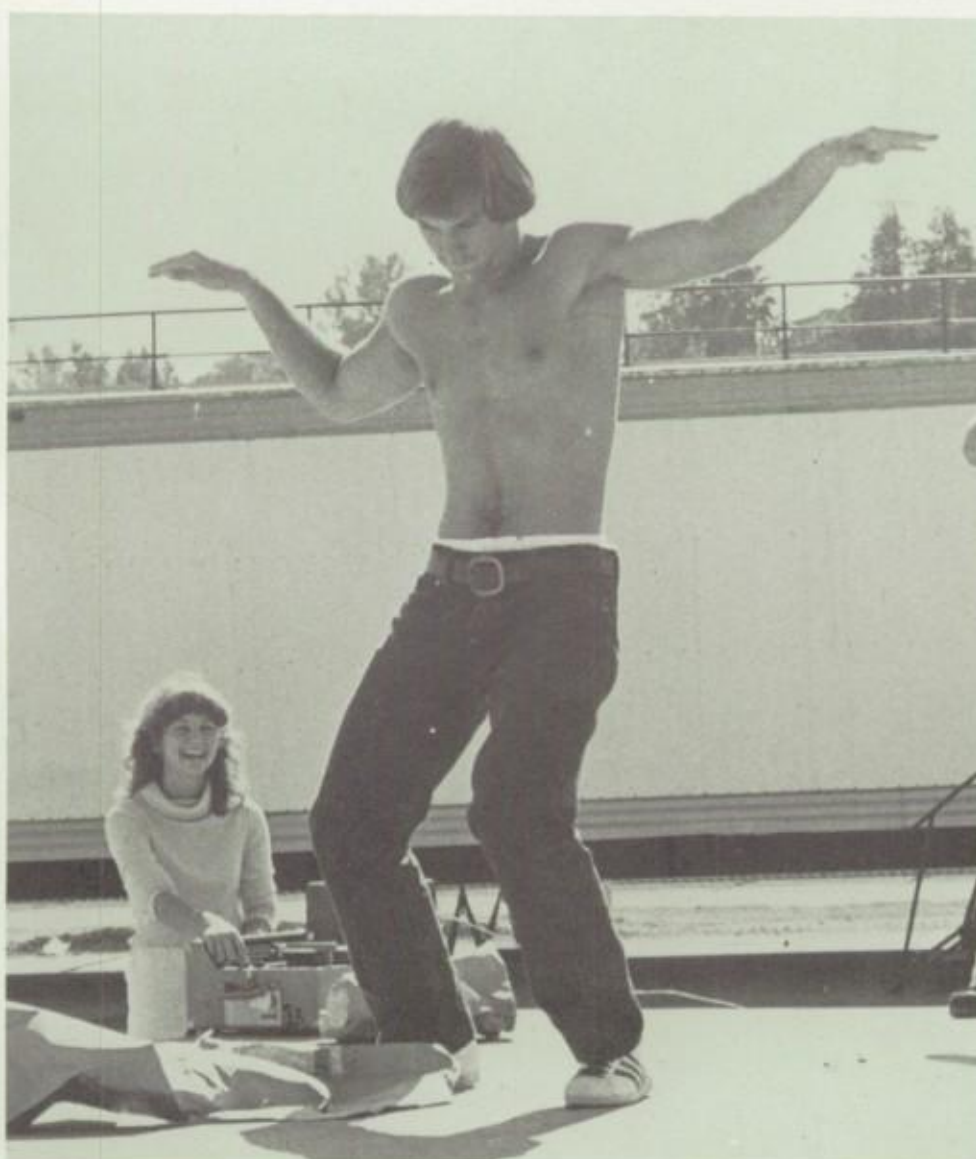
Kathy O'Brian



Victor O'Rear



Donna Oleksow



Mark Bailey displays the latest in surfing techniques.



Barry Oliver



Dawn Oliwa



Aless Orecchioni



Valerie Orsborn



Danita Oswalt



Catherine Owen



Corinne Owen



Karen Owens



Lisa Owens



James Oxe



Phillip Oyos



William Oyos



Lisa Ozark



Richard Pabon



Hector Paredes



Kevin Parriott



Cathleen Pearson



Kathy Barber shows her Scottie Migh!



Janet Pearson



Andrew Pence



Christian Perkovac



Lisa Perry



Michael Perry



Quoc Phan



Tom Philp



Lindi Pickup



Karen Pietrosimone



David Pitkin



Dawn Plagman



Timothy Pollock



Stephen Price



Donald Pugh



Dan Puls



Colleen Raines



Rengasamy Rajendran



Janet Ralston



Evonne Ramos



Bradley Ramsey



Robert Ramsey



Maja Raznatovich



Robin Reinhold



Diane Reyes



Deborah Reynolds



Melissa Rhea



Jose Ribeiro



Lia Cimmarrusti enjoys her senior year at Helix.



Maria Rico



Lisa Riska



Steven Roberg



Karen Robertson



Lucia Rodriguez



David Rohowits



Steven Romano



Mary Romanowski



Susan Rossi



Sue Russell



Michael Ryan



Leanne Walton distributes ASB cards during lunch.



Janel Sanford



Joe Sanlos



Jeanette Sardina



Wayne Savage



Charles Schechter



Kristina Scheidel



Jay Schneider



Shelley Schniepp



Brian Schroeder



Richard Schultz



Roy Schultz



Diane Schulz



Ruth Schwarz



Steven Sell



Don Seo



Mary Setmire



Senior spirit shines on for Missy Rhea and Janet Ralston.



Sharon Settle



Graciela Sevilla



Steven Shaffer



Debbie Shaw



Daniel Shea



Harry Shrum



John Siegel



Sharon Sikich



Patricia Simmons



Teri Simpson



Laurie Sinclair



Robert Singer



Wade Sinnen



Veronica Sirkis



Micheel Smiley



Stacy Smith



Alice Sosa



Kimberly Spear



Jeffrey Spooner



Curtis Stedman



Mary Stevens



Bruce Stewart



"I just washed my hair and I can't do a thing with it!"



Wade Stone



Robert Stoop



Neil Strickland



Debbie Strukelj



Timothy Stump



Sarina Suggs



Christopher Sullivan



Gerald Sullivan



Wendy Sutton



Karen Tackett



Patricia Tanner



Todd Temanson



Grace Thayer



Clayton Thibodeau



Kevin Thompson



Mary Thompson



Robert Thompson



Thu Ton



Chris Trantalis



Kathleen Traut



Carol Turner



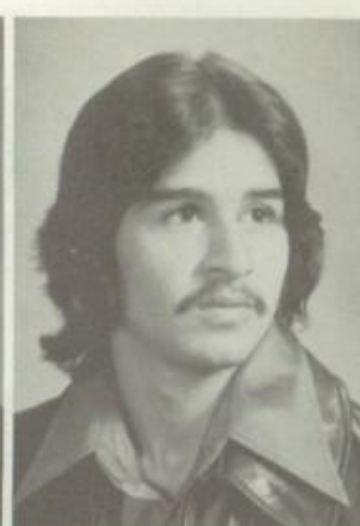
Kevin Uda



Chet Urata



Michael Usher



Angel Valdez



Scott Anderson and Chris Brogan are two "wild and crazy" guys!



David Vance



Veur Vander



Maria Varlas



Dalia Verbickas



Marti Vidaurri



Kevin takes the Nestea plunge the hard way!



Karie Wagner



Bolen Wales



Thomas Walsh



Leanne Walton



William Walton



Bernadette Wamsley



Beverly Ward



Dean Way



Stephen Weber



Keri Weinzapfel



Gwen Weischedel



David Westman



Gordon Wetsch



Janeen Wheeler



Alan Whipple



Steven Whitcomb



Colette White



Rae Whitehouse



Kathy Wickware



Robert Widick



James Wier



Candie Willingham



Michael Wills



Veronica Winfrey



Ronald Withem



Marlene Wizansky



Dawn Wolford



Kevin Woolford



Darla Wurzel



Barbara Wyatt



Rene Zolezzi

Seniors Did It All In '79



Ken Devaney
President



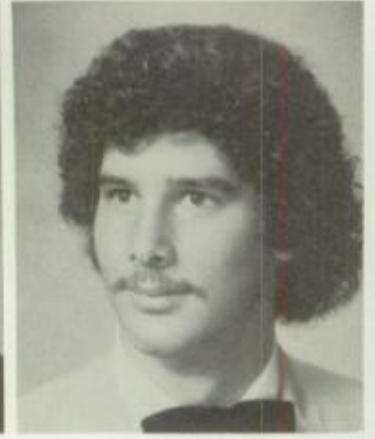
Mike Ryan
Vice-President



Missy Rhea
Secretary



Dan Shea
Treasurer



Scott Anderson
Senior Prom





Kathy Barber
Servant Day



Lisa Barber
Senior Prom



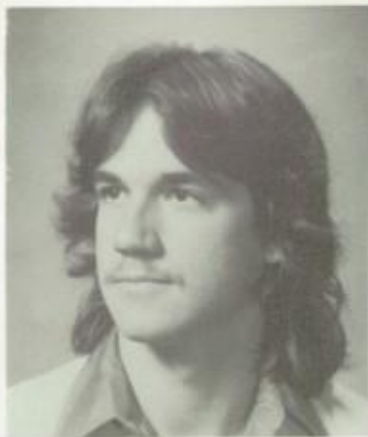
Eileen Barend
Senior Breakfast



Tom Biehl
Graduation



Chris Brogan
Senior Play



Dave Brown
Graduation



Ivan Hayward
Caps & Gowns



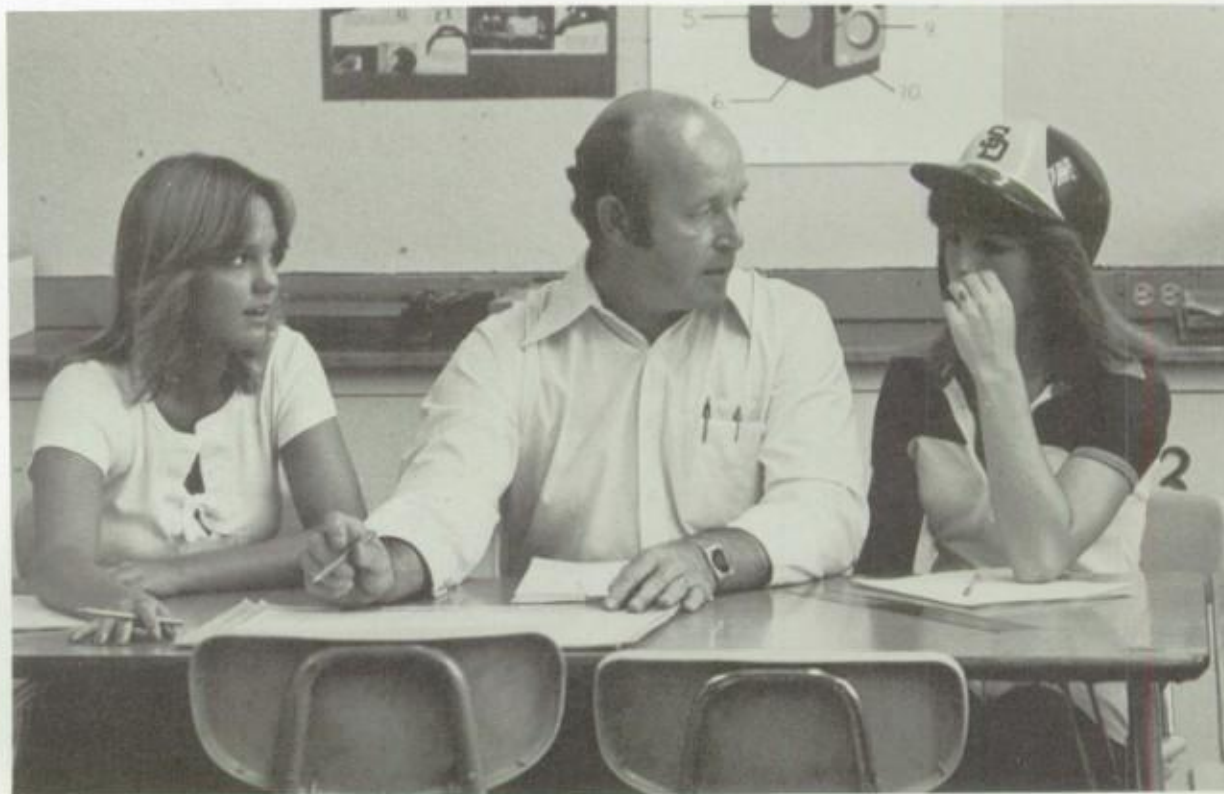
Cindy Freeman
After Prom

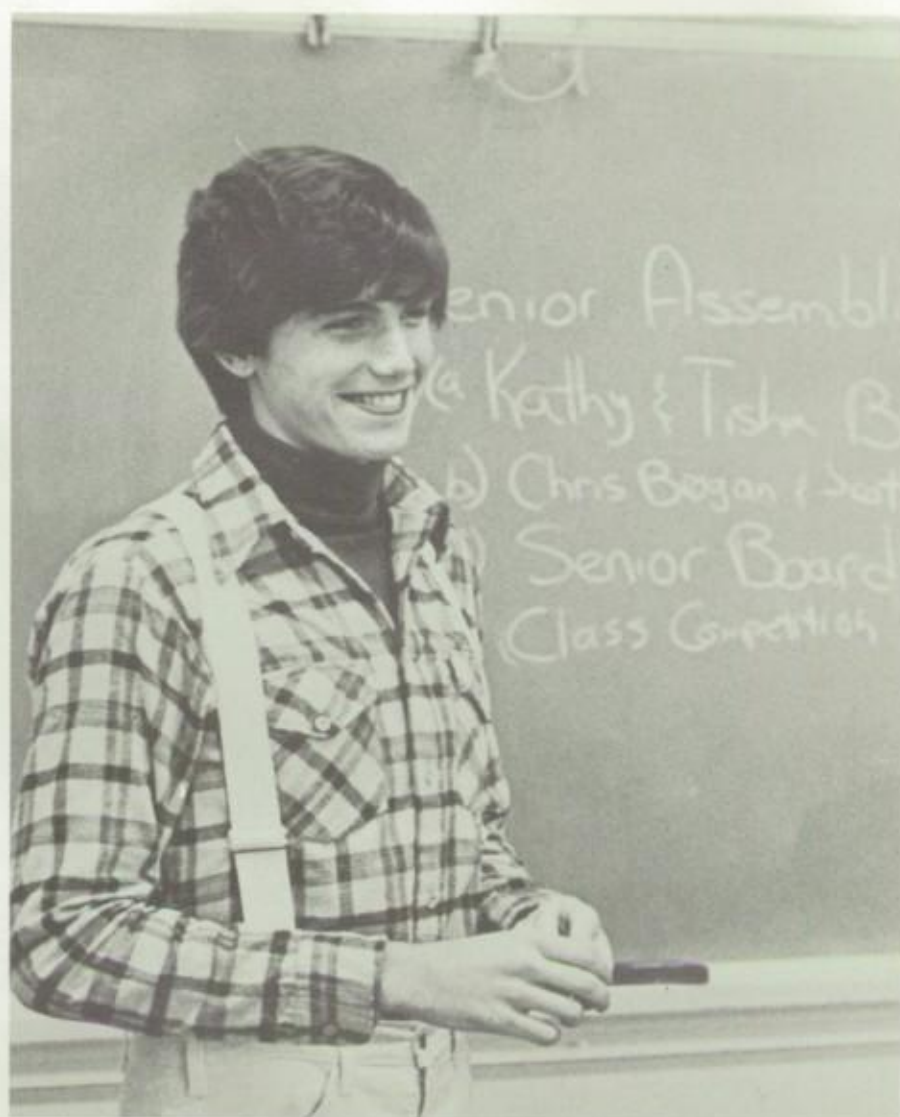


Katrina Klebe
Assembly



Kim McBride
Assembly





Mary Mendoza
Awards Assembly

Lore Meek
Annual Signing

Donna Oleksow
Caps & Gowns

Nancy Nordahl
Announcements

Tom Philp
Car Washes



Crew

Stage Manager	Lori Gohde
Asst. Stage Manager	Dini Miller
Lights	Scott Tinkham
	Therese Reichert
	Dave Lock
Sound	Blair Pogue
	Rita Golojuch
	Chris Gillen
Props	Kathy Jones
	Danette Kunkel
	Lori Miller
	Bonnie Stewart
Costumes	Tracey Hoover
	Laura Guffey
	Laurie Clary
House Managers	Sandi Donovan
	Leah Rozok
	Anita Jager
Ushers.....	Janet Siebenthal
	Craig Darling
	Jackie Brothers
	Heide Hesler
	Pam Evans
	Kathy Loveless
	Eva Orozco
	Deanna Offield
Make-Up.....	Lynette Griffin
	Margaret Bendixen
	Kim Messier
Publicity	Chris Brogan
Typist	Tracy Hoover





Senior Play ...

"Bus Stop"

This year's senior play, "Bus Stop" by William Inge, was a romantic comedy about ordinary people.

The story begins with a bus out of Kansas City pulling up at a cheerful roadside diner in the middle of a howling snowstorm. All roads are blocked, and four or five weary travelers are going to have to hole up until morning. Miss Stanley (Beth Blue), scurrying through the doorway in a spangled nightclub gown and a seedy fur-trimmed jacket, is the passenger with most to worry about. She's been pursued, made love to, and finally kidnapped by a 21-year-old cowboy (Kurt Krueger) with a ranch of his own and the romantic methods of an unusually headstrong bull. The belligerent cowhand is right behind her, ready to sling her over his shoulder, and carry her, alive and kicking, all the way to Montana. Even as she's ducking out from under his clumsy but confident embraces, and screeching at him fiercely to shut him up, she pauses to furrow her forehead and muse, "Somehow deep inside of me I got a funny feeling. I'm gonna end up in Montana ..." As a counterpoint to the main romance, the proprietor of the cafe (Sharon Settle) and the bus driver (Dave Morton) at last find time to develop a friendship of their own; a middle-aged scholar (Wayne Savage) comes to terms with himself; and a young girl (Stacey Schaffer) who works in the cafe also gets her first taste of romance.

The play was directed by Mrs. Evonne Noll and it ran from March 20th through the 24th.

Cast

Elma	Stacey Schaffer
Grace	Sharon Settle
Will	Chris Brogan
Cherie	Beth Blue
Dr. Lyman	Wayne Savage
Carl	Dave Morton
Virgil	Jeff Kloeckner
Bo	Kurt Krueger



Senior Memories

Aguilar, Julia (Julie)

Memories: Best buddies Jack, Ron, Joni, Linda, excellent times with J & R, Bin Sm brtha CN 78, Doug, 9/30, Big grn, B's, but gy, ah dad! crunched Camaro, radical boys, getting squirely, uptop, the force, Mom and Dad, see I made it, Doug you're the best part of my Sr. yr., I'll love you forever.

Alden, Darrel S. (Scott)

Activities: Soccer

Memories: Time to tell, I had fun ditching, I also had fun partying with Troy, Steve L., Dave, Mark, etcl, I had the most fun with my girl friend Jody Edwards, especially the summer of 78, It's been nine months since I met her, I've enjoyed her a lot.

Alvarez, John (Alvie, JT)

Activities: Baseball 1-4, Football 1-3, Lettermans' Club, Student Council 1

Memories: TM, SB, JO, RJ, JC, 8, baseball L/Champs 77, 78, CIF, H/ Lake, M/ M Morton, MM, 0-4, C/Lucas, 3rd, San E. w/ Jo, 12-23,78, Capri, Ace, SCUU, The Swansons, JV SB, w/ to next year, Thanks Mom, Nana, Popa, I love you, m/ of all I thank the Lord f/ giving me so many memories, John 3:16.

Alvarez, Pam (Wierd Tires, Fort Knox)

Activities: Hi-Steppers 2-4, Modern Dance 3,4, Dance Team 4

Memories: Dahling summer, ahoy matie, barney, Johnny Evest, prevert, wrestling, BB, Jacks Mc's reverse scoping, scooping, quake, partner, contradiction, Aprils lgs, K. window, clothes, best friend SS, Jerry, toad, ankle, huggers, water faucet, great times w/ Kevin, It's Louis CFA, big hit on Broadway, great times w/ R, B, MFG.

Andeleon, Marie (Pineapple, Ma, Miss H)

Activities: Tennis, Highland League, I club, Human Relations, UN Club

Memories: Hopes n Dreams, sweet 16, Hawaii 77, Aloha Jim, best I've had, Shelly, Donna, KW, TB, JF, CJ, BB & all my buds, Sis' 15th, BM SBKE, Sum 77/78, lovin Robert, good times w/ Kath, Ed, Lu, Ham, D, Sa & Deb, SBFB, Magig DMV3, shattered Chptrck, Em, Chiz, CAB, crushes & bashes, Pep talks w/ LP, Wayne & Sis, 4-ever, thnx God, I love you mom, dad, Lisa & JJ.

Anderson, Katherine M. (Kathy)

Activities: Student Council 1,4, Choir 2, Swim Team 2,3, Track Team 2,3

Memories: 2ns sop, Ditchin, lafn, pkwy pl, w/ AD, 110's Rob KB, shnpnts, Helix spout, mssn, var yr, lee, Hig, Mar, GW, AIM Sis, Guys, Hiergrod, Chem, Hibily, CACA, MD, MH, LS, snkn, LH thing, on lft, Neen, Cary! TW, Ticky, all x together, 3579, 12-16-77, Baaby, I luv U, Mmnt in x wshn U spce, St it Free, Fam luv M & D, HJM, Grown Up Pns, Mchtrip, 69 Mstng, always luv n sunshine K.

Anderson, Scott (Buster, Scotty)

Activities: Football 1-4, Wrestling 1-4, Baseball 1, Track 2-4, Letter Club 2-4, Choraliers 2-4, Student Council 3-4, School site council 4

Memories: Buena locked out! XMAS dances, dead bait, H. Hop, Proms, parking adventures, the Bomber, GMpg, homecoming, Mary, super friends, choir friends, esp., Ter, Chris, two wild and crazy guys, Baileys, main buds Mark and Jerry, fishing with Dave, Mark * Nick in M. Bay and S. Rays, 3rd league 2, 3rd CIF, state in wrest., defensive player, 1st CIF in Foot, pregame act, Jeff his help, my families care, CIF champs.

Andreone, Valerie Lynn

Activities: Y-Teens, CSF 1-4, Campus Life

Memories: Buddies LK, OG, LG, LM, MS, DO, PS, Gatekeeper with OG, Doowakadoo GSA, X-mas dance of 76, B&V L&D, CLFC talks on SMOOTHY & BUBBA AC N DC X-mas dances DK DP DC, Mom and Dad, MO Do & Lo BB's, CIF, wishing for BT JB, Danny, knowing Scott M, Tinity Jesus' love, 3 times a lady, harbor lights, Andre, Feb. 4, April 28, Summer 78, Donnie!

Anfinson, Tim

Activities: Bowling

Memories: Friday night Football, four long years, it's finally over, sports arena bon, characters: RF, MR. B, PM, EH, World History, good friends: MS, DD, LD, JF, MDLR, Glad I'm out.

Artadi, Elena

Memories: Coming to Ca., Sr. Prom 78-79 w. Micheal, my love to the Ramirez's, you'r special people, To Jan, you're very special, thank you and lots of love, love to my family, to Micheals, you've made me so happy, thanks for your lov, I hope our future together is happy, good luck to friends.

Arthur, Tina

Activities: Modern Dance 3, Young Life 3

Memories: Before school in 9th w/ SB, PO, study hall, LB, big mouth, working at the DQ, going to 7-11, Billy & Burcie, the summer of 78, the party, SB

neighbors will never forget parents leaving, SB, backing up into GK, Tank, 1976 with Sue, Tahoe 79, Goodbye Helix.

Asaro, JoAnn (Beeper, Jo)

Activities: Hi-Steppers 2, Drama 2, Student Council 1-3, Modern Dance 3, Y-Teens 3

Memories: Big Wyoming, My ski, bums: Mike, Jeff, outlaws make good lovers, U-bet, go-for-it, Drink SC, we sure did, blitzed again, dance-freak out, 12-30-78 w/ S., new years w/ S., my nails, Tr's wedding w/ F., sum 78 (Billy Joel) 6-23-78 w/ G., g-bye girl, 2-12-78, w/ K., Sum 78, thanks to my family and best bud Deb., we've finally made it.

Auditore, Tara (Porky Cheeks)

Memories: Memories w/ my only love, fidel wood and a successful future, memories w/ Mita B., GB, KC, AND KC AND memories w/ Paula and Lon, with my 75 yr. Grandmother and family, memories of you, Mr. Keppler.

Bailey, Mark

Activities: Football 1-4, Basketball 1,2, Wrestling 3, Track 1-4, CSF, Young Life, Fishing Club, ASB

Memories: Insane w/ OUT SPORTS, GREAT FRIEND Scott, O & P's biology, CIF Champs ftbl 78, a lot of laughs fishing with NW & SA, 12 lb ball, Hell Week and 110's, B & R beach w/ friends, talks and laughs w/ Mr. crazy in Wells Fargo, 8-7-78, 64+, M&D, mono, 4 unforgettable yrs., Thanks Helix, MGP, a very special girl-Lisa, My best friend & Savior JC.

Bailey, Sheri (Babe)

Memories: Buggy trips to Gordons Wells with my partying buds Mike, Zeke, and Greg, to my crazy friens and the good times, Kim, David, Mike, I love you, Mom and Dad, you're great, to all my years at Helix, I', glad they're over, cruzin in my 64 T-bird, Disneyland, Knotts with Mike, what fun, coke adds life, I'm out, buy.

Ball, Leata (Little Girl)

Activities: Basketball 1, Student Council Rep. 1-3, Y-Teens 4, CSF 2-4, Science Club 4, Math Seminar 3

Memories: Dinah (Babe) Shore, Peter (Tracy) Pants, Rhinestone (Lea) Cowboy, Dr. Chunk (Val) Wagon, Matt, friday nights, chalk drawings, humaina, Spanich camps, history, Old Globe, Train surprise, Thomas Stewart Philp, Waldo, Pshuke, Ily, 3 eyes, Hueys, TPI, friends, relatives, thanks for good times.

Barber, Katherine (Shorty)

Activities: Varsity Cheer, Dance Team, Senior Board, Human Relations

Memories: Homecoming, dance T, bio buds! Vogel, f-ball #1, best buds-KK, MA, CB, DK, LG, GC, JS, S & SW, VC, DT, RL, JH, TPI, Mikis, M. Cal, Jr. Prom w/ Ken, Prom 78 w/ Eddy, x-mas dance 77, 78, New Years eve 78 w/ KT, Mom, g-ma * Candy, Kevin, the best ever, JH X-mas dance party, Sis's & Steve, thanks all my love to Jeff.

Barber, Letitia (Tish)

Activities: Varsity Cheer 78, 79; Modern Dance VP, Modern Dance Team, Human Relations 4

Memories: VC, ES, IM, CT, SC, VF, LG, LG, GC, JS, LM, JH, JN, EK, CM, S&SW, KK, MR, LI, BI, LB, TPI, JE, SE, L. Messier, Freed, Simpson, Vogel, Hill, Grainger, Bonney, Manor, Homecoming, X-mas dance, H-Hop, X-Mas w/ MP, Pat & My, Disney, Magic, Rocky H., dance, cheer, love to my family, very special part of my Mike.

Barber, Lisa Ann (LB, Barb, Barberino)

Activities: Tennis ASB, Girls' State, Senior Board, CSF, Y-Teens, Modern Dance, Young Life, Campus Life

Memories: Best buds: EB, KK, CF, DC, TB, MR, Thank, talks w/ Cindy, ten w/ DC, BJ, 10-31-76, 3.95, low lifes, TPI, gettin caught, spag factory, D-land, kednap, 1st kisses, beachn, cruzn, hurting clumpees, lucky # 7, campaigns, cinsta, ASB prvrts, camp, brick house, thanx Mom, most special finding JC, growing and sharing with Mark, thank!

Barend, Eileen

Activities: Tennis 3,4, ASB 4, Senior Board 4

Memories: My buddies KK, MM, MB, LM, LB, Dear Ann Landers, thank Lisa, Sister Amy, Happy Man, Brickhouse, getting caught, Pink Pnthr, Big O, 12-9-77, #31, 10 days, the best, 3s a charm, Howard, choc chop cookies, Berkley talks w/ PJR decisions! Pete, thanx M & D, growing and special times with Barry.

Barkley, Jeffrey Alan (Jeff)

Activities: Band 1-3, Pep Band 2-3, Stage Band 2-3

Memories: Failures, LD, KL, ML, SS, LP, DJ, CJ, BB, (4x) w/ Deb, w/ Bren,

Pops 9th, notes, Roses 77, H Bowl, X-mas dances, Manilow'n, lunch gang, friends, LD, TL, RC, MS, SM, 10-13-78, drive ins, fights, sav-on for Barb, watchin tz, Hulk, Scooter, my Elfo, Oofs, PR, IGS ... Bye Guy.

Barnhill, Carla D. (Magic)

Activities: Afro American Association, Bio-Med, CSF Human Relations
Memories: Trippin at Helix, I give much thanks to Coach Edge, my best friend always Belinda, liking JS, Id, bio-med buds, KB, KB, DD, Dana, the Goon, Laughin' with Eric, Wacky Bobo DC, Silly SE, No. 1 ft-ball 78, Conv., Mirta, the Teddy Bear, Bootsy 77, Kissin m-5s BM, Sliffy, MY FAMILY.

Barnicoat, Jeff (Baby Huey, Bear)

Activities: Frosh, JV Football, Swimming, Wrestling, Var. Football CIF Champs 1#
Memories: Friday nights, CIF champs, football you bet! Parties at my house, mushrooms, skinny dipping in the mountains, beach, body surfing, frisbee, girls BHOC, BR, more time than any other, freedom, best MOM, SB, T, KA, LL.

Barrow Kim Marie (Kimbee)

Activities: Basketball 1,2,3,4, Swim 1,2,3,4, Jr. Class Vice Pres., Tartan 4
Memories: 41, Bern, Chum, Shell, Styx, Judy, Harry, Liz, Martha, Stacy, B & K are angels, fun w/buddy DK, Uncs, MMtn, Tootsy Rols, Dinos, Dland, Swim, The gang, Ace, Party'n, JV champs 20-0, Beenie & Queenie, Wntr Leag Champs undel fighting T's w/EC the rags, Dunton, cruzin w/Martha, Foxez, GBPB, Thanx Jude sorry AD, TP'n Loren, Rick-MB, Tweety, JD, Timmy, JA, KL, SB, SM, SS, Earth, Wind & Fire, S. Night Live, Pati-SLKD, Aja, pups, Swinger, Bball, Look'n to CIF!

Bartczak, Lauri (Pepper)

Activities: Maranatha 1,2,3,4, Swim 1, Peer Counseling 3,4
Memories: Friends, Mr. LG, C, MS, SS, SW, JE, DS, RK, DC, memories w a beautiful Family, thanx Mom, times with Lance & Lisa, monopoly w Chris & Derek, memories of Mark, Swabie, the Bee, Church football games w Mary & Dean, Psych Per. 2, David, special times, special friends, special memories, 12-22-78.

Bartosh, Gerald R.

Activities: Marching Band, Stage Band
Memories: Skiing the river, turning wrenches on our turboed sundance, the quartet, Bruce, David, and ... Denny, The Midnight basement jams, Jr. Prom, and all the dances, the community cram sessions, the great physics labs, to all the buddies, GL, TT, OK, MF, and CS.

Bartow, Brenda (Piggy, Bartow)

Activities: Marching Band 1-3, Banner and Letter Corps, 2, Orchestra 2-4, Concert Band 1-4
Memories: Bestest friend Vauna, DJ & PM, TB, TS, Ross, Henry C., Mr. Kirk, Kevin Babe Pops, Bus trips, catching guys on the freeway, Thew Babe, being weird, going to Macs and Jacks, lovely boat trip sitting in the bay and being scared to death, my one and only Henry Castro orange, Mom and Dad.

Bazzar, Steven (Buzz, Scuu, Bazer)

Activities: Baseball 1-4, Student Council 4, Water Polo 1-4
Memories: JA, JC, RLB, JS, RC, KR, ER, DH, Cards for sorrow, cards for pain, Good luck Chris, Ri. Beach parties, Rocky Horror, Champs 79? Boone the ooph, Bacardi, 12-31, 78, BB champs, Tu-Vu, Ace, H20 polo gang, DG-Gonzo, summer of 78 w/ KR, Let History repeat itself, so long Helix! I'll mis you.

Bea, Adam

Activities: Track 1-3, Cross-Country 1-4
Memories: 76, 77, 78, Frank, Bill, Steve, Grey and the rest of CC CIF champs team, a year and a half of great times wih Helen.

Belling, Sam (Samish)

Memories: Mexico, partying at the Hotel and trailer, munching out at El Oasis and Edwardos, Mexcal Madness, Perfection days with no crowds, Good times with good friends: Alden, Mark, Tom, Phil, Mota Cota, my parties, Buso Bashers, The Towers, VC Bowl, Backpacking in the Sierras, Killer Omlettes at Janes, Fish Fry at K. 38's.

Bennet, Kathy

Activities: Bio-Med 3,4
Memories: Friends: Jana, Jr. and Tam forever, Dianne-Hayfork, DT fun times at the beach "party hardy" cruising the park bums and FTP "I'm not Elisa!" GBPB "I want a boyfriend" JC & KB always looking Bio-Med Krazy kid CB, CIF champs, Mom and Dad—take care, crazy times and more to come.

Bennet, Barbara

Memories: Good times w/ Mark, always and forever, Special Friends, Margaret, Diana, Elena, Brenda, All the crazy things we did, Love ya always cutie.

Bensimon, Phillip (Swine Man)

Activities: Drama, Dhoraleers
Memories: Village parties, Mexico, good times with Boys: PS, SB, Most of all games NM, getting waves, everyone—want to hear from you, 469-8787, plans surfin, partying, Bass planning, boogying and plenty of girls, Mark thanks for being my friend the whole way, your friend forever.

Bergmans, Rochelle (T. Bananas, L' Bit)

Activities: Tennis, I Club, UN Club, Campus Life
Memories: Thru God's eyes, Louisa—love always, OXOXOX—Mom and Popa, Marie-Lei, when close or apart our friendship will endu. 4-ever, Rock n Ms. H, Ken F., Christmas 77, 78, Prom 78, Corky, Zoon w/ MZG, Eddie III, the Springs by moonlite, love vally, Harvey Babe, Madrid Rock, PCT, I wanna' fly! A Unicorn, Hume, Europe 78, San Fran, Mh, Jb, Jf, Fl.

Beverage, Susan (Sue, Soder Pop)

Activities: Volleyball, Track, Y-Teens, CSF, Fling, Class Pres. 2
Memories: FIA: 79 rules, Y-Tenns thons, VB—GREAT buds, Summer 77, Rudy & RL, Eng. 2 Val, Eternal Buds, English 3—Rm 222, GL—Bro *Bud, Camps 76, oh Jonnydins, Legss -n 77, Goat—78 me, HBB, Get'n Hooked, TW*TTC&S.S' mer Bum 78, w/ Buckos at Shores, H to H-W/SM. Fin/ 10s, NN: daBAR-Atw! Mom & Dad, I Love You Thanks.

Biehl, Tom

Activities: Tennis, Senior Board, Bike Club, CSF President, Science Club
Memories: WB, My old school and friends, my good buds IH, CD, MF, RH, and parties, a wet surprise, the spies—KNM MM, DO; Beach skimboard—oops, LM, police, ace drivein GBG, the sittin tree, soccer tryouts 77, POT, Junior Prom and X-Mas dance w/ Lore, Love always.

Bierly, Susan (Peaches, Chunk)

Activities: Softball 2,3
Memories: Friends, skiing w/ LH at Mammoth, PC, w/ TA Tahow, San Elijo/ GDT, Santa Cruz R & B, R & P, 9/5/78, RB Tex, CF thanks for "W" Softball buds/TN, DK, LC, Finals, jacks, games espc MM, Tina 964—what happened? Special friends—Lori, Loar, Tina, Steph, Gen, my family—TAKE CARE!

Bixel, Doug

Activities: Cross-Country 1-3, Track 1-3
Memories: Concerts, Dat. Pu., Lowenbrau, Lips, Coloado, MF, GM, P & E, Verns back up, unknow high times, cruzin Susan may our friendship be true, Mom, LM, Bye Bye Helix High, Hellow World.

Blasdel, Brian Robert (Murph the Surf)

Activities: Bagpipe Band 1-4, Pipe Major 2-4
Memories: Beach trips, trips to the snow, lo in the car, band trips, trips to Scotland, Carstuffing at the Ace, my friends the Muskies, Janet, Pat, Clara, Jr., Harold n Sally, disco-ing, getting Tped, You Tasmol! Homo Hwy, laughing, having fun, Good bye Helix.

Bloom, Bryan (Lil Arnold, Spot, The Hood)

Activities: Diving 1-4, Wrestling 1, CSF, Science Club, Bio Med 1,2
Memories: All the crazy things I did, blowing my 4.0, food fights, toga, pumping iron, Uncle Bill, steamed up windows, Jon's surf storeis, snow trips, buzzed, Tm * EW acting retarded, my best buds: IH, KT, TM, BM, RH, EM, and their absence from reality, all my love for Lisa, Ily.

Blue, Beth (Killer Bee, Frenchie, Peanut)

Activities: German 1-4, Latin 3, UN 3, Modern Dance 4, Drama 4
Memories: Grease, Popcorn, cinema Grossmont, VW, JT, Bus Stop, a slick, moo, Rizzo, Jer, shoonk, DD, MS, And Baba Louie, and Sailing.

Bodie, John R. Jr.

Memories: Good friends RH, SB, TP, MC, CC, Mom, Pop, Tina and Tom, Mike and Carol, ol' 57, Lakeside duplex head, sage, 3 wheelin, 68 Ford, desert roses, 50 Plymyth, best of all my love for Kay Lynn Burner.

Bonner, Bernadette (Bernie, Bons)

Activities: Basketball 3,4
Memories: Al Rene Kim B & K, R angels, shell come, Ace, Basketball 78w/ Swinger, T's SC 15 wildside TPn party Liz, Kay, JE stats WW Letrs, Photo fro you, Bread W pants, summer 77, PSAT, Hun MB, Winter Leag, EC, C, Dunton, Another Gr. B.ball yr. w/ the sings 79, NJ sum, 78 Bowlers, Tirsh, Mrs. B, Peg, LG, JD, BM, Bdwk, Wat slide GA2 Partys, NL, JS, Vinnie Jake Bons, always my family Luv U mom.

Bower, Mark (Legs)

Activities: Football 1,2
Memories: Having a blast with the four Musketeers all year long. Fantastic times at the Rocky Horror, Mr. Bonney US History Class, and all my Futueous time and love with HT.

Bradley, Rick

Activities: Football 1, Track 1, Basketball 1-4, Human Relations
 Memories: Best friends IH, Charles, LS, TC, RH, BB, MW, WS, RP, TM, LEUC/IH, Special secrets / Sue, Nuts, Dunk, Stuff, Sports Arena 78-Ball 78-79 What happened, Singer, Thanks, Crusin? Ivan, the bet, I won! 12-11-77 loving Laura and all our special moments. Most of all my family—thanks for being there.

Bras, Linda Carole (Rhotenhar, Leen-dah)

Activities: Nominating Convention 1,2, Sophomore Class Sec., Y-Teens 2-4, Fling Staff 3,4, Dance Team 3,4, Modern Dance 3,4, ASB Secretary
 Memories: Weekends. 10-13-78, Macho man, Dave R., New Years Eve, love boat, Learning to drive a stick, HOMECOMING, Hula-Hop w/HC, Jr. Prom w/LS, X-Mas Dance w/SW, roses, crushes, SD Jr. Miss, good friends JM, SE, KK, what's wrong with me? a 1st Jim, naive senior, sports arena, ftbl champs, THANKS HELIX FOR EVERYTHING!

Breuninger, Diane (Crafty Lady)

Activities: Choraliers, Campus Life, Nominating Convention, Choir
 Memories: Koinonia, Hiho, J-nut, Card, Ann, Mark, Mex., Buddy Rorri Harri, Good friends LC, LM, PH, 78 X-Mas Dance, 77 Chorlrs w/ SA & MS, Barb, J. Drake, LW best winker, Art w/ B. Nick CJ, Basketball Bunch, Thanks Jon, Marie Cal., LBC gang, special family and Great parents, My Lord Jesus who taught me so much. Thanks.

Brogan, Chris (Biff, CB)

Activities: Drama G, Speech G, Choir, Choir President, Drama V.P., Senior Board
 Memories: All My Friends! Plays, TGP, LHA, CT, MEA, TG, BS, The Beatles, Billy Joel, SM, Wings Best Friend, Jeff, Cindy (with love) Claudine (false alarm), 6-10-78 w/CM, DM, SM, no thanks, I don't drink (you guys, I'm drunk) Pops Concerts, Jamie and Shay, BJ concert w/Grace, Mr. F, SA Grace, NLHSA.

Brown, Dave (Daver)

Activities: Soccer, Senior Board
 Memories: To the lady that lit up my life, Susie C., cruisin 2nd street, for chasing, not racin, Dancin, party, broken hearts, Steve and I raising heck, God, thanks for all the life and sorrows I loved them all PS, I loved you now.

Brown, Steve (Brownie)

Activities: Football, Baseball, Wrestling
 Memories: crusin, camaro, Joe P. (Blood), all those women, living in PB, Cardiff, Vegas, parties, X-Mas Dance 77-78 w/Susan, skiing, cabin, apt's, always, mom & pop's, DV, TF, RF, DB, working overtime, GS, thrashed aging, mission, 2:38 am, oh no, dancin, the hat, CIF, Have a good one, thanks.

Bruner, Donald Thomas (Tom, Tommy, Loose the Brun)

Activities: Basketball 3,4
 Memories: Mom, Dad, family, oh bambini, frisw w/KW, Dancin w/EE, Hey Tom, Hot I tem, Shootin hoop, (what??) wait a day, OK? Goals, being a scotty, first love? 77-78 #1, Slap come one Scitz, Sometimes I amaze ... Guy, oh baby, Mr. H. Shhhh, Face V, Naunnie, New Port, meeting the maker with MW, titl.

Buck, Cheryl (Lucky Lady)

Memories: Good tasting mushrooms, leads to a bad end Laura Kramer, Linda Perea, laughing and crying as we space, jumping out of a tree, sprained ankle, I give my thanks to Jo for introducing me to Tim and I send him all my love forever.

Buckley, Robin (Bob, Rocky, Bobbin, Bucky)

Activities: Hi-Steppers 2,3, Secretary 3, Modern Dance 3,4
 Memories: Best Buds Det, Dee, Busk, Janel, Mom, Dad, Mrs. W. Sahara Heat Wave Rm 26. 2-in-a-lock 6. Joe. Not Sisters. My hair hurts. Camp w/Eddie. M.D.I. hotel. Dreams & Memories D. Concert. S. burn. Lost in Cucamonga. It's unreal! Isn't life fun!

Bumpas, Joni (Joanbird, Bump, Bumpy, Bumper Thumper)

Activities: Y-Teens, Glee, Choir, Riot Squad, Campus Life, Young Life, Mat Maids, Modern Dance, Student Council
 Memories: All my Best buds, Big decision, Diamond Ring, "crushes", summer of 77 w/ Miss, Ace, enebreation, Earlin, 1-20-78, 12-8-78 "Champs", X-mas dance 77, the carrot, Hello Betty, TP Bandants, slumber buds, Swoozy & Dumba, LH, JL, My sis, SR, thanx Tootles, Bye Helix, I'll miss ya.

Bunting, Beverly

Activities: DECA 2,3
 Memories: Summer of 77, Michigan Good Times up at JB with RR, JA, PA; Best buddies SM, JL, JB, ML, PC, Lezin OB in the mud, CB buddies, TP w/ CL, GW, & falling flat on curb C1, making a mes on GW, going to games w/ SE, having good times, SB, I'll get you! All my love to Paul N. Adams, I Love

You! Party hardy! Good old studies.

Burdge, Lynne (Peanut, Bird)

Activities: Speech 1-4, Choir 1-4, Swimming 1,2, Gymnastics 3
 Memories: Thanks Mom! All my friends Stu, Mich, MK, ME, KH, JC, MR, F. Sen. Prom 75, Backpacking 78 Speech tourneys 75, 76, Court No. 2, Swim meets CIF 74-75 Pops Concerts and strikes 1:00 am, choral Publicity, Choir VP Mitt. Thanks Mr. Grainger, Thanks Stuart for sharing my last year, All my love to you and me forever, Thanks and good luck Everyone.

Burner, Kay Lynn

Activities: Tennis 1-4
 Memories: Good Buds LR, MJ, mostly Lora Fagan, Coach K, M. Garcia, FB, BB, PG, TW, TF, DT, Lions Den, Dance, Sis n buds, HHB love forever; John Bodie- my ove forever, 57 Chev, 1st kiss, summer 78, times with LF, car bump, pink, good n bad tims, catsup, fries and plate.

Burns, Lynne (Mouse)

Activities: Frosh Cheer
 Memories: Frosh Cheer, MR, MM, DO, Tilks w/ Missy, 11-21-75 Just the beginning, 12-31-75 Be mine, The finest, That's All, Till Tomorrow, Your Shadow, 4-22-78 My baby Phillip—I Love You, You are my Life, My family—Love always, Much Thanks to Coach Donnie, Phillip—I do love you, Always and Forever!

Busker, Shirley (Busk, Pengy, Lil' One, Scurvey Butsker)

Activities: Hi-Steppers 2,3, Soc. History 3, Modern Dance 4
 Memories: HDWCYWABIMHNMWHIWASLY, Best Friends: Rob, Det, Shell Talks w/ JV and JM, stripes, superman, Flo, Gp, skids, pops concerts, KL PPP, FS 60's, BC, RB, X-mas dance 76, mdt night 78, Dec. 8 & 27, CIF cake w/ ps, nun was machen wir denn? Manilow & LG, dreams and wishes ...

Butcher, Stephanie (Steph)

Activities: All my good friends, Joni, Mary, Sue and especially Tina, Huggy Bear, all the hunks, summer of 78, the best 3 months of my life, Feb. 23-24, BK crew, robbing cabinets dad think ta was rotten, chevy lub—thank dad, x-mas 78 beach Malina C. gas station boys, birds, lov ya mom, good times w. Ray.

Byrnes, Karen

Activities: Modern Dance 4
 Memories: all the bud sin 9th, Las Vegas w/ Diane, San Francisco w/ Tore, Bio. w/ Deb, sue lisa, best wishes to my friends, parties coral Ford, ski trip, thanks to FF for LL, Danny, Eric, Thanks mom and Jim for everything, Mr. Keppler, moonlight beach with my babe Louis who I love and care for very much.

Cairo, Gabriella (Gabe)

Memories: Best years Jr. and Sr., close friends, Lora G., Lia C., K and L Barber, J. Stanford, and all the others, Lori G. (flowers) Mr. Keppler standing outside his class holding a cup of coffee or tea, Mr. Rays photo class, Patty C., you owe me \$30, BF, CO.

Cannizzaro, Bertha Marie (Bert)

Activities: Tennis 2-4, Junior Class Secretary, Highland League VP, Young Life, S Club
 Memories: Fun w/ best bud Doreen, 4 unseps, young life w/ RW, TB, LM, MF, IH, DK, Suzi Q., Tennis buds Lani and Gia, cheapskates, Coco Cota, good talks and times w/ Laurie and Kelly, Scottie, the farm, summer tennis with Steve, Bob, Kathy's parties with the gang, see you all next time.

Cantano, Steve (Spaz, Spazomatic)

Activities: Campus Life 1-4
 Memories: All of my friends, Bruce, being in my favorite teachers class, science infact, Mr. Watenpugh, 4 yrs, my first love, Deene T. what a time we had, remember hun? I love you, you all I am, GTKYGTKETAY again Deene, I love you.

Cano, Aulain

Activities: Young Life
 Memories: Summer of 77, Hawii, Nov. 17, 1978, loving dad, my best wishes to al friends KB, LW, MF, MR, BH, JR, CC, remembering Lad always, Taco Bell with KB, TK, BB, AND the rest of the crew, 9th grade 2nd period meeting a super great, wonderful and lasting friend friend Lia, and all my love to my mom and family.

Capitano, Bill (Capand, Walrus)

Activities: Football 1-4, Wrestling 1,2, Lettermans' Club 4
 Memories: RH, PS, 5-19-78 with my best friends MB, JD, DV, HJ, AND PK, Frosh, FB, VS MM, CIF FB., 77, 78 all my coaches, Frosh, the road runs to Marks 5th period, ifthe coaches only knew, Mts., w/ Geana and Jim, fishing with Big Jim, CIF champs, Jeff Spooner—if the coche only knew, good buy

all my teachers, Dave remeber the P. Cat.

Carter, Jo (Big Joe)

Activities: Basketball 1, Football 2, Baseball 1-4

Memories: My special parents, you the best, all my family, nieces and nephews, special brothers, Chris and Marla, car wreck 77 EG and ML, good baseball years, hopefully CIF champs 79 friends, Phil, John, Craig, 5th ave., plaza, 3d flicks, our condo's in Del Mar and cabin in Idllywild, my VW, Tahoe-78 B-Lucas "Dad", new house.

Carter, Karen (Stork, Legs)

Memories: My honey sharing a new life with me, my friends YG, TA, DC, DS, Black eye, KM, TJ, My family, his family, Pinball, long Johns, Kelton Kolas, 17 B-day family, Dec. 10, 75, football head, plucky-plucky, M and Mrs. thanks mom, Mike, I'll love ya forever and ever.

Cassidy, Brenda (Brenda Kay, Lee)

Activities: Mat Maids, Campus Life

Memories: Special friends LH, JB, special gang of WHBC, canoe trips bald headed man from china, purples, grease pits, long talks w/ TN, DK, sat nites, diets, lunch w/ the girls games, dances, recipes w/ DS, CL, x-mas dance 77-78, mom and dad thanks, I love you, most of all my love to Mike forever.

Chandler, Richard Hugh (Ru, Drunk, 2C, Rick)

Activities: Swimming 1-4, Water Polo 2-4, DECA 2,3

Memories: My pal Jer-partying! Rocky Horror, Football, Dances, thanks to Laurie, Love and Kisses to Chris, Gurdine, Guard parties, summer 78, maggie and Co., friends-JM, KT, MM, JJ, EW, TPI, HI, JO, New Years 78, buzz Ron, Teresa, LOU fly Delta House, Hamlet, Deb K., Stacey, Curvair, 61-77, Thanks everyone, Bye.

Chianese, Bruce (Foxy Frog, Uncle Brukecins, Mr. C)

Activities: Stage Band, Jazz Combo, Marching Band, Orchestra, Latin Club, Science Club

Memories: GIRLS, Crusing, munching, dancing, racing, beach desert, snow, backpacking, bandroom, Pops Concert, basketball games, band trip, Mr. Uncle "Ger" Kirk, synthesizer, recording studio, Farrell's, Ace theater, Tasty, PR No. 3, JF, DG, SK, BL, KL, DM, MM, VN, CP, MS, TW, RZ, Most of all, Shane.

Christian, Diane (DJ)

Activities: CSF

Memories: Geography 5th & his son, mouse, mud, in memory of G.M., private parties with MS & LK, Val's 17th surprise, joining Army through SP & SM, eating at McDonald's as Singer and Thurman walk in, bowling KC in parking lot, DP & his pen, JR finally as a friend, pal Tigger, bobsy twins.

Ciccarelli, Mike Anthony (Turtle)

Activities: JV Track, Surfing, Moto-X, Water Skiing

Memories: Good times at the South Bay Races, going to the movies with Lori, taking off to the snow with no shirt, flying high over Torrey Pines, roller skating from the "board walk" to La Jolla, half crazed.

Cimmarrusti, Lia (Smily, Koala)

Activities: Young Life

Memories: My forever friendship with Lani, all the fun memories, Tms with JN, all my friends, SH, GC, NN, KD, AB, SD, SK, Beach, OTL, cuzzy, Mr. Keppler, thanks for brightening my days, miss ya Mom & Dad, thanks, 17th, KGB chicken, Sum 78, T Crts, luv at first sight, Koalas dnt srive without trees Steve, the run ftbl, bskbl, hockey and joggin.

Clauser, Mike (Big "C")

Memories: CB, ST, TO, VB, FG, Mr. Gecks office, "Jeepin", CIF football game, Santa Maria, 108 lb., 3 point, green rattlesnake, white molasses, watching the girls go by.

Clay Kirk (Red, Carrot T-p)

Activities: Latin Club 1,3, Bowling

Memories: Had lots of good times, times with elec., frying, Matins aud. tone, times with LA, a fine time in bowling, great times w/ friends, DW, DG, KE, TB, GZ, RS, GJ, MD, PW, PC, HS, BS, LD, and VM, asleep in chem., the Ramsey at work, state tourn., meeting Laura, times in the bird, blazed at the ace, the first time w/ LM, I LOVE YOU.

Cleves, Bill

Activities: Cross-Country 1-4, Basketball 1, Track 1-4

Memories: CIF Champs 76, 77, 78, SAC 77, CI 78, indoor games, State 78 ? Pizza bombing, the kuch chase, the Bust, Cardiff, Kansas, Hawaii, Mr. Higby, Ms Lee, crushes on Lia, LG, JM, KB, good friends Steve, Clump, Tom, TT, Willy, Dizzy, Rosie, Carol, GTW Carol, Fling and CC buddies.

Connely, Cynthia (Cougar, Hawkeys)

Memories: Having friends like Sue, Charlette, Jeff, and Rob, the good times in Psychology, PE, and especially Vet. class with Dr. Miller, Edie, and all the officers, Working at the Humane Society, and at Sea World with all the Penguins, Most of all Graduation.

Connors, Kelly

Activities: CSF 2,3, Latin Club 2, Human Relations 2,3

Memories: Best friends Michelle, Yvonne, Laura, oops-our friend worm, our bumps, Farrell's, the keys at the beach, cruisin, apples & cookies, the dolly, so much min. golf the weekend, the station, 8-ball, looney times, SNL giggles, happy times spent with someone special-Brent, Thanx family! Leaving again.

Connors, Patrick (Pat)

Activities: Varsity Football

Memories: Everyone's right, the senior is the ultimate, the beach-after game pizza & the disco! But Karen was the best part, Thanks for being there, 3 times a Lady, Also RR, MF, BG, MG, LD, SM, BB, JM, RS, PK, TC, CT, & to the rest of the "champs", the stadium was Great! Class of '79, Wild & Crazy guys FOREVER!

Contreras, Venise (Neser, Venni)

Activities: Cheer 2,4, ASB 3, Human Relations 4, Chicano Club 1

Memories: Special Friends Always: SR, LB, KB, IM, Sum 78, Hawaii, Vacations w/ Fam, 15 yr. old, Grams & Pops, My Luv for my Big Sis! Mom & Dad I'll always Luv You! met WRN 12-16-77 Wow! Jewl from ES, Stuff animals, Fun times w/ES Beach (nite), OTH, BH, Piz, Christmas 78, Got Snagged By Big "U", My Luv I'll Always have for ERNIE!!!

Cook, Mitch (Jell, KC)

Memories: Canyon truck, BS Sand Pits, 4 wheelen, the gang, weekend scores, Football games, skating, SF, best friends Rob Wade, Scot, Steve, Mike F., Troy, Karate, Soccer, Basketball, Weights, The Chicken, SA and resine.

Corbit, Bill

Activities: Football 1-4

Memories: Toyota 4 x 4 sunk in OB, Thin Ice, B's at Barneys, LO, ML, SR, Foursome JS, JB, RHM & ME, friends MM, TP slow, RB, MH, part boys, the BRO'S, 7 & 7 at Brad's, New Years Eve 78, Bringing JC 86, Roudy Wade, Toot Toot w/ Cous., Little punka, Always love Mom and Dad, Wish you were here TIM.

Cox, Vicky

Memories: Mr. Larson & MC, Insane Asylum worthy Mr. Woods, 5th per., PE with VC, TB, TD, & CO & Coach Ash, Bkkg w/ SE, DF, mouth, after school with BD, Soccer games w/ TD, BD, best buds, RS, TW, going Tyler and Denver, Crusin on 2nd, the Cobra, Red & Grey VW notes, Whiskers, Smoky Bevfordt Justice, Thanks Mom & Jerry for everything, I made it Mom! Bye Helix.

Cohan, Micheal (Co, Conehead, Conan)

Activities: Band 1-4

Memories: Arcadia 75 = 1 drum section, Fairfield 76, 78, Roses 77, Longbeach, Bus trips, LKs communist Rainbow Org. good friends King, Theodore, Kathy & Tisha and teri, X-mas dance w/ Laurie Kent, Junior Prom w/ Laurie kicklighter, the girls LK, LS, LZ, and my lover "Cheryl".

Columbus, Willard (The chief)

Activities: Campus Life

Memories: Mataguay 76, Chief-O, my cruzin tip, playing poll at the Happy Lion, surfing w/ Suncoan, my parents and Mr. Budos, the sious and Blueston, running grizly, the one and only chief at Helix... "right on."

Coleman, Sue (Poo Bear)

Memories: Frosh year just beginning, sophomore year Vogal, Jr. Yr.-thinking just one more year, meeting Tisha in US History, hard times from Mr. Shepard, Senior Yr. big crush on BS, Mr. Meltons classroom-Gretchen and Maria, real jokes, good times with Tisah, Cathi, and Mike, Love ya all-ASB.

Cramer, Bruce (Crame)

Activities: Football 1-4, Track 1-4, Young Life 3,4, Letter Club 3,4

Memories: Jesus, Jr. Prom, X-Mas dance 78, Sr. Prom shared with Elixabeth Holwn 77 w/ Flare, GIG football champs, WS, DH, RH, JH, C., Muirhead, Rob, lunch buds; stocy, Deb, rides fer; Donna, Lisa, Donna, tres, Denise, God Bless all my friends, Lord is number one in my life.

Crawford, Paulette (Tubby)

Memories: 1-24-79 out at last, special friends Melody Hanson and Debbie Reynolds, I love you mom and dad for all you did for me, hope my marriage will work out, Bless SC, Good bye to all my friends and thanks for everything Helix.

Cunningham, Valarie (Goober)

Activities: Choir, AAA, Peer Counseling
Memories: Sea Biskit Ct rolling on the grass, MJ, DC, DR, Magic Mountain, Sp, Cw, K-Mart, MM ditching, Summer of 78, Putting Dent in Car, SH, MH, Df, The love and support my mother tried to give me, China Town Friday nights, Ricky OJ, Jones, I Love You!

Cuthbert, Lisa

Activities: Swimming 3,4
Memories: 2 yrs w/ FO, it was fun, Prom 76, X-mas dance 76 & 77, Surprise party plane ride, Mex Swim Tex, KT- Whnt, t-ping-got caught, expec-CM, LH, DB, PD, D-land, X-mas dance 78 & many other great times with Bobby, Wink, Mom, Dad, Cindy, Teri-You're great!

Daniel, Dede (Peedle)

Activities: Cheer 1, Drama 1-3, Speech 1,2
Memories: graduations, River and Desert runs w/SP, Parties, Good times w/ SR, CS, CZ, GW, SP, DP, Gweners it's been 4 years, TC at LC, only the good die? Texas, I Luv Amy, ny with Danielle, That Perez Family, Hi Mom, thanks dad, I made it!

Danielson, Christopher Peter (Chris)

Activities: Tartan 4, Tennis 2-4, Young Life 3,4
Memories: Summer 78 Best Ever, TP'n-always caught, Friday Nights, LR concert, ph parties, P.O.T., Teech, fun times w/ Bus Pals; JB, DB, NB, YP, TR, LH, KD, SJ . . . And Carolyn, xmas dance 77&78, Dairy Queen-school-summer 76-Linda's family-12/13/76, palm tree, Best Buds-12 Mark,TB,IB, EG, JA, MSM, JE, LM, RH, Drop 3, Tom's locker-SURPRISE!! The pinto-Lysol Mark's Capri-Hazards, Senior Prom 76&78, goin miles, Mark's car at 1, New years 78, Thanks Mom & Dad.

Davis, Etta Dawn (Chump)

Activities: Cross-Country 2,3, Track 1-3, CSF 2-4, Nominating Convention 2, Bio-Med
Memories: Best times w/ JO, LO, LK, DH, DP, SW, Bio Buds, CB, S, Ramsey, concerts, beach (trying to surf) partying! bacardi! soccer, NY-Xmas '78, Bill, summers 77,78 in TEXAS, grade rivalries w/BS, JH, (PJ), Jo-we've been thru a lot together, going home forever Jan '79, many good memories!!! BYE!

Depew, Duncan (Clib)

Activities: Golf 3,4
Memories: Summer 78, Ensenada, Shari, Jib, Sibbil, Gib, Law, Ospray, Stinger, Bogie, Corky, Duncan Rock, fish, C.D. shark, CBAO, I.L.G., Lompoc 500, races at Del Mar.

DeGaetano, Susan (Cruzin' Susan)

Activities: Bowling
Memories: Step van, MD 20-20, Mike Carter w/Fiat, Samuel D. Belling, Hmm, all reat Johnny, Oh babe, on grad nite, 3-25-77, 8-30-78, cool off you nita, Ah! Much! Hi your mama and her big G Gammy, Life in the fast lane, w/Doug, ELC concert, KGB, sky, Dave Bell, it's fryable, the kids, all my love to handsome Harvey.

DeSantis, Louis Anthony (Lu Lu)

Activities: Cadet Band 1-4, Orchestra 2-4, Stage Band 1,3,4, Pep Band 1-4, Loading Crew 3,4, JV Football 2, Marching Band 1-4, Brass Choir 2-4
Memories: Maytime S/S 76, Roses 77, Fairfield S/S 78, Arcadia music S/S 78, Pep Band leader, loading crew chief, raspy sale at pops roundabout, Pops set up, Wed. ftball, Gals: KV, SM, BB, pals: CG, JJ, CS, TL, JS, BS, JB, BW, Slop, nice guy, IGS, durst, James, Davis, Adams, hulk, happiness with Donna, Muz camp, Green and Silver, line 77, best pal Sis, thanks Mr. Kirk.

Devaney, Kenneth Joseph (Ken)

Activities: Senior Class President, ASB 3,4, Water Polo 2, Speech Team 2,3,4, Track 4, Choir 1,2, Class Assistant 1,2
Memories: Homecoming, Kinky fun, "dumpees" runnin through red, campaign w/ friends, WA., Pererts Anon, commies, ASB friends, Speech buds, good friends: Mike R, Glen L, Cin, Lisa B, MB, DR, SA, KM, MM, LM, TB, KATHY BARBER who has all my love, Fun family, young life buds, Kathy will you marry me? Good times with great friends, Graduation.

DeWitt, Sharon Kay (Sharousky, Sissy)

Activities: Band 1-3, Human Relations 2, Peer Counseling 3,4, Maranatha 2
Memories: May 20, 1977, Nov. 6, '75, Donny-poo & Dadd-poo, Shannon Kitchen and Shelly Bergmans-Bestest friends, also KB, LP, DK, BK, ETC, my loving family, 3 years of my life with Don, My bud, J in the B with Don, fun times w/ all my friends, Don's Graduation, Xmas Dance '77, God bless me, I may need it.

Dibos, Donna (Don, Bo, Dizzy, Afghan)

Activities: Cross-Country, Track, Bio-Med
Memories: Al and Marie-my best, LC, KR, KK, BC, still came, forever, spcl RJ Bio-buds, the gang, BB, IH, TM, IB, CD, ME, RH, lat chem, BM thank Mr.

Rams, basketblgames, CIF #1, dances, homecomng, CC and trk, wrkots, BC, LS talks and dreams, big 19 CP, pddls SH, my brush and vasco, Peanuts to Carrots, Love the beach flowers and sky, Love to my family. Thanks mom & dad, thanks God.

Durland, Margaret (Bone)

Memories: Memories of Susie and Roberto and their healthy newborn baby (1-16-79), my understanding family, good times at highland with Susie, Barbara, Robin and Alex, and of my mijo Alex Martinez, Clara and her mijo Luis and Ja Juan and Maria, memories of 4 years at Helix.

Dye, Rosie (Red-Eye, Buckwheat)

Activities: Tennis 1-4
Memories: Big DC, and Swan. Speed and pool w/the gang, X-Mas w/ Bill, Chili, Fish, Big Bird and Little Rascals, RJ and Sketchy, ME, DS, LB, all our different love affairs, Mrs. King, Coach Walker and all my tennis buds, KB & CC, MS. o's Sp. 3 class, MR. M Ron, Big Bro., My bestest friend Kathy S., My family, thanks all.

Edwards, Elaine

Memories: German 1-4, Dornroschen, Aschen outl, friends-Teresa R, Tina C, Gina E, Berh B, cacion in France, my brother Jim-a special friend Sgt. Pepper, I'll win yet Joe, Mr. Knott-love those stories, Bob-main event; never forget, PE-TR'm other hen, Mike's broken racquet, Trip to hollywood.

Ekhaml, James F. (Gomer)

Activities: Wrestling 1-4, Backpacking
Memories: Many memories with Henry, summer 78, Icy June Lake, rabbit, wrestling studs, Fishes, Uncle Bill, Luther thanks, Bio-Med buds exp. DD & MA Best Class, Pinto Power, Jim can, everyone at PNC exp CI, RBC, AML to Susie, good luck, long talks with best buddy Joleen, ITYKHMILY.

Elliott, Gina (TT)

Activities: Y-Teens 1,2
Memories: Buds, Les, Kim, Mary, Basketball '78, Unforgettable summer of 78, football 79-#1, Fast car chases, making new friends, Pizza, Sat nights and some good parties, tight pink satin shorts, 1st car Henry & Les, Helix what a blast.

Emig, Neil (Ned)

Memories: Going hunting w/RD, TP, RS, in desert, 1st duck hunt w/R Dat at Otay, bout lemon motorcycle from JT, 2nd st, with everyone, Dancing w/the burgers, bad luck with TP killer, working at AE, meeting Jack's at night, riding at pits and to 4th st, off roading in mud at desert w/RD, TS, TP, getting stuck.

Engle, John (John Boy)

Activities: Campus Life
Memories: Ditching w/DP, higby eng, w/DP, Jr. Honor Student, Jr x-mas dance, first w/LR, adp, PE w/Parker, E vac w/DN, camping trip w/DP, X dance w/KB, Mr. Charles, my very special friend Karen Brean, My father and mother's understanding, Romans 1:16, Ixoye, Good friends Dan-Drew.

Epps, Sharon VR (Sc T-Bird)

Activities: Basketball, Student Council, Nominating Convention
Memories: Swpa Mt, C, FF, DC, ros parade 76, 77, Benidict J Tuba, Bren, Deb, Suzy, Vaun, Pat, JV Basketball champs 2,3, Bironic Boom, Booms KB, Lloyd, Free, Auto Mindy, Silver Medal, B-Ball camp. B-Ball pals, CC, KM, KB, BB, Liz, Bio-Med, Crazy C, SH, CN, RK, KL, Barber, Emerg Drill 4 am, Geom, DM, MM, pol sci, SE, CT, SB, WS, JG, Deliahs, KN, Hig, Drake, Vog, Ram, Coach Swinger/Lanss.

Erautt, Susan Mary (Suzy, Giggles, Swoozy)

Activities: Nom. Conv. 2, Y-Teens 3, Tartan 3, Tartan Ed. 4
Memories: Good friends: LB, DL, MJ, SE, JB, Summers in Tahoe, Rick, MD 11/18/77,Get'n Cot, CARROT, Spec. frnd PATTY, tlks w/DV, roses, New Years 78, "Always and Forever," Football pract(I'm so mbarist) CHAMPS 12/8/78-1st kiss* Crus'n by-sooo many times, talking w/BC, concerts w/Mishy, TP'n, *R LOCKER*Crushes: RB, MB, RS, DV(9/23/78), Lasting friendship w/ BUMPER, Dave's 1,2,3 . . . DL*DG, Fig 8's, crazy times w/DL & MJ, 1st car-BUGGA**eat'n cookies in the rain, Never forget "My Lil Tedlf Bear!" 4 in the front at the ACE(1/26/79) UCSD camp, "I LIKE DREAM'N" best wk w/ Dumba* Spec times w/Dave(5/13/78)"3x's A Lady" Prom '78, 7yrs w/MICHELE, X-mas dance '78, CRY'N THEN LAUGHING***Ann Stndouts, Lock'r dec(remem Mishy?)Typing w/DL & MJ, A very spec. FAMILY, 2nd st, J & R in the girls' room, But most of all my special friendship forever w/DUMBA! "LOOKS LIKE WE MADE IT!"

Erickson, Jonni (Jonni)

Activities: Band 1, Campus Life
Memories: 9th rowdys, oranges? 10th Reborn, my best yr, beg of beach babes, Tab diets, Rivertrips, CAMP PERU, 11th, 6th per-JD, slowdanc'n Steve, Heartache, \$25 URN Surfin' THE DODGE, Our Pamela & Mike, 12th

Pick Mature? My buds: MM, TB, LH, DSM, SE, AND A TRIBUTE TO THE BEST BUDS EVER, JILL & HELEN, THANKS SO MUCH.

Fagan, Lora (Bud, Shorty)

Activities: Tennis 2,3,4

Memories: My 1st rose—3-18-77, Buds: KB, MJ, SB, SS, LR, G-Guys JH, JA, SB, DV, TF, JB, RJ, SK, DW, TW, 9-23-77—Always Special, Lov'ng Mem—TF, RJ, BB KAY BURNER, talks/times w/"K", pink, brka plate! Work, 65129, Adop Bro JN-B1-u I's!! Parties, BF, Wed, Mom, B)—WML's, Lv-ng, Lr-ng, TGOOG, Thanks Helix.

Farasy, Grace Michelle (Michelle)

Activities: Choir 3,4, Speech Team 3,4, Choral Staff 4, Maranatha 3

Memories: I remember KT, LB, RP, DH, EH, FB, LS, tennis(wink) library(wink) movies(wink) Bio-Med, Kreb's cycle, laryngitis, choral concerts, overnight tournaments, Night of the Living Dead, roller skating, and I leave to Kili all the fun that I've had, My love to MF, too.

Faucher, Thomas Richard (Rick, Fred, Grandpa)

Activities: Football 1-4, Track 1-4

Memories: CIF champs FB 17-10, friends and good times, Dec 16, 1977, June 22, 78, Gram's house, hers, mine, Mills cabin 78-79, Last dance, Baby, My family—thanks for the moment in time were together, the eternity time will never catch up, My(our)love always and forever, Kath.

Ferguson, Susan (Rosie)

Memories: My sweetie Frank, who put up with it all, Pervel out at TB & egg shopping w/Berger, Schmitt—What? Major Cream, Tonsils, Hawii 77, POP, Darla D, L and C w/all my buds: Frank, DW, KM, Berger, Thanks everybody for all the good times, Bye-Bye!!

Finlayson, Tracy Katherine (Bucko, Trabs)

Activities: Swim Team 3,4, Senior Y-Teens, ASB Asst. 4

Memories: Have fun with BC, LB, TB, RB, AW, JD, MM, M Mac, My womb mate, lots of fun at the river, in MEX at Tussongs and the Hotel, at K361/2, K38, the Valley, LB, BC, VF Remember the Dinah Shore Show? The German Wine Party, What a Blast! Rocky Raccoon, Cliffs, Concerts, Hill, 151, Back Packing, Easter 78, My Love Chris.

Finlayson, Valerie (Val, Aaerman, Fin)

Activities: Swimming 2, Cross-Country 3, Basketball 1-4, Fling 3,4

Memories: Lunch Buds, BC, LB, NN, SB, Dina Shore, Grn Pprs, FLINGING!!! the bridge 10 ks, b-ball, sum'r bum'n 78 at shores SB, BB, SMA! UOAF, Hermans, Partners KK? admirer from afar, AS, Bubl's pig'n out! good times w/ babs/Le 4-6yrs., TPI wishful thinking w/BC, nglissh, wrld his, all the lafs!

Flaherty, Patrick (Shorty, Flare)

Activities: Wrestling 3

Memories: Lunch buds, x-mas dance w/Lisa, Honey on the car, Bowl, Best friend Bruce thanks for everything, Liz what do you plan to do at the movies, Maybe next Sat, MS popular, Halloween 77, TP Stac's House, Best of friends, BC, Liz, Lisa, Deb, Stac, Gisella, Thanks mom & dad, Good Luck, Hig b with ye.

Flores, Greg

Activities: Football 1-3, Wrestling 1, Track 1

Memories: What memories? Frost yr. 75, Poli Sci, Little Boy MCRAE, Chief, Desk, drawing, Cruzin, Shepard Kid and the Mags, Summer 78, LZ concert in Banglades, 67 Chev, Cathi Owen, Wildman Hertsch, D Pepper?

Flores, Hugo (Pele Jr.)

Activities: Soccer 2,3,4, Bowling

Memories: Soccer MVP 77-78, babes at the disco's, my sweethearts, CS, KL, ET, MC, DM, TS, SM, LE, WH, summers at Acalpolco, pricates patties at my house, mi Amor Laura, Adios A todas mis Amantes las quiere Hugo, the best dealt, Helix is super.

Foye, Juanita (J-Nita, Nitabong)

Activities: 1st w/BG, DR-maintin, HSE pty, Bwlng—Ashtrays, little jars, pty, L/shrooms, the sky show 77—BE, Hsh w/BE, Tptoc, Pig-Hwd pk, Gaba Hey! chrch-vw-prsch, Getn rad w/Becki/L/Good xs w/4zl-ah-cool-ltr . . . SP, DN—lunch—photo, Especially my love for Bruce!

Francis, Karen (Dingy Blonde)

Activities: Speech Team, Tennis, Latin Club, Maranatha

Memories: Carolyn Stransky, Pam, Bike riding, Singing & Swinging, Big D, Jodo, Neil, Bruci, Rhonda the Glonda, The Blue Knight, Timothy Troll, Nutt nut, fiestas parties, And apple Day, Jeffy, Si Senor, San Pedro.

Frank, David (Dave)

Activities: Tennis 1

Memories: PAZI BW,BS,SB,LC,SS Buns on Hwy 8, secret romance with Diane

Cleves, Ski trips, surfing, BAJA, Ace . . . ? 2 wheeler in BR truck, Shores, SB, Crab, SB, LC, Boys' Room, Honkin, Beach Parties, Mail, Jeep, Brown Earled, Flasher, Red Eyed Rosie, Carrie, FREE at last.

Fredricks, Susan Louise (Susie)

Activities: Drama 1, Riot Squad, CSF 1,2,3

Memories: Rofan—bestest Bud, Good times in Betsylou, Prom '77, A mi Amore Dan S., Ram-z-brat-say yes, Debs F, 3S, LK, LH, SM, Rw, "spare me", Pain . . . GPTMO, L Welk, Grode—How tremendous! DATSUN, WS, "Come & Kiss Me" DT, JR, DG, SM, JW, #5.

Freed, Mark

Activities: Tartan Staff 4, Young Life

Memories: Summer '78, 12 years of Chris, TB, IH, RH, BB, DW, DRO p3, JW, DP, RD, KW, TM, off roadin w/Chris, Karma, Montana, Linda R. Concert, Seger System, R Ray, Photo, Christmas Dance '78, LM, MA, DD, AS, Young Life, Forest Home, DK & BC, DB, JB, KD, NB, CM, PH parties, Hub Heist, Hazards, going miles, white car at 1, Friday nights, TP'n, New Years, Tom's locker, Good times had and good times to come.

Freeman, Deborah (Deb)

Activities: Drama, Modern Dance, Sr. Y-Teens

Memories: Best Buds: Jo, Susie, Kelly, Big Wyoming, Rich "just great" g-bye girl, ski bums & beach babes, E. Stump 4/22/78 w/Ron, "that flat tire" my red-head grease monkey, snow snakes buddies "in it for love" Amazon JAY, KIP, Fang, Fun World w/Mike, clap song, Karen "no hiding" Ramzy-brat, Grodo, L. Welk "so right."

Freeman, Cynthia Marie (Freeperson)

Activities: Comm. of Public Relations, Class Officer, Sr. Board, Speech Team, Homecoming Princess

Memories: Homecoming, 2yrs till eternity lovin' DJ, Alpine, Prom '77, ASB 77-78, Blue Bomb, Xmas dance 76, Kidnap & crusin w/Lisa, Bonney, Grace talks, Sluggo, CC76, Wal, Dumpees, Kinky, assemblies, cncrts, Cosmic, puky programs, camp, DB waiting & MP help, Tex, fish, slumber parties, Cardiff, shar-ing w/ Kat, "I'm so confused", Laverne & Shirley, DO, KD, GL, Special Love to Grace, Kat, Lisa, Mikey, Mike, Ken, my bf KIM, and Jesus who made me who I am, Gonna fly now!

Frei, Susan (Frei, Sm, Fry)

Activities: Gymnastics 1,2,3

Memories: Jack and I sept 8, Grand Cyn, Las Vegas, Jr, Feb 3, weekend rides, M & T, L & J, Deb, M & D, Best wishes to Lani, munchie buddy & SC, Sue, ML, LJ, JE, HC, CC & DM, Sue thanks(only ? more days to go!)

Frischknecht, Martin

Memories: Friday Nights and Roundtable, Extinguishers, Otto's Le Car, Steve's Capri and my Chevy, Backpacking and Rattlesnames, Lebrary, The Sierras, Capri vs snow, Cheap Trick!!! Working at Del Mar with KM, My parents and good friends SS, OK, TN, TT, JK, KM, JL, RG, SS, KP, and the rest.

Fulshaw, Tom (Big Tom)

Activities: Football 2

Memories: FRNDS: PS, DT, SB, SL, SS, THE Jew and More, Good times—Desert trip, Parties, MF, and LF, Jacuz, SB and I at Jacks, Going to Jacks, Jacuz and TV with my better side "ELLEN" Good times in ELCI-BD party, Good times with the "King" PS, Fun with Motor—New Yr's Eve, Desert Pac-ing with Dad, More fun to come.

Fuscoe, Jill (JW, Fee Fee, Jilly)

Activities: Campus Life

Memories: My Buds: JE, KK, HH, blue Mary Lou, LaBomba, Big Al, Sitto, X-mas Dance, the mess, Pick Crooker a super guy, Gina, chicken coops, Mush spot, School is tedious, our Pamela, Naked Lady, Surfing, tab, beach bum, Dale, Reborn, CH, TB, LH, AE, MM, Personal reasons, upt, uft, screaming yellow zonkers, the gorge, MR, Our boat, Mr. Keppler, Dreams.

Galvan, Olivia (Lib)

Activities: Y-Teens

Memories: Great tms w/Taffi, Deener, & Val, also BC, JK, LM, LM. "Wild Party" midnight swim, Crushes, Working? w/DW: "I'm sorry but", Jr Prom 78, Summer 78, 3½ grad, Agua Caliente, Palm Springs w/VA, Toyota, Swimming in the shower w/KK. My favorite cuzin Jori, Most of all my great family, THANKS.

Gardner, Phillip Carl (Squirrel)

Activities: Football 1-4, Wrestling 1-3, Woodshop 1-4

Memories: My very special Marty, August 1, 1977 till forever, the prom, Christmas dance, ASB Ball, The no. 1 football team in the county, Dave, Drew, Tarsh, the stadium, Perfect summer of 77 w/its great waves, Life-Guard tower no.2, Jack "feel free", Christmas of 78 & the greatest class Helix will ever see, the class of '79!

Garvin, Curt (Slobin)

Activities: Band

Memories: Scrape-scrape-scrape, Mr. Kirk, Rose Parade, Awards Banquet 79, teachers, Band Freddies, Volkswagens, Band council, Sr leadership, Sr Supremacy!, Fairfield tours, trumpet power.

Ganci, Suzy (Sam)

Activities: Speech Team 1-4, Fling 3,4, Hiland League 4

Memories: Mickey & May 5-3 yrs. al's Grace, Spear & Hoodles, TPI & the gang, DT,JR,TP,LP,DC,RL, etc., Oh yah! Tacky! Pink & Sam—friends, Howie & Fites, Pigface, MM I hope you drop your dice.

Genser, David (Big "D")

Activities: Drama 1,2, Speech 3,4, CSF 2-4, Science Club 3, I Club 1,2, TPI 2-4
 Memories: Laura Kathy Andrea Cathy, Drama; BC LWF TGD LHA; TPI lives!
 Hits: Ig MM, LB Summer 77, US History, Poker Parties, DATHons, ball games, cheering, I'm doomed! YADM Kazoos Farrel's Tut, body pass GFT grasshopper, Mike M Mike P John Tom Rob Dru Jeff LB SG MK DS DV 4.0 Speech: GEHH, Friends forever.

Gibson, Kelly (Kel)

Memories: Saudi Arabia, San Diego, Sharing w/Brad, Buds: Rene, Lisa, Debbie, Lisa, Life w/Grandma, Apart from, but much love to Mom & Dad, Terry's happiness, Thoughts to Tracy, Brad ... Always and Forever.

Girulat, Barbara (Barbi)

Memories: 9 & 10 JF, SD in trouble again, Kathy & long tlks in PE Ohio 78 Roses & rings, B-days, Christmas 76,77,78, New Years sleep, JB & BM, C-30 Las Vegas 78, Torry good luck w/Bob, Good luck Minnie, Rick, I love you & Thanks for good times.

Gleason, Lisa Jill (Fric, Greaser, Lis)

Activities: Volleyball 1-4, Softball 1-4, Frosh VP, Soph. VP, Y-Teens 1-4
 Memories: Best Buds MS VA SM RL; Do Wackado; TP; Flash; d-duo; J in the B, Farrells; Rubies; Aloha AC; GSA; Bubba; Reno; JCD's; Summ 77, 8/27; REM B & E; Ohio! Big Red & 2 St; Slupr, DR, cured, My kids, My only luv Bill—Don't go changin; Love & Forgiveness Praise God!

Gohde, Lori

Activities: Drama, Choir, Peer Coun., Choir Staff

Memories: Beautiful people Sharon, Grace, TS LB HJ SM DM MR KB LN LG KK, K & TB, GA Shows—3 Angels, Our town, Gazebo, Bus Stop, Stage Managing, Teachers; Lorsch, Kaulk, Keppler, All Pops I was in, Daisy's! Ca. Suite, Cast parties, EH Reading, PC parties, Good times yet to come. George's trunk. I LOVE YOU ALL.

Golojuch, Ken (Juice)

Activities: Football 2-4

Memories: Friends DH NH BR PO KG TS JA, Rice Man, Coaches DUH, JA RA Charlie; Seaworld visits—Lucy, cokes, sabotage, CIF Champs. lunch—gambling, cutdowns, seaweed sandwich, mac out, Teacher Senior Melton, BF PO, R-Ray the best, Now, time to party, Bye bye.

Gourley, Yvonne

Memories: Friends best buds Lynn, Kelly, Cruzin Lakeshore, the joke, eight-ball, min-golf, Looney tune, Julian, The weekend, the blind date, the accident of 77, Holland, Haunted House, CIF Game, Pizza, Thanks to my Family!

Graef, Laura (Lefty, Warie)

Activities: Latin Club 1,2, Modern Dance 4, Dance Cncrt, Highway 4

Memories: 1-4-3 John Naples Senioritis LANII MPArg Clinic King Tut Ferber King Sr. Servant 78 Grad 78 RAH Mort Boogie MBBMP B-Buds RL Hartman, GC JS DJ EJ LG MM Kathy Tisha MSB Babyface Ryan Mr. Plough Vogel 77 Prom 77 My Pole! Shazbat! We're #1, Igie LG as Mac My frosh K Barrie D Calvin Mr. T HELIX! Love to my family.

Graves, Susan Edelle (Graves, Herman 1)

Activities: Volleyball 2-4, Y-Teens 2-4

Memories: The pool w/Rob & clan; Alg w/MM, Mr. Voit, the fly & the 007, VBall bus trips, tournies & clan LG MS SM LH NN RL; Ants & Rodents, Nordahl's languages; Pencil in ear; swinging for Y-Teens, tennis w/MK NN & NG, Edgar al & MO, rosey cheeks, CIF! Best chums: M King, Nordahl & R Lewis. GOOD LUCK TO ALL!!!

Griffin, Lynette

Activities: Drama 1,3

Memories: There and back again, chicken coops, Bernie's, PNC! cncrts, DY JK SS JW GP RF VO LF MH LM LC, Coach & 10th PE, Jules, Kitty, Lee, Becki, Howard, Lauri, Lynn & Julie, Chuck & the future, Be Mellow!

Grosekemper, Jeff

Memories: My friends Bob W., Rick C., Tom K., Ditching w/them, Counsel-

ors, & the VP's & my parents helping me out of the trouble, Thank you for 3 wonderful years!

Guffey, Laura Lee (Bonti's Bear, Rose, Puff, Pee Wee, Sunshine)

Activities: Volleyball 2-4, Softball 3, Basketball 3, Band 3,4, Orchestra 1-4, Drama Club 1,4, Prom 3,4, GN 3,4, ASB Rep. 1, Festival 3,4

Memories: Bonti's Master Mac CR RB MM MM BC R Farrells Barb BR AL Matt Mr. K Mrs. B RHPS 31MA Angels Pt. Backseat New Year's Eve at Diney-land 79, DRR SFRTH Marching B Mom Holiday Bowl Fairfield Disney Toc Holst B Banquet FB BB Pops Family BP MGR SP-BS mr. Bo Hawaii 8/78 Family all my Love to Jeff Forever!! I Love Ya, TISH

Gutgesell, Earl (Guts)

Activities: Tennis 2-4, Soccer 2

Memories: Friends HH FL CD DC KT JT RR MC KW, Parties, New Years, Cheap Trick, New friends MM, DS. Walker & the tennis team, Art, Olsen & Sea World, Mountains, Stereo, Dye and his road runs, Tennis Bums, Slave at Farrells.

Halley, Lori (Lolly)

Activities: Choir 2, Choraliers 3,4, Campus Life

Memories: San Eijo, Santa Cruz (Sue) Mexico Di, Our fearless leader MC, skiing SS Utah, Surfin, My buds JE HH JF KK Weaset, Gertrude, Agatha, Pick, Mathesons legs, CD 77, the jerp—Dave & my daisy, Choir w/Eddy, Priest lake, black flag, Huckleberries, BUTTE, I love ya auntie, PTL, Thanks Dave, Love to my family.

Harr, Tim

Activities: Tennis 1, Basketball 1,2

Memories: Surfing, Mexico w/BB BS, DF, campin at Cardiff w/JN LA RL BW MA Webb, Skate boarding at Spring Valley, most important 12/23/77 all my love to Michelle Allard, Summer 78 the bang MA RN BM DKM MM JM JC CM THE ACE, Jack in the Box, Old Mission Gorge Road, Goin 80 mph over Dictionary Hill.

Hamilton, Elyse (Ham, Ralph, Frizzy)

Activities: Speech Team, UN Club 3,4

Memories: Wayne, Ms. Less, History, Whoopee Cushion Pat, Mike, David, Suzi, my kids, the groupn in Psych, Alan, Michelle, computers, crusin, cryin, laughin, sharin w/Mirta, I love you all.

Hanson, Melody (Sissy)

Memories: 1/24/79, finally free, special friends, MR LM DW Best buddie of all Paulette Crawford, Ace, Friday night, 2 yrs, TDS Jessie & Angie Love ya, Mom TAT—Love you, Carol Green—always close forever, always & Forever, all my love to Dale Faustino, SF—Good luck w/Baby.

Hackworth, Howard (Howie Baby)

Activities: Campus Life

Memories: Friends EG JA DB FL JP WB DC, Hawaii 76, Surfing Ca, Swansi, Beacons, the cliffs, MB & PB parties at the cabin, keg parys w/JP & sis CH then to strait ahead sound, cheap trick w/EG, Toy trucks & 4wd, Del & TJ.

Haji, Helen (Hajji-baba, Jicavna, Fro)

Activities: Campus Life

Memories: rowdy times w/the gang; the gorge, concrts, chicken coops, REBO. RN JAN 77, PEACE OF MIND, waterskiin, surfin, skiin, camps, mary, losing KB, Steve—my first love, great buds; JF MM JE KK LH DM TB & Pamela, a terrific man, Mike Crooker, "Labomba & the Bluce Marylou", Coach Matheson's legs.

Harris, Carl (Sno Pro)

Activities: Football 1,2, Wrestling 1,2, Track 1, Campus Life

Memories: God's will for my life, Love for my parents, Lori R, memories of Jill, Anne, Jone, Lore, Dat, Mark, Todd, Joel, Dave E, Mike, Good Times—Bad times, Snow skiing, Snow.

Hardy, Simone (English chump, Shmuka, Siman)

Activities: Swimming 1, Tennis 4

Memories: Reeses in Munsons, Chula wanna, hold 'em, cruzn, Plym-whim, VW rabbits TPI, Bio buds, chu hunt, toot n talk, Frats, mum & dad, R4, mammoth, Clay, Coronado, Le Freak, Pals; KN JW SE SM DD & wallet watchin' the group, temple for Terry, Lunches.

Harmon, Linda

Activities: Campus Life 4

Memories: Sharing Special friendships w/BC CL JB LB & AS not to be 4gottn, Xmas Dance w/TC, the gang at church & the love shared, canoe trips, Big Bear, softball back of the bus gang, crushes, Diets & after 4 yrs of struggling, See mom & dad, I MADE IT!!!

Harp, Victoria (Torrey)

Memories: 75-77 Special times w/Dye & gang, Parties at Pat's, Summer of 77 w/Sue, Fantastic days, meetin Colina boys & gettin to know Bob, 77-79, Mexico w/Wiltses, Wild weekend at Disneyland, Beautiful & helpful talks w/Mom, bro Tom, always there, LOVE FOR BOB, So long . . .

Harpole, Desiree (Desi, D)

Activities: Modern Dance, Drama 1,2

Memories: My trust in the Lord! Houghty Tennis w/Bren Stroke, KS, DH, Laguna Beach w/Len, Sprouter TP w/Dg, Dolly P, Mr. Jasmin & mommus, Mac'n out w/Diane, showtime, DKK & Jay, the Babies Soapo & Stuff, Combo, Burg, Dancin o the Roof, Promise, Hurdles, S&W, Victorien Gold Booties, and LOVING my LEONARD! IXOYE.

Hart, Dee Dee (Snorky Bowser)

Activities: Hi-Steppers 2-4, M. Dance 3,4, Band 1, Choir 2,3, Chrlers 4

Memories: Super Sensational Hi-Stepper girls, Mrs. T, Camp Bus trips, Miss DT, Pops, Banquet, My hat, my love to my bro Bruce—DM, Rose Parade, my super LT's, weird tires—Partner, Vees, Leader, Jaws four, To a super sis—good luck next year, Legs, KKK Keep swingn on a hanger singen a song, sir SUPER SHARP!!!

Hawkins, John (Hawk)

Activities: Football 1-3, Track 1-3

Memories: Bub, MJ KB DV DS SS VW, 350, 10.4, Drew spaced, Ready & go, wash, Rocky horror, cute girls, nector, JB Club, Mich, Ralph, and Earl, BP&RD 400, Beach, History, Pennock, Buzz, Family, Later.

Hawver, Howard (Howie)

Activities: Soccer 1-4, Football 1, Track 1, Letter Club 3

Memories: STUB FINE BEST DEAL, Soccer & Football games, After Game & Christmas Dances in 77 & 78, playin soccer for 4 years, Dyes (Stubby) Runs, Grad night & Sr Prom w/DE, Mr. Dyes Spanish Class, Thanks to Mr. Dye & Mr. Johnson & Mr. Higby, I Learned Much.

Hayward, Ivan

Activities: CSF 1-4, Math Team 2, Young Life, Bio-Med 3,4, Fling Staff, Science Club, Student Council, Tennis 2-4

Memories: Best Buds: RH RB BB TB Cold's, Levcadia, SB CD DW MF Ph parties, beach, hub heist, mff, LK JE DF LL DD TR, purple moods, Rocky, "L" & JR, what a crackup, BR girls—KD NB DB P.O.T., B-ball, Jr Prom & Bert, summer 78, andy lover Gritch, here? now? HM, xmas dance, movies, frisky, ILY!

Headrick, Donna (Froggy)

Activities: Speech Team, Glee, Choir

Memories: VV reminder 9th grade Engl, Oh, DP, 16 birthday party, Miss D Thanks for all your help, Palamar novice tourney 2nd place, 78 speech awards banquet I did it, MF Fullerton, Terri July 11 thanks for calling, Mom and Dad thanks for being patient and I love you both.

Herling, Holly

Memories: Friends—Lisa O, Dora C, Cathy N, Fridays working at CSBA with everyone, Art, Amway, FJ, CABC, come on Linda, T. and A Someone special.

Hernandez, Leslie (Sugar)

Memories: C Buck, MV graphic arts bathroom, partying with SD and TV much, graphic arts with best teacher Mr. Roang, Good friends, SD, CV, JB, MV, PT, not going to school, thinking about one super fox named DAVID S. and to Suzi D, your MOMA! UH!

Hennessey, Paula (Shortcake)

Memories: Bein a silly Moo /R, C&P, Chasing PB through 10 at Bryan, w/CR, P. going banas in slugger bears w/ Rob, thanks Michelle for being a friend, You're special MIKE, thankyou CM, LM, and esp, DB, popcorn w/ my pal, C. CA Girl.

Hesket, Russell

Activities: Band 1,2, Stage Band 1-4

Memories: Rose parade 77, lakeside in the 50 plym, playing tennis with Lynn, Crazy tms, Big John, to my BR, who I will always remember, 93 big ones, Good luck JB & KB, Roller coaster, playing chase, Abby who? The old 57, up to no good, The whole gang, S mtn.

Hejny, Don (Donkey Hankey)

Memories: Parties, BL's, my motorcycles and cars, ditching, racing, My parents and friends, Lakeside Gang, thanks Rhonda, RL, SR, JG, JH, & CH, DL, LJ, ML, Mr. Roang, Mr. Keopler, Dave Moore, small block VEGA Dannel, Dave C., Joe P., It's a High School! "slicks".

Heyer, Lauri (Smiley)

Activities: Modern Dance, Senior Y-Teens

Memories: Best friend Karen, San Onofre beach and boys '78, we luv ya, And

then there was Mark, I love you mom, Tom, and Juliet, Ray, I'll remember "I'm glad it turned out that way", Thanks for making it possible, Grandma, Good times w/friends: VO, SM, CK, DH, JK, at CKG, It's been great Helix . . . Scotland, Here I come!

Hood, Paige

Activities: Gymnastics 1

Memories: The usual, But more, Backstages, New Years '78, 8/12/76 "That's so Punk". Schools crew PB, CL, BS. Esp. BURGAN, I like the way she dips, Kim D, Sharon & Sandi, Thanks for Dyno times, Punk Rock lives, watching PB, SA & MH, Kerri, Bunch thanks for being a good friend, Forever, "But why?", Bye bye Love, the cars.

Horta, Susana (Banana)

Memories: FROSH YEAR, KOOL-AID, La Jolla's Tower, Blk. Bomb, cat attack, Prom 78, EYES, Squash mnm's, summer 76, Beach B, cnrts, Snurf, oc-ties, Mex., Knotts, TB, lost friends, new friends, train ridin—who me? wigs, most of all my love to my BESTEST friend, DUANE!!

Hotka, Kimberly (Space Cadet)

Memories: Starting here brand new in Oct 77 was scary, but thanks to man, (Space Cadet) it was funnier than I had ever dreamed, so, In memory of the Desert, Mts, & Ocean, thanks for being my friend (Nanny-Goat), Here's a last lil whistle for my friend Steve, & to Nino, all my love forever.

Houghtlin, Dianne (B. Buddy O, DeeDee)

Memories: IXOYE, Prom w/Jim, Beach house w/Denise, TD, La posada, guaco, "sucker", Desiree & the hurdle, all the lusty P's, "Lay Lady Lay", El Paso, Mr. Hill and red eyes, Ed honey, sprouters, all the fun times w/Desiree, the ROLLING STONES, Lighthouse, the boy next door, 6/9/78.

Hughes, Vauna

Activities: Band 1-4, Orchestra 3,4, Concert Band 2,3, Choraliers 3, Math Team 3,4, Basketball 1

Memories: My very best friend Bren, Teresa, Patrice, Debbie (Jeck) Don K, Kurt H, Colette C, Moe B, Pete J, Mr. K, Rick and Kathy R, Bus trips, washing hair in restaurants, Ditchin band (bein sly) wrstling Mtch—Strawberry soda & sunflower seeds on University, Drive-in, TP, B & BIBLE study.

Hunter, Jeff (Bosco, J-Bay)

Memories: KS, w/motorcycle malfunctions, Kevin & Katrina's help, surfing (J-Bay) diving (Scubair) Bio-med buds, DD MM MP RL Jay, BS MR TP DT TW Kath, Tish, Amanda RS DW Annette, MS SW, TPI (Cheering, drinking, joking) JR Superstar, polo, PEI & AG, and Shelly.

Ibarra, Arthur

Activities: Band 1-3, Stage Band 3

Memories: Rose parade 77, Bus trips, San Francisco, Marriots Great America, Hotels, Magic Mountain, Disneyland, My best friend Dave J., SO, and all my friends, Ace theatre, Farrells, beach, dancing, Band Rm, Sports Arena, SD Stadium, cruising around, morning and after school rehearsals, love to mom and dad.

Jackson, David (DJ)

Activities: Football 1, Wrestling, Maranatha, Band 2,3

Memories: Rose parade 77, Art 1, best buddies, all special memories to Carla B, best time was all the time, Thanks, Thanks to all my friends who helped me get through it all, To CB, Remember Harvey! I'll always remember you, I Love You.

Jacobe, Lisa Marie (Wisa)

Activities: CSF 1-4

Memories: Great times w/ friends: BC, JS, ET, GN, ML, SA, PF, JW, MP, Jon M., Sheri's parties, rowdy lunches, La Bomba, Spanish Camps 78, Hula Hop 78 w/ Mark, Gisella and Hunts Ketsup, Green book and Liz, L and F4E, x-mas dance w/ Patrick, Yeah huh, CIF CHAMPS, Minny & softball, Biology buds, Great 4 years, GOOD LUCK TJ.

Jacobson, Jon (Jake)

Activities: Water Polo 2-4, Swimming 1-4, Football 1, Basketball 1, Let-termans' Club, Marching Band

Memories: Water Polo 77 Champs, Swimming 78, 500-5:16, CIF, Lifeguard, Bing Bonzer, Surfin w/ Stu, Omy, BB Mr. Boone, per-pals, RS, JK, JM, OK, AUU, Ocean Swims, IB #2, Tugs, Eagle, Rose Parade, Bio-Med, KT, TM, A trip to Sweden, July 77-78 w/ Mormor Och Morfar, Shave Legs, Eds, Ripped off, Mom, Dad, Mark, Tag.

Jaeger, Peter

Activities: Bicycling Club, Science Club, Fishing Club, Math Team, Chess Club

Memories: Bright Light Flight (12), Halloween Fry, Bassin, choding at SLOB, Flat Tire, Van Halen Concert—Black Sabbath is Gos, Catalina Shark, JR Hart,

First II: June 9, 77, Good friends, Sprague, BS, GY, (Jolly), VH, SG, DD, MJ, and "RP2-King-A".

Jarrold, George (Geo)

Activities: Science Club, CSF 2, Fling 4

Memories: Longtime friends, Buddy Chet, Eddy, Paul, Mark Harris and Stoga, Back Packing w/ J, Gula & Sierras, 1st job 8-76, Sue Jonson (BR) great colleague and friend, almost more, LA w/ Don, Chet, Sambos gigs, Desert trip 1, 2, 3; GBW, Atgink and what's it all about?

Jarvis, Michele (Mishy, Shelly)

Activities: Tennis 4, Tartan 4

Memories: Good friends: SE, KS, DW, DL, LF, KB, KA, LS, DH, special one Barb, crushes JS, MB, JA, My secret one Sam, PR and Photo 4, x-mas dance 78 w/ LM and SE, et'n cookies o/side JS in the rain, was it good, a great and caring family, 2 on 1?, Lions Dens, Suzy's VW, Jeff S.—take care Tahoe 78, the Hill, lafin and losin' w/ SS, Fig. 8s, great times w/ good friends, DAR w/ DW, going crazy typing these, Concerts w/ Suzy, nightly jogs goin' South, camping at the punchbowls, skiing, crazy experiences w/ KB & LF in 78, A good 4 yrs altogether—Here's To A Good Future.

Jenkins, Kenneth (Buzz)

Activities: Football 1, Wrestling 1-4, Track 1, Lettermans' Club

Memories: Wrestling, Mexico City, San Jose, Lincoln, Neb, TA, TC, TH, AS, Coach RB, Iron Man, Happy man, running, making weight, AAU, JO, pumping iron, El Cajon, Camp H, going for the gold, argument, CIF state, D-D, Mrs. B, Conan, Drawing, and MM, LC, JS.

Jett, Lesley (TJ)

Activities: Basketball, Swimming, Diving, Gymnastics, Backpacking Club, S Club, Choir

Memories: Our Gang: SS, HM, SC, GR, Backpacking, My buds, Gina, Mary, Kin, x-mas dance 76 w/ Ken, Hula Hop 77 w/ Mike, HB—Dave, Henry-Rit-It, MJ in TJ, Spedos forever, Basketball 78, Football 78 Pizza, Good-Times, Gymnastics Susie, Varsity Letter, Pinto, Old Globe, Thanks mom and dad, good-buy Helix.

Johnson, Charlie James Jr. (Thighs, Music Man)

Activities: Football 1, Basketball, Track, AAA

Memories: Love to all the ladies I love: Michelle Jackson, Carman Fields, Deanna Jackson, Marie Andaleon, Gail Reynolds, Kim Spear, Kim Barrow, Ingrid Moreland, and especially my love Natalie E., Ah Chester, Parties, better times with VG, Friday Night S., Laousy BB season, Most improved, most valuable.

Johnson, Denise (Cheesecake, Neece, Denese)

Activities: Band 1-3, Drama 4, Choir 3

Memories: Special friend lefty, m-pythons, Ana Clinic, Dance Concert, all my buds, JB, PH, JA, Steve R., the walrun, Roses 77, Green Pinto 77, 71 Chev, San Clemente 78, fun and games 77-78, Catalina summer 77, senioritis, luv ya m & d, blk mail, keppts 2nd per., Yosemite 77-78, parties, were #1 CIF CHAMPS.

Johnson, Elizabeth (Lizard, Liz, E)

Activities: Cross-Country 3,4, Track 1,3,4

Memories: Love to all friends: MC, PF, LJ, GN, SA, ML, LG, JS, DD, DJ, TJ, DD, SL, parties w/ SA, GA, ML, LJ, CC/DD, DD, SL, IR, SR, CK, RK, JV, DD, MP, GB, w/ LJ, FIND JC/BC, Sing w/ LJ, SF, w/ PF, BC, CIF CHAMPS, TA w/ MR, S, GL TO KJ, DD, DJ, ALL LUV TO BC, INFF TO JL, JP, DC, SP, w/ BC, GL TO BC, GL, TJ, LP, JC, PF*JOB, MISB, TNILUMHDN Helix.

Johnston, Russ (Big Bob's, Little Bro., RJ)

Activities: Football 1,2,4, Baseball 2,3,4, Basketball 1

Memories: FRIENDS JO, JA, BB, EK, BO, TC, RS, STU, MB, LC, SB, STAR, Old 8 EARL, Rocky, Parties, ACE, Cardiff, STEVE MILLER green clouds, fun with DC, RD, SS, Best times with Ox cruising in the Taxi, Strawberry dacs, 50z blues Jm, Horse and PO, Hootmon 78 JO, PO, JA, BB, Parties, clueless family, CIF FB, ME, JR, MR, EARL, BTLS.

Jolliff, Jeff (Jeffry, Jeffie-Poo)

Activities: Band 2,3,4, Drama 3,4, Pep Band 3,4, Stage Band 2,3,4

Memories: Roses 77, Fairfield 78-79, Roses 79 w/ cc, MJ, SR, Rep., Sr. Prom 78-79, MTA BS, Paul, Vigil, THANKS MIKE, Best Loc Vassist in District 78, Buddys JY, MM, CG, LD, GS, FT, BK, JK, TUBA POWER, OWAGG, Cool Teachers: Mr. K, O & P, F & B, Miss H, Mr. S.C. all my friends, BELOVED SHARKS.

Jones, Kelly Sue

Activities: Fling 3,4, ASB 4, Highland League 4, UN Club 4, Campus Life, Choir 1-3

Memories: BF 4-ever, Dawn and Lee Lee, Castoff 2-26-76, Great Soph. yr., Liv. End 12-26, TPI, MP, summer of 77, Neb guys, endless diets, welcome

home 1-21-78, John 3-31-78, Jr. rejects, Flower Delivery, GI Joe, Sambo, We'll never fall in luv again, USIU, 10-13-78, never again LB, Chengo 1-11, MB's Pals, ASB cuts, everything will work out.

Kane, Anne

Activities: I Club 1-4, Bio-Med 2

Memories: Bio LC at ShS with LS (BFBLP) THM Hist. IH-3-78, Hearst Castle, HP, 8-77 Gymnastics, CN, JN, DP, CN, SN, Span 3 act, PD, PH, BB, 1st year at HELIX, Bio-Med 2, SE, SH, CN, GM, 11-17-78 Disasterdrill at GH, SH, SE, SH, KB, TM, JE, LP, 5th per. PE., AJ, GG.

Kellogg, Lori (Ori Beez)

Activities: Swimming 1-3, Basketball 1-4, Diving 3,4, Varsity Cheer 3, Modern Dance

Memories: MEG, I miss you, good times, Diving prac.(you're the best)PNC w/ Dumma, cheer buds especially DO, LM, DK, MM, MR, Skiing & Conne: Big Bear 2 times, thanks Mom & Dad, the Desert!! Buddy Bears, Xmas Dances 75-78, Beach bud Marti, Telling Kim M. Tom & Dean: Timmy! To the person for whom I care so much about . . . Randy.

Killian, Debbie (D, Deb, Pickle)

Activities: Swim 1-4, Basketball 1-3

Memories: Wishful thinking/best buds, SW, KR, SS, Bub, Head, Ham, Ma, Bar, Pat, BC, DY, Lu, FA, Boody, Tootsies & Dinos!! Cute Knees, fly Buddy fly, Xmas D.—75&77, Hula H. 76, Sr. Prom 78 w/SN, TP, 32 oz., lefty, Swim Hi pt. 77, Chp Trc, Serums Crush, What a Torso, "Those Eyes", harping Chris, Love ya Family, Bye Becky!!

Kim, Doreen (Weenie, Princess)

Activities: Cheer 2-4, S-Club, Highland League, Young Life, Modern Dance 4

Memories: Cheer; JV—the best 78, FTBALL #1, Always & Forever, My Lil Hec—Just Gettin Ta Know U, LOVE My best Bud—"Bertha", Young life MF, RW, LM, TB, IH, BC, "mom" You're the Greatest, Robert—Oscar—Kenneth—Mom & Dad—3-6-78, Cheer 78-9, Herman, Jr. Buds, Learning 1 big lesson—DC, finding the most important person in my life ROBERT!

King, Jeff (RE, Heyf, Jefe, Jeffrey, Jeffy)

Activities: Track 3,4, Cross-Country 4, Band 1,2,3

Memories: TM's, XC, Xmas '77, T coach, Kirk, Rose's '77, Fairfield, Great friends: Ted & Co, Rob, Jake, JM, OK, Uh BC! MF, Fry 'Ry, Rad Divin' A/T Cl am, SHARK! CS, "the Matin," Slater! HH, KK, R'N R Boc w/LK, Yes, Rush, Rod, RJ, "fearsome 3 some", special: Rona, Lisa, Teri & Esp. My love for Kathy! "Just Remember . . ."

King, Laura Leigh

Activities: Campus Life 2,3,4, CSF 1, Y-Teens 1,2, Y-Teens Secretary 2

Memories: Love for wonderful parents and best friends ever—Lisa, Val, Also, LG, MS, OG, SM, RL, Egg Fight, Dances, Water Ski with LM, KT, SA, Snow Summit, Matilda and Gertrude, D-Day, Balboa Island, Weiny Surprises, Our rocky time CLFC Beach The Rain Crushes, New experiences, mistakes, Oregon, Prom '77, April 25 MARK.

King, Marlys Joy (Mar-Mar)

Activities: Glee 1, Choraliers

Memories: The Lord is My Shepherd, CCCC, Susan Graves, Alex Nunez, Chataqua '75: Karen, Kay Music Camp '76, '77, Mr. Higby, Freed, Hart! Bonheur A Mes Amis Francais! Helen, Flute, Cathy, Riding to La Jolla, Lagunas, Children's Choir, ETC.

Klebe, Katrina (Kat, KK)

Activities: ASB 3,4, Bio-Med 3,4, Senior Board 4, Campus Life 2,3,4

Memories: HOMECOMING, sr, assembly lead. 77,78,79, DB, Sitto Elliot, Hi Honey (KB), Roomie (SF), Leeny, JW, Hajji-baba, JL, Rough times and GREAT friends (CF, LB), Jughead (EM), Serving the LORD in BRAZIL, (Pedro), College Avenue., crrok, sr-itis, oo babe in the mirror, tme wrp, surprises, f-ball buds, u-perv, pick! Sunshine, Jan. 17, Eu to Amo MIKE!

Kloeckner, Jeffrey Alan (Kluck, Lefty, Richard Bonti)

Activities: Drama 1-4, Band 2-4, Maranatha 2

Memories: CB, MM, BW, CR, RB, DL, R RHPS, KM, Mich, CT, sorry Bontis Bear, JO, pops, LWF, LHA OT, 4411, HTF, Mt. Helix Fire, Angels Point, New Years Eve at Disneyland '79, Stars, 6/18/78, 4am w/ Mich, Billy Joel, JAGXJ6, David and I stayed at Michelle's after RHPS, 10/7/78, RHPS no keys, Got robbed at MG, My Family, all my Love to Laura Forever.

Knori, Arthur

Activities: Football 1,3, Soccer 2,3,4, Golf 2,3

Memories: Del Mar Horse Races, SUMMER '78, Trip up coast, Lompoc 500, Good Friends: JM, DD, ML, Law, OSPRAY, SUPER SUBD, HIT BOB'S, HART, Fair Case, 609, JIB, BM'S JUST STEAMIN, SB, CLIB, CUSTOM RAINBOW SPECTRUM, ski trips, BEST TIME OF MY LIFE.

Koenig, Joleen Paula (Jo, JK)

Activities: Young Life, Modern Dance 4

Memories: Backpacking '77 w/the gang, Yogi, Doug, AIRBORN, Craig, LH, OG, caddy, Seagull, Bryan, Tom Wesley—you know I'll always care, Jimmy E.—YKILLY, THANKS FOR ALWAYS BEING THERE, Pinto power—Jim can, Mikey—you cute surfer, coach Van Hook, obsession, gallon of . . . , ONE YEAR, I LOVES YA!

Killias, Stacy

Activities: Track 2, Human Relations 2,3

Memories: IT'S BEEN FUN THESE 4 YEARS w/Pati, Onefood and a small sodee at TB, Jana, Tam, Mouna, Kathy, Tammy, Terr, Kin, KD n ME, A&F, RR, BM, GROOVY Playing tennis w/PT, Hard times, Huh Elena? TTWOTW, Eric B.—Urk, Kenny's dyno sensie river and desert trips, 76, 77, 78, Bye Mr. Roang.

Koptionak, Lynn (Wynnie, Stick, Lenord)

Activities: Glee

Memories: Corky, AB, KL, KM, KB, both BRS, RB, TENNIS, racquetball, summer of 78, 420, Beach at night, mountains, Get Radical, Pink Elephants, now what are we going to do? Our casses, 2nd st. Arby's, Jacuzzi, Nurses Aid, RHPS Getting lost, I miss CAMPING Dad, I'll get my truck! Can't forget Muzz and Dad.

Kramer, James (Jimbo)

Activities: Football 1,2,3

Memories: Good Times, summer 78, Reed St., PB, the trailer, Three Stooges, Ralphie, mobile, MTLDD, Geana, Coco, Fish, Padre games, KISS, Walrus Bill, Santana, Get Down and Party, Hobit Land, Rob, Rolling VW, Bobby USAF, Sacramento, Lake Tahoe, rebel and coco, pinball, crazy times, frosh at Grossmont.

Kramer, Laura (Lol)

Memories: Party'n before school, Kicking back in Roang's class with Linda & the Buck sisters, Laguna Mountains w/Linda P., Cheryl B & Timmy T had a great time, Being with Mike, Getting out at 10:30, Best Friends: Mike, LP, CB, JB, KM, DS, & TT. Thanks to Darren.

Krueger, Kurt

Activities: Speech Team, Tennis Team 1,2,3, CSF, Drama 1,2,3,4

Memories: Shy-way, Speech Tournies, run, hard, long, "It's getting better all the time", Special teachers: No. 11, Miss D., O & P, Higby, Landry, Film, Best Friends: CU, DG, CB, MM, TB, IH, RR, MK, POT, not best, "I can get by with a lil help from my friends", Speech nights fun, pressure—nq, sf, PLAY, I GOT IT! "WHAT CAN I SAY", BS-OZ, Lead.

Krum, Kathy (Taffi)

Memories: Great times with Nadine, Olivia, Susan & Mamie. Tripe's party, fun in Ralph, Best times in Ensinada, bonfires, walk on beach at 4am, ATC—flat tires, swimming, riding horses, party'n in town, 4 of July "76" in Mex., Good Bud Timo, fun with all my friends in Mex., Thanks, mom, wouldn't of made it without you!

Kyrikidis, Otto (The Greek, Mr. Disco, Disco King, Snotto)

Activities: Water Polo 1, Swimming 1

Memories: Family—Mom, Dad, Sis, Ant., Dog, Cougar my own cat "Le Car", Manges—ST, BK, DK, AP, GM, TG, Frnds at schl: SP, BW, KT, JJ, MF, TT, GB, JK, MU, JS, SA, PJ, ETC., Dances, rnd table, JR PROM w/Valli, Fire Exit, h20 Balloons, be-aches, Striking out, Class Clown, good tchrs, The best—"CLASS OF '79" Good luck and health.

Laber, Steve (Labes)

Memories: Good friends & times I'll always remember, Steve S, Norm n Troy, Skip, Big Tom, Robert, Motorcycles w/SS TF TM SA KL, Norm & the guys, Shadows, We've had lots of fun, Let's keep in touch, Most of all, good times & memories with Yvonne, I Always will Love You.

Lamb, Michele (Shelly)

Memories: Friends—Paula, Shelly, Marsh, Ray, Mikey, Karen Murphy's, Suzy, 5/2/76, 7/4/76, 3/25/78, 5/19/78, 6/12/78, 8/4-5/78, 9/6/78, San Elijo Mtn's, Good & Bad times w/ Mikey's car, family, AMVETS, FEDMART, Heart Concert, Tommy's truck, stereo, vac from home, "ola", Mom's car, fightin w/ Family, ALL MY LOVE TO MIKEY!!

Lane, Nancy (Space Cadet)

Memories: Meetin Kim & gettin in & out of trouble, (The desert), being Space Cadets, Mexico w/brother & DeDe (Hussongs) campin w/Missy & Mindy at CB, DH, Bein w/Marsh (Shawnee) Bein googy w/Kitty, Partyin w/ Crissy Poo & Linda, Luv'n horses Smokey & Sunshine. Loving Teddy!!

Langefeld, Connie

Activities: Modern Dance

Memories: Vacations in Texas, CC & Coke, Daniel—7/9/77, Thursday night phone calls, Summer of 78, Oldsmobile's & Ford's, Water skiing at Medina, Snow skiing in Tahoe, Goodbye California, Hello Texas!!

Langenberg, Jackie (Jack-Bug)

Memories: Best buddies; B-Poo, Julie, j & m, CD 74, JL,CD 77, RG,CD 78, Ronnie, good times Alpine uptop, pinball, SMB BLCHRS, GmaJ-GpaD, THE FORCE, T-am CHARGER, "MARO", Thanx mom, dad, Lois, Tyrone, Sr BEST yr, Big green Bs, Sumr 78 6/23, Radical Boys, Goodbye HELIX forever, Thanx Ron for bein a special part of my sr yr and . . .

Langlois, Kari (Doc Kari, Karbo, etc)

Activities: Student Council 3, Modern Dance 3,4, Campus Life, Candy Strippers 3,4

Memories: 12/31/78, Homecoming Dance, Rocky Horror, Animal House, Grandhill, Duane St, all my friends, Kip, Luch gang problems, good times w/ Lynno & thanks for all the help Steve! Rick, I'll never forget you & thanks for everything. Love you lots!!

Lapham, Deborah Dorana (Dolly, Debbie, My Deba, Dumba*)

Activities: Modern Dance & Concert 3,4, Drama Club 3,4, Tartan Staff 4

Memories: 9/12/77, OC JETTS-SOTN, MD 11/18/77, Gorf!! What A Nite, Flubie my kitty—I miss u, Peter Pan w/Janet R—spec friend, YooHoo'. RJ's, Slo Dancn, Capri, Grama & Grampa, Fun times w/Davey G*JR PROM 78*tlkn all nite, I don't hate U! Stayn w/Rich, Chris, & Richy my sr yr, SE*DV, My sis NISEY, My bros BUD, TUTE, & NICKY. Fun & CRAZY times w/ SWOOZY—my best & always bud* getn cot, LOOKS LIKE WE MADE IT*Anouncn Stndouts, *R Lockr*, Crushes: IH HC DG-DR JK RY CD KF. CIF champs! 12/8/78 Stadium, Prtys, cncrts, TPn, crusn by . . . —if they only knew! Ftbl prac(I'm so MBARIST) Mai Thai, New friends Mishy & Bump, MED-FORD XMAS 78 w/famly, 1st blind date*KS, wk w/Swoozy, movies, cryn then lafn, Fia my cuz, Mork—heavy sigh, Papa Ray—the Bestest, typing these dumb things, Nisey LYLAS my babs, bros—I LuLu, Whistle—Frutefru!! Sr D-day—the hill, I LOVE U MAMA*3 X's A LADY, THANKS HELIX—2 yrs, I like dreamin, "I did a DUMBA", SMILE TO MY FUTURE & DREAMS!

Ledesma, Mark (DEZ)

Activities: Football 1,2

Memories: Summers with my friends, getting high at lunch with EG, RW, FR, And CS, Great times with my Golden Lady Barbara.

Lee, Glenn

Activities: Football 1, Swimming 1-4, Water Polo 2-4, Speech 1,2, Class Officer 1,2, ASB 2-4, Letter Club 3,4

Memories: SpFrns: KEN, MIKIE, CINDY, MIKE & SUZI BH, GB, MM, Sheryl, Leslie, Y-Teen Pals, W Polo—GS, RC, JJ, BUZZ, MM, KT, 78—SS, BO, CH, ASB-DB Fun & Friends, "Looky-Looky", Hands, Homecoming 78 & Kathy, CIF night & aftr games, Soph yr, Parents & AK, TPI-TP, LDRSP CON. 2-4, Hart—Ramsey—Grainger—Tagwerker—Howard E—Joe.

Lehmann, Christina (Tina, Beaner)

Memories: My friends Kath, Bena, Schurkens, Herman, Bobby, Linh, Charlotte, Colleen, TD, GT, EE, GM, SB, RR; Friends from SMES, LGJH; my family, Summer 77, Europe, La Jolla Shores, CHARLIE, Birdie, Little red truck, Green Dude, SURFERS: FB, BB, BB games, my hubby, 2 Marks, "Hold it down!", "Wanna Party".

Lemieux, Rose Minette (Minny, Minno)

Activities: CSF 1-4, Softball 3,4

Memories: My buds SA, LJ,EJ, GN, lunch group parties, my way to eat, 12,75, hospital, braces, BEN DOVER, mad Manor & Psycho, RH GAG, kinky Jim, Gomez & BOULDER!! Buena Park, National Champs my 1st HR League Champs, Coach B's sexy legs, RUBIES, weekend in Simi Valley, my Pete Rose slide # 30, Knickrs, seeds, SB JA, best bud & sis Lynn.

Lester, Carol (Chai Lo, Wife)

Activities: Choir, Y-Teens

Memories: Mai Thai, LW, chk brd wrstls rms, prpl, JB, TB, KS, TS, Crsh w/ Jim, Crsh w/Gang, Father Jon, poor Lei, WH Buds river, Miss grad gowns & lamp shades, car, Have another Gweny! LM, LH, BC, KEVY, Family, WAP,DMF,MM, RING 2/12/78 JIM! Xmas vac 78 finally! BB an Dri'in, TGRO w/M were gonna go thru it 2gether! Tennis NE 1? P Ray, Be a DP!

Levikow, Mary (Mare Bear, Tootles)

Activities: Nom. Conv., DECA, Choir, Mat Maids, Student Council, Young Life

Memories: All my good friends, and the fun times, slumber parties, Jack Buddies—Big D, fruitcake Jo & Crissy, Xmas Dance 78 w/Gery, My honda, 1/20/78 Hello Betty & TP Bandits, Cruzin around, Schemin' and Dreamin' A special person, Gery, My Big Sis, 16th B-day, the Ace, 12/8/78 CIF Champs, to my best Buddie Joni, Thanks, Goodbye Helix, It's been fun!

Lock, Robert (Rob, Bob, Arbert, Locker)

Activities: Band, Student Council

Memories: TPI: DT, TP, JS, MM, DG, MP, Cheering Friends; DS, DU, JR, JH, RC, BS, girls, Lisa P!! Kathy B, Leata, CB! S & SW, JW, SL, MM, LM, SM, Lord Ramsey! Higby! How DL, Freed, LV, PM, FW, PK, Seattle 4, Zucchini, RRW, Lites, Usna Band, Calc, VW's, Cortina, Bio-Med, the friends & fun that I could not mention her. Thank you and Goodbye.

Loftus, Robyn Lynne (Roynowitz, Sparrow)

Activities: Volleyball 1-4, Y-Teens 1-4

Memories: Babies in VB, Hula Hop 76, Mrs. O Chem. w/ms & ms, Teeter-Tottering for Y-Teens & News. La Jolla w/Bill-Primero Vez! Gossip & pals at DW #58, What to do w/Dan, 9", Blowing \$100 w/SM, Rudy's VB camp, 3 losing seasons, Love Boat on Lake Powell, Skiing on 1, "it's cas", Talk to me!! Great pals SM, LG, MS. Nuprt bch, EUROPE!

Lopez, Patricia (Patty)

Activities: Shades of Brown, Mecha

Memories: Crazy year w/Gloria, Lindo LK, TJ, Cop, Ditching, Deliv. Girls, 10th/12th-My buddie Bea; groovy bent days, beach, ticket, My love & Thanx mom and dad. Special moments 4/7/78, 12/24/78; engaged-Good times w/ Ernest Ponce. I love you, Toto.

MacRae, Troy (Mac, Hal)

Activities: Soccer 2,3

Memories: Best friends LaBer Brody, Sell, Skip, Scot, Wade, Chuck, Todd, Reyes Nenni, Baz. The Gang Party's, Desert and River trips; Backpacking 30 in to days, to Burned-out, the HOI Quickies, 17th B-day, What a night, Hockey games, Fista IL, Chinas class 8th g., Meeting Wendy who I LOVE AND ALWAYS WILL ... ADIOS.

Madrid, Dana Lynn (Thumper, Na, DL, Peaches)

Activities: Bio-Med 3,4

Memories: Awoo 1/25/79, my love & memories of Brandy, Love to my famly esp. mom & dad, Larry my big bro 16th b-day, Sum 76 w/Sue, Kit Cats 9th w/Meek B Buddy O Big 1, 7/27/76, 3 to 1, the white bed worm & lizzard 2-9. THE ROLLING STONES, Z TIMES TAKE CARE & THANX MR. RAMSEY. Most of all having a beautiful person like Stuart, to love. I Love You Babe ... Chow.

Manno, Denise (Dennis, DeeDee)

Activities: Scotty Riot Club, Nominating Conv., Student Council, ASB Com.

Memories: Friends, Surf Group El Paso, San Miguel, Ensenada beach house, Dithing Van w/Mary R., New Years Eve 78, Jacks, Wild times w/Dianne H, My roomie Jocelyn, Mr. Hart, "Red Eyes", Mr. Grainger, Thanx Mom, I love you. My Special sisters, Dad, I really love you!! Future Memories ...

Markall, Lisa Marie

Activities: Y-Teens 1-4, UN Club 3,4, CSF 1, Fling 4

Memories: Learning & growing w/Laura my BFA, special friends CL OG & VA, Kevin T oh no!! IOU1X, Crush on SA "Wilbur" cured! D-Day MLM, H20 skiing w/ LK & S,PTO Jose CABE Moose & Pooty, Mother & Daddy-I Love You!! growing in love w/Tim 8/6/78 I Promise! IXOYE his Never ending Love.

Marks, Sandi Louise (Gumby)

Activities: Volleyball J1,2,V3,4, Y-Teens 1-4, Letterperson Club 3, CSF 2,3

Memories: Trids, M&M's, wink, teeter-totter's, toenails/eyelashes, I don't know how many batches! PB, Jim Jr., Prom Movie, Oow Baby, TPI, the Hair, strawberry crepes, AS 78, Hm, Sat Nite! ALPINE! All my love to the best friends anyone could have! LG, GL, RL, DO, DR, MS, Good Luck To All!!!

Marline, Leslie (Giggles, Monkey)

Memories: My best friend Dawn, and the memories, My family, LOVE YA, Beach 76, San Elijo always, The PE class, Memories at Fletcher w/DW, BF, CB. Friends SH, MR, LJ, EH, KM, TM, DJ, Piddydiddles. My 1st job w/BM, Frizzy (haha) Giddy up Dawn! Sorry, I go the wrong number. 64 mph, woops, no more please.

Martin, Michael L.

Activities: TPI 3,4, Speech 1-4

Memories: TPI is TP MP DG RC DT JR RC BS DS. Fun at athons, MM & BI hits, Super Summer's w/TPI, Suzi, Sand, & Singin. Friends GL DU NNTB LB LP 79-CIF, Football cheer, Trains, Turnys Miss D, Mac's CP CS, Teachers, St. Ramsey, Feeser, Freed. MOST OF ALL SUZI, Bye Helix, May you always make your saving throw.

Martin, Steve (The Matin, Big Cat)

Activities: Tennis 1, Golf 3,4, CSF

Memories: RR, KK, FC, JK-BUDDIES. JV STATS: CIF BB, FB, CC-No. 1, Edia Party, Binding ARB & BF. Never run-NC & Balboa, Why even go? Shankin & wired, Paydirt & Licorice, cheap flicks, How about a joke? SV & Trees, NFFM, 4.0 Indian, Bone, Clump, Fool A. So Boring! Let's Boogie, wasted.

Martinez, David (Sanchez)

Memories: Summrs, cruzin the streets, rest R. five bills, Billy Joel conert w/ Nancy, Jerry's conv, burn-out, 78 Prom, Chevelle, Pennock, Beach 11th grade, wild friends MC, JC, GB, LP, PA, JR, AND RH, Great tms & Future plans!!

McBride, Kimberly D. (Kimmy)

Activities: Frosh Sec., Student Council, ASB, Senior Board c/c 2,3, Track 1-4

Memories: Crash ol blue, floods away, I'm goin to tell Momie, SSW, Joke Stratus, #1 CIF here we come! CIF 78, BCH bum, cncrts, cardif, LH, MK 2 yr, Cin & Kim, Laverne & Shirley best friends. Spec. Buds: olga, Shelly, Jill, Lori. Thanks Ma & Pa for making me who I am. Sis, Track buds, CMPDTM, XMAS dance 78 w/Larry.

McCallum, Megan M. (Mice, Mouse, Mickey)

Activities: Modern Dance 2-4, Drama 1-4, Highway Staff, Gymnastics, Speech

Memories: James, my beloved, OB, Midnight Madness & Horror Fans, Julie LaBurch-a very lovely lady. Dr. F sweet, sweet Stanley, Where has it all gone, Mum & Dad I Love you most! & then there's Mark. heeheehee. (I'll get you yet my pretty) The Great Escape & 23 prs. of shoes. My windmills, Baby Blue Urges. MKM Malcolm & my eternal windmills, Ring, Ring? 1/2 loaf please.

McElroy, Mirta Marie (Big M, M&M, Mac)

Activities: Orchestra, Marching Band, Concert Band, Cadet Band, Student Council, Track, CSF, Maranatha, Campus Life

Memories: SAXAPPEAL! 2:45 am, HOLST Swpstks:FF, CD *MOTHER DUCK* Meatball w/purple socks, SPAIN! Capt. Kirk, Mini Kilt; Suzy D 13 yrs so far!! BYE IG! JE Bagpipe Lisa Lips? Rollar coasters, BAND FREDDIES, I LOVE U! IXOYE, 1 Cor. 13; Ngoc & Carla, Elyse, MOM & DAD THANKS! My Band Buds Are THE BEST!

McGrath, Mary (Mar)

Memories: Frosh & Sophomore ur at MV, Great friends & Fun. Junior year at-Idaho, skiing was great. Senior year at Helix, home Ec & Stephanie, All the Babes, All my love to my very best friend Deb.

McIntyre, Sally (Celeste, Tasmo 1)

Activities: Bagpipe Band 1,2,4

Memories: XMAS Dances, Prom w/B, Murph the surf, Roses, Bus 3, Beach, disco, Keys, pinch, pants, K&P, KH, GD, SF, BO, JB, BBr, GK, SC, QM, H&J, C&J, ski, 4/T6, MG, SMASH, Mom R, tryouts, GOOD & BAD TIMES W/MY BEST & MOST SPECIAL FRIEND EVER, I'LL LOVE U ALWAYS, BRIAN.

McKay, Mike

Activities: Water Polo 1-4, Swimming 1-4, Campus Life 4

Memories: Sum 76 w/ARE, Xmas 76-78, My Buds: DT RC JS JJ JB CH AB TM, Girl Buds JE JF VA HH LH DB LK LM CM CL SM, Ma JH, Sum Camp 77 78 Guys Min, Crook, CABE My Savior Jesus Christ, special times w/kat, Jr Prom, SW Nottes, Jan 17, Sunshine TYLFK MY Love and Hers, Elliot Winter Camp, I love You God & My life is forever yours.

McSwain, Lisa (Mac)

Activities: Fling, French Club, Student Council

Memories: Leavin VB, new friends Rene, Kel, MS DB PH KIMMIE, 1st Pres, Magic Mtn, Grease, Wind n Sea, Mighty FIAT, skiing Tahoe, rafting King's a warm and loving family; as a special friend, July 3 ... to David-I've found the BEST!!

Meek, Laura Christina (Meeker, Louiee)

Activities: Cheer 2-4, Tartan 3,4, Highland League 3,4 Modern Dance 3,4, Dance Team 4, Sr. Board 4, Y-Teens 4, YL 1,4, Drama 2, Hula Hop Queen 1, Xmas Dance Queen 4, Gymnastics 1

Memories: Smr 75 w JAN-SO SPEC/yll alys be the one! Alg w Hrt, 9th w/ Sue, Dana, Jan a/sis. Missy a/Fnx. JV Chr-bus', Inch lafs, "5", Bugga, HiHo, Thumbs, Sps-WW3, MBoohs, LK, MI, HWs, USC w/Dumma, Var 78-BEST! Rocky, Ftbl, cricks, jettytns, HCs, arena rked, snow, DD calls, L-monk w/ Mar-all the lafs-KNY? ATHop, Srp-Ha! tlks w/BH, the tree, CIOS! OCLS, cruiz', Tennis a/Schmn on TB-BBS' Jr P/Estrdge Polce, Ace-off rod, Grd 78, Tom a very "special" person-Thnx! "Smr 78", Scopes n Beachn w/Mary-Jim, soday, ULTIMATE! Beatles, Stones, Doobs, LM, "Jac Brown-"STAY"! JT, RONSTADT a/cncrts! YL-MF, Ivy, Weeni, BC, CD, Frnds Dawn, Kevin-perv! X-Dance Queen w/TB, New Yrs' w/JR, Mom-Kp the faith! Downing P-Col-latas/Earl & the Bum, the GREAT*EST TIMES of all w/ BEST BUDS Mary a/ Donna-God Bless you two!! and to Helix ... Thanx for the BEST!

Mendoza, Mary Christina (Chris)

Activities: Cheer 1-3, Y-Teens 1,4, CSF 4, Mod. Dance 3,4, Highland League 3,4, Tartan Staff 3,4, Homecoming Princess

Memories: KJ's baja cruiz, BK, AC, RM-Thanx! CHEER-Lynne, thumbs, ElCap 1st! MVwSG, JV 76: LAUGHING, HiHo, Missy, Weenie, "5", Bugga, VAR CHR 78-BEST! L-HW, WAP, btbl gms, 31, cricks, Mr. Ray, jetty tns, Monk

wLor, WWill, MBoohs, arena rooked, CM, LK—buds, ATHOP, CIO! Rocky, USC camp, Tennis—Tufts, Hurl, KNY? MNrs, Scopes n Beachn w/Lore, today, My CS dr, PB pen—SM, "STAY" STONES Hot Rocks, Scags, Doobs, Ja Browne cncrt, TSwJM, JANET—"my sweet stuff" IOPE, blasting Ronstadt, xmas cruizes, downing p.Collatas—Earl, Bum! Sweet Baby JAMES "T", tlks w/ BB, TC, GL, KD, MARK, Spec—Dawn, J "OX" n surfin, MacOx—surf rock tlks, Best mems w/BEST friend—DONNA, HOMECOMING, bubbly at the bay, 9's unreal, well ex me! Vigo fav, mom and dad, BEATLES R FAB 4Ever! EC—goes like this, treas crazy tms w BEST Buds: Don & Lor—the Greats! Take it away & say bye bye—Here comes the Sun!!

Messier, Kim (Luigie)

Activities: Drama

Memories: Magenta (JP), Franco (VF), Mouse (JS), Snoopy (VO), Lefty(LG), Lynn, JOEY, LANDRY, JD, '78. Mechi, Coneheads, TUT 5/23/78, D'LAND 1/14 & 7/19/78m SSOTH, FERBER, CURT, MAD Jack's classes, Spanish classes, Eat at Luigie's, 2/14/78 LIC, RHPS, Candy B, To ALL my friends, I love ya!

Michener, Carol

Activities: Banner Corps 1,2,3,4, Letter Lt. 3, Captain 4, Student Council 4
Memories: Roses w/JB, LA & GS, Best BC; you're T-rific; BF's Fairfield Rowland Bus Trips, Xmas Dance, Hawaii Summer '78 kidnapped; 17 B-Day Kts WHNT, T Ping & getting caught, Detours Nat—Hi, Puddle Hopping w/MR, Friends Espec: LC, LS, GS, KT, KG, BK, & BC, Buds Mom & Dad—Thanks, A very special person, Mike.

Miller, Chantay (Chan, Channy)

Activities: Glee 1, Choir 3, Modern Dance 1

Memories: Good times in Ash PE, All pops concerts, Junior prom, Teachers: Keppler, Coach Lucas, Good Friends, Crushes, Summer of '78, Church, Good times with best Buddy Tina Parks, Tina thank you for your wonderful friendship and love, All my love to a very special friend CHUCK MORRIS, Good bye Helix, I'll miss You.

Millsap, Brenda (Somethin Special)

Memories: Discussions with VP Geck, to Mr. Edge, Class with Mr. Melton, & Mr. Dye Mecha meetings. Good times with special friends: Barbara, Diana, Linda, Gloria, Marla, Judy & Gina. Special moments with ANGEL, The moments & memories to come with Raul. My motto, If you Love Something Set it Free.

Mogan, Maureen (Mo, More)

Memories: CP, PR, Duck, JM, LH, Mr. Bill, AC, BC, SV, DM, Ralph, Charlie, Guitar, Pizza hut, Dances, Hbr. Beach, Crusin, Mountains, Everyone in Oz, JW 's class, FB games, uncontrollable laughing, x- jokes, Family, Great Friends, Keep on smiling.

Molitor, Dawn (D.Z.)

Memories: My best buddy Debbie! Fun w/slick M.T., clay cars, B.W., the zoo, CPR dummy, cherry pies, Johiz, Farrells, JM, 18 BD, Modern Dance, p. bear, G.T., 4 daveeds, & my entire senior year, having well okay fun at work. Thanks to Mr. Boone, and all my love to Ma & Dad. Nannu Nannu everyone.

Moore, Byron (Rooney)

Memories: Thanks Helix for your help and for JN, BW, RL, DF, BB, TH, HC, GS, TM, AB, Ma, Drake and someone else No ... I'll just let myself out. Bye Now!

Moore, Elaine (Tigger)

Activities: ASB, CSF, Baseball Scorekeeper, Choir, PAC

Memories: King Tut and IFE camp were great! Mouse DJ Snoopy—Thanks for listening. Too close CIF games with J.N., BS and all TPI. BF crazy lab Pops concerts, Scouts, ASB poster parties Panics for tests & term papers. I like Helix, but I love getting out!

Moore, Melanie (Squeaky)

Activities: Tall Flags, Concert Band, Mgr. of JV Softball, Maranatha Drama
Memories: Charlie L. Rick B. etc., Main friends: Bruce Chianese, Jeff K., Laura M., Linda B., Jolene R., Deanna O., Fun with ALL! Practice room 3! RR DP SD JF SO SM DF, Guitar trupmpet drums. Brother Mike B.? My own car? 18 in Feb. THE SWORD! 92 star 5! Robert H.—Second St.

Moore, Paulette (Daffy Duck, Paul, Pebbles)

Activities: Maranatha Club, Modern Dance, Green Peppers

Memories: Sharing g & b times w/other Y Veronica, #2 mom, Michele, Shelly, Sharon, Craig, & many others. JC & EL Caj. Dances. The light of 76! B/walk of M. Beach. 3 x at S. Cliffs. Garbage Grove. ROCK n ROLL, Lots of High Energy at Concerts! Parties? WBLG! Thank U family, Edge, Boone, Higby, Patton. THANX 2 U JESUS CHRIST!

Moore, Sharron

Memories: A great business dept., especially MAGA. Two terrific friends Sha-

ron and Pat, Getting my car. Friday night games, Donna might make it. January 1, 1979. Someone Special, Steve.

Morgan, Debbie

Activities: Band 1,2, Modern Dance 3

Memories: Fairfield—3:45 w/ DB, BM: Summer of 76 w/Mike; Ditching school with Jennie "4 years later," RICKY—77; YG & NT at the Little Road; Parties in the mountains w/Dawnah & the gang; My sisters JT, JM, DB: Best of luck to all my friends; Mom & Dad I love you—thanx; My love for Pat always.

Moreland, Ingrid (Ingy, P-Nut)

Activities: Alt. Cheer, Track, AAA, Human Relations, ASB, CSF, Modern Dance, Tartan, Green Peppers, Scottie Riot Squad, Grad. Assistant

Memories: Best Buds Carol, Sharon, & Rica. To all my friends here fellas and gals, Lots of Love. "Surprise" 10/21/77. Sweet "16". Past and Future. Riding the Ole Yella each mornin. My best pal Coach Edge, taking candy from a baby! Terrible! Miss Lady! Trouble! Mr. Geck. KB & LB Two special friends. VC my lil' sis, luv ya. Acting crazy w/ Rica (Hubba, Hubba). Luv to her. Thanx for carin & the listening ear Turtle' "Fun" in Min., P-Nuts, "You're So Spoiled", For Reals(Luv ya) Helix Pals: CT, SG, RICA and that fun sumr, SH, KD, CJ, RJ, CG, BW, LB. Loving Parents' The Brotherhood. Bro. Billy, luv U, Almost KM, "Park" All the special memories spent with Willie Major, the k t m h! Love Always to Everyone ...

Morris, Thomas W. (Tom)

Activities: Wrestling 1,2,3,4, Lettermans' Club 3,4

Memories: Summer 78, Fiesta Island, skiing, surfing, Partying, Ditching, CIF Finals, BJ accident, JC, Foreigner, ISI, Earl, Ventura, Tahoe, Auto Shop, 1-6-79, Wedding, CJ, BS, DF, JB, SS, LC, JB, JE, Kood Take Care, Best Friend Mark, JK, Good Times with the Gang, Bye.

Morrison, Jon (JM)

Activities: Frosh Football, Swimming, Water Polo

Memories: Love to My Family and Grandma and Pete Styx, English w/KT, Jake, JK, Pol. Sci w/ JoAnn, Veronica, Jake HH, JLD, The MCAL GANG, Rick and Ross; XMAS & Thanksgiving 78 RHPS w/ JS & RC MAGENTA & Columbia, Love to my other family; Karla David Woofers and Sandy, I Love You.

Mortensen, Jeanene Marie (Neener)

Activities: Nominating Conv., Modern Dance, ASB, Fling

Memories: 4-2/4-76 Cmpg. PE-VB, cruizn, Pinball, Jackpots, banana, LP 167, Where were we really at, Xmas dncs w/ JS & KM, Jr. Prom w/BS, crazy crushz, DMF 77, Thnksqvn 78, CIF, Macho Man, PNC. What wrong w/me, New Years Eve w/DR, JS, & LB, Love Boat, new women, Toasted, Best Buds Linda, Marti, Kristina, & Debbie, my cougar, Thanx Mom & Dad.

Mosher, Kathie (Moe, Anela)

Activities: Basketball, Swimming, Track

Memories: In memory of Elsee, My grandmother, Special Friends, JB, DD, KB, JS, CC, HL, KR, SS, DK, SE, The Brewer family, Colo. 77, Jacques & Beach, good teachers, RK, LF, AL, HS, CIFCChamps 78, AD of P.W., Hawaii, Dad, Europe 78, Singing, 76 XMAS dance. I LOVE YOU MOM!

Mountain, Michael Thomas (The Boss, Mikeey)

Activities: Band, Drama, Track, Pep Band, Orchestra, Stage Band

Memories: AMF BT FO JK 75, GM DL JJ JY DO FT JO GG CS Scottish Mafia AMDM Frankeeyy, AMS NB KB KC KV LG MTL Lyndi EB Enchanted Jan 1. 79, 4411 71 RHPS KM 6am MTA CD SS RG Bus, Mommy, Fire, Tiger I and II, CDF FIRES SM DM CB ROSES '77 Mt. Helix, Fire LOND 3; Capt.—Chief, All my Family, My Love to Lyndi FOREVER.

Myers, Belinda (Lady Virgo)

Activities: Green Peppers, Student Council, Human Relations, AAA

Memories: Helix the best school, education wise. CIF Football champs 79 Thank all my teachers, Wish you all the luck in the world Carla, Dian t 2 21 75. Audrey Leo, Liking RW the Crip. Parties sing Bootzilla Belinda. Sum 78 Ala, Sc and Fld, Tonya, Myers reunion, Dian bird of year. Carla's Secret Admirer 2 15 2 2 25.

Myers, Kathleen (Kitty)

Memories: My frosh year!! KC, Madge, Gladys, & Un-Deet! Thanks to Deb, Sam, & Beck, for all the help, Partys, & Radical Beach trips! Best friends Jill & Darla, w/TO SF WS CB LK GD, & Kelly. Cruisn in my Mav, Best of all remembering Hawaii 76 & 78. SCORCHED AGAIN!!

Myers, Thomas (Malt, Speig Jr.)

Activities: Cross-Country, Track, Water Polo, Diving, Latin Club, Ski Club, Campus Life, Young Life, ASB, Nominating Convention

Memories: Love to all my friends w/sincerity, my spec friends BB IH KW KT TR MB JB TH, to my parents w/the Love the smiles of others, Toga, Moose, Juice, Al Geo Uncle Bill in Bio Med, Vogel, the Best to all my teachers, The

Rock in s/s, Diving, Latin, Chem; to a Beu fr Michelle Ball, poetry, my eagle, skiing, gd job cheer, Mt. Sac; If I've ever offended anyone I'm really sorry. I L Y All.

Neve, Gisella (Gigi, Little One)

Memories: The best of friends: EJ, LJ, ML, SA, GM, BC, PF, MC, DJ & little one. Breaking pencils w/ EJ, Dunts Ketchup w/ LJ, & PE partners w/ GM. State Sec., Big Bear 78, Visalia 79. **DODGERS!** softball & football games, great teachers. Best of my love to Vicki, & Mona, Love Ya. Mom & Dad, Gloria too! Bye Helix!

Nelson, Denis

Memories: Out of School, on my own. Good-bye to those I use to know. MT AG LZ GM, Shana and Gene. My Family—Thanks for letting me grow. I LOVE YOU Mom and Dad, Shana and Rusty. All my Love to—LJ and NB.

Ngoc, Do

Activities: International Club

Memories: I've shared the bad times and the good times during my four years at HELIX. The bad times I had because of the language, I misunderstood the teachers all the time and friends oftenly. But the good time is the great understanding and the friendliness. I am thankful.

Nilsson, Geana (Smitty, Geaner)

Activities: S.C., Fox Hunting

Memories: Good Times in PB and mountains, Going to Sacto and L Tahoe with Jim. Al's hot tub, Desert with Coco Jim D and Jeff. D-In, Julian, New Years 79 (Smitty) SC at SW, My new Camaro, My totaled Mustang, July 5 78; Good buds: Paula, Coco, Kathy, JW MB CT KS LD RRRalph and walrus Bill, TO JIM: You're Someone Special—I LOVE YOU.

Nicholson, Joseph A. (Jay, Pyro, Nick)

Activities: Football, ASB, Science Club, Young Life, TPI, PEI & AG

Memories: Bio-Med, Luther, Fank, Bill, Bob F. Tp runs. MP TP BS RC DS LB RL DT. Kathy & Tish. Jeff my dear friend. HP, HP! DB jokes KK LB CF KM GL LW KJ MR. Pi-Ho & Beat the Flush. Col. Linges. Elaine. TW DW firefighting, parties, radio station, diving, Fri nites, dances, cheerleaders. KS forever!! Good-bye.

Nordahl, Nancy A. (Herman, Noodle, Knancy, Bucko)

Activities: Fling Editor-in-Chief, Volleyball Captain, AFS, Basketball, Y-Teens, CSF, ETC.

Memories: Laughter w/Graves, Babs (zip), Fin (prrns kk); Prune Eatr; Ramblin TP; Ganci; Miki; Vball buds, A's & R's; Hill's Angels; Shmool; Marlys; Gail; Froggie Love; Gettin Laffy; Y-Teens B-Day Nightmare; UCSB; Vball MVP: rsns; ygrt; CB Song; paper boy; Landry; ClodiusOafus; C Hill; Psalms 34:4.

Norgaard, Nadine

Activities: Gymnastics, Tartan, Mod. Dance

Memories: Beach, La Jolla, So. Bay, Knotts dances, Huntington babes, Beach Boys, skiing, Hot times in MEX! bonfires, sunsets, rides to Estero, partying in town, M & J, Greg, Somoras, Tripe's hot New Yrs. party, Special Timo, MHIB, Special friends, Kathy, Olivia & Keri.

Norris, Cathy (Duck)

Memories: Simones lunch; Sharron; La Jolla; football games; very special friends, IH, HH, DM, Crusin Mt. Helix; Lil' Beaver; CIF; Eating lunch w/ CP MM JM Always R.S. Getting out! Thanks Mom & Dad, crazy people.

O'Brien, Kathy (Mini)

Memories: Best wishes to all my friends; my closest, Krista; Widicks little brown pinto; buste w/ DM, KB, CC & RH; Lovely trip to Australia w/ sister Sue, Aunt Rene and Mom #2, special thanks n love ya much, Mom and Dad; Best wishes always to Tim and Tam, Happiness always to my love, my life and my future, ROBERT WIDICK.

Oleksow, Donna Christina (Dumma Oleppo)

Activities: Cheer 1,2,3, ASB 4, Highland League 3,4, Tartan 3,4, Senior Board 4, Student Council 1-4, Homecoming Princess

Memories: Cheer! Laughin, Guch! USC w/ Meeker, Rocky, Frosh Cheer Lynne! HiHo, Thumbs! JV best, B.Ball party, arena rooked! MR-Sum Lege Games!Tlks w. Snow & EK, PNC w/ Kellogg, HOMECOMING11-9-78, bubbly at the bay—J & M, S & me! Hapiman, Bugga, Papa Ray, WW 3, Kinky Kim and Cindy, Special Buds—*Mary, *Lore, Missy, Janet, LK, DK, Twang ½ Deb, Slumber parties w/ my buds, Ronstadt!! TP, CIO, Palo w/ LM, JR, AK, Topsy! UHO cruizin, Jetty walks, unexpected visit, 4-10-76, Kief. Family, Prom 77, MY FAMILY., So special best friend Mary and to my other half *SCOTT*—THANX!! "MAKE ME SMILE", ILY.

Oliver, Barry (B)

Activities: Basketball

Memories: FB Ball, MF before school, diving in summer, sharking, fishing, boat dock, Crest Kenny, Rainers, Johnny Aug. 27, Bish, working my picks, pecks., lats, bi's, tri's, coppers knocking on window plumb duke preparing for mis before BB with Spooner, getting rays with news and pitchblack 4 per. study hall barnyard, hope ply.

Oliwa, Dawn

Activities: Y-Teens 2-4

Memories: Summer 78 Eagle and the fly, the present to Sandy and Dawn from Blake, My Cosmic Badminton class, talking about neustros chicos w. MM the Highlander, the dating game—at the beach w/ the hair, all the times with my friends from y-teens and a special thanks to my close friends SM, MM, & LM.

O'Rear, Victor Allen (Genious, Brain)

Activities: Science Club 1-4, Board Gramming Club

Memories: Jerima Serin/Yesair, John Carter, Lash, G1, Paraphinalia, D&D, Higby, Hart, Laterza, Act subpart, Kathy, Dicky, Vetter, Simlar, Marlis, Rita, Tim, Darell, Alan, Mark, Hunter, Samone, Melan, Debbie, Susan w/ Suzy, Goodies, SDCS, Apple II, SDSU STTR*.

Orsborn, Valerie (Snoopy)

Activities: CSF

Memories: 9th Spanish, with CV, Amigos DC, EM, JS, NET, MS, LK, CIF, BAS-KETBALL TRIES, Mama Lia & Taco Factory, breadsticks through wall to SM & SP, 17th b.day party, McDonald's seeing Singer and Thurman, JRS Surprise B.Day party, Disneyland, CIF Football win, Jr's friendship, Bony twins, we'll always be DC.

Oswalt, Danita

Activities: Band 1,2, UN 3

Memories: Sacramento, Scotland, England, Ireland, Roses, Band, Parents, Frosh Band Party, Jr. Sr. Banquet, Sr. Prom 78, Idywild, Red Socks, Show—we Christmas, listening, Bus Dept., lunches, KS, PU, JW, TS, DV, GW, GK, EM, EPR, Perymands, rountrees, raines, KN, especially FO and RB.

Owen, Catherine M. (Klutzy)

Activities: Girls' Glee 1, Maranatha 2,3,4

Memories: 8-13-76 to 1-5-77 TR, DH, birdlegs and coretta, Dad, cola, meclutzy? Maranatha, crushes, family, esp. mom, our car, 6-3-78 w/ Ken, Luras Pole, jobs daughters, Soph. year, Seniors finally, MC—memories, 2-28-76, CC 5th per. PE TD, CM, Jimbo, Prom, Graduation 79.

Owen Corinne (Correta, Core)

Activities: Maranatha 2,3,4

Memories: Mr. Vogal 76, Shrine Camp 76, Fond Mem. of DH 8-13-76, to 12-19-76, going crazy! Mr. Bonney 78, KT Big mouth 78, matchmaker, special friends, Jimbo DM, CR, DS, CCB, RP, THAMKS MOM AND DLUTZY! 4-2-78 to my best friend birdlegs what can I say! Hey! Sr. Prom, Graduation 79, Oh yea!

Owen, Karen (Little Karen, KO, Leaper)

Activities: Greenpeppers 1, Hi-Steppers 2,3,4

Memories: Karen, Best friend wrar! PA, AC, BB, DH Mexico MDT roommates fin in hoe, banquets parties IP millies house Bash rags "IGS" summer practice DP, J-car eggs, RH eating, little pinto, good times at Helix, Lots of love to my family, being with and loving Larry, KO, KK, troublemakers.

Owens, Lisa

Memories: Riding in Mexico and all the wild parties w/ Jesse, going Disco at Berkleys w/ Cheryl, Tanqueray, spin out w/ Jet, Katie, snorkling w/ bro., Ballet w/ Patty, concerts, skiing a lot of growin up, Toni, Elco Nevada, Dalia, Holly, you really think you know a person . . . then, good ol' mom and dad, later days.

Oxe, Jim (The "Ox")

Activities: Basketball 1,2, Baseball 1-4, Football 1-4

Memories: CIF CHAMPS, the Ultimate, Baseball c/ Lucas, ACE w/ MB, RS, RJ, killer Earl and the hose, OB peir, cliffs w/ JR, parties, dances, smr 78, ahoo, beach w/ Lore and Mary, surf with bones, BS, IK buddy, the Nugget & DVH, Cardiff w/ RJ, JA, JE, BB, BS, FB, RS, ACE w/ RJ "I forgot to take out the spe ker", sw, lm, w/ mr, TJ w/ JN, & Stu, TMS w/ Crzy Jay M., 50z w/ Low, Old English w. Mich., Rcy Hrr. "Red it's r. hot," RJ, 1-1-78, Stus first w/ TC earled 8 times, JANET, Btl's, ALL MY LOVING, SOMEONE SPECIAL, RUSS—BEST FRIEND OF ALL TIME.

Oyos, Phillip Andrew (8)

Activities: Football 1-4, Baseball 1-4

Memories: CIF FOOTBALL CHAMPS, Friends—BR, JS, JA, JC, DH, DW, My fine Lynne, 11-21-75, 12-31-75, 8-5-76, midnighters, Coach Arnaiz, Lucas, Ash, Boo, Baksch, spec. talks w/ Van Hook, Dr. Beans, My Beauttiful son, Little Phillip, 4-22-78, Never forget the feeling, Lynne—My Love Forever.

Ozark, Lisa

Memories: River trips, 2-23-77, Best of times w/ Dianne, Old buds Sandy, MH, RS, crashing Rick's truck (2) across the street, first date OB, mornings, skateboard park, 12-4-78, my family, pegi AKB, TH, JR, SR, Concerts, skiing, weekends with Rick, I love you! FINNALLY OUT.

Paredes, Hector

Activities: Baseball 1, Football 4

Memories: Good Friends, SL, SS, WS, DF, TM, Great Times, Going Back Packing, Commadores—L.T.D. Concert w/Doreen Kim, Valley Goons—DF, BO, BS, Special Moments—w/Doreen, Christmas Dance w/DK; Hula Hop, Always and forever with my Girl Doreen.

Parriott, Kevin (Kev, Kp, Dork)

Activities: Football, Fling Photographer

Memories: Desert trips, concerts, Roundtable, football Games, Mudhens, Buds: JW, RD, SL, MF, Photo, PR, canons, crick whrr, monty phy., Dork staff, Ditching class, Lowenbrau, boomer, turbo carrea, 151 tickets, mom, dad, little bro., Grunt runs, Cafe Le thumbs, C-rolls; Future years as a Pro Photog.

Pearson, Cathy (Beet, Smiley)

Memories: Mo, Duck, Tim, Judy, DG, Mr. Bill, RR, PF, LH, LD, Shopping with Lonie, Tups, DM, JP, CP, Eddie, mountains, beach, Pizza Hut, dances cruising, JW's class, FB Games, Guitar, Creative Wri., the laughs, my family, X-jokes, fantastic friends!

Pence, Andrew (Drew, Chambois)

Activities: Campus Life, V.O.N.S.

Memories: Graduation, X-mas Dance, Senior Grad nite, Round Table, Lowenbrau, Sunday Football, My Truck, MGB, German (Knott), Bio., Higby, Ramsey, Levene & Shirley, Kissy-Kissy. Camping w/LH, Deserts; SL, RD, TM, JW, DP, CD, MF. 4-Wheeling MG (DIG-IT). John, JA, GW. MARIA I LOVE YOU.

Perkovic, Chris (P.B., Perko, Blue)

Activities: Tennis 1,2,3,4

Memories: Tennis bumbs; EG RR SB TT and Mr. Walker, it's an island! German mit; TL, DK, PJ, and Pugh Finger Nail Attack by RR. Smuko and JW, Teri and the Frog, Bugging; WR, BH, JM, PK, WE, JH and LR.

Perry, Lisa J. (Little Peb)

Activities: UN 3,4, Library Club 4, Latin 4, Bowling 1

Memories: Friends: KW, SM, TA, LK, MW, GS, Tebs JD, SS, DH, AK, LM, ML, KFR, Mrs. C. Great Lunches, Bye Helix.

Perry, Michael D. (Mike)

Activities: ASB 3,4, Science Club 1-3, CSF 1-4, Math Team, TPI Student Council, Class Officers Council

Memories: TPI: Dave G & S Mike, Rob, Drew, John, Bob, Jeff—Seattle Summer, Tom's rod, RR lights, Mazatlan, Zucc, Donna, Mike Ryan, Dave B, Mr. L. and Eng., My VW, Not Ore., Boys' state, Berkley, Amtrack, Paula, Mr. B. bad jokes, comp. w/16, Psych. x-mas dance w/Tisha, Rocky horror and my dearest love, Leticia.

Philp, Thomas Stewart (TP)

Activities: Freshman Basketball, Frosh Class Council, CSF, Fling, Senior Board, TPI

Memories: The gang—MP,MM, RL, DT, JS, DG, JR, DS, dirty songs, Seattle, beloved teachers, games, Amtrack, great parents, R2D2, vibes,piho, Fling, VF, NN, KB, BC, SG, K%LB, Turu, sharks, taps, TPI soaps, pliers, Leata Maria Ball—MY HONEYDEW—good times always, to the best friends and girlfriend a person could want—TTFN.

Pollock, Timothy Clark (PeeWee)

Activities: Band 1,2

Memories: Rose Parade 77, Fairfield, San Francisco, Maytime, all the parades, ripping up hotels w/Russ, Summer of 78, switching locks, throwing mud & bugging Helix's custodians, Greg, Jim, Swinnie, rinding w/Russ, Ditching lunch, thrash a Vega, playing chase, 360s, playin tennis w/everybody.

Price, Steve (Bondo buddy)

Memories: The Hugo house, what's a Hemi, cruzn the halls, the deadly Windansea, fast moving vehicles, it's a UFO, Mr. Elephant & Mr. Rat, GMC, my little sister, TS, the girl from Santana, God even loves Ted Nugent, Bye.

Pugh, Donald (Buddy "the dou")

Activities: Rifle Team

Memories: Best friends, CU GJ LM RR JB RP, Desert trips, girl watching, snorkling at La Jolla, My 1st ticket & accident, mountain trips, vacation in Kansa, Struggling through German, all my ladies, especially Lisa, (most have boyfriends, bummer) "King A".

Puls, Daniel W.

Activities: CSF 2,3, Campus Life

Memories: Geog w/JN, Spear, paperrt, RT, UT, E. Vac w/JN, camp, LYE, pres. 78, S.s. tcher, xmas dnc 76, CM 77 Val, 78 Laurie, Work at Maddens, 11 hour days, track table, skatin', Jan 15-18 w/JN. Friends, John, Laurie, Scott Mont, Steve, Julie Z, Beth, Karen, Steve, Jr Dnc w/Lisa, PTL, God is Love, JN. 10: 27, 28, JN & I, Rom 12:18.

Radtke, Debra L. (Mouth, Moddy)

Activities: Scottie Riot Squad 1, Cross-Country 1, Track 1,2

Memories: CC & Track racing, crutches, wonderful dreams, CK,MS,CC,BM, BC, JB,LR,SW, COX 2, my love for my family, Wisconsin, Mike's visit, partying, beach bike rides, Lake Murray, Maryland Ave., Homecoming 78, fair 78, special friends Mr. Singer & Mr.Eckert, Narks, decorating lockers.

Raines, Collen

Activities: Highway 79, Peer Counseling

Memories: Camping Nov 77—Neeters, Did I see what I thought I saw? Forever Linda, Mesages in the sand, UGH, YUK, 16th b-day party, PC Meetings, Highway meetings, Zoom, Err, Gasp, You fool, Jerk letters to Valerie, PC w. Mike Angioli 77, All my friends Everywhere, forever Mr. Keppler.

Ralston, Janet Olina (JR, Jan Tolina)

Activities: Band 1-4, Mod. Dance 3,4, Dance Team 4, Drama 3, Gymnastics 1-3, Highland League 4, Tartan 4, Student Council 1, Young Life 1

Memories: Sum 75 w/ LAURA, THE BEST! AP w/ Hart, It'll shine Lor! Rosees 77, PKP w/ Diane—uranus, Mr's sh's Rad nts w/ miss, Parties, L & M, Blts, stns/concerts * Sing It LINDA!! 12-22, Doobs/Bac, My Sue—Forever & always, Sacto w/ Di, ACE/Off roadin TB, LM, IH, Pal m/ Donna—spec frnd, PP w/ Debbie L, tms w/ Keith—Thanks, Bri, Papa Ray—Fav., Winn/Debbie S, Thad-nu, Meeks, A-T-Hop, PE 10 & Blasting Ronstadt w/ Mary—My sweet stuff, Xmas cruizes, Mac Ox—surf rock talks, Dwning P. Collades/Earl & the bum, SD-day, FB CIF champs, RJ, JO, MR, & Earl, OB, Pier, SS cliffs, 5th dwn w/ Jim, changes, tears—lessons learned, MY OX—so glad I found you, my family—Thanks mom and dad, P.S. I Love You—Bye Bye.

Ramsey, Brad

Activities: Football 3,4

Memories: All the special moments I spent with Kelly G, Playing Football, CIF CHAMPS!! Shooting Pool and curzing with my Partner, PO and the Captain of the oveboat, JS, Running into coach Beans w/ Phil, having fun with all the birds, DC, RD, SS, Loving Kelly Always and Forever.

Ramsey, Robert

Activities: Tennis 1-4, Water Polo 1

Memories: Gambling Hal, Friends; AS, BS, WS, MW, CS, VM, FC, JO, BC, Summer 78, Beach, SG—Pitch in a buck for gas! La Jolla, Gri wall, Campin' Cardiff—off 4 in a row, Phildo' class "I don't understand a word you said" The breaker, Uncle Ross, workouts, zoo, La Jolla w/ BS, Parties, stnr sess, fishin' & zonin w/ BS, AS, and WS.

Raznatovich, Maja

Activities: Basketball, International Club, AFS Club

Memories: Homecoming, Disneyland, Magic Mountain, Christmas Dance 78, CIF, Young Life, Pony Tail Basketball, Trip to Hawii, Washington DC, New York, Desert in Ca., Assemblies in all High School, Trip To Mexico, SA, DP, SW.

Rengasamy, Rajendran (Rengo)

Activities: Tennis 1-4, Math Team 2-4, CSF 1-4, Science Club, Y-Teens, PAC, Basketball Stats 2,3

Memories: CU, SM, JL, Oh my God, It's and Island, oh my knee, Chengo, Ox, College Trip, 1-2-3, Worth not Sands,the twins, keep your eye on the game, Steve, trying to be serious, stop smiling, RAINBOW, Missing over-heads, dumb jokes, GJ, BI, EG, LW, KJ, LK, RS, DS, DG, MM, AS, KK, KKK, PPM, POJ.

Reinhold, Robin

Memories: Special Buds, Sue, Laurie, Miss Kiss, Slumber parties gang, let's check out the gas station, hidin in the john, Jr. prom, Sr prom w/ Larry, Barb, my psychiatrist at lunch, Ol smiley, Cheatin Royal, bowling class, thanks to Jesse for teaching me a lesson, Xmas dance w. LS and HK, PB!! especially Larry.

Reyes, Diane (Dee, Dee-Dee)

Memories: Miss you mama, rad times with Lisa, Pegi (the best), Ronnie (my little bro), the best years w/ Tore, DARREN, PKP w/ Janet, David, Lips, Karen B, Mary, SR, Rod and Linda, Pat, Tony wheels are bad, Thanks daddy you're #1, I'm out.

Reynolds, Deborah (Debbie, Precious Pisces)

Activities: AAA 1, Track 1-4

Memories: To all of my friends at Helix—GOOD LUCK!! to my mother for everything, to my brothers and sister—Lots of success, to Paulette—Con-

gratulations on your marriage, and Coco stay high and mighty, To LARRY WILSON—I LOVE YOU, and to the SUMMER of 78, GOOD LUCK TO KW, CO, PT, BM, CB, and to all of my teachers.

Rhea, Melissa Mary (Missy, Mis, Foo, Mai Thai)

Activities: Cheer 1-3, Modern Dance 3,4, Senior Board 4, Senior Class Secretary 4, Highland League 4, Xmas Dance Princess
Memories: Chai Lo, cheer; all yrs—Bst, laughs w/ Mary, Dumma, Lore, Janet, spts arena gmes, My VW! DO and smr leg gmes, Hi Ho, Thumbs! USC cmp & IVS., 12-16-78, grt tme! Wht drips! Jay M! BB 3 & AN, DR-in, Nat., crsh, Bub. fn, skiing w/ CS, Outings W/ Marci, LP's trk! Fun x's w/ Mark, TGRO, SB parties! Bst fnd alys Pam! Grad gowns & Lmp Shds, SM, Bch & Bus w/ LM, "5" Hop Oct 27, 31 w/ JR, Sgt Pepp-viggle! spy, HOI, Sng on Jetty, TS, HW Honey, Hmgsa, WW 3, tlks w/ MB, P-Ray-BST! Smut, Cheer, grt times, lghs & fam, thnx for the mems, Helix.

Rico, Maria

Activities: Shades of Brown
Memories: 15 yr. old with my friend Alma, the hard times and good times partying & crusing down highland with the Lemon Grove Homegirls, Meeting some nice people, kicking back and getting in trouble from Rico, meeting JA, take it easy Flaca Anette and Susie, Thanks to my family.

Riska, Lisa Dianne

Memories: Football games and good times with Lora; talks with DR, math? with Stace; walks and talks with Nienger; GB and SC w/ Job's, friends at lunch, 5-21-77, Jr. Prom with Dr. Frizz, francais trois at quatre; mon amie threse; Highland Fling; and most of all the one (from M.M.) that I Love so much, Kelly!

Roberts, Brett (Goon, G-Man)

Memories: The wall, Rhonda, Tim and Goon, riding w/ the gang, Hanky, N-kons, Desert w/ the boys, dances w/ KB & BRO., Shuta-you-mouth, Neighborhood uni's, Jaccuzzi, Kings PE Photo tours, 2 new zooms, film in a grocery bag, Sunset Strip photos, Best Buds: Bro, DP, PR, JM, RS, KWB, PAPA RAY Thanks for Every Thing!!!!

Robertson, Karen (Robbie)

Activities: Swimming 1-4, Softball 1-4, Basketball 1,2
Memories: Hula Hop w/ HC, Good times w/ DK, SS, SD, TN, CM, RD, DD, MS, LG, RL, DC & BC, 77 swim high pt, lefties 32 ox FNS, VM eagles—Turners, JV softball, Jen, Tapper, Ole Boo, Muskateers, Stranded, V softball w/ little one—Mendoza, CIF, signing Off, Breakthrough, VVVT, friends always, Sheri and Lefty, bud Debbie.

Rodriguez, Lucia (Monkey, Supermex, Lu)

Activities: Cross-Country 2,3,4, Track 1,2,3,4
Memories: The Gang, Kanga, Ostrich, Yogi, KB 16th B-Day, Friends I won't forget, Jo, Dawn, GM, AB, DB, Beachin', TP, Cardiff '76, Polanski, Ace, Rum de Pockety, Sym GPAKP G & BR, LC '78, CIF C '77 b & g, Nationals, MS-AC, State, Coach R & G, CCB SY 1/21/76, Best of my love to Wade, Te Quiero, BSR.

Rohowits, David A. (Roho, Macho Man, QB)

Activities: Football
Memories: Buds JS, SM, LG, MS, CW, Football w/Big Jim & SMITTY, CIF CHAMPS, keys & goodies in trunk at RT, Xmas Dance w/Mary, Runs w/Jim, Mongoes, Macho Man, New Yrs Eve w/Js, LB, JM, Dabe you Deleeber, Answ & Sleep in Alg II, VBall '78, HA! Cruisin in Love Boat, My only Luv Mary, CV, Helix, IT'S BEEN GREAT!

Romanowski, Mary

Memories: 1/23/79 Out at last! Sea World job—HP,eBest Buds: Mary D and Denise, Mary D: No, no? Cardiff WGTEW, Caas, Journey w/Rick, Mark, Matt, Denise: The PT, parties, apt, G-7, van, Norm—Ensenada, boardwalk, Vegas? Los Novios, Bonnie, why? Special friends: SH, DH, SB, LM, DR, JP, Searching for parties w/D.

Rossi, Susan (Suzy-Q, Rosy)

Activities: Choir, Young Life
Memories: Close friends: LD, LO, RR, BC, ML, JB, summer of 77 w/Mike, Laurie & Howie, slumber parties, Pizza Hut, Walrus-Bill, CID 78, Michele Kiss, Alice Julian, Barb, My best friend Ruth Schwarz "Please Be Good."

Russell, Sue Marie (Goober, Chue, Russ)

Memories: AWOO 1-25-79, Sum 76, Kit Cats the 1 & only DM, BC & what we shared, Rick B, I'll never forget ya! Venise forever a friend, Janet 5 yrs of love & always, 3/24/78 met Eric, Prom 78, 6/17/78 wild trip in BS w/EF, CS, DC, Bare O, SF, DK, DO, KB, DR, KH, CB, esp LE & LM in 9th, Claud 25 B's Andy's, Tore sum 77, Diamonds for 18th from Stu & Na, the Anders, SDW my BF, CAROL the best EVER! Di, Pat & always being happy w/Irene, Greatest Mom EVER, thanks, The best thing, finding FLECH, I'll always love you

ERIC, Sianara.

Ryan, Mike (Mikey, Bandit)

Activities: Class Pres. 1,3, Senior VP, ASB Assn. 2,3,4, Basketball 1,2,3,4, Baseball 1,2,3,4

Memories: Picketing, campaigning, closet, B-Ball's, Dumpees—Red lights, JV—Edge #1 Var Base 78, 79 B-B Ugh! CF, KD, LB, GL, KK, KB, DO, S. Bar, LEO! Riote Har, Puddles, Crazy, Homecoming, Best times with Carol.

Sanford, Janel M. (Mouse, BJ, Berry)

Activities: Modern Dance 1-4, Dance Team 3,4
Memories: Thanx to all my friends that got me through these 4 years, dance and Mrs. M., los Co., Liv and JT, LJ, M and D, the Twins, Dum Dum at Jr. T., Hollywood, Starlight 78 and AG concert, SN, Sft Pepper, G, dances, Speech candy, sit on it, My life has been a song, Everybody you should be dancin.

Savage, Wayne Travis (Doc, Golden Tones, Fiero, The Brain, Saveage)

Activities: Track 1-4, Cross-Country 1-3, Speech 4, Drama, Highway 4, Young Life

Memories: failure, friendship and lonliness, success, CC and Track, the agony and the extacy, Bll-a-ton w/ CB, R Twin, SM, DM, and MR, Steph, Ann, Shelly, those of inner beauty, Summer 78, KLUTZ SUSAN, era divertido, lo siento, A friend, CAMBY—Thanks, Stratus, Holly, yes, you've got to please yourself.

Schechter, Charles (Mector, The Scheck)

Activities: Band 1,2
Memories: Overnight band trips in motels, Yth Con. summer 77, Calif., trip, summer 78, Friends Ken, Steve and Jeff, Sneaking in F-ball games, Mariners and Hawks games, Boogying at La Jolla, Prankstering with Vini, Sti, Bob and Stransk.

Scheidel, Kristina

Activities: CSF, Fling 3
Memories: Courier, 240-z, Summer 77, Library, Xmas dance 2,3,4; Hula Hop, toes PE, Mom, Dad, Sue, Alisa, Matt, Jeff, Del Mar, Horses, fun w/ JM, LS, DS, DY, DM, dances, Diaploma, Mark 11-7-77, 6-14-78, Las Vegas, Santee Mustang, 5 or 6 79, Time is the Best Healer.

Schniepp, Shelly (Schnell, Schneepers, Scooper)

Activities: Hi-Steppers 2,3,4, Social Historian 4, Candystripers 1-4
Memories: Bus trips, MOT, Pals—TD, KU, YL, PA, AC, SB, KL, JI, DS, X* Mas dance 78—thanks CS, Harvest Ball w/ KW, OKT—Fest & sneakin out w/ Terie, Bahas/360, Campland w/PA, Sorry Pan, friends forever, Terbut—fun times with Pam, Kevin—good mamories to cherish 4 ever, 88 always.

Schroder, Brian

Activities: Track 1-4
Memories: Track of 78, the best ever, HJ record, surf buds, SW, DF, TW, TH, JJ, Psych and English with big TF, Bumpa at the club with the Web, two years of Bio-Med, weekends and michelob, my orange VW racer, the crew at PCR, Thank you God for your Help.

Schudar, Rick

Activities: Frosh Wrestling
Memories: Chicken coops, weight room, quick smokes, Wanda, Laura, Mr. Walker's Bio. class, Mr. Robert Keppler, Mr. Foster, and all my friends.

Schulz, Diane (Dee-Dee)

Memories: Hula Hop 78 with David Cota, Summer of 78 in /Carlsbad, Dooby Bro. and Eddy Money Concert, USIU Hockt games, skiing, playing raquetball, my volkswagen, Never forgetting good friends, good luck to them in the future, Love my family, and Robert (my brother).

Schultz, Richard (Rick, Bayou)

Memories: Summers, 74 w/ TP, 75 Alabama, 76—On the air, B'ham, Skynard 75, Dodge Dart, shops w/ Dottie, surfing, OB w/ Mark, Junior Year, Lick and a promise, Drakes English Best SWEDISH FRIEND Jon Joke, Chang Kreteks, Arosmith 77, Califano, Kaffirs, Ferek jy, letters to RSA w/ Jon, Queens, are you game?

Schwartz, Ruth

Memories: My best friend Sue Rossi, Always there when I need her, "Please be Good" Summer 78 beach parties w/ Sue, 3-26-77, meeting David, our times together, 12-8-78, RANDY Xmas vacation, best ever w/ Randy, Parts Drop luches nights together, UN long talks, his team, being happy, being together, Love for my family.

Sinnen, Wade K.

Activities: Soccer 2,3,4
Memories: My friends: MC, (KC), TM, SL, SS, SA, Skip A, DM, TH, MB, LM, PB, RD, LM, DB, BR, BS, AS, VM, partying with the gang, fishing trips, getting S and D, beating the system, training with JM and AK, in soccer, poker, CIF FB Champs, jelling at GH, Bsing with Boone and Feez, HN, in 11th, spec, th

to Dye, Higby, Winans.

Sirkis, Veronica (Ronchi)

Activities: Tennis 1, Track 2,3,4, Swimming 4, Young Life
Memories: Best Friends Scott, Kevy-Poo, Robo, Karen, Vicki, 2 wonderful years w/Scott, After Prom 78, Laguna picnic, Easter NCA trip, Sweet 16, Sea World, Disneyland, #555, HH '77, Summer Fun w/Potsy, Air Head, Jack in the Box Inva, 440, Hurdles, Pedro Bug; All my love I give to my happy man.

Smiley, Mike (Mung, Mungusopolis)

Activities: Orchestra 1-4, Tennis 1, Chess Club 1
Memories: Rubberband fights with Randy, Curtis, and Bruce in the Chess Club, Bruce, Tim, Valerie, Ginny, Laura, Lisa Kurt, and Mrs. Bietz; junk food and Steve and Bill; Superior at Mt. Miguel, turning Mr. Kirk car sideways, Smoke bomb by munsons room on 6-23-75.

Smith, Stacy Ann (Fish, Arnold, Shoulders)

Activities: Swimming 1,2,3,4
Memories: "Clovis Doll", Mull & Lee's TA, CIF League, Capt.; Good times with Bruce, Pat, Best Buds Deb & Karen, Fake Lefty Becky, Home with my family, TPing & 32 oz., the Duck, "Relax" with Darrell and Susie, LMSA & HSA, Math parties with Lisa, pinching crazy Jerry and Rick, FTS, I'll make it!

Sosa, Alice (Big Al, Ally, So)

Memories: Best buds Bern & Don, fun x's w D, BB,RW, TH, IH, JG, SF! Johnny-boy, 12-31-74, sumr "74", Bball crts, dncs, pctrs! lckt, Bo&So, Vaso muscles! Wilbur yelw, 11-13-76, blu dt, wtr Fntn Hhop, sad x's hapiness—Togetherness, beach RING! Act'n cool, 3x's a lady, get'n buft, Dibos fam! Thnx Mrs. Barns, "Sharing and Caring . . . MARQUES".

Spear, Kimberly Gayle (Kimbies, Kimmy)

Activities: Frosh Glee, Choir 2,3, Hi-Steppers 2, Highland League 3, Student Council, Modern Dance 3,4, Nominating Convention 2
Memories: Special buds KP, MJ, DH, GS, JA, CJ, SG, MM, JWM Star, JS (HELP!) Loves Scott, Rene S., Parys w/Mich; Strroke; Hula Hop Princ; Daddy Spear; Sharin JC w/SA 8-8-78; Big Macs; Xmas Dance w RS—best one! 2 on 1? cactus kiss; meetin Steve; Love to Karen—What happened? Lovin Michael; Thanks Helix, I LOVE YOU!

Spooner, Jeffery (Jeff)

Activities: JV Football, Varsity Football, CIF Champs
Memories: Good times, bad times, fun with Lydia, talking serious with Kim, Good Jokes, Dead Head forever, Ralf, football games, take care everyone.

Stedman, Curtis R. (Curt)

Activities: Marching Band 1-4, Cadet Band 1; Concert Band 2,3,4, Stage Band 1, Pep Band 2,3,4, Orchestra 2, Brass Choir 1-4
Memories: S/S Maytime Roses '77, Music Arcadia SS Fairfield VP, buds CG, LDS, JJ, TL, CD, LD, BW, JY, DD, SF, CM, BK; Helix trumpets Long Beach, My 37 50 64 vair, 71&72, Pops, Roundabout, listen to the music, starts, (?) Where are my keys? "Thanks Ger."

Stevens, Mary Kathryn (Mare, Frac)

Activities: Volleyball 1-4, Softball 1-4, Y-Teens 2,3,4
Memories: Best Friends LG, SM, RL, VA: D-Duo, GSA, Alaska, DoWackado, Batches of cookies! Reno, Boo—Rubies! BH,BB,Rab, T, I'm sure; JC Ds; Ap 30, Rem R, Andy, B & S BR. E, Summer 78, GA, Jan 6, 1/2 of 1/2 IC, slurp J in the B, Farrels; 2st, Long Time, P Summit, Mc, #11, Mom & Dad, Xmas Dance w/ Dave, other friends EB, Special times w/DR, Thanks Lord!

Stewart, Bruce (.S.)

Activities: Golf 1-4, Rifle Team 1-4, Library Club 1-4, Science Club 2,3,4, Chess Club 1-4
Memories: Watenpaugh & Me at chess tourney, Science Fair 77, Mr. Ramsey & Mr. Vogel, Science Club Buds; VO, ME,GL,JO; Playing with Dad, Band! Bang! you're dead; basketball games, pajama parties, girl friends KS, WM, Band freddies, speech team finalist, fun with Freeland, 3.75 GPA, Computer turnon, Thanks Helix for your wonderful HA! HA! years!

Sell, Steven Robert (Steve, Mole)

Activities: Tennis 1, Golf 2
Memories: Friends Steve, Dave, RP, TM, MJ, BS, SA, Desert trips, 3 rolls in a Bug w/ SL, 4x4 in summer 78, Ace, Bongathon, Earl, the Bull, river trip with S., Big Tom, DC, LC, SB, in 77, No Doz, 2 ON 1, Styx & Van Halen in concert, Rad Bikin, w/ SL, Xmas dances, Hula Hop 78 Jim Beam w/ RP, DK, BC, Most of all my love for Kim.

Setmire, Mary (Marry, Baby, Muscles)

Activities: Dance, Track, Drama
Memories: Best bud Babe, BDs 1-12 great, Wild and Crazy times—too much., Laughter to tears 8-21-78, and Missing you, Wed Nite, Church—Speci al friends, Sun. nite concerts, ST, LMC, LB, Sluber gang, Beach, May L., No No? Our Jounies, woo-loo, Jr. Prom 78, Xmas dance 78, All Freak Out—I Love it.

Settle, Sharon (Sher)

Activities: Drama 1-4, Drama Club Pres.

Memories: Plays, Drama, Lynn, Kathy, CL, TA, BA, LG, Buddies old and new loves, The Wizard, ditching with KB AND LG, Lynn and EATING, Escondido concert, downtown crusing, trips, snow, music, singing, Xmas 78 18, Good friends DM, SM, TS, JH, CL, DM, FB, RT, LG.

Sevilla, Graciela (We, Slugoo, Phred, the bad seed, Amazing Grace-O)

Activities: Highland League 3,4, Choraliers 2,3, Hi-Steppers, Fling 2,3,4—Mg. Ed., Class Bd. 1,2,3, Bike Club 2
Memories: DEUTSCHLAND 77—fun & good boogie w/ FLING buds—pinkness—GOD—SPELL—MT& Miss DT—USA—SON SEEKING w/ Cindy, C. Dance 78—my 3 sons—HAWAIIAN FANTASY*RO*ROM 8:28—fun & H, Hops w/ Ken—US. Hist—Choralier doings, yogurt, LUV 2: NN, KJ, LW, Samface, Kim, k. Pet, Ken, Cindy, CHRIS & ALL my buds—TGIO.

Shaffer, Steve (Weebie)

Activities: Soccer
Memories: Fletcher Pkwy. So. Mission, Hula Hop w/ Lisa, weeble, The Soph. buds, soccer practice, 3-0 over VHS, Game of the week, HF the best deal, STUBBY Dye, Yuba R, LNAA, CAPRI vs the Snow, CHEAP TRICK, Good friends and Family, MF, RD, JW, CD, SK, Extinguishers, Gemco ftn, TT, Aspen, Colo; RT, LATER.

Shaw, Debbie (Deb Deb, Fred)

Activities: Girls' Glee 1, Nom. Conv. 2, Student Council 2,3, Highland League 4
Memories: Banana Bud Jeannen, Carot Twang, my other half, DO Buzy Candi Franny X, LM, MR, MM, BS, Charlie, Jack Pots, PNC Gang, Toast to JR Bailey, DS and SH, Jack Pots, Nites r 4-ever, July 31, God Bless you mom & dad, Me, HB and WH, Knotts, mem ahead, I LUV U Just the way ur r, here's to Steve, 4-ever, Later Helix.

Siegel, John

Activities: Marching Band 1-4, Pep Band 4, Journalism 4, Stage Band 1-3, Concert Band 2-4, TPI
Memories: TPI? Bob, Dave G, Dave S, Drew, Jeff, Mike M, Mike P, Rick, Rob, Tom's rod, Hits, D-A-thons, cheers, Farrels's, Santa Barbara, Mazatlan, Roses, Arcadia Music! Girl friends, Cub, 1979! HERE'S TO GOOD FRIENDS!

Simmons, Patty (Peter)

Memories: I will always remember those few years back with the "Green Peppers." I will always remember the late Mr. Keppler, and the help he gave me, I remember how long it took for Sat school to get over! Most of all, I want to thank my mom, my dad, and my brother for their help, Next, I want to tell Jeff that I care for him very much! I LOVE YOU! Thanx Mr. Hartung for your help!

Simpson, Teri Adele (Rat, TB, George)

Memories: Summer of '77, Did you know . . . , The English Chump, Paws city, that wild and crazy guy, Mr. Ray, Mr. Olsen, Linda & her family, mvies w/ Pete, 10th grade with Kathy, Mike & Jeff, sandpit, concerts, Rose Parade, My weird sister Tracy, JW, RD DA CP, Disneyland, Snow Summit, A special friend, Jeff.

Sinclair, Laurie (Fruitcake)

Memories: Howie, Del Mar, Jack's buddies, Big D, tootles, Penny Annie, Proms, Xmas dances w/Howie, gang, Robin, Susy Q; Cardiff, PB, My pinto, slumber party gang, May 13, piggy rides, wampum, sneaking around, horse races, funky hunky, did a birdy turdy on my head? My love for the Krewsons & my parents but most of all my love for Howard.

Singer, Robert (Dr. Bob, BS, Osbob)

Activities: Speech Team 1,2, Swim Team 1,2, Water Polo 2, CSF 1-4, Bio-Med 3, TPI 1-4
Memories: TPI, Miki's, Pancakes, L&O, Zucchini, No the Radio, Pliers, Jacuzzi, Turo, Flasher, Hits, Family Scott, Groucho, Killer tomatoes, Pete the Pole, FTBL & BSKTBL Games, PJ, Thurs, Florida, Tilks w/Kathy, Summer 78, My first "B", Vogel's stories, St. Ramsey, Higby, HERE'S TO GOOD FRIENDS!

Stone, Wade Cameron (The Baggs, Shaky Jake)

Activities: Football 1-4, Basketball 1, Track 1-4, Tartan 3,4
Memories: My friends The Duke, The Stud, The Guy, The Norm, Opie, The Vav, The Zok brothers, Track 77 with Rob, Trck 78 with Scott and Rick, Mile Relay JG-WS-LB-MD, 1# # CIF, State meet, Jack- in- the Box #1; Fun with Track freddies, Football CIF CHAMPS: Montana, Backpacking, Las Vegas, Fishing Skimboarding, surfing, beaching, lifting, running, racing with my best friend ROB, Study Hall 5th with the Gang, meeting LUCIA, Magic Mountain CC parties, movies 1-21-77,1-21-78,1-21-79; Xmas Dance, All the great times with the girl I love LUCIA.

Stoop, Robert

Memories: Surfing, skiing, going to parties, meetin Earl, ASPL, Baja Bug, P.B.

Surf Shop, good friends BB,MB,CH,DF,SS,TM,RJ,JO,JE,KM,LC,LP,TC:Football games, Xmas Dance, VGSE, Blue Lundo, Shores, Ace, Kook, Suzy Thanks for everything, Love Ya.

Stransky, Adam (The Breaker, Stump)

Activities: Baseball 1-4, Football 1-2, RTE Club 4, JB Club 4

Memories: "The Trip" w/FC, MW, Vegas, NTC, Flrda, Camping at Heasw, Cuya w/BS, VM,WS: ftbl,2 Int. BB, W

Luc blk sab,van hal "Advanced Gambling" Jenn. 43, "Fishing machine 11" Zekes, K,I,C: Once a year, no notches, JC,TM, pond, HS, "The Method" RD, \$600, Pegarama, Jellied, Scullda!

Stump, Tim

Memories: Art. Miss Nichols, JW, BB, DB, KU, RHO, CDH, and HI IQs like BI, DG, TG, and CU.

Strukelj, Debra (Deb, Da)

Memories: I can't believe it, Good times w/BW RB PA ET SS & esp. Dawn (DZ) trips to zoo, GT & J's summer of 77, cherry pies & c milk, Memories of mom, 18, BD, I can't wait! Never on time, FWRP, 11:30 out to lunch, 78 CIF, guardian devil, Ha ditching, YETP, Most of all, my crazy sr year!

Suggs, Sarina

Activities: Graduating

Memories: A toast to all my good friends who made my HS. years the best ever, Megan M, KH DW MA RN, & mom; LL & TG who found something they really believe in, Bernies, my 55 chevy, & most important of all, to Patrick, and all the good times we've had (Boulder Creek, grease paint, ACE ...) and the better ones to come.

Sullivan, Gerald (Jer, U.R. Crazy)

Activities: Key Club 4, Lettermans' Club 3,4

Memories: The buds: SB KT SA JM Budettes: SS LR GT MH CP DT EXAA, JOE & LA, tux prom, "Termites beware", Orange Blossom special & New Years 78, Bill w/Lambrusco, H20 POLO HONORS, Rocky Horror, Animal House, Concerts censi, n toxicat Ed n' dances, Horton Plaza, thanx to the spec people, MOM, RICK & of course LAURIE!

Sutton, Wendi (Fred)

Memories: BUSTED! (again) Making friends w/Di, Dina & family; nights at the beach! (Kris & Kelly) Bob bitchen & friends; All the parties & trips to the mountains; seeing it snow!! Going to TJ, on! What fun! The River! Fighting w/ mom! Most of all my best friends Cheryl & Di, Also loving David.

Tacket, Karen (Tacky)

Memories: SP w/Mrs ODK, KN, cmptr traumas w/Mr L, Mr L's geog, clses, P. 4&5, Vogelpnobia, Mr R & Mr M for Bio Med, the NOTORIOUS DAT-SUN, my brother but always throughout my life, my times w/Michelle, who is so very special our times together, ping pong paddles, tennis (wink, booring, Kreb's cycle, Helix.

Tanner, Patricia Ann (Patti, Tish)

Activities: Track 2, Mecha 1,2

Memories: HOLD IT Stac! I'll have 1 good an a SM, sodi TB, Be good Tam, EW & F Ernie's parties, KD, CS, JS, AM's 15 yr old, Hey Jana, Chris, Denise, KB, PABONY, I love you mom, you too Jasen, Joe Bayani superstar, Custard Pie, Muo is Pati's lovey boy, All my love to my new fam, I LOVE YOU JOEY MATANANCE, Hey Anthony, Sonny, Ed, FB CHAMPS '79.

Temanson, Todd (Toad)

Memories: Plans for future, go to BLOB & become an Architect, SNL & JC, VVII & BD, Banjos, Herb, Don, LA Jam, DMF, HDC, Mr. Hart, Clunker, Job, Chiting, Library Club, Also Football & basketball games, Dances, Pizza, Friends, MF OK JJ JK KT JS WS GB PJ BS JW KS LS LK, and Family.

Thibodeau, Clayton (Clay Tibs)

Memories: On the long & winding path of life, I have jurnied to the start to find my life's one sould reward, My family, wife, my heart, I shall sit upon my throne some day, & rule my kingdom well. That it will never fall away, to all the depths of hell, To "My lil Green Eyes", From Clay to eternity.

Thompson, Kevin (KT, Kevy, Narc)

Activities: Water Polo 1-4, Swimming 1,2

Memories: Polo Champs 77, Summ Leag, Joe, Buds: JH JS RC MM BB OK KW TPI, LK CL, Meek(Peru) feelings for KB LM OH NO, Bio Med Mr. R, xmas dances 77 & 78, Carol M & Lisa C, Vogel, 9/22/78, Car tunes, cheap trick, best girl FRIENDS Lisa M, Katrina K, & mom whose love helped me very much, I love u dad.

Ton, Hoai Thu

Activities: I Club 1,2,3,4, French Club 3

Memories: Good friends Lisa, Vi, Lisa M, Shelley, Grace, Susan, Paul, September "run around the track", PE class final, before school starts, 1st moon games, xmas dance, French class dinner & nos Petite classe doec madome Gormley I club w/a lot of fun (water ski) A dieu Helix, God bless you.

Traut, Kathleen (Fish, Kather, Kaf)

Activities: Tennis 1,2,3,4

Memories: Crazy People: Geana! Lolrs BC, CW, Jr. Tns Frk R Dye, Var Sgls, Patty B, Pore Gms & dncs, Cheryl, Sis in Law? Rick's Betl Bus, Fiat(yeah!) Auto JH DV Bye Andy, Xmas Dnc 78 w/Rick, Likn RW, art Ging, Earl, PIB*BOB DN CO FL Lil Bird, DW, All my love to Rick, LoHo always makes me smile, Thanx mom & dad & Thanx, Life.

Turner, Carol A. (Turtle, Trouble)

Activities: Human Relations, CSF, Modern Dance, Nom. Conv, Grad Usher
Memories: All the crazy times w/IM SG SH, beach party-Dwayne's pants! "Surprise!" DANCE w/LT for CJ, Blew it all the way, ALL MINE almost, Name games w/Coach, All around partner, Summer 77 ups & downs, Special buds RJ K & TB MM, All time sis P-Nut, Thanx for everything everybody!

Uda, Kevin

Activities: Football 1,2,3,4

Memories: The Whale, weights, Hell week, Escondido, CIF Stadium, the old gang, trashcan, on the wall with 3 pts, parties, Fiat, VW, RS, MM, DS, JH, PW, SS, ET, CG, FB, JC, RM, NK, BW, Bartender? Star, green napkins, motor-cycles, Art, goal setting, GOD, JESUS.

Urata, Chet (Little Chinaman, Che Ata)

Activities: Science Club, Math Team, CSF, Fling, PAC, Highway

Memories: RR, Y-T Caroling, 1-2-3 worth sands, LG, PM, BI,CHENGO, KJ, Leanne, GJ, BP, CW, SS, MH, desert plans, Bikes, ATC, H on the H, stoges, Ty, Where's Chris? Poker, beach struck out again Laura, LW, DH, TS, SJ, DL, KKK-CK, Myran, Rosie? SB, PAK, TPI, IH, KK, TB, MN, GUITARS, Darn Good FRIEMDS! slob, Ox, LP.

Usher, Mike (Ush)

Memories: Photo, P. Ray's 5th per loonies, A Rose is a Rose, Right! JS, JW, TF, KP, CS, BJ, DE, AD, (Trunk Road), Foghat in concert! Falcon Kruzer, 6th per Graphic Arts, PS in the summer, "Please take the batting glove out of your pocket." Skorbrd on Fri nite, Left field w/the Pads, MPFCANFSCD, thanx for everything.

Vance, David (Big "D")

Activities: Football 1,2,3,4, Baseball 1

Memories: 10th grade action in 5th per. PE, taking road runs to MB's house, only if the coach knew, Parties in 11th w/my party buds LF, MJ, KB, summer trips to RHw/MB, BC, PK, MAY 19, Rem. Boys, to my best friend SB, Don't forget the good times, The GRIP! TF's B-Day Party, 78 CIF Champs, All my love to Molly! (Penguin)

Vargas, Maria (Bella)

Activities: Human Relations

Memories: GHwith SG, SH, CB, JB, PT, in Graphic arts, getting married to Arturo Vargas, going to Las Vegas, San Francisco & Fresno, getting caught smoking in the BR, going to friends house & getting H, best friend ML, SC, GG, Having friends help me with my homework.

Vargas, Tony (KB)

Memories: Cola-Cola, the olds 98, chicken coops, my 24 hr pinto, where's the party? The sweet puntang DD, CC, DMP, KB, WS, LM, DD, KO, SH, MS, CB you owe me one, out to lunch w/KO, Mexico trips, the river, Bud tells I love you Mom, Hay Hay, where's Hooterville, my parties.

Verbickas, Dalia

Memories: All thegood times with my good friends Lisa, Laura, Natalie, and Jill, Hawaii 78, concerts, parties, fun at the beach, Laura trying to dance! weekends and summers, cruising around, mom and dad, catalina, Tahoe, and many other trips! Thank God I'm out!

Vidaurri, Marti (liddle fuzzy, Mardi, Mar)

Activities: Swim 2,3, Tartan 4

Memories: Great times w/good friends Gwen W; Jeanene M; Megan I; Lori K; Kathy A; Laurene P;Samurais & meeting my Eric! 9-4-77; Windansea; Disney ME & ME; My Timmy; Hankie & BS's; Great Papa Ray! Hooked on Mike; Cardiff w/GW; Jeeping w/JM; Beach Bud Lori; S. Dak w/Eric; Senior Prom, My car? My family & especially Eric, I love you and Thanks!

Wagner, Karie

Memories: Best times ever in the summer w/best bud KW, La Jolla forever. Trips to Vegas, Magic Mtn., Tahoe, Rosarita Beach, 1st and best job at CB great times there before Virginia, good friends KW, PS, KK, SR, My new T-bird, thanks to my special friend Laurie, High hopes for trip to Mexico.

Walsh, Tom (T-Dub)

Activities: Track 1-4, Football 1

Memories: Surfing ML with JH, 7/11 all night, Frisbee, who the ... are you? Whoppen "L", 77 Christmas dance with K, Doobs concerts, friends, DW, TR, JH, LF, JN, SHATTERED, 10 feet, ML, lunch talks with LF, 14' 6" (hopefully) Nectar in DA TOOB, South Mush.

Walton, Leanne (Lee Lee)

Activities: Choir 1,2,3,4, ASB 4, UN 3,4, Y-Teens 1, Fling 3,4, CSF 2,3,4
 Memories: BF 4 ever KELLY—USIU, Jr rejects, Sambo, ASB cuts, Neb. Guys, Marks Pals* 1-11, Best buddy PATRICE—dogwalks, spades, slime, Mts—kissers, Roni luvs Dick—Wlmgtn, TG4* KAREN, Grace, Diane & swaying, Nancy, Scott* Hula '78, Chengo* I'll miss you, capt. Acuweather kiss, MF & staff mtngs, BYU & George M, Dodger memories.

Walton, William L. (Wood Stock, Meri)

Activities: Marching Band, Pep Band, Track, Cross-Country, Loading Crew, Student Council, Concert Band, Brass Choir
 Memories: Ready go—JK, DD LOADING MM crazy AP, RW, CU, DK, LK, SP, JS, HD, SM, RHPS, star shlep, Rolloff roses, 77, B Bus, TRI CIF 78, OK, VN, DO, NK, CR, DL, CD, oceanog, DO, Brian Ig, thanks Mr. Kirk and Co. Muirhead, wind and sea, young life, conventions, Poe, Stu, and parties, surfing, FT, M1 Sarah, PC, JD, TC Whites house I'll never forget any of you, thanks Helix.

Wamsley, Bernadette (Bernie, Detsie, Bucko)

Activities: Hi-Steppers 2,3, Drill Team Publicity Officer 3
 Memories: Bob Busk Dee, M & P, Marm, BJ Nichols, Eyes strange Look, 60 uni, sketch book? Sahara 47 noser fainter, knott D-land, Bh I'd cowboy tag, 14DP I can't remember all this, MDT Camp-Barkey Un lock Winder, My toy, Banquet Rk-a-thn Skidy CW, KO, No we're not sisters!

Ward, Beverly D. (Sweet "B")

Activities: Human Relations 1,2,3,4, Glee, Fashionality night
 Memories: Picnic 76-77 at CP with all the gang, my accomplishments in USH with Robin and Tam, 10th PE with SM, BP, SS, TC, CO, 12th PE with CG, Fun I had with that crazy girl CG, Times with LR, KD, NW, and most of all NY "MY BABY" special thanks to mom & dad couldn't of made it without you, and special thanks to my father up above, "Good luck to you all."

Way, Dean (Dino)

Activities: Track 1,2, Cross-Country 3, Tennis 3,4
 Memories: Already 4 yrs happy & sad, remember Fri nite Ftbl, BB best of all—parties—friends: Best TW, SW, LM, GB, Doobs concerts, Bone, Thinking alone at lunch, Big "L", "someone special: TR".

Weber, Steve (the web)

Memories: Fun/KW, Heart, Char-burger, oh-oh-oh, Frisbee in PE, Red water, new years '78/MM oops! Special friends NN (Buffalo) MA (Lei) X-mas dance '77/KB & '78/RM, How's it hangin'—Hey bucco!

Weischedel, Gwen (Gweny, Gwenners, Gweggles)

Activities: Track 2, Swim 3, Drama 3, Modern Dance 4, Dance Team 4, Choir 1,2,3,4
 Memories: Great times with the beautiful people, Marti a friends always, Cardiff 76, EB, LB, KA, MS, JR, Carol & the yellow ash tray, Dancing, camp w/ the kids, Larry it's a wild world, Crazy times w/Paddy—laughin & crying, wacyness, Bowie/Genesis 78, Dede—all the laughs, 44 years Burgan, Parhes! DB, the family I love, being a fish & knowing the joy of life.

White, Colette (Coco)

Memories: Mountain, Ocean, Desert—Peaceful Easy Feeling, Riding Mcycles w/Smitty, BC, JK, JA, PO, KT—I Love all you Beautiful People I've met! All the things that I've known became my life, My Very own, but before you know you say Goodbye, The loudest Cry Is a Silent Goodbye From the ones You Love, Goodbye Helix.

Whitehouse, Rae (Rae-Rae)

Activities: Choir
 Memories: All my special love to Scott J, Party times with Sheir B, at Balboa park, COKE, before scholl, ace—Drive Inn, Kims, partying with Spunky, RB, MG, Babs never calling, seeing old friends, 1-10, 2am John, TU-VU with Randy, crystal Pier, 6 am, good luck everybody, thanks mom, Rod Stewart, were out.

Wickware, Kathy (Kathy Wathy)

Memories: To all the lovely people that loved me & enjoyed me I would like to say thank you, from the bottom of my heart I really enjoyed entertaining in the school activities and some day me and Cynthia Odum will become successful Fashion Designers, remembering DR, VW, & CS.

Widick, Robert (Bob)

Memories: Ski Trip to Big Bear w/Kathy, Met fence, proctar valley in my truck, trip to ELO concert w/R & C, M & S and Mini, Good times on my Wet Bike, Ceasar, I wish all the LOVE in the world to the 2 people who deserve it most, My MOM & DAD, May O'Malley RIP.

Wier, James (Jim, Hanky)

Activities: Tartan 2,3,4
 Memories: Fun in Photo and Tartan w/Mr. Ray, Friday nights at pizza, drop 3, MGB stuck, Hamberguesa and spaghetti factory, fun w/friends: SS, KW, TM,

DP, MJ, TS, KP, JB, DB, NB, TR, GW, and best friend Randy, Butterfield and Yosemite, Monty Python, getting Naked, Van Halen and Cheap Trick, Special thanks to my family.

Wilhelm, Steve

Memories: Special memories to Jessie Espinoza and the expert way of getting rides (someday will you get a car) to someone I will never forget—Sharron Moore—Thanks for putting up with me! To my inspiration my PARENTS! Thanks.

Williams, Brett (Snowman)

Activities: Football 2
 Memories: X-mas dance & Stones w/Deb, all my good friends, Jim, Danny, Deb, Dina, Di, good times at Led Zep and Van Halen, we were snowed in at the sports arena—Jim C, who always lets the good times blow and Esp to Deb M who put up w/my BS day after day, Dan finally got his truck painted! Things go better w/coke.

Willingham, Candie (Buzzy Injun Joe)

Memories: Cidney Greenstreet, Jed, Bernie, Mr. Roang, Ms. Nich, Teddy Bear, Debbie, Donna, My "big Sis", A white rino, Sept 9, 1975, 53' ford, Baby Hugh, Mr. Tag, MOM, My most special person of all: KEITH, I Love You.

Wills, Mike (Chills)

Activities: Basketball 1,2,3,4
 Memories: Arena 78 almost, GF's, AS, RR, TB, RB, Pics, RG, S(H)W, FC, BC, Trip cross country—Big Apple, keys, vegas, river w/F & L, working, Pics and Pecs at club with BO and CO, Summers, Parties, get up SP, TNP by 6/79, 11'6", 36", Do it, family and S & BM, Deal me In, Gambling and Roving with the gang, \$5, 10¢, \$1, \$2, Losing my lite 25, This year 9 in a row, get there DB w/MB & VM at LMJH and others that I can't recall, PS WB.

Withem, Kevin

Memories: Many camping runs w/GS & Boys, backpacking SB, PP, Oregon, Vac, Los Gates, Boys, Pepperone, YF, workshops, Tulsa town at B & T Eths, Hi skole kamp, 78, summer 78 w/C, LCD Wsdm from KO, Bio four wheeler Man, Mountain run, fillmore w/DS in Tran's am, J prom w/MS, X-mas dance TC, H HP RN, GL's LS, RN, MS, Bch KT, Good friends: HW, KT, MT, TM, RD, BB, PS, summer w/KC & Bro in LJ, church.

Wizansky, Rene (Reen)

Memories: Moving from NJ, New friends, Bern, Al, Lisa, Kel, Crazy times w/Bets, concerts, beach, Friday nites, Kegs, OT, Froyo, Bonners House, Letters, The Ace, NJ summer & X-mas MM, DC, old friends Tammie, Jane, My growing family, Dino you're always in my heart, Betsy may our friendship live on, Chris it was meant to be.

Wolford, Dawn Patricia (Dwan, Barbara)

Activities: Tartan 4
 Memories: Best friends Leslie, Jana, Michelle, Wendy, Beach 76, San Elijo 78, summer 78 w/JM, CE, BW, Palm Springs w/WC, Fletcher w/LM & Gary (I'm not ticklish) & all the rest, good times in PE, ditching—Who Me?? 1st job working with OG, the guys upstairs, the ticket—oops!! Piddydiddles, Buds: BW, MS, GW, DA, TD, Cruzing, Sorry Wrong Number, Crushes, B-Ball, V-Ball, & S-Ball With C, Torino; Capri; Toyota, Mom, Dad, Bruce, & Dale, Thanks for everything, Love Always.

Woolford, Kevin William

Activities: Latin Club, Library Club, UN, Junior Achievement
 Memories: Geeting lost with LP, all the triumphs and tribulations with the Dept like good ole Mrs. Raines losing her keys, Thanks to my parents for helping me through years at Helix, also to my best teachers Miss Bailey, Mrs. Raines, Mrs. Lee for putting up with me all years, SM, DO, K(Leon)S, SG, JF.

Wurzel, Darla (Punkin)

Memories: X-mas Dance w/Troy, Best friends, Kitty and Sue, ABC, parties w/ the gang, South Bay, Grand Prix 77, 78, MBB, JR, I'll never forget, vacation w/ my family, all my love to my mom, dad, and sister, my buddy SL, most of all, my love to my fiance Troy, I LOVE YOU BABE!

Wyatt, Barbie (TTBB, Barb-O)

Activities: Glee 1, Choir 2, Choraliers 3,4
 Memories: Summer '78, World's best Terri, Big Tip, Town & Country, No calls, Mammoth Legs, Tahoe, Michele, DW, DH, OG, Buds, Palomar, Barry special; our letters, Julian, MM Youth, "Oh Mercy", hands, Israel foot basin? San Clemente Lunch, Flash, God's Guidance, Mom & Dad, Love always, Growing Up!

Zolezzi, Rene (Rene)

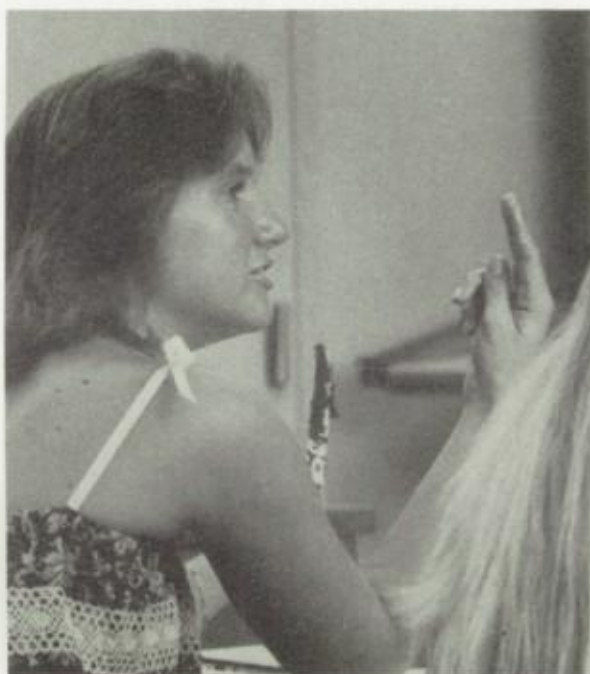
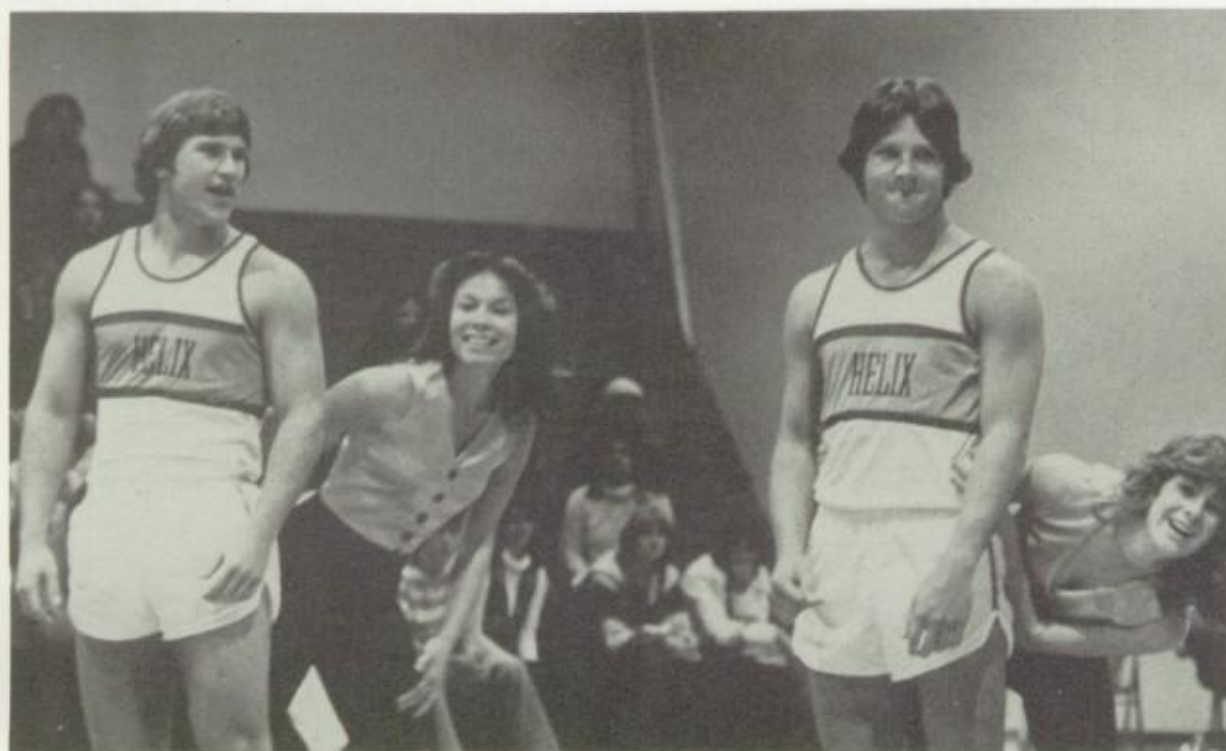
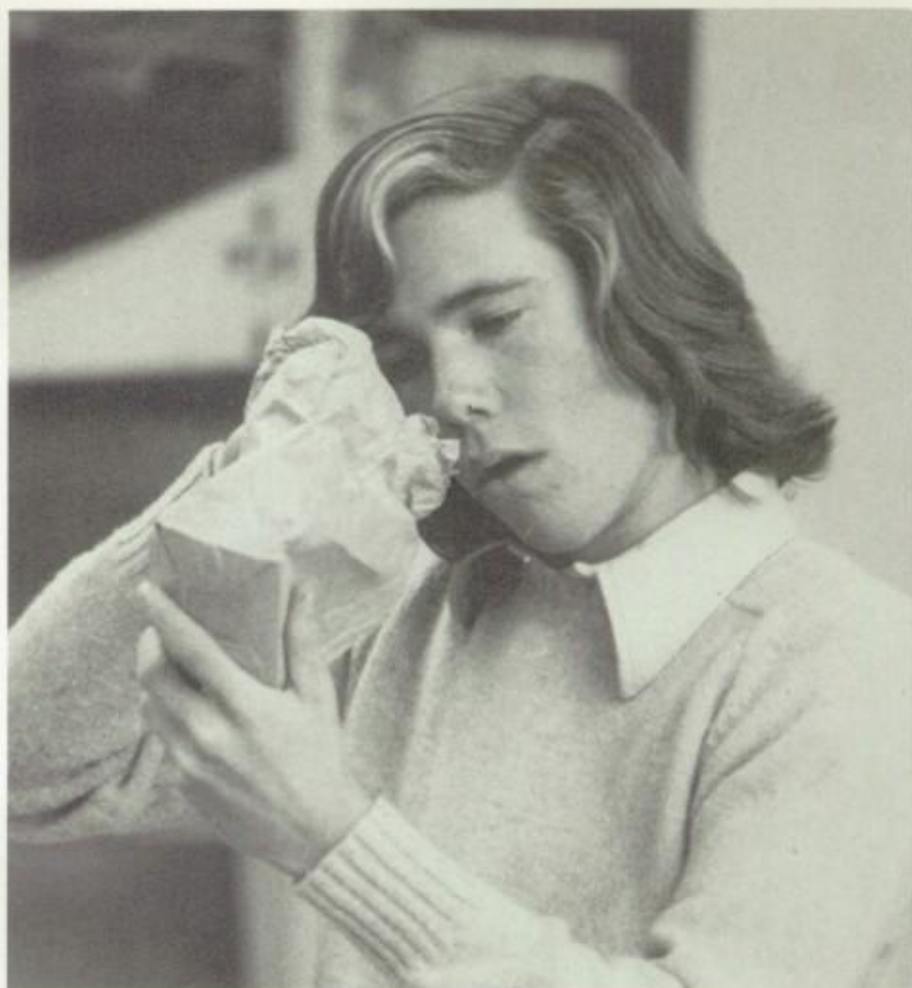
Activities: Marching Band
 Memories: Roses '77, Mr. K, BC, Disney, JC, FAREFIELD, LG, JH, DC, KW, PM, JJ, Roland, Sweepstakes, Lost, AB, Pops, marching season, VN, SR, LK, RD, BB, CE, NI, Micky, KT, RH.

Seniors Being Themselves

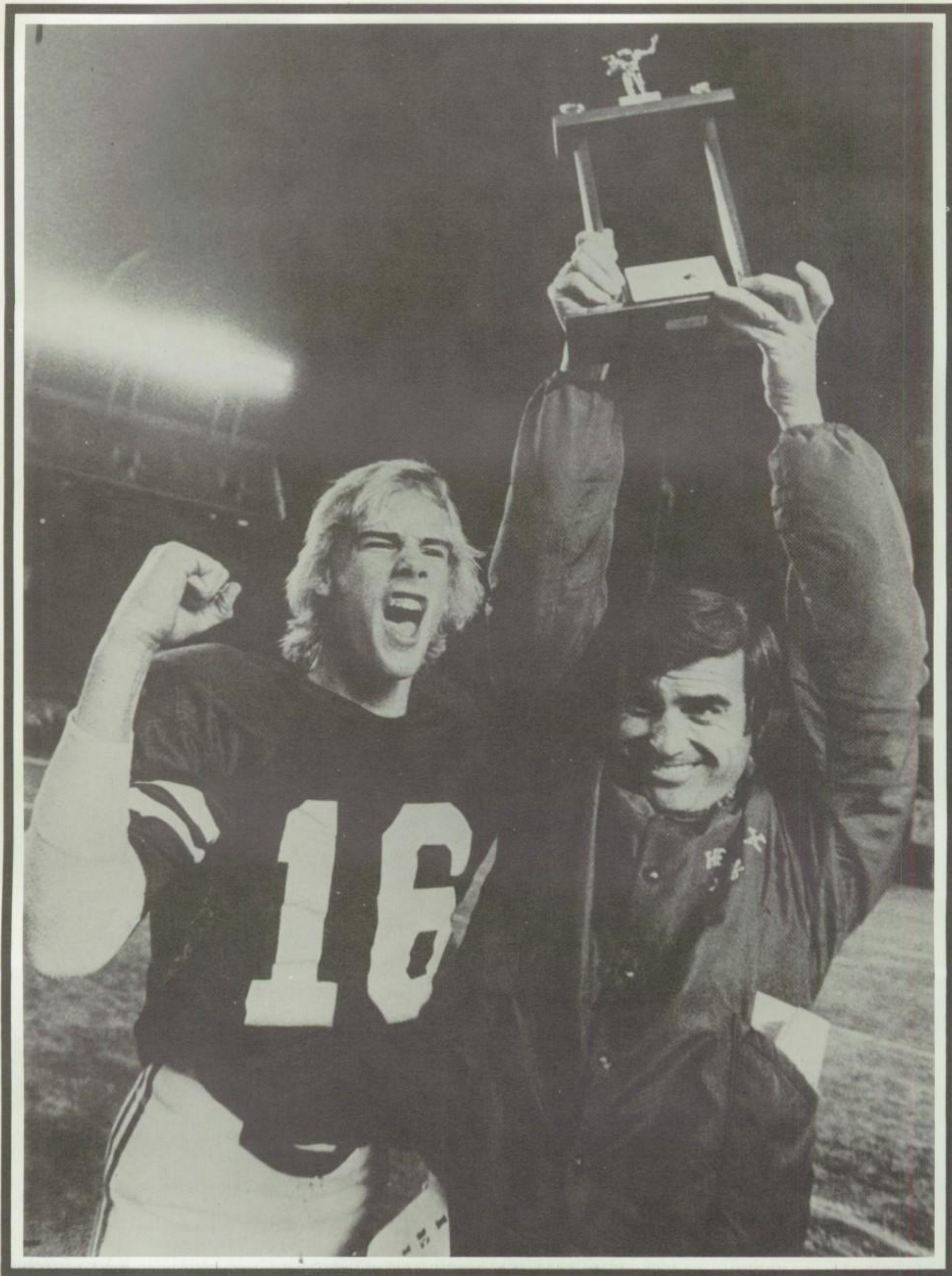
Regimentation. It has been a way of life for twelve years now. "Get in line in alphabetical order," "Raise your hand before you speak." For twelve years Seniors have had lines like these and others drilled into their heads. And so they had to fight for their individualism.

Next year it is freedom. And if regimentation has been too strict during these twelve years, they will not be able to handle the freedom next year. So this year, Seniors came to school not to learn about income tax, Proposition 13, Shakespeare, or physics. They came to learn how to be free and how to use their freedom.

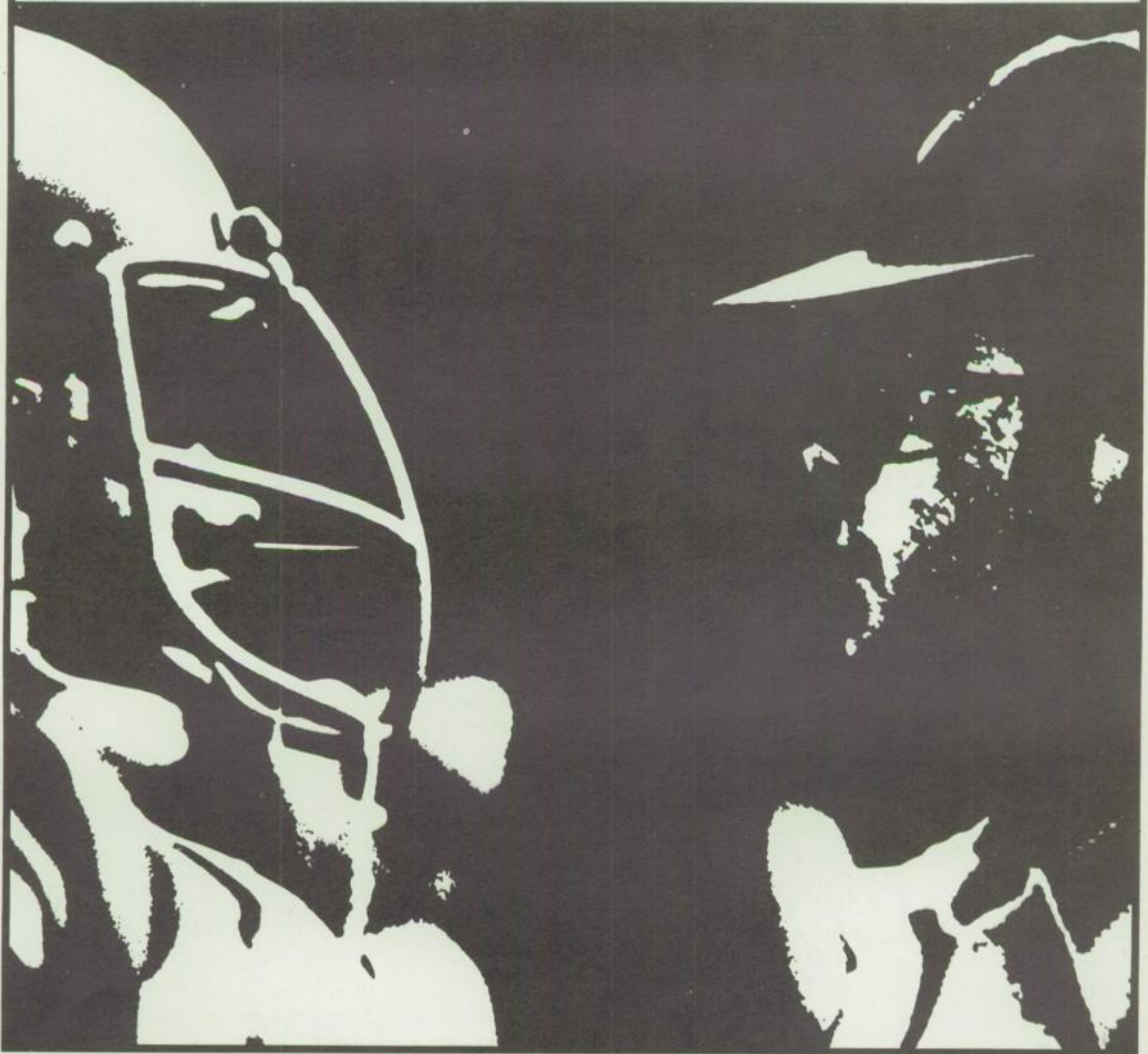
Now they could see why people always say "Your senior year is the most fun." It is not because of all the dances, games, parties, or graduation. It is because for once they were themselves.







SPORTS



Highlanders Capture First CIF Crown In 17-10 Win



The Helix Highlanders beat the San Pasqual Golden Eagles 17-10 to win their first county high school football championship ever before 8,778 cold but boisterous fans at San Diego Stadium. Junior **Casey Tiumalu** accounted for all but two of the team's points when he scored two touchdowns and booted a 38-yard field goal, the longest in the history of the finals. Grossmont league's defensive player-of-the-year **Scott Anderson** led the defense with 14 unassisted tackles, a crucial sack and a deflected pass. Nose guard **Mark Bailey** and linebacker **Drew Hertsch** spearheaded the effort which allowed the Eagles just one serious scoring threat in the last two quarters.

Helix reached the CIF playoffs by successfully defeating Granite Hills (21-13), Coronado (28-0) and Escondido (18-16).

The Scotties began the season strong, winning the first three games. Then came the turning point with consecutive losses to Grossmont (21-7) and Mt. Miguel (41-40). Head coach **Jim Arnaiz** felt that it took the agony of defeat in these two losses to teach his team how to become winners. They were not to lose again as they finished with a 10-2 record overall.

Quarterback **Jim Oxe** was selected to the 1978 All-Grossmont League First Team. Having a 342-yard game against Mt. Miguel, Jim established a CIF single-game record. Also selected to the first team was running back **Phil Oynos** who rushed for 960 yards and 11 touchdowns in 11 games, as well as catch 32 passes for 503 yards and five touchdowns. First team defensive honors went to linebacker **Scott Anderson**, and linemen **Mark Bailey** and **David Vance**, who operated out of a multiple-set defense. Second team offensive honors were awarded to **Jeff Spooner**, **Bill Capitano** and **Casey Tiumalu**, while defensive honors went to **Drew Hertsch** and **Pat Kinsella**. Casey was selected kicker-of-the-year while **Phil Gardner**, **Rick Faucher** and **Eric Landry** received honorable mention.

The All-County high school football team's offensive unit, as selected by the San Diego Union, included **Jim Oxe** on second team. **Scott Anderson** and **Casey Tiumalu** were selected to the first team defensive unit while **Phil Oynos** was honorable mention.



Above: On fourth and 10 from his own 46, Casey Tiumalu runs for 23 yards and a first down in the 17-10 win over San Pasqual.

Championship Team Roster

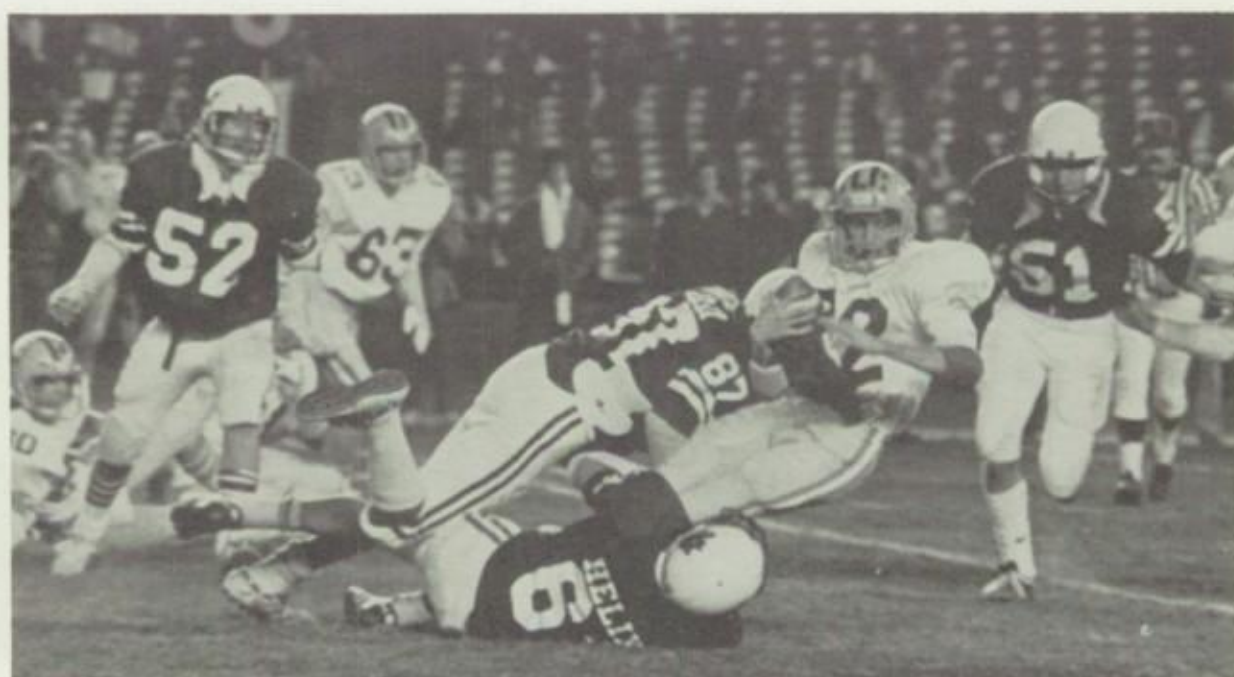
No.	Name	Year
7	Bruce Cramer	12
9	Willie Majors	11
10	Pat Kinsella	11
11	Dave Rohowits	12
12	Wade Stone	12
13	Joe Page	11
14	Kevin Durden	10
15	Eric Edwards	11
16	Jim Oxe	12
17	Jim Smith	11
18	Roland Johnson	11
19	Eric Landry	12
20	Phil Oynos	12
22	Casey Tiumalu	11
23	Robert Peredes	12
24	Steve Brown	12
30	Jay Nicholson	12
31	Steve Capitano	11
34	Max Greene	11
36	Pete Korbakes	12
50	Ken Golojuch	12
51	Drew Hertsch	12
52	Neil Hertsch	11
55	David Vance	12
60	Don Seo	12
61	Scott Anderson	12
62	Emillio Trujillo	11
63	Bill Capitano	12
65	Lon Postulka	11
66	Bill Corbit	12
70	Mike Farrelly	11
71	Nick Zambito	11
72	Jeff Spooner	12
73	Brad Ramsey	12
74	Phil Gardner	12
75	Byron Glenn	11
76	Jeff Barnicoat	12
77	Mark Bailey	12
78	Jim Henson	11
80	Kevin Uda	12
81	Roy Rozok	11
82	Rick Faucher	12
83	Pat Connors	12
85	Russ Johnston	12
86	Kevin Junior	11
87	Leon White	10
88	Mark Faucher	11
89	Gary Isaacson	11

Coaching Staff: David Van Matre, Tom Archambault (trainer, Don Van Hook, Jim Arnaiz (head coach), Marine Shestacoff (trainer), Ray Hernandez, Charlie Myers (trainer), Ray Baksh, Jeff Boutelle and Rick Ash.

Managers: Terry Dowell, Jim Mettler, Jeff Stoddard, Troy Kreson, Andy Bernal and Drew Ramsey.



Above: Led by quarterback Jim Oxe (16), the offense compiled a total of 217 yards rushing and 77 yards passing. **Below:** Instrumental in limiting the Eagles to 60 yards rushing and 41 yards passing in the second half were standouts Scott Anderson (61), Drew Hertsch (51), Neil Hertsch (52), Mark Bailey (77) and Leon White (87).



Scotties Averaged 24 Pts. Per Game In League Action

LEAGUE RECORD

Helix		Opponent
22	Monte Vista	8
20	Valhalla	0
20	Santana	0
7	Grossmont	21
40	Mount Miguel	41
29	El Cajon	20
21	Granite Hills	14
35	El Capitan	0





Page 130—Top: Linebacker Drew Hertsch (#51) tackles a Santana full-back. **Center:** "Mad Dog" defense prepares to hold Grossmont for no gain. **Bottom Left:** Joe Page (#13) adds the PAT in the game against El Cajon. **Bottom Right:** Quarterback Jim Oxe (#16) led the offense to a 20-0 win over Santana.

Page 131—Top Left: Mark Faucher (#88) hauls in a pass and eludes a would-be tackler. **Top Right:** Punt returner Joe Page (#13) breaks into the open field. **Center Left:** Max Green (#64) cheers his victorious teammates after the Valhalla game. **Center Right:** David Vance (#55) and Scott Anderson (#61) stop a Santana runner "cold". **Bottom:** Quarterback Jim Oxe (#16) confers with Coach Arniaz during the Granite Hills game.

J.V. Football Finishes Season With High Hopes

The 1978 J.V. football team, coached by Dick Langston and assisted by David Van Matre, John Nicholson, Mark Robbins and Bob Winans, finished the season with a 4-4 record overall. Highlights of the year included strong and impressive offensive and defensive performances from co-captains Allen Durden and Dan Nicholson, Travis Downs, Al Fernandez, Terry Belcher, Steve Crocker and Andy Wedde. Terry Belcher was voted most valuable on defense while Al Fernandez and Dan Nicholson shared the honor of most valuable player on offense. The skill and experience gained by the team in its four wins and four losses will prove invaluable in varsity competition, according to Coach Langston. He felt the team, whose optimism was unbounded, provided Helix with some fine football games and high hopes for a great varsity in the future.

Page 132—Top: Offensive line in formation against Monte Vista. **Center:** Sophomore Al Fernandez tackles a Monte Vista opponent. **Bottom:** Sophomore Dan Nicholson, (#32) brings in a play from the sideline. **Page 133—Top Left:** Coach Van Matre discusses second half strategy. **Top Right:** Freshman Tony Dozier picks up big yardage. **Center:** Team members: Greg Barnicoat, Paul Bateman, Gary Beach, Terry Belcher, Andy Bernal, Brett Caylor, Bill Collier, Steve Crocker, Wayne D'Adamo, Carl Dorell, Travis Downs, Tony Dozier, Fred Duey, Allen Durden, Keith Fairbonther, Robert Fallon, Al Fernandez, Al Flores, Dean Gilson, John Houlihan, Robert Jeckel, Jim Mettler, Dan Morgan, Dan Nicholson, Steve Oliver, Tom Pruet, Tim Puls, Drew Ramsey, Mike Reyes, Mike Rossi, Chris Sager, Chuck Schaeffer, Jerry Schiepp, Jeff Stoddard, Jeff Tonzola, Paul Trent, John Walter, Andy Wedde, Bill White, Leon White, and Robert Woyznski. **Bottom Left:** Freshman quarterback Alan Durden straight-arms his opponent. **Bottom Right:** Dan Nicholson kicks off a long punt.





Cross Country Captures Third CIF Crown

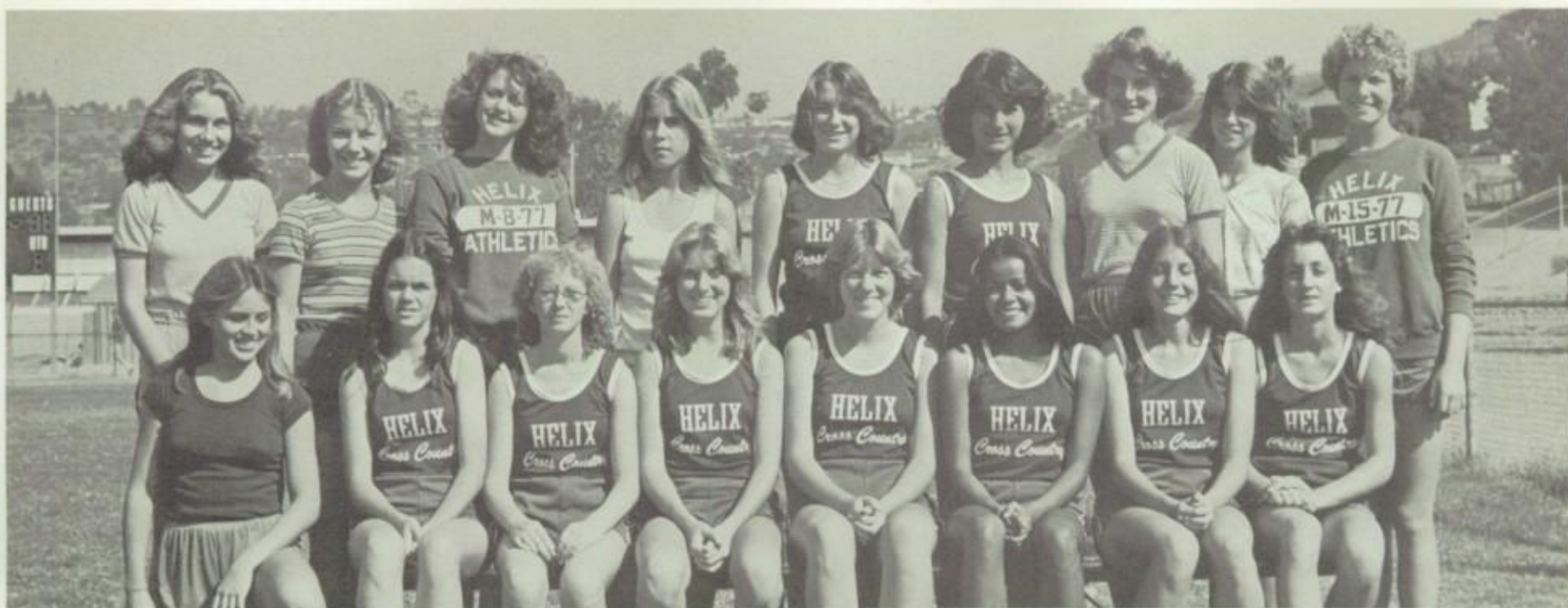
The 1978 Highlander Cross Country led by seniors Bill Cleves, Frank Claypool and Steve Whitcomb raced to their third straight CIF title. Cleves was Grossmont League and CIF runner of the year. All three athletes were voted all Grossmont League honors and Claypool and Cleves were voted all CIF honors. The Highlanders were rated number one in all of Southern California as the season ended. Adam Parra, Mark Curry, John Seeman and Guy Sardina all ran well in the CIF finals. The Highlanders captured first place at the Pt. Loma and South Bay Invitationals during the season. Helix became the first school to win three consecutive CIF titles. Claypool and Cleves were members of all three CIF championship teams.

Page 134—Top Left: Senior Bill Cleves rounding the corner at Santee lakes. **Top Right:** Senior Frank Claypool places high in the meet against Mt. Miguel and Santana. **Center: Helix Varsity Cross Country—Top:** Mark Gardenhire, Adam Bea, John Seeman, Bill Cleves, Frank Claypool, Rusty Diehl, **Bottom:** Craig Knox, Kevin Sprague, Mark Curry, Adam Parra, Guy Sardina, Don Cooper. **Bottom Left:** Junior Adam Parra leading a Mt. Miguel runner in a race at Santee Lakes. **Bottom Right:** Senior Adam Bea contributes to a winning cause against Granite Hills and El Cajon. **Page 135—Top Left:** Senior Steve Whitcomb guts it out to place second, only to teammate Bill Cleves against Monte Vista and Grossmont. **Top Center:** Helix runner, Senior Rusty Diehl performs well at Santee Lakes. **Top Right:** Junior Kevin Sprague finishes strong in the race with Santana and Mt. Miguel. **Center Left:** Sophomores Craig Knox, Guy Sardina, and John Seeman pace each other to a second place tie at the South Bay Invitational. **Center Right:** John Seeman, Mark Curry, Guy Sardina, and Kevin Sprague pass a Granite Hills runner at Santee Lakes. **Bottom Left:** Most Valuable Runner Bill Cleves out in front against Santana and Mt. Miguel. **Bottom Center:** Coach Murihead gives congratulations to team individuals for their efforts. **Bottom Right:** Steve Whitcomb catches his breath after a tough race at Lindo Lakes.









Girls Rated 9th In So. California

The Helix girls' teams had an outstanding year, placing second in the CIF finals. Lucia Rodriguez and Dolores Cannizzaro were voted to the all Grossmont league and all CIF teams. Sherri Rose, Ciliss Woempner and Vicki Osman ran strong races in the CIF finals. The girls won the South Bay and Pt. Loma invitationals for the third consecutive year. The Scottie girls were rated #9 in all of Southern California.

Page 136—Top Left: Senior Lucia Rodriguez leads the pack in the League finals race at Santee Lakes. **Top Right:** Shelly Stifter and Cindy McBride about to overtake an El Cajon runner. **Center:** Liz Johnson, Tammy Mucha, Jill Hargrove, and Judy Nelson competing at Santee lakes. **Bottom Left:** Dolores Cannizzaro passes a Valhalla runner in the League finals race. **Bottom Center:** Coach Mike Murihead prepares the team before a workout. **Bottom Right:** Vicki Osman places high in League finals at Santee lakes. **Page 137—Top:** Helix girls cross country team; Top: Cindy McBride, Judy Nelson, Laurie Kicklighter, Dawn Wilson, Cilisa Woempner, Dolores Cannizzaro, Tammy Mucha, Vicki Wsman, Jill Hargrove. Bottom: Donna Hall, Sheri Rose, Tammy Leverette, Shelly Stifter, Karen Barrer, Lucia Rodriguez, Liz Johnson, Denise Dibos. **Center:** Sheri Rose and Cilisa Woempner perform well together in the meet against Granite Hills and El Cajon. **Bottom:** Donna Hall and Karen Barrer lead Granite Hills runners in the race at Santee lakes.

Junior Varsity, Frosh Cross-Country

Below—JV Team Members: Frank Madruga, Kurt Schwartz, Breg Beers, Jeff Cliffe, Mike Parra, Keith Lovell, Robert Jenke, Bill Walton, Dennis Panfil, Brad Baehr, Danny Rodriguez, Jeff King, Dennis Selder and Phil Stout.

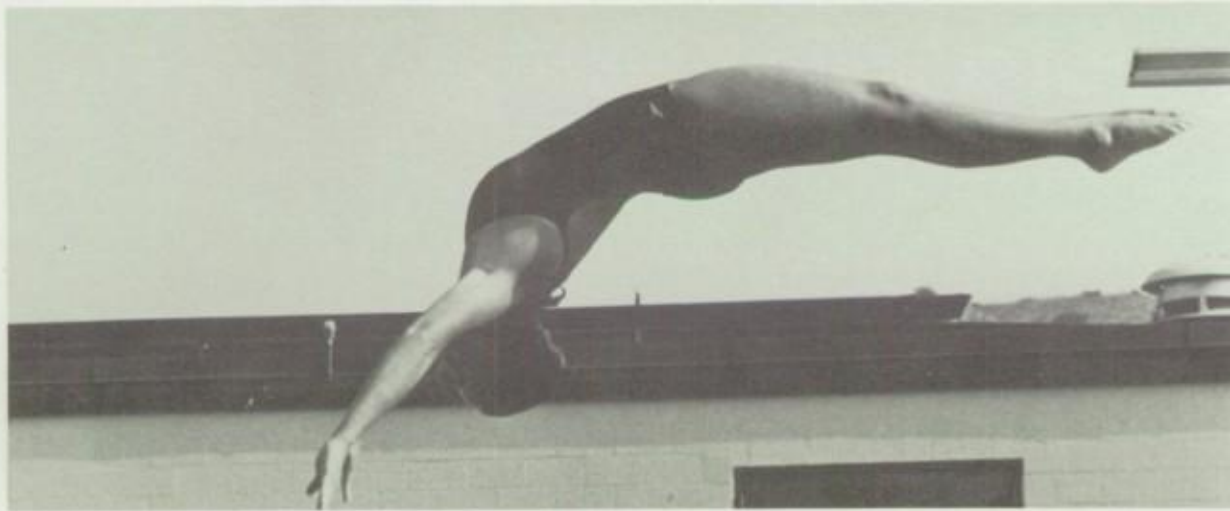
Bottom Left—Frosh Team Members: Mark Spencer, Jim Stuczynski, Dale Eiernet, Steve Howard, Jeff Bloom, Chuck Aguilar, Jim Bodien and Roy Salazar. **Bottom Right:** Teammates Brad Baehr and Keith Lovell run in competition at the Santee Lakes meet.



Girls' Diving Team

Combining the inspiration from their new coach, **Joan Cunningham**, together with experience, this year's diving team realized an improved season. Although they finished 4th in league, strong individual performances were turned in by Janie Brown, who was voted "most improved", by Joy Durrett, who was "high scorer," "most valuable" diver as well as "diver-of-the-year," and by Janet Keais, who placed 1st in league finals. High scorer for the JV was Lori Kellogg, while "most improved" was Mary James.

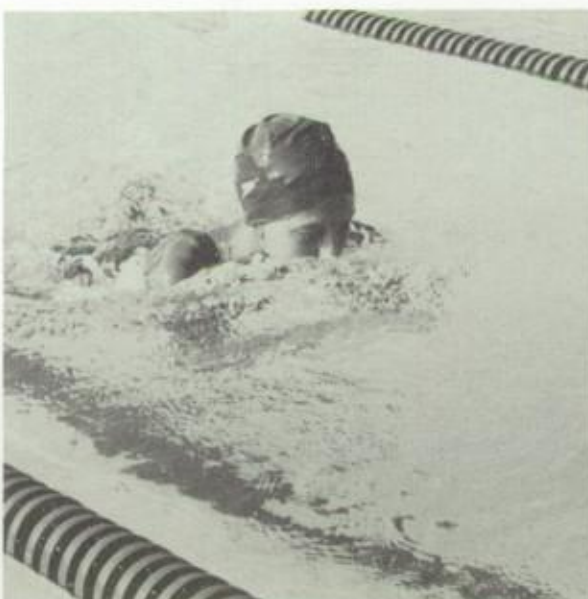
Top Left: Lori Kellogg completes a back somersault in tuck position. **Top Right:** Cheryl Whelan, in a pike position, on her inward dive. **Middle:** Cammy McGrath demonstrates a back dive, layout position. **Bottom Left:** Team members included Mary James, Lori Kellogg, Robyn Newberry, Cammy McGrath, Tracy Reynolds, Cheryl Whelan, Shelly Whelan, Janie Brown, Leslie Jett, Patty Taylor and Janet Keais. Not pictured is Joy Durrett. **Center Right:** Joy Durrett completes a forward one-and-one-half somersault off the high dive. **Bottom Right:** Janie Brown completes a reverse dive in layout position.



Stacy Smith Named League And School Top Swimmer

The 1978 swim team, coached by Joan Cunningham and assisted by Beverly Ashtley, and captains Stacy Smith and co-captains Kim Barrow and Debbie Killian, had a long, progressive season. Four outstanding girls made up the relay team that went to CIF. They were Becky Clark, Martha Foerster, Kathy Velton and Stacy Smith. Stacy placed first and currently holds the CIF record for the 50 and 200 freestyle, with times of 24.75 and 53.36 respectively. Stacy was named Grossmont District Swimmer-Of-The-Year. She placed first in all individual events and became high point scorer for the varsity. Also, for the fourth consecutive year, Stacy was Helix' swimmer-of-the-year. High point scorer for the junior varsity was Robin Battleson.

Page 140—Top: JV Team Members: Sheri Maxwell, Kim Morton, Liz Freed, Amanda Neve, Robin Battleson, Vicki Wright, Elizabeth Scott, Tracy Hoover, Yvonne Denos, Alicia Burich, Kim Adams, Leslie Igarashi, Elizabeth Reisch, Rona Sarkela, Karen Robertson, Kelly DeSelms, Kelly Scott, Traci Johnston, Kathy Smart, Tracy Finlayson, Lisa Cuthbert, Veronica Sirkis, Jennifer Velton, Liane Lindsey, **not pictured** are Burgan Solbue and Kim Hayes. **Center, Top:** JV swimmer pulls hard in backstroke. **Center, Bottom:** JV backstrokers anxiously await the starting gun. **Bottom Left:** Teri Cuthbert demonstrates her perfect breaststroke form. **Bottom Right:** Varsity swimmer Deanna Haley pulls toward the finish in freestyle competition. **Page 141—Top Left:** Varsity swimmer Becky Clark swimming the breaststroke. **Top Center:** CIF record holder Stacy Smith comes in first against Valhalla. **Top Right:** Debbie Killian pulls hard in the backstroke during the 200 medley. **Center Left:** Freshman Tracy Frye takes a breath as she heads for the finish line. **Center Right:** Varsity swimmers get off to a good start. **Bottom Left:** Varsity Team Members: Lori Heacock, Debbie Killian, Martha Foerster, Linda Bonine, Millie Hackworth, Kathy Velton, Coach Joan Cunningham, Deanna Haley, Tracy Frye, Tracy Reynolds, Stacy Smith, Becky Clark and Kim Barrow. **Bottom Right:** Coach Cunningham enjoyed her first year of successful results.





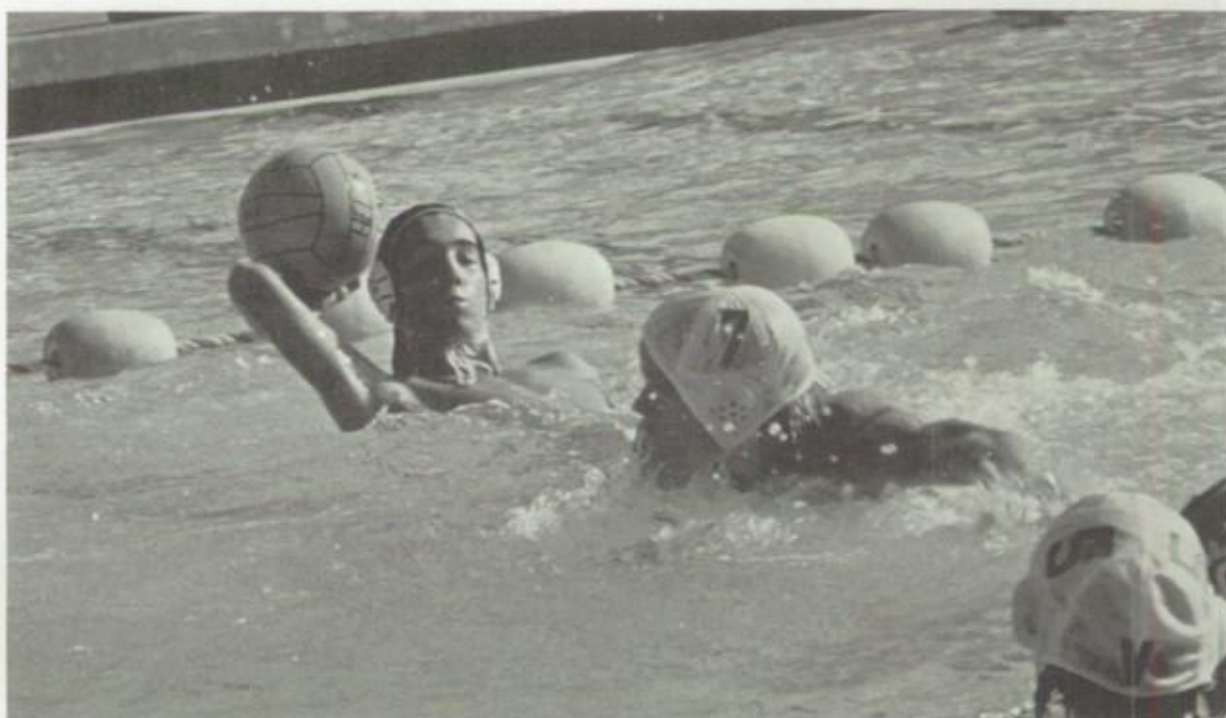
Water Polo Takes 3rd In League

Finishing third in league competition, the varsity water polo team compiled a 12-4 record overall. Led by **Most Valuable Player Jerry Sullivan**, the team played aggressively against most of their opponents but had trouble with Valhalla. While Jerry was selected to the All-Grossmont League First Team, teammate **Glen Lee** was awarded Second Team honors. The junior varsity team also finished with a 12-4 record, and was led by co-captains **Steve Omahen** and **Mark Jacobson**.

Page 142—Top: Varsity Team Members: Dennis Moody, Jerry Sullivan, Kevin Thompson, Bolen Wales, Jon Jacobson, Rick Chandler, Mike McKay, Glenn Lee and Coach Jon Crawford. **Not Pictured:** Steve Bazzar. **Center Left:** Jon Morrison passes over defender in the match against Grossmont. **Center Right:** Jon Jacobson shows his control with the ball. **Bottom:** Kevin Thompson avoids defensive pressure of his opponent. **Page 143—Top Left:** Goalie Steve Bazzar flies from the water while trying to block an opponent's shot. **Top Right:** While yelling to teammate, Jerry Sullivan looks for an open shot. **Center Left:** Coach Jon Crawford gives the team some last-minute pointers. **Center Right:** JV player Steve Omahen desperately tries to reach the ball before his opponent. **Bottom Left:** J.V. Team Members: John Serrano, Rob Houghtlin, Jim Reynolds, Paul Kunkel, Keith Devaney, Bill Draper, Bill Fornaciari, Mike Layton, Steve Omahen, Gary Hamm, Mark Jacobson, Scott Hildebrand, Glen Hood and Mike Hellberg. **Bottom Right:** Mark Jacobson keeps a steady grip on the ball as he looks over the situation before shooting.



Above: Coach Jon Crawford coached both the varsity and junior varsity teams.





Spikers Combined Spirit, Effort And Teamwork

The 1978 varsity volleyball team, coached by Denise Hume, was led by captain Nancy Nordahl, co-captains Sandi Marks and Mary Stevens. Along with these three were returning varsity seniors Susan Beverage, Lisa Gleason, Susan Graves and Robyn Loftus. Nancy was chosen by her teammates as Most Valuable Player while Sandi Marks received Honorable Mention on the All-Grossmont League Team. Although they didn't place well in overall standings with a record of 3-15, the team displayed spirit, effort and teamwork.

The junior varsity team, coached by Jan Esslinger, came out on top as league champions with a record of 17-1. They remained undefeated until close to the end of the season in which they dropped a 10-31 decision to Santana, and then continued their winning streak for the remainder of the season. Team captains were sophomores Jenny Mucha, Minda Shacklett and Emily Mix. Sophomore Katie Schafer received the Most Valuable Player Award. Managing both teams for her second year was Senior Laura Guffey. Both teams worked together and were compatible throughout the season.

Top Left: Sophomore Jenny Mucha reaches to smash the ball over the net.

Top Right: Sophomore Laurie Payton serves with concentration. **Center:** J.V. members: Judy Gawlowski, Peggy Hartman, Barbara Krommes, Lynn Lemieux, Patrice Miller, Emily Mix, Jenny Mucha, Laurie Payton, Dora SanFilippo, Melanie Sauer, Mindy Shacklett, Katie Schafer, Alison Usher and coach Jan Esslinger.

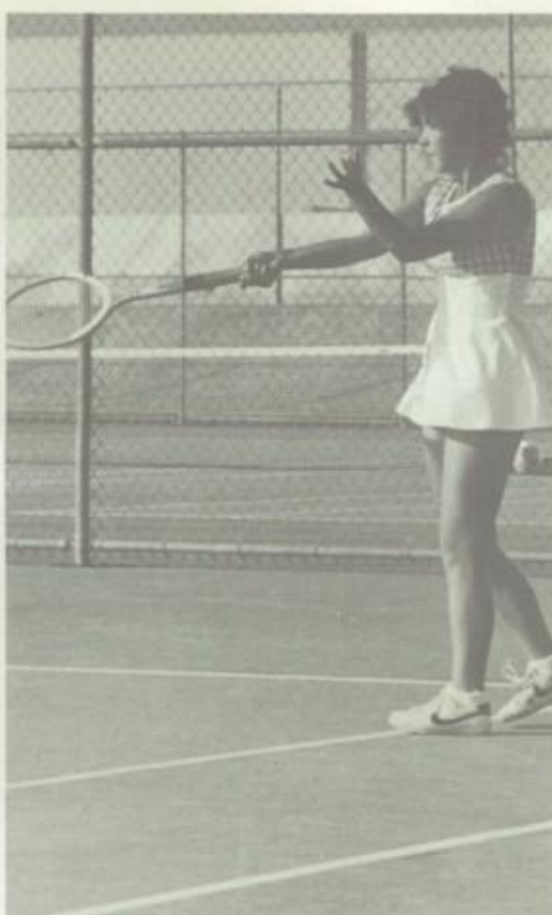
Bottom: During a time out coach Esslinger gives a pep talk. **PAGE 145—Top Left:** Varsity members: Susan Beverage, Maria Brealey, Jennifer Bourbiel, Martha Espinoza, Lisa Gleason, Susan Graves, Laura Henson, Robyn Loftus, Sandi Marks, Nancy Nordahl, Mary Stevens, Liz Wright and coach Denise Hume. **Top Right:** Senior Sandi Marks spikes the ball at the opponent. **Center Left:** Senior Mary Stevens and junior Martha Espinoza go up on the net to block a return. **Center Right:** Senior Susan Graves bumps the ball as Senior Robyn Loftus looks on. **Bottom Left:** Coach Hume explains some strategy to the players. **Bottom Right:** Senior Nancy Nordahl passes the ball to a teammate.





Girls' Tennis Finishes 3rd In League Play





This year's varsity team smashed their way into third place in the Grossmont League. Laura Ortega led the team with a 32-0 record and first place in league singles. The doubles team of Diana Castro and Lisa Barber also contributed to the overall success of this year's team. Team members Kim Miller, Susan Arellano, Marci Allen and Susie Nielson were among the junior varsity players that displayed a winning style.

Varsity Record

First Round		Second Round
15-1	Serra	
13-3	El Cajon	14-2
11-5	El Capitan	9-7
6-10	Granite Hills	5-11
10-6	Santana	13-3
10-6	Grossmont	6-10
13-3	Mt. Miguel	10-6
11-5	Monte Vista	12-4
6-10	Valhalla	9-7
5-11	Poway	
C.I.F.	Grossmont	5-11

Junior Varsity Record

First Round		Second Round
6-2	Serra	
7-1	El Capitan	4-4
1-7	Granite Hills	1-7
5-3	Santana	1-7
4-4	Grossmont	1-3
0-8	Mt. Miguel	5-3
6-2	Monte Vista	7-1
1-7	Valhalla	1-7
2-6	Poway	

Page 146—Top: Varsity Team Members: K. Kattmeier, L. Andaleon, E. Barend, S. O'Rear, Coach Ross Walker, D. Castro, R. Dye, K. Trout, L. Ortega, J. Kozul, C. Campbell, G. Romano, L. Barber, K. Bryans, B. Cannizzaro, M. Andaleon and L. Reiter. **Center Left:** K. Trout demonstrates a strong backhand against Valhalla. **Center Right:** Deanna Castro and Lydia Reiter combine efforts in a doubles match to overcome opponents. **Bottom Left:** Freshman Kathy Kattmeier displays good serving form. **Bottom Center:** Team captain Rosie Dye showed her endurance by giving 100% effort at every match. **Bottom Right:** Rachael Lambert returns a hard volley against Valhalla opponent. **Page 147—Top Left:** Deana Castro stretches to save a cross-court shot. **Top Right:** Lydia Reiter delivers a forehand shot. **Center:** J.V. Team Members: S. Arellano, S. Nielson, B. Pogue, D. Offield, K. Miller, M. DeLosRios, M. Jarvis, S. Swanson, B. Kruger, R. Lambert, M. Allen, L. Andre, K. Offield, K. Selder, S. Hardy and M. Mix.

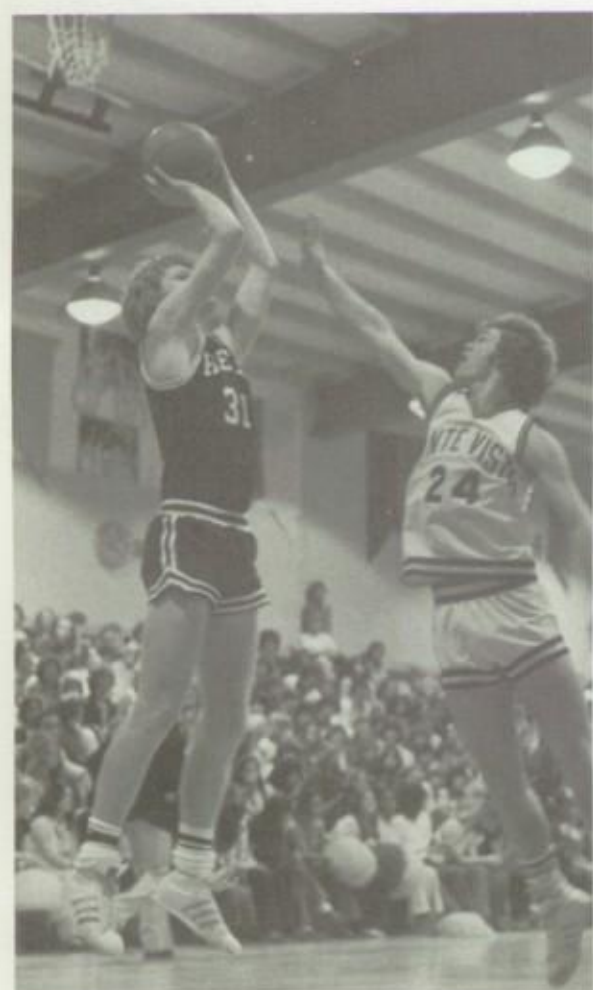
Coach Edge Assumes Challenging Task

In pre-season ratings this year's basketball team was rated fourth in the county and first in the Grossmont league. First year varsity coach Art Edge faced a real challenge replacing coach Gordon Nash who was one of the "winningest" coaches in San Diego County. Before league play began, the team finished well in Mt. Helix Invitational Tournament taking third place. But when league play began they got off to a slow start and dropped their first two games to Grossmont and Mt. Miguel. The team continued league play inconsistently until they sharpened up to start a four game winning streak as of January 30th, putting them in fourth place with a record of 6-5. The team played fast-break ball displaying a strong offense but lacked in teamwork and foul control on defense. Outstanding players both offensively and defensively were senior Mike Wills and Barry Oliver and junior Larry Brooks. Wills overall game high was 27 points which he achieved in three games. Wills led the team in scoring with an average of 19 points per game. Other team contributions were made by senior guards Tom Bruner and Mike Ryan who carried the offense with their ball handling. Senior Steve Whitcomb contributed to the defense along with junior Kent Dorrell who helped in scoring and rebounding. With five games left in league play, Coach Edge felt that they had a good chance of making the CIF playoffs if they kept up the level of performance they exhibited in their winning streak.

Top: Junior Larry Brooks towers over a Valhalla player to shoot for two. **Center Left:** Senior guard Tom Bruner slips inside to score two points. **Center Right:** Senior Steve Whitcomb gets a shot off from the middle of the key. **Bottom:** Coach Edge discusses game strategy during a crucial time out against Valhalla. **Page 149—Top:** Team members: Mark Bonner, Rick Bradley, Larry Brooks, Tom Bruner, Kent Dorrell, Charlie Johnson, Barry Oliver, Mike Ryan, Bart Sardo, Mike Wills, Steve Whitcomb, Coach Art Edge, Manager Mark Zulauf, Statistician Jenny Bourbiel. **Left:** Senior Mike Wills shows perfect form as he makes a jump shot. **Center Right:** Senior Barry Oliver shoots a free throw. **Bottom Right:** Larry Brooks skies to win a jump ball for our team.



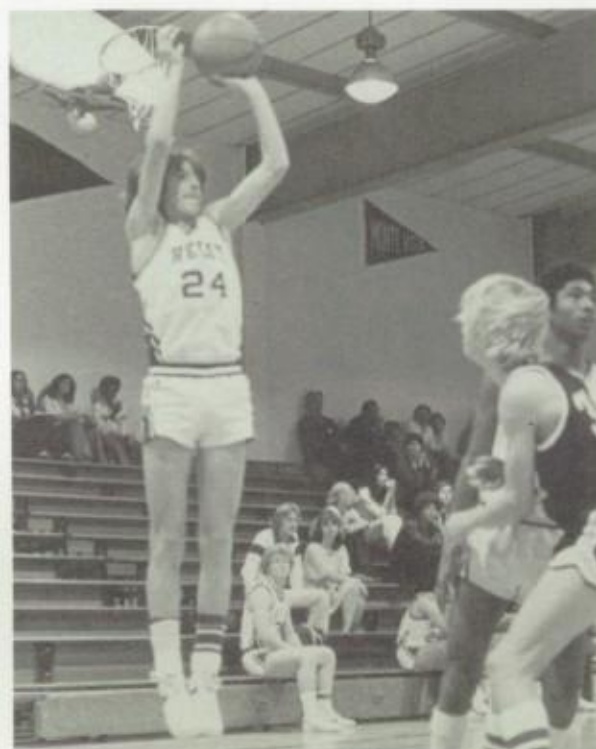
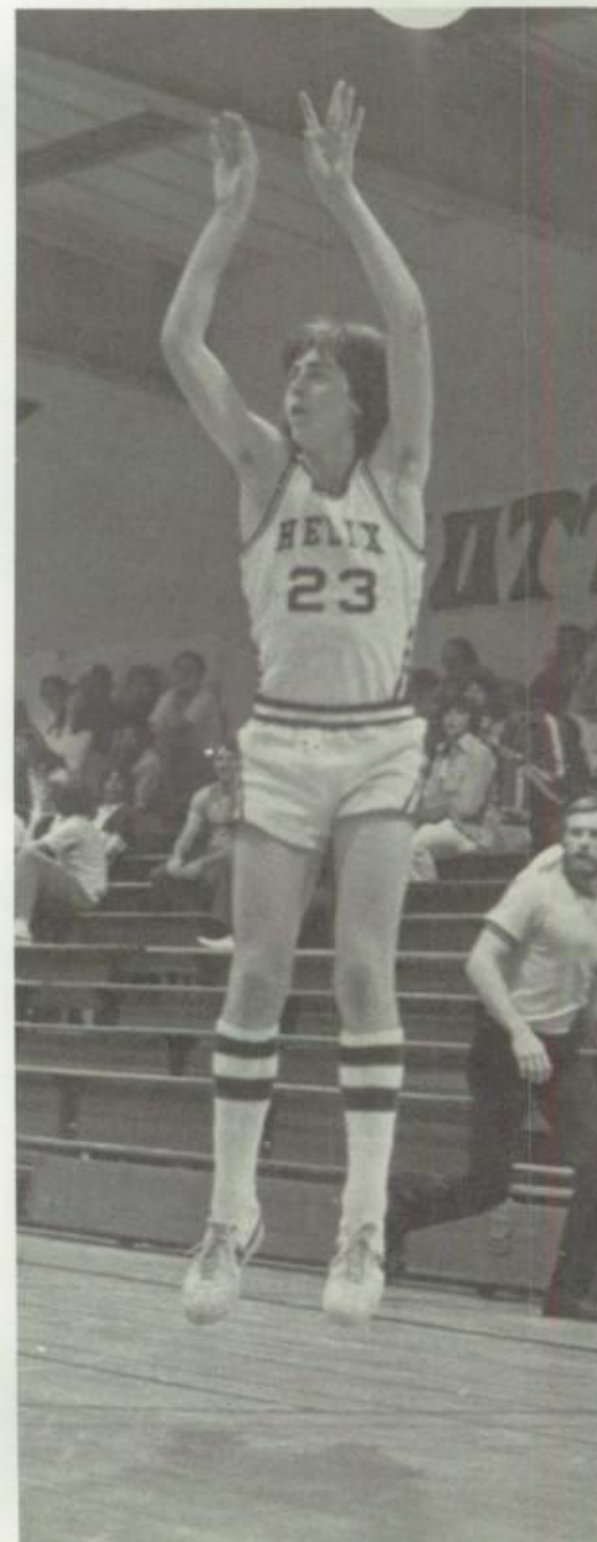






Page 150—Top Left: The team huddles up during a time out to get some direction from Coach Edge. **Top Right:** Junior Kent Dorrell jumps high over an El Cap opponent to contribute to the win. **Center Left:** Tom Bruner takes to the free throw line to score two points. **Bottom Left:** Barry Oliver shoots for two in a crucial game against Monte Vista. **Bottom Center:** Mike Wills gets off an easy shot to score over a Valhalla player. **Bottom Right:** Senior guard Mike Ryan gets a layup on a fast break against El Cajon. **Page 151—Top Left:** Steve Whitcomb pulls up for a shot in a win over Santana. **Top Right:** Guard Barry Oliver looks up from his dribble to find an open teammate. **Center Left:** Kent Dorrell takes a jump shot from the corner in the first round game of CIF against Santana. **Center Right:** Senior Charlie Johnson puts up a shot over a Valhalla player. **Bottom Left:** Senior guard Rick Bradley slips inside to score two points against Grossmont. **Bottom Right:** Larry Brooks powers up a shot under the basket in a win over Grossmont.







Chris,
too bad we didn't
have any classes
this year. see ya
around Bernies next
year.
Karyne

JV Finishes Season As League Champs

The JV basketball team, under the coaching of John Singer, finished the season as league champs with a record of 14-2. Leading scorers for the team were junior Don McAdams and freshman Allan Durden who both averaged 13 points per game. Team captain sophomore Bobby Evans added to the offense with an average of 7 assists per game. Other outstanding players were Billy Evans and Mark St. John. The team had an outstanding season and will be a great asset to next year's varsity team.



Page 152—Top Left: Team members: Allan Durden, Kevin Durden, George Espinoza, Billy Evans, Bobby Evans, Maurice Hamilton, John Iraci, Randy Lydy, Don McAdams, Danny Nicholson, Joey Salmon, Mark St. John, Andrew Wedde and coach John Singer. **Top Right:** Junior Randy Lydy makes a layup on a fast break. **Center Left:** Sophomore guard Bobby Evans maneuvers around the opponent with his dribbling ability. **Center Right:** Freshman Billy Evans gets off a shot from the corner in a win over Santana. **Bottom Left:** Freshman guard Allan Durden penetrates El Cap's defense to score two points. **Bottom Right:** Sophomore Mark St. John takes a jump shot over the opponent. **Page 153—Top Left:** Don McAdams muscles up a shot against El Cap. **Top Right:** Sophomore Maurice Hamilton slips inside the defense for a layup. **Bottom:** Coach Singer gives the players some helpful words during a timeout.



Soccer Team Has Improved Season

The 78-79 Varsity Soccer Team was led by seniors Wade Sinnen, Jay McNamara, Howard Hawver, Steve Shaffer, Hugo Flores and Randy Darland. Bob Winans coached the team this year replacing Richard Dye at the position. The team also benefited from two of last years all leaguers, Hugo Flores and Jay McNamara. The teams overall performance showed promising effort by defeating top ranked Valhalla 3-0.

Page 154—Top: Varsity Team Members: Tony Beck, Wade Sinnen, Jay McNamara, Keith Lovell, Rodney Mierop, Randy Ecklar, Tom Gardner, John Seeman, Howard Hawver, Coach Bob Winans, Kim Sandberg, Steve Shaffer, Chris Audia, Eric Croxall, Philip Berg, Todd Dorworth, Hugo Flores, Randy Darland, Jay Strandberg, Gary Shaffer, Not Shown: Vince Cappello, Arthur Knori, and Bryon Glenn. **Middle left:** Tod Dorworth drives ahead of Grossmont opponent. **Middle right:** Hugo Flores kicks the ball into play against Monte Vista. **Bottom left:** High shot is headed down by Randy Darland. **Bottom right:** Team members cheer after a Helix score. **Page 155—Top left:** Jay McNamara prepares to attempt a goal. **Top right:** Wade Sinnen dribbles the ball down the field. **Middle:** Team members Jay McNamara, Howard Hawver, Wade Sinnen, and Keith Lovell. **Bottom:** Goalie Rodney Mierop concentrates on the action down field. **Bottom right:** John Seeman boots the ball to a teammate.



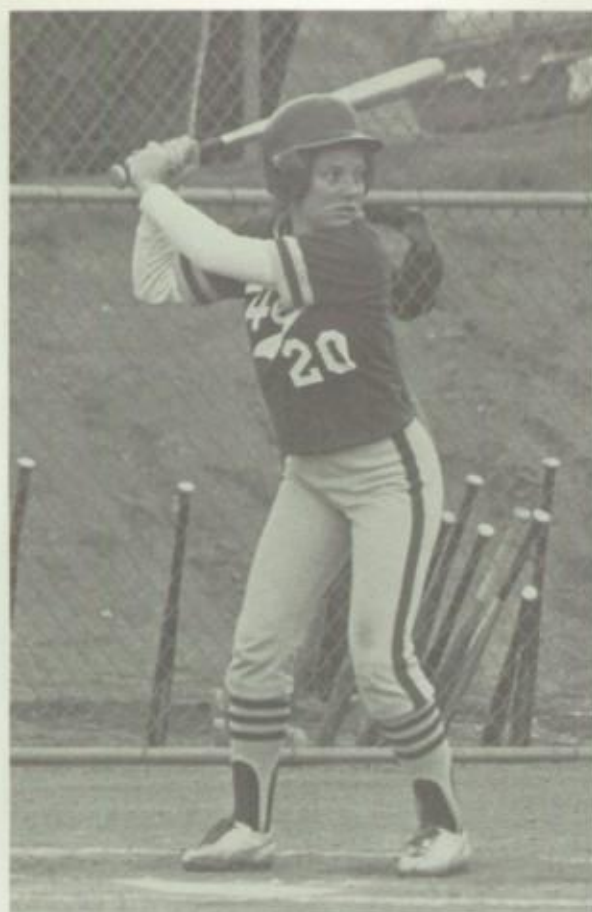
Softball Puts Up A Tough Defense

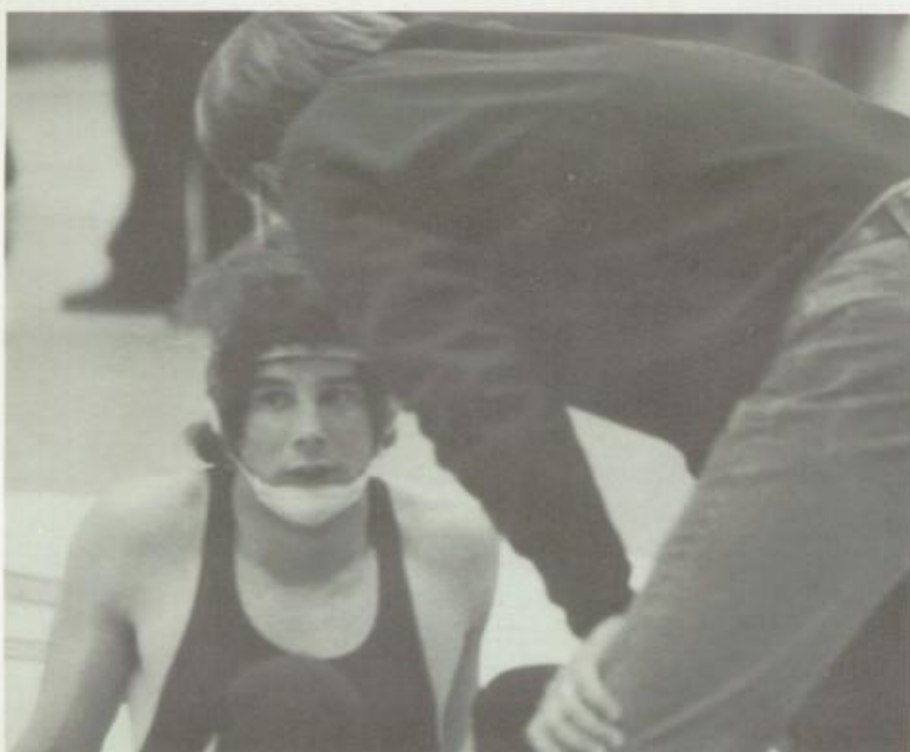
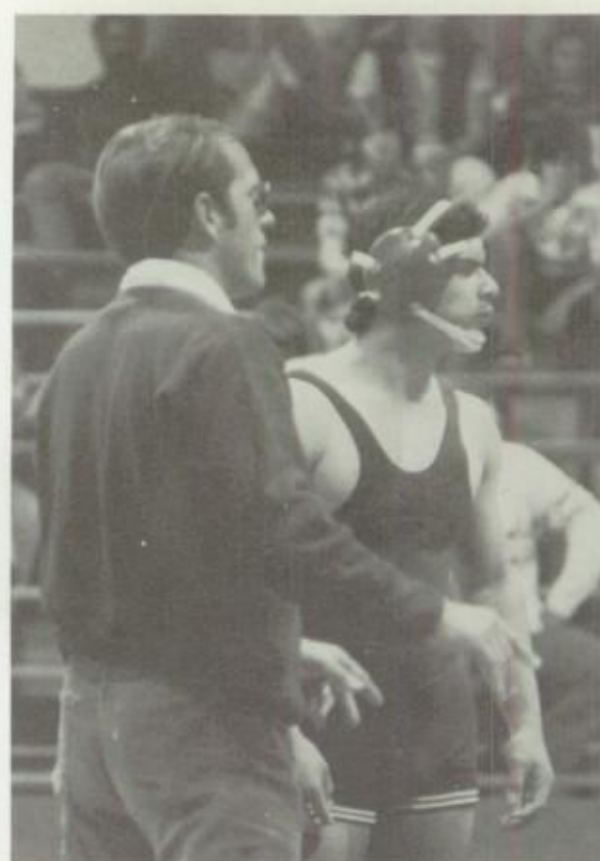
The 1979 varsity softball team had a fresh start this season with a new coaching staff and only three returning varsity players. The team was under the coaching of Pauline Romanowski and assistant coach Trish Mendoza. Three juniors were the only returning varsity players, Susan Arellano, Lynne Cherry and Terri Nicholas. Seniors Karen Robertson and Lisa Gleason were chosen as captain and co-captain. The team put up a very tough defense with Terri Nicholas leading them on with her strong pitching ability. Terri also received honorable mention in the Grossmont league. They were a little slow in developing their offense causing them to drop a number of close games. Their final league record was 6-12.

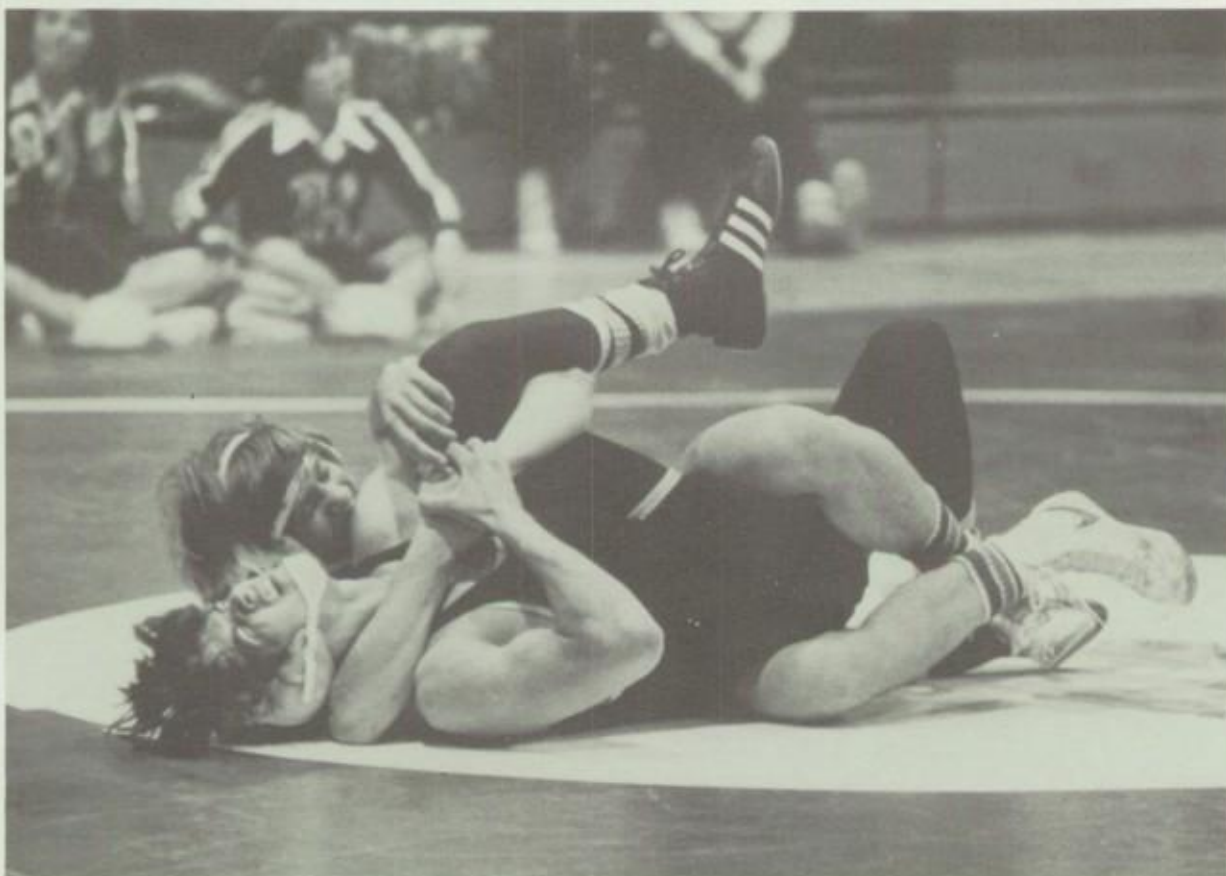
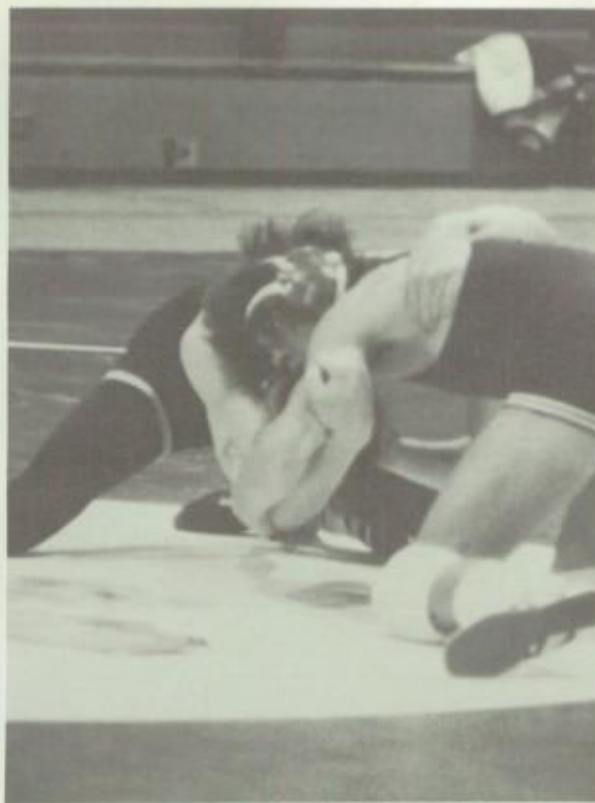
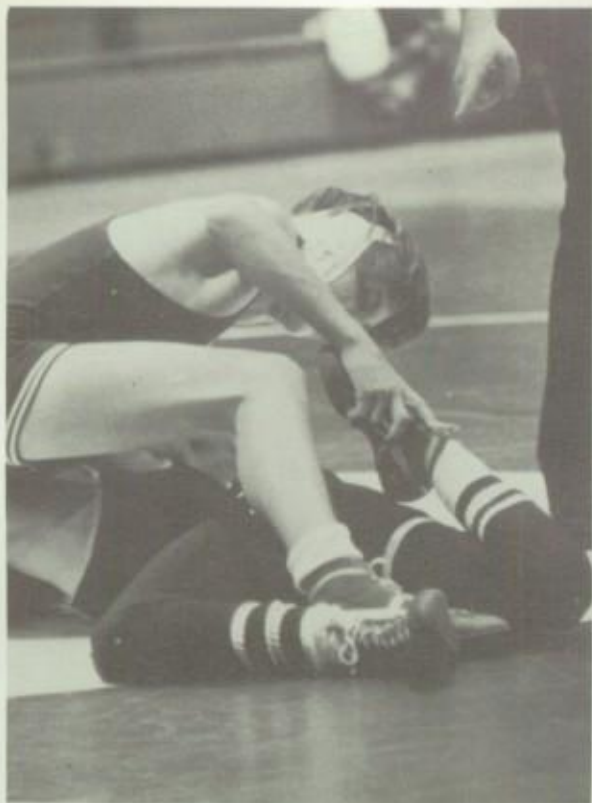
The JV team finished in a three-way tie for first with Granite Hills and Santana. Their final league record was 14-4. Susan Swanson was team captain with sophomore Mindy Shacklett as co-captain. Under the coaching of Jan Esslinger and assistant coach John Alvarez the team had a very successful season with all around defensive play.

Top: Freshman Wendy Whitcomb contributes to a victory over Christian. **Center Left:** Freshman Robyn Demchak shows good form while pitching in a win over Santana. **Center Right:** Susan Swanson takes position at second base. **Bottom:** Team members: Cindy Arellano, Denise DeChaine, Robyn Demchak, Tina Frank, Toni Gallo, Lisa Johnson, Lynn Lemieux, Cathy McCarthy, Michele Mitchell, Mindy Shacklett, Susan Swanson, Wendy Whitcomb, Karla Wurzel, coach Esslinger and assistant coach John Alvarez. **Page 157—Top Left:** Lynne Cherry awaits a pitch in a game against Santana. **Top Right:** Team members: Susan Arellano, Lynne Cherry, Lisa Gleason, Minette Lemieux, Kim Miller, Patrice Miller, Kim Morton, Cindy Moser, Terri Nicholas, Kim Osuna, Kathy Pires, Karen Robertson, Mary Stevens, coach Romanowski and assistant coach Trish Mendoza. **Center Left:** Freshman varsity player Kim Morton in position at third base. **Center Right:** Captain Karen Robertson makes a throw to first base during warm-up. **Bottom Left:** The team huddles up before an inning to encourage the pitcher. **Bottom Right:** Terri Nicholas fires one to the plate.









Wrestlers Found Season Challenging

The 1978-79 varsity wrestling team experienced a challenging season. With only five returning lettermen the team relied upon the support of the underclassmen. Sophomore Al Fernandez lost only two out of eight matches. Team leaders were co-captains Scott Anderson and Kenneth Jenkins. Scott joined the team late in the season due to C.I.F. football playoffs, and finished by winning the league championship in the 178-pound class. Undefeated senior Kenneth Jenkins finished the season by winning the league championship in the 141-pound class and placing 2nd in C.I.F. finals at El Camino High. At the California State Wrestling Meet Kenneth finished 5th in competition. With the experience gained this season, coach Dick Langston and the returning members of the team are already planning next year's winning strategies.

Page 158—Top Left: Varsity wrestling team members included Joe Ciaccio, Andy Casper, Mark Casper, Brian Jackson, Jim Ekhaml, Joe Page, Tom Morris, Kenneth Jenkins, Al Fernandez, Bill Collier, Nick Zambito and Wayne D'Adamo. Not pictured is Scott Anderson. They were coached by Dick Langston.

Top Right: Coach Langston gives sophomore Al Fernandez a final prep talk prior to facing his opponent.

Center Left: Senior Scott Anderson takes a breather and discusses his next move with Coach Langston.

Center Right: Grossmont League champion Kenneth Jenkins and his father await an upcoming tournament match.

Bottom Left: Coach Langston yells encouragement to one of his wrestlers.

Bottom Right: Scott Anderson attempts to free his leg from a Valhalla opponent.

Page 159—Top Left: Senior Tom Morris rides his El Cap opponent to victory.

Top Right: Junior Joe Page prevents a takedown from his El Cap opponent.

Center: Varsity wrestlers support a teammate by clapping him on to victory.

Bottom: With winning determination, senior Kenneth Jenkins uses a cradle hold to pin his El Cap opponent.

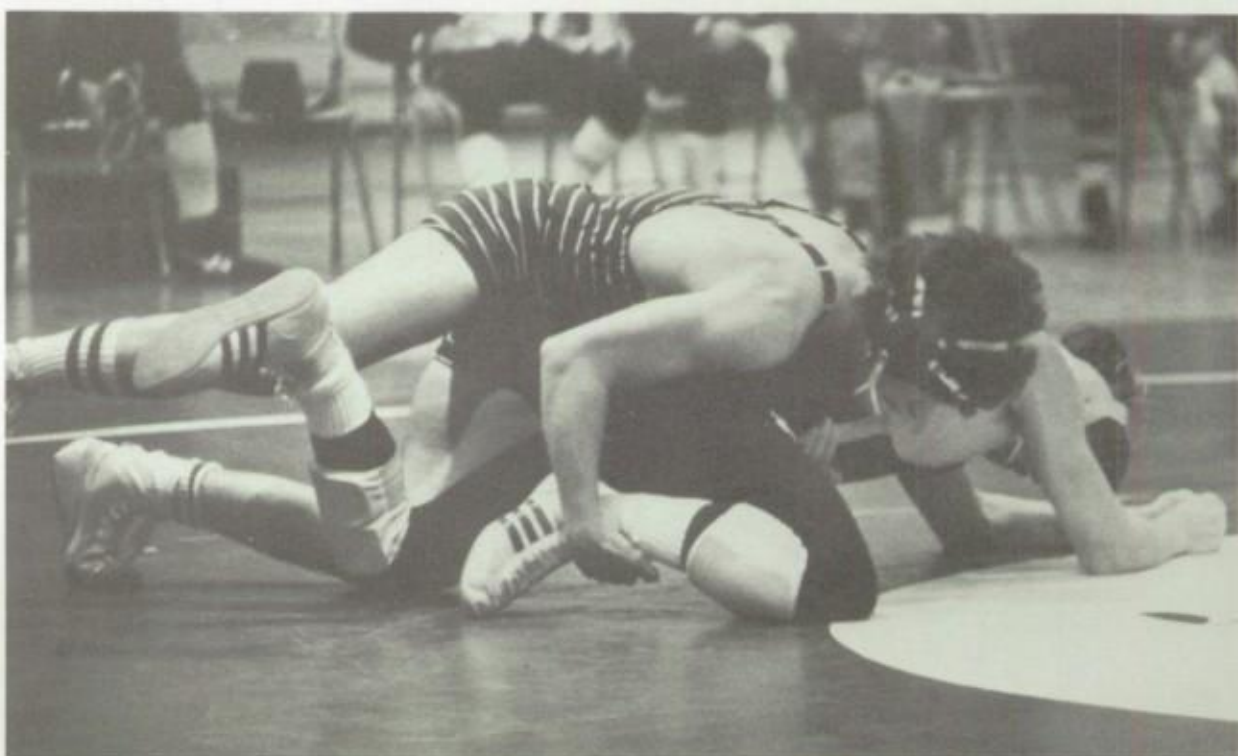
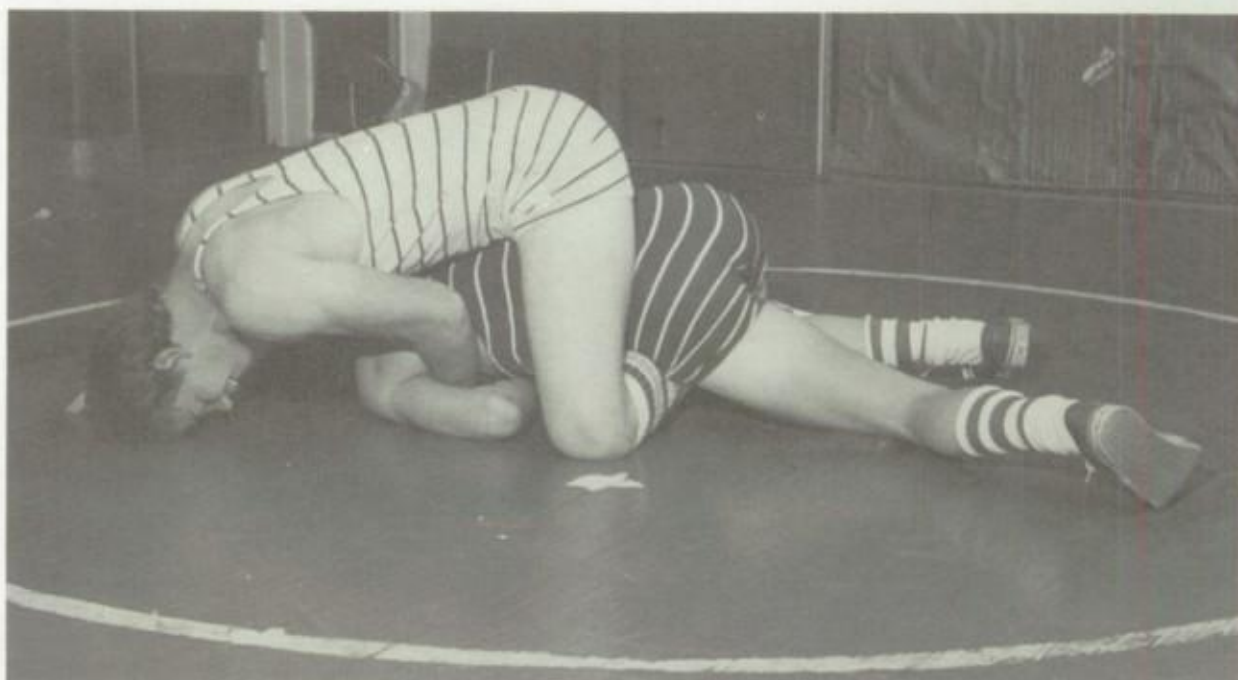


J.V. Wrestlers Gained Experience

Although this year's junior varsity wrestlers finished with a 3-4 record, they gained valuable experience in preparation for varsity competition in the future. Among those who turned in excellent individual performances were Tom Jenkins with a 6-1 record in league, Bill Collier and Mike Willis who wrestled both varsity and junior varsity, and Jeff Tanzola, Travis Downs, David Ledesma, Paul Trent and Bill Wright who all improved greatly over the season. They were coached by Don Van Hook.

Team Roster

Name	Weight Class
Bruce McDonald	95
John Ekhaml	105
Tom Cook	114
Robert King	120
Lewis Sacrelli	129
Tom Jenkins	140
Mike Willis	147
Bill Collier	147
David Chenelle	133
Larry Solomon	156
Jeff Tanzola	167
Bill Wright	177
Paul Trent	177
Travis Downs	191
David Ledesma	Hwt





Varsity Track

Loaded With Talent

This year's varsity track team was composed of several talented athletes from the 1978 league championship team. With impressive wins over Grossmont and Valhalla, the team anticipated another strong season. Pictured **Top Left** is Bill Cleves who was also a member of the C.I.F. cross-country championship team. **Top Right**—Senior Steve Whitcomb competing in the Jack-In-The-Box Indoor Games captured third place. **Center**—Sprinter Larry Brooks breaks the tape in the 220-yard dash against Valhalla. **Bottom Left**—880 runner Wayne Savage finished third in the Jack-In-The-Box Indoor Games. **Bottom Center**—Senior Mark Bailey had a strong performance in shot put and discus throw in the meet against Grossmont. **Bottom Right**—Senior Bruce Cramer competed in the triple jump against Valhalla capturing second place.

Head coach Mike Muirhead was assisted by David Van Matre (junior varsity), Rob Barnet (girls), Jim Arnaiz (hurdlers), Ray Hernandez, Gary Roscoe and Chris Norman (shot put, discus).



Varsity Combined Individual Effort With Team Spirit

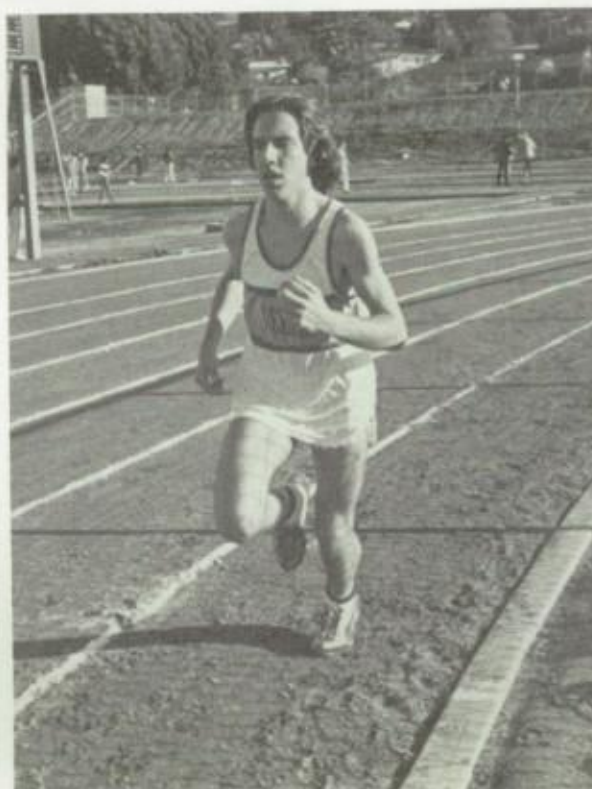
Combining individual effort with team spirit were the elements which provided this year's track team with a promise for an exciting and victorious season. The combination of Bill Cleves, Steve Whitcomb and Wayne Savage led the team in distance running while Rick Faucher and Wade Stone were the top hurdlers. Standout sprinters were Ron Howerton, Drew Hertsch, Bruce Cramer and Larry Brooks. Field event leaders included Mark Bailey in shot put and discus, Tom Walsh in the pole vault, Scott Paasche and Brian Schroeder in high jump, and Bruce Cramer in long and triple jump.

Page 162—Top: Ron Howerton and Drew Hertsch pass the baton in the 440-relay against Grossmont. **Center Left:** Senior Tom Walsh clears the pole vault at 13 feet capturing first place in the Valhalla meet. **Center Right:** Senior Paul Agnew captures a first place in the meet against Valhalla. **Bottom:** Rick Faucher and Wade Stone placed first and second respectively in the meet with Grossmont.

Page 163—Top: Varsity track team members included, **top row:** Lon Postulka, Mark Bailey, Rick Faucher, Ken Devaney, Brian Schroeder, Scott Anderson, Kevin Junior, Larry Brooks, Tom Walsh, Scott Paasche, Dwayne Jackson; **center row:** Head Coach Mike Muirhead, Wade Stone, Bill Cleves, Steve Whitcomb, Bruce Cramer, Paul Agnew, Jeff King, Eric Edwards, Bill Walton, Steve Capitano, Rodney Mierop, Eugene Cureton, Wayne Savage, Willie Major, Drew Hertsch, Neil Hertsch; **bottom row:** Willie Williams, Bob Jenke, Guy Sardina, Adam Parra, Danny Rodriguez, John Altwegg, Joe Page, Mark Cardenhire, Scott Miller, Rick Nelson, Rusty Diehl, John Seeman. **Center Left:** Senior Steve Whitcomb set a record in the mile (4:18) in the meet against Valhalla. **Center Middle:** Junior Dwayne Jackson placed second in long jump against Valhalla despite a strong headwind. **Center Right:** Senior Drew Hertsch displays aggressive style in the quarter mile race at Valhalla. **Bottom Left:** Senior Brian Schroeder clears the bar in high jump competition against Grossmont. **Bottom Right:** Junior Scott Paasche goes over the bar to take a first place in the season opener against Grossmont.









Junior Varsity Improved With Age And Experience

The 1979 Helix J.V. Track Team, under the leadership of Coach Mike Muirhead and Dave Van Matre, had a very successful season. Many of these athletes were standouts: Kevin Durden in the hurdles, Bob Jeckel in the High Jump and 440, Steve McDaniel in the Pole Vault, Wayne D'Adamo in the Shot Put and in the sprints Jay Strandberg, Steve Hicks and Mark Hall. There also were great distance runners John Seeman, Guy Sardina and Mike Parra.



Page 164—Top Right: Kevin Durden crosses the finish line in first place in the J.V. High hurdle, with Mark Hall close behind. **Top Center:** Sophomore Bob Jeckel performed well in the running races as well as the high jump. **Top Right:** John Seeman ran well, in the meet against Grossmont, in the J.V. mile and 880. **Center:** Helix J.V. Team: Top Row: Maurice Hamilton, George Espinosa, Mark Hall, Jim Stuczynski, Paul Edwards, Karl Dorrell, Allen Durden, Doug Thomas, Dave Potter, Kelly Buckley, Kevin Durden, Bill Wright. **Center Row:** Bob Jeckel, Steve McDaniel, Soren Megling, John Merrill, Steve Howard, Tom Pruet, Steve Hicks, Paul Bateman, Craig Gallowry, Stan Agvilar, Brad Baehr, Phil Stout, Louis Almeida Al Fernandez, Steve Dreesen, Mike Rossi, Craig Knox, Mike Parra, Coach Dave Van Matre.



Bottom Row: John Florence, Jay Strandberg, Andy Casper, Travis Downs, Dave Ldesma, Thomas Reeves, Terry McClough, Wayne D'Adamo, John Naples, Romel Payne, Dale Giernert and Steve Engleke. **Bottom Left:** Mark Spencer runs well in the JV 880 against Grossmont. **Bottom Center:** Guy Sardina had a successful season competing in distance races. **Bottom Right:** Sophomore Travis Downs shows his form in the shot put. **Page 165—Top:** Freshman Allen Durden flies through the air in the JV long jump. **Center:** Sophomore sprinters Steve Hicks and Mark Hall pass the baton in the 440 relay. **Bottom Left:** Bill Wright watches his shot sail to a fine distance against Grossmont. **Bottom Right:** Mike Parra strides his way to a good finish in the distance race.

Girls' Track Team

From the first to the last, every meet of the 1979 girls' track team was exciting. With girls such as Lori Schwartz, Veronica Sirkis, and Lucia Rodriguez, the team was a sure win. Schwartz, Sirkis, Kim McBride, Becky Clark, and Jenni Mucha made up an all-star sprint team. The girls gave great competition not only in sprints, but distance races and field events too. Rodriguez and Dolores Cannizzaro scored points in the mile while Susan Beverage threw discus to add to the total.

Page 166—Top Left: Team leader Lori Schwartz breaks the tape in the 100-yard dash with a time of 11.2.

Top Right: Sophomore Sue Martin powers her way to a fantastic jump.

Center: A clear sweep for the Highlanders in the 110-low hurdles against Grossmont High. Breaking the tape is sophomore Lynn Hunter with teammates Veronica Sirkis and Sue Martin behind.

Bottom Left: Sophomore Yvonne Denos finishes in the 880 with an outstanding time.

Bottom Left: Perfect pass for Linda Groke and senior Kim McBride in the 440-relay.

Page 167—Top: The 1979 girls' track team included Kellie Carter, Sue Martin, Lynn Hunter, Yvonne Denos, Jenni Mucha, Becky Clark, Holly Flynt, Kay Fields, Laurie Kicklighter, Jeanette Vaughn, Cesli McCarthy, Lori Schwartz, Millie Hackworth, Sherri Rose, Lucia Rodriguez, Dolores Cannizzaro, Cilissa Woempner, Vicki Osman, Linda Groke, Veronica Sirkis, Karen Barrer, Kim McBride, Shelly Stifter, Karen Roberg, Jenni Westling, Gina Lowery, Liz Johnson, Denise Dibos, Lori André, Sharon Bruso, Donna Weaver, Linda Roscoe, Barbara Krommes, Marva McInnis, Alison Usher, Judy Nelson, and Sheryl Whelan. Not pictured are Jill Hargrove and Sue Beverage.

Center Left: Top two miler Lucia Rodriguez helps to bring points to the team by running the 880.

Center: Cilissa Woempner and Shelly Stifter have a strong finish in the 880.

Center Right: Junior Linda Roscoe demonstrates good form in the long jump.

Bottom Left: Mile runners Sherri Rose, Vicki Osman and Cilissa Woempner pace themselves together for better times.

Bottom Right: Helix runners Shelly Stifter and Laurie Kicklighter block out Grossmont runners for more points in the 880.







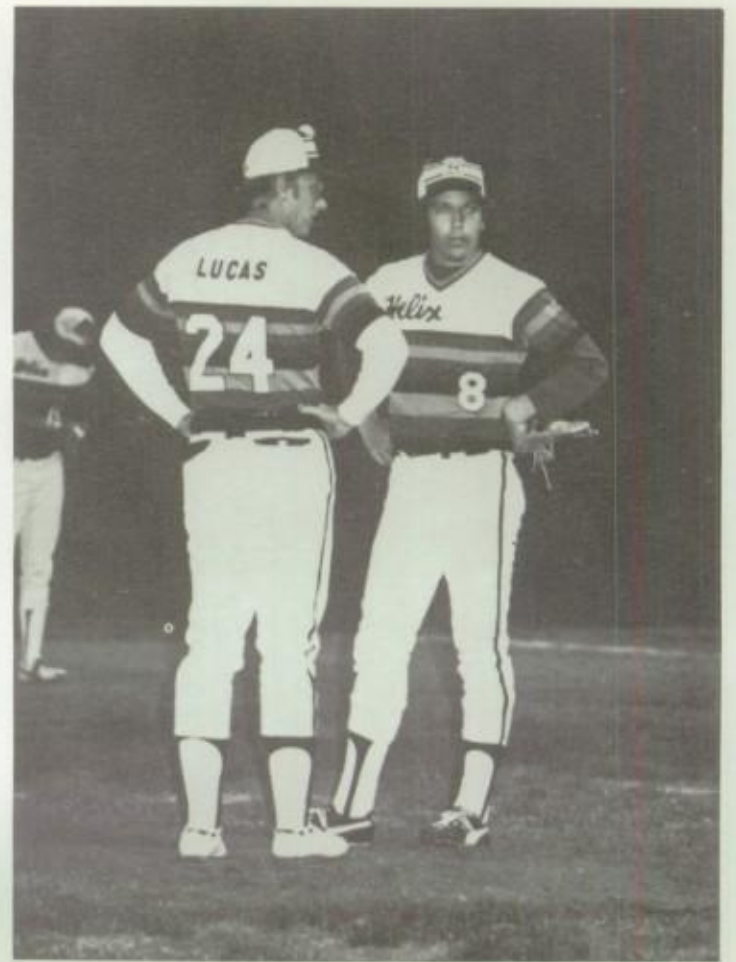


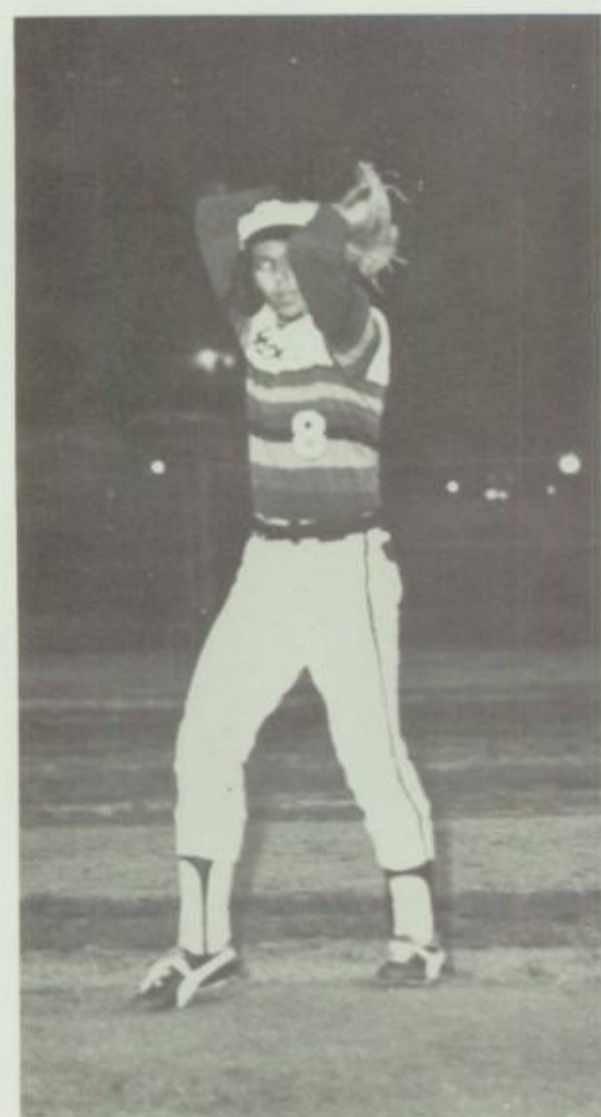
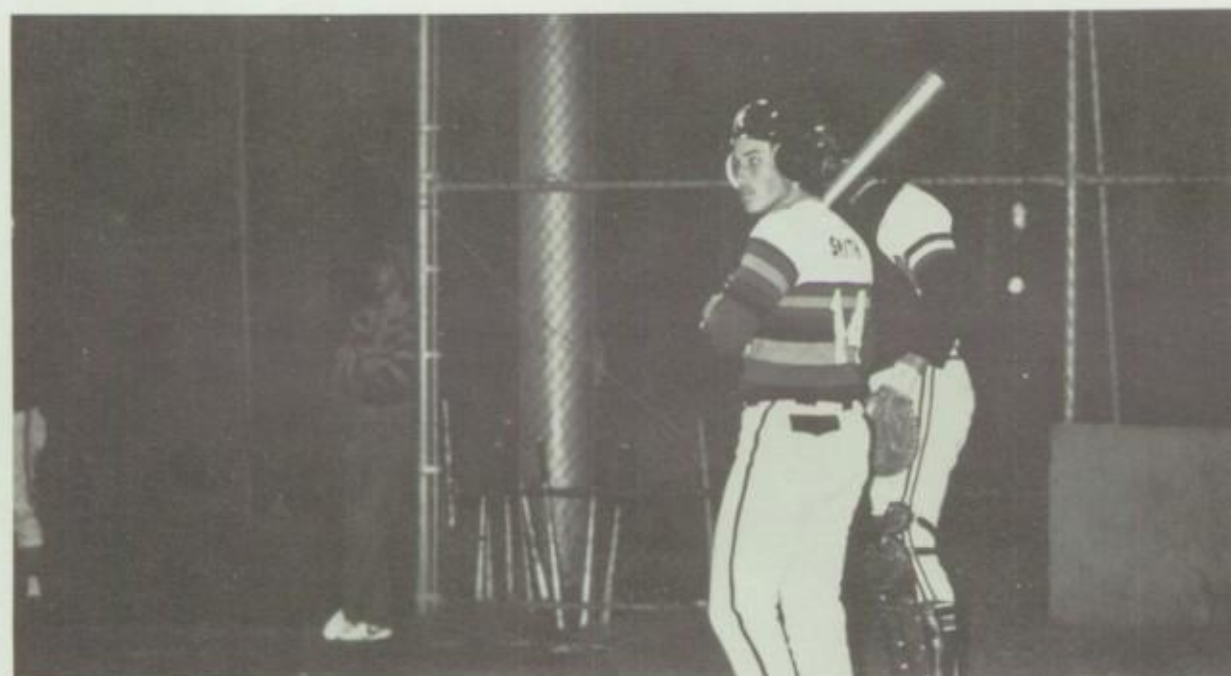
Defending Champs Hope to Regain Title

In opening season play coach Bob Lucas predicted that this year's varsity baseball team could be one of the better teams Helix has had. The team had seven returning varsity players who were all seniors, John Alvarez, Steve Bazzar, Joe Carter, Henry Castro, Jim Oxe, Phil Oynos and Mike Ryan. They were rated second in the county and favored to win the Grossmont league. They started off season play undefeated with a record of 3-0 in non-league games. The team was led by the strong pitching abilities of Phil Oynos and Joe Carter, these two also held up strong outfield play. Backing up the pitching were outstanding infielders Steve Bazzar, Mike Ryan, Henry Castro and John Alvarez with catcher Jim Oxe behind the plate. Two hard-hitting leftfielders up from last year's JV were juniors Casey Tiumalu and Pat Kinsella. Other outstanding outfielders were Jay McNamara and Mark Faucher. Coach Lucas had great hopes of regaining the Grossmont league title after being defending champions for the past two years.



Page 168—Top: Team Members: John Alvarez, Steve Bazzar, Steve Brown, Joe Carter, Henry Castro, Mark Faucher, Byron Glenn, Russ Johnson, Pat Kinsella, Jay McNamara, Jim Oxe, Phil Oynos, Mike Ryan, Jim Smith, Casey Tiumalu, manager Matt Fairweather, assistant coach Bill Johnson and coach Bob Lucas. **Center Left:** Shortstop Henry Castro gets off the ground to catch a driving fly. **Center Right:** Pitcher Steve Bazzar warms up before a game. **Bottom Left:** Coach Lucas prepares the team before a game with some helpful direction. **Bottom Right:** Third baseman John Alvarez is set to tag out an oncoming runner. **Page 169—Top:** Jim Smith, Russ Johnson, Joe Carter, Steve Bazzar and Phil Oynos. **Center:** Casey Tiumalu, Jay McNamara, Steve Brown and Mark Faucher. **Bottom:** Mike Ryan, Byron Glenn, John Alvarez, Jim Oxe, Henry Castro and Pat Kinsella.





Page 170—Top Left: Pitcher Steve Bazzar swings through to get a hit against San Pasqual. **Top Right:** Coach Lucas has a talk on the mound with pitcher Phil Oyo during a timeout against La Jolla. **Center Left:** Casey Tiunmalu comes across the plate to score in a win over San Pasqual. **Right:** Catcher Jim Oxe fires the ball to second base to pick off a base stealer. **Bottom Left:** Mike Ryan runs safely to first base for a single. **Page 171—Top:** Powerhouse batter John Alvarez gets a hit to left field for a double. **Center Left:** Junior Jim Smith looks to Coach Lucas for a signal while going up to bat. **Center Right:** Junior Byron Glenn stands ready awaiting the pitch from the San Pasqual pitcher. **Bottom Left:** Phil Oyo winds up to throw a pitch to a La Jolla batter. **Bottom Center:** Henry Castro warms up on deck while waiting to bat. **Bottom Right:** Jim Oxe goes to the mound to give Steve Bazzar some confident words.

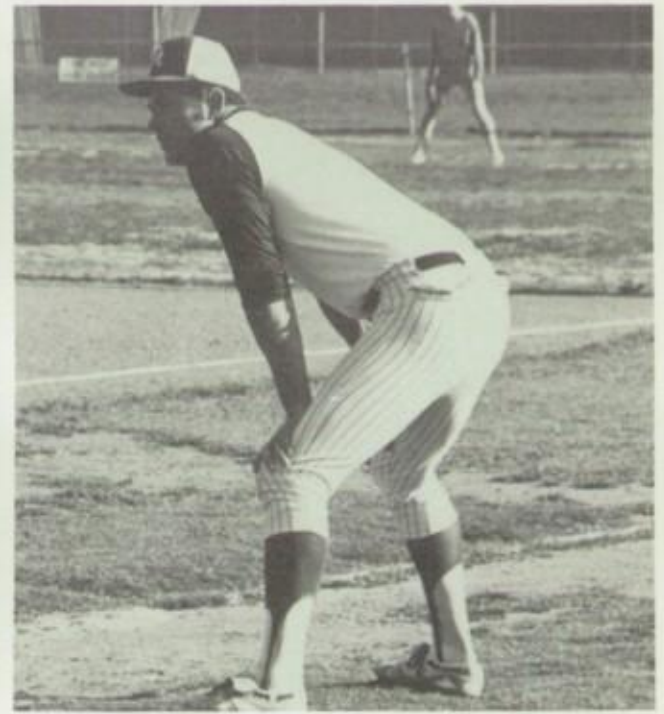


JV Baseball Faced Competitive Season

The JV baseball team expected a very competitive season this year. Under the coaching of Rick Ash and assistant coach Don Van Hook, the team entered league play with a season record of 2-2. They had good pitching abilities and strong hitting and infield play. Outstanding players included sophomores Danny Nicholson, Bobby DeWarwick, Leon White and freshman Jim Plum. Coach Ash was sure that league competition would be very tough and had hopes of finishing the season as one of the top three teams in the Grossmont league.

Page 172—Top: Catcher Jerry Schniepp tags out a La Jolla runner at home plate. **Center Left:** The infielders huddle up at the mound to encourage the pitcher before a big game. **Center Right:** Bobby DeWarwick stands ready at bat awaiting the pitch. **Bottom:** Pitcher Chuck Shaefer shows his form as he throws a fast ball for a strike. **Page 173—Top:** Team members: Matt Barns, Jim Cunico, Bobby DeWarwick, Robert Evans, Randy Krumholz, Raymond Lara, Steve Moser, Danny Nicholson, Randy Olsen, Jim Plum, Mike Reyes, Joey Salmon, Mark Saunders, Chuck Shaefer, Jerry Schniepp, Kevin Weinzapfel, Leon White, Darin Wittingham and coach Rick Ash (assistant coach Don Van Hook not pictured). **Center Left:** Third baseman Steve Moser and shortstop Jim Plum get set to play tough defense. **Center Right:** Coach Ash watches his team intently from the sidelines. **Bottom Left:** Mark Saunders lays down a bunt to try to advance a runner to second base. **Bottom Right:** First baseman Darin Wittingham and second baseman Mike Reyes get ready to back up the pitcher on defense.





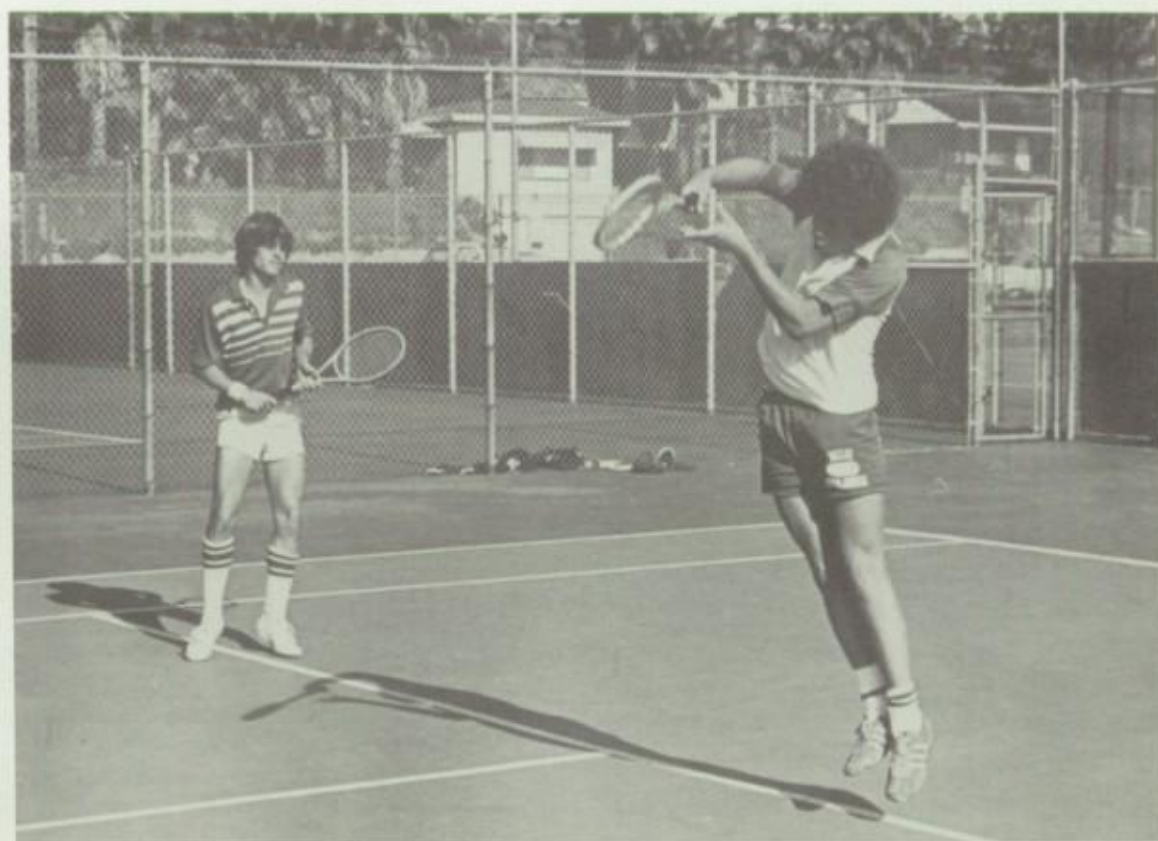
Varsity And J.V. Tennis Teams

Backhanded Rivals

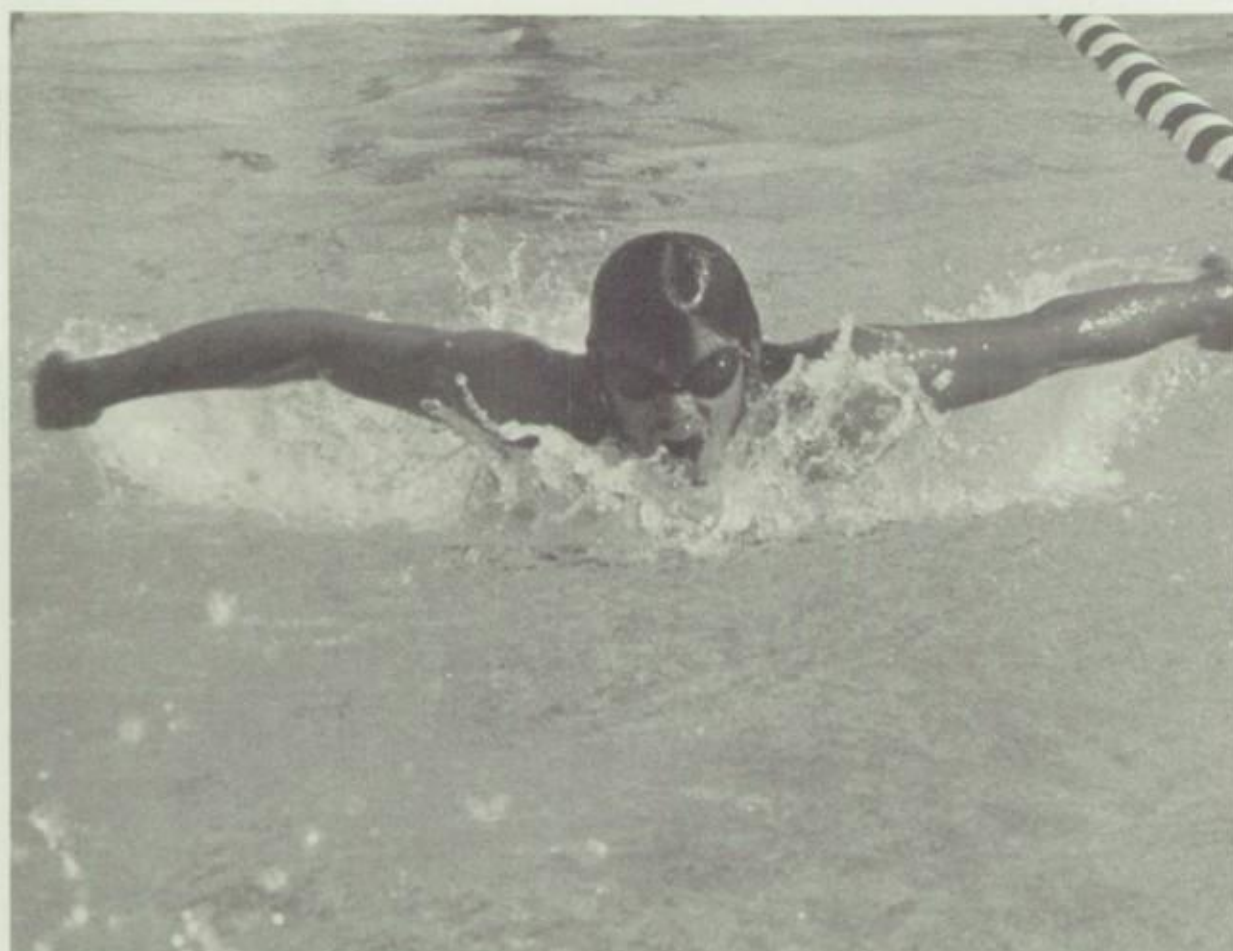
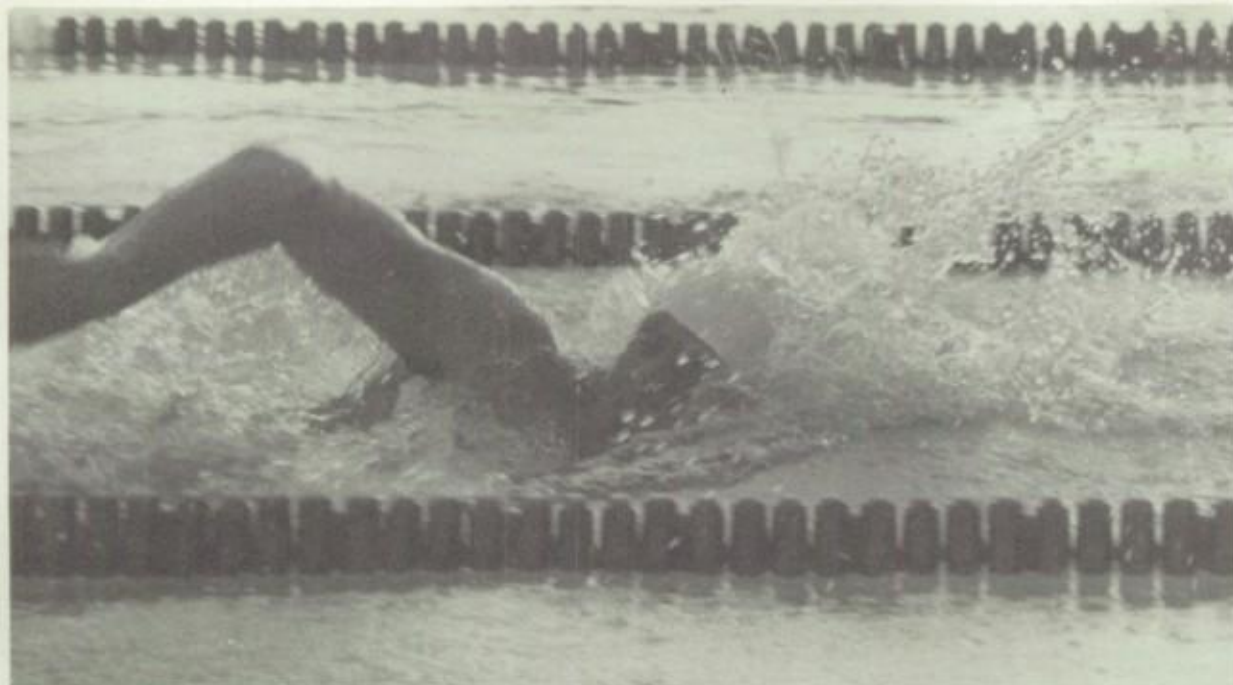
This year's varsity tennis team benefitted from four returning lettermen. They are Jim Turner, Bob Ramsey, Rengo Rajendran and Earl Gutgesell.

Page 174—Top Right: Varsity Tennis Team: **Front:** Dean Way, Bob Ramsey, Ivan Hayward, Chris Perkovac, Steve Boettcher. **Back:** Coach Ross Walker, Rengo Rajendran, Tim Frazee, Jim Turner, Earl Gutgesell, Ty Taylor, Tom Biehl, and Chris Danielson. **Middle Left:** Ivan Hayward prepares to return the ball to an opponent. **Middle Right:** Rengo Rajendran displays a "you've had it now" victory smile. **Bottom Right:** Jim Turner is accredited to be the top varsity singles player. **Bottom Left:** Ty Taylor concentrates on his opponent's performance. **Page 175—Top Left:** Dean Way positions himself to react to a serve. **Top Middle:** Bob Ramsey rushes upon a backhand shot. **Top Right:** Tim Frazee springs into his next shot. **Middle Left:** JV Tennis Team: **Front:** J. Bloom, P. Barend, S. Bradley, J. Reichert, R. Schuster, M. Strauss. **Back:** S. Wong, C. Cargile, M. Thompson, A. Beck, R. Tom, M. Sada, P. Kaplan, M. Zulauf. **Not Pictured:** E. Kruger, D. Selder, D. Wuebold, M. Bonine, T. Hennessey, G. Oliver, R. Gardner, E. Apostathis, M. Johnson, S. Wagner, J. Surber, K. Lattery, and T. Semi. **Middle Right:** Earl Gutgesell demonstrates good backhand form seconds before hitting the ball. **Bottom Left:** Steve Boettcher reacts to return the ball over the net. **Bottom Right:** Chris Perkovac smashes the ball over the net as doubles partner Ivan Hayward looks on.









New Swim Coach Adds Vital Element To Team Effort

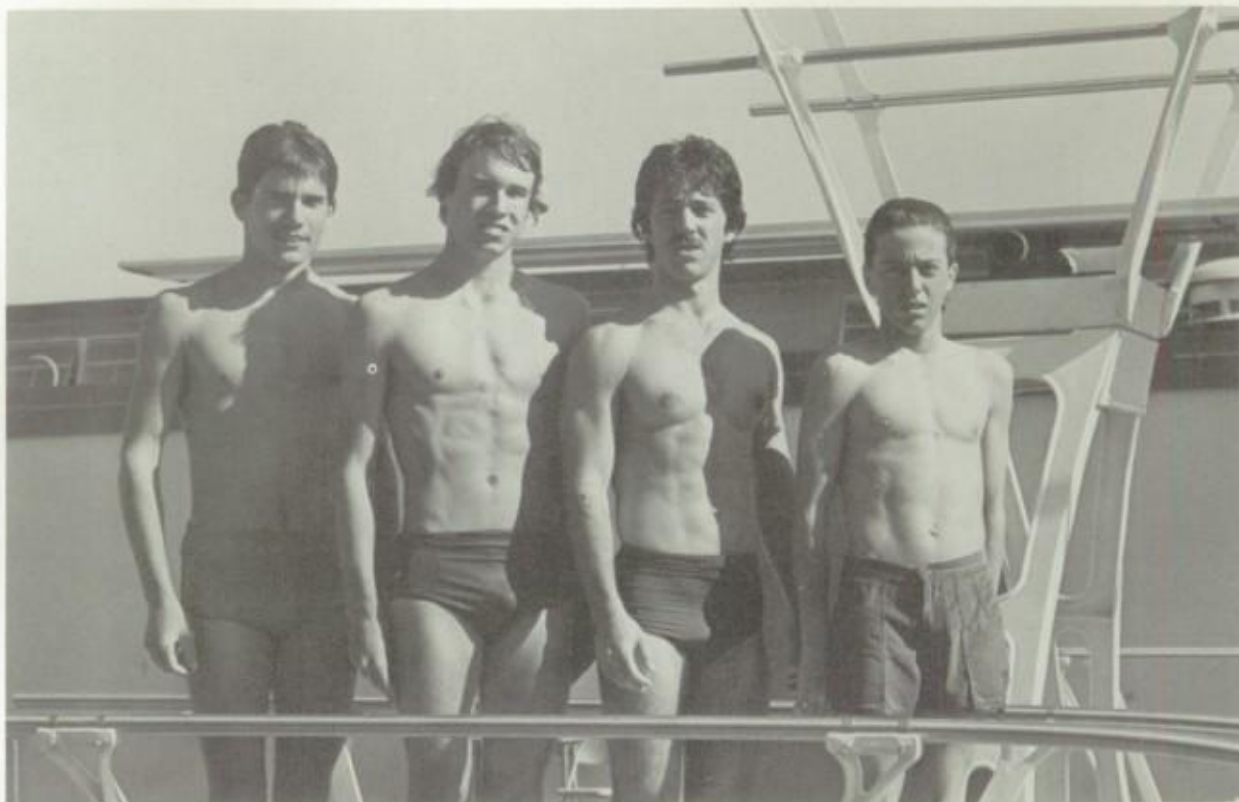
Neither rain, nor sleet, nor cold weather stopped the boys' swim team from their intended goal which was to practice hard and provide competitive effort throughout the season. Led by seniors Rick Chandler, Jon Jacobson, Glen Lee, Jon Morrison and Jerry Sullivan, the team improved with each meet. Three sophomores who gave their opponents a swim to the finish line were Paul Kunkel, Steve Omahen and Glen Hood. First year coach Jon Schmit provided enthusiasm and spirit to the team effort.

Page 176—Top Left: Varsity swim team members included Shawn Remler, Glen Lee, Jon Jacobson, Mark Jacobson, Greg Whitcomb, Don Reynolds, Bill Fornacairi, John Serrano, Dennis Moody, Rob Houghtlin, Glen Hood, Paul Kunkel, Jerry Sullivan, Rick Chandler, Jon Morrison and Steve Omahen. **Top Right:** Senior Jon Morrison competing in the breast stroke. **Center Left:** Senior Glen Lee receives final instructions prior to competition while Jon Morrison and Craig Darling listen in. **Center Right:** New swim coach Jon Schmit and assistant coach Bob Bilz instructing their team in proper technique. **Bottom Left:** Varsity swimmer Jon Morrison competing in the 100-yard breast stroke. **Bottom Right:** Junior varsity team members included Chuck Wagner, Craig Darling, John Proffitt, Trey DeWitt, Scott Hildebrand, Dan Neumeyer, Brad Singer, Chuck Daly, Bill Barham, Bruce Clark, Bryon Hession and Brad Smail. Not pictured are Craig Nunally, Mark McGinley, Carl Berg, Lou Scarcelli and Lou Dial.

Page 177—Top: Senior Jon Jacobson uses all his strength competing in the 200-yard freestyle. **Center:** Senior Glen Lee glides through the water in the 200-yard freestyle. **Bottom:** Senior Rick Chandler competed throughout the season in the 100-yard butterfly.

Helix Divers Sought Respect

This year's diving team was able to combine the consistent scores of returning members Bryan Bloom, Kevin Sprague, Tom Myers and David Wimberly with the steady performance of sophomore David Myers to prove that the team was an opponent to be respected throughout the league. Pictured here are **Middle Left**—Senior Tom Myers, **Middle Right**—Sophomore David Myers, **Bottom Left**—Junior Kevin Sprague and **Bottom Right**—Senior Bryan Bloom. They were coached by Jon Schmit.





Golfers' Goal: Improved Season

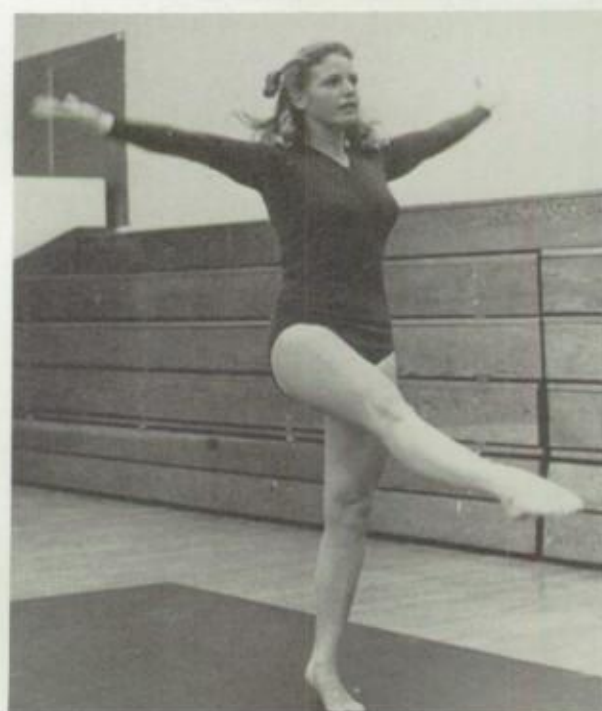
This year's golf team, coached by Warren Vinton, began their season with seniors Steve Martin in the number one position with Frank Claypool in second. Other members of the team included Adam Stransky, Frank Niedzwiecki, Duncan Depew, Mark Rhea, Mike Middleton and Art Knori. Their goal was to improve their season over last year in which the team finished with a 7-9 record and fifth in league.



Gymnasts Showed True Enthusiasm

Although this year's varsity gymnastics team was young and inexperienced, they showed a true measure of enthusiasm. The all-around top competitors were Janet Keais and Joy Durrett while Janie Brown and Leslie Jett performed well on the uneven bars and vault. Carolyn Mathis, Kathy Kindie and Sheryl Jones participated in floor exercise, vault and beam while Tracey Reynolds competed in vault and on the beam. Competing at the optional level in floor exercise were Cammy McGrath, Dennee Torgersen and Shelly Whelan. Coach of the team was Betsy Muller who was assisted by former Aztec gymnastics team member, Jan Cadwalader.

Varsity team members included Sheryl Jones, Tracey Reynolds, Janet Keais, Janie Brown, Jan Cadwalader, Leslie Jett, Kathy Kindie, Joy Durrett, Shelly Whelan, Carolyn Mathis, Dennee Torgersen, Mary James and Cammy McGrath. **J.V. team members** included Shana Nelson, Pamela Smith, Elizabeth Reisch, Kathy Selder, Susan Wittkop, Kelly Danielson, Robin Battleson, Susie Klinkenberg, Patty Taylor, Jeanette Estrada, Debra Brierly, Sarah Peterson and Megan McCallum.





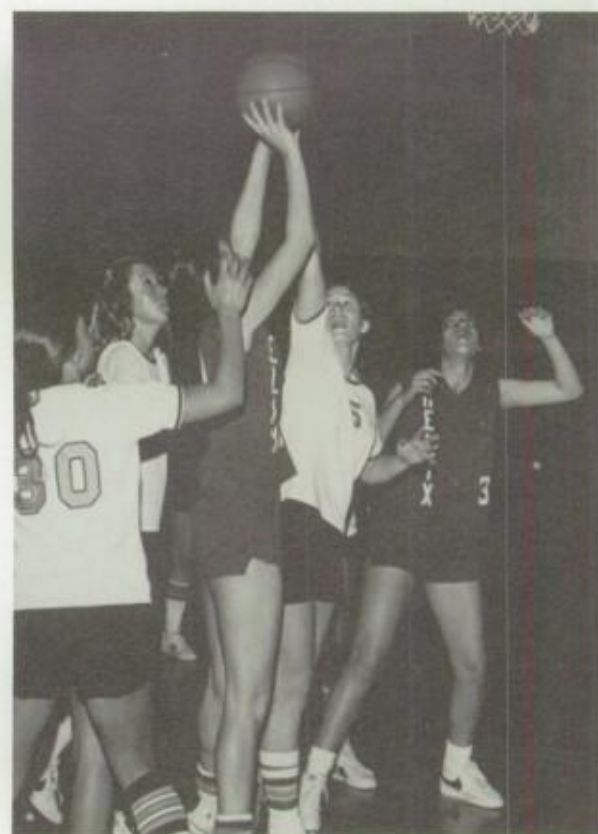
Girls' Basketball

Expected Successful Season

This year's varsity basketball team expected a successful season under first year varsity coach John Singer. Coach Singer had positive expectations of placing high in league action and winning a CIF playoff spot. Returning varsity players were seniors Kim Barrow and Valerie Finlayson, juniors Kathy Bryans, Diana Castro and Martha Espinoza. Junior Liz Wright contributed outstanding efforts to the team along with senior Sharon Epps. Other seniors included Bernadette Bonner and Lori Kellogg. The team displayed strong rebounding while opening league play with a positive start by winning their first two games. Coach Singer felt that they had the potential to take victories over all other Grossmont league teams.

The JV team was also under the direction of a new coach this year, coach Art Edge. The team was fairly unexperienced but were hard working and improved on skills throughout the season. The players displayed a lot of teamwork and determination.

Page 182—Top: Helix girls await the opening tip against Patrick Henry. **Center Left:** Sophomore Wendy Brody gets off a shot over the opponents' defense. **Center Right:** Sophomore Emily Mix puts up a rebound shot. **Bottom:** Team members: Tina Anderson, Nannette Brassell, Wendy Brody, Rosa Bury, Maxine McCullough, Kim Miller, Patrice Miller, Emile Mix, Marilyn Mix, Tammy Mucha, Renee Oliver, Jennifer Velton, Kathy Velton, and coach Art Edge. **Page 183—Top Left:** Diana Castro shoots over a Patrick Henry opponent. **Top Right:** Team members: Lisa Andeleon, Kim Barrow, Bernadette Bonner, Kathy Bryans, Diana Castro, Sharon Epps, Martha Espinoza, Valerie Finlayson, Lori Kellogg, Tracy McPike, Mindy Shacklett, Debbie Theroux, Liz Wright and coach John Singer. **Center Left:** Martha Espinoza takes an inside shot to score two points. **Center:** Guard Kathy Bryans drives around two Patrick Henry opponents to go for a lay-up. **Center Right:** Kim Barrow gets ready to take a shot from the corner. **Bottom Left:** Liz Wright pulls down a strong rebound. **Bottom Right:** The team huddles up at the beginning of a game to listen to Coach Singer's strategy.





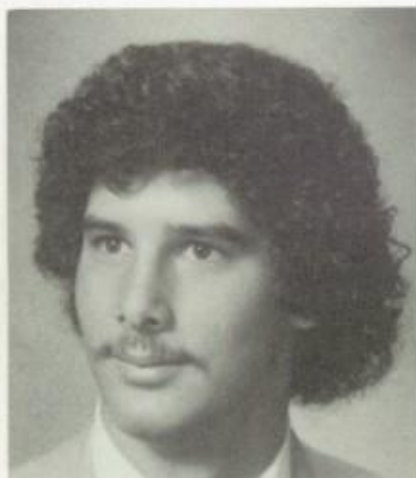
Realbooly,
(Chris)

Hi. It's been a while. So how have you been. I hope that I will be able to go to Helix next year. Because we 3C Shaggy's Girls are going to terrorize Helix. It will be fun. I wish I knew why I liked Addam so much. When I give up a weekend of getting new clothes and getting a bunch of make-up and other shit but no I gave that all up just to see stupid fuckin Addam

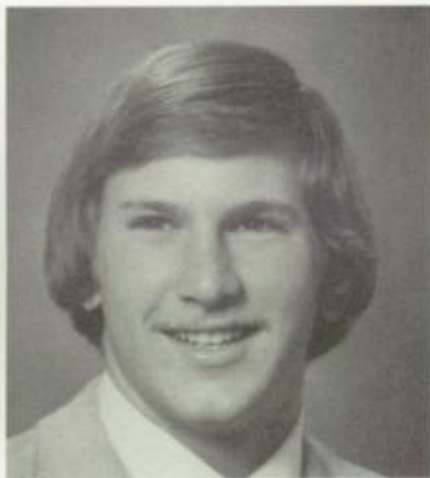
Outstanding Senior Athletes



John Alvarez
Baseball



Scott Anderson
Football, Wrestling, Track



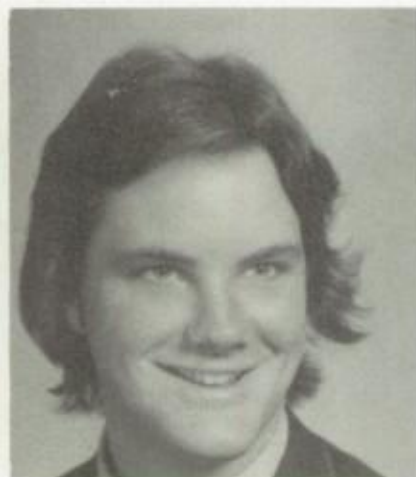
Mark Bailey
Football, Track



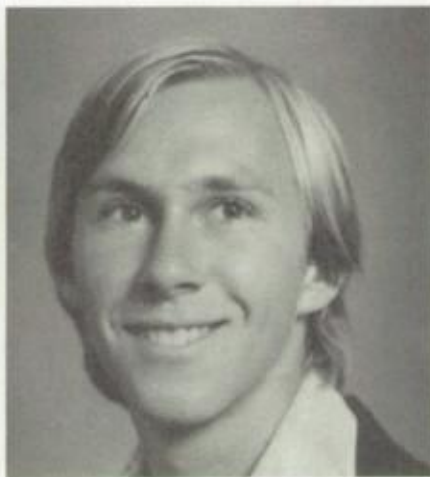
Kim Barrow
Swimming, Basketball



Steve Bazzar
Waterpolo, Baseball



Joseph Carter
Baseball



Frank Claypool
Cross-Country, Golf



William Cleves
Cross-Country, Track



Rosalie Dye
Tennis



Rick Faucher
Football, Track



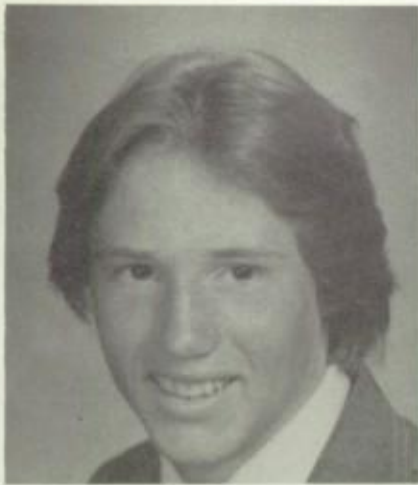
Hugo Flores
Soccer



Drew Hertsch
Football, Track



Kenneth Jenkins
Wrestling



Glen Lee
Waterpolo, Swimming



James Oxe
Football, Baseball



Phillip Oyos
Football, Baseball



Rajendran Rengasamy
Tennis



Lucia Rodriguez
Cross-Country, Track



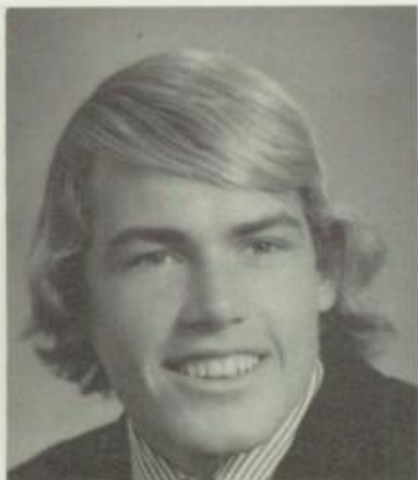
Stacy Smith
Swimming



Wade Stone
Football, Track



Mary Stevens
Volleyball, Softball



Gerald Sullivan
Waterpolo, Swimming



Steve Whitcomb
Cross-Country, Track



Michael Wills
Basketball



David Vance
Football

Honorable Mention

Bruce Cramer.....Football, Track
Rick Chandler.....Swimming, Water Polo
Lisa Gleason.....Volleyball, Softball
Jon Jacobson.....Water Polo, Swimming
Earl Gutgesell.....Tennis
Lori Kellogg.....Swimming, Basketball
Leslie Jett.....Swimming, Gymnastics
Jay McNamara.....Soccer, Baseball
Bob Ramsey.....Tennis
Mike Ryan.....Basketball, Baseball
Karen Robertson.....Swimming, Basketball
Brian Schroeder.....Track
Wayne Savage.....Soccer
Tom Walsh.....Track

Classes



Juniors



Junior Class Officers: Millie Hackworth, President; Larry Solomon, Treasurer; Mario Espinoza, Vice President; and Ted Eubank, Secretary



Class Advisor Bill Melton

Class of 1980



Adalian, Gloria
Adams, Kimerly
Aiken, James
Alden, Derek
Allen, James B
Allen, James L
Allen, Marci

Altwegg, John
Anderberg, Eric
Anders, Dennis
Andolsek, Dean
Andreone, Marie
Andresen, Stacy
Anfinsen, Cinthia

Arakawa, Robyn
Arellano, Susan
Arnette, Jeff
Asbury, Janet
Atkinson, Richard
Auditore, Paula
Azar, Laura

Bailey, Julie
Balogh, Theresa
Balsam, Blair
Banerian, Arlene
Barajas, Georgina
Barlow, Phyliss
Barnicoat, Gregory

Barone, Damon
Barr, Karl
Barr, Pamela
Barrer, Karen
Barrios, Jally
Bartlett, Will
Beal, Elene

Bean, Jeffrey
Beck, Kenneth
Beck, Leslie
Beck, Tony
Bedsworth, Sheridan
Belio, Frank Jr.
Bendixen, Margaret



Berg, Carl
Berg, Robert
Berger, Michael
Berlin, Sherrin
Beyer, Cassie
Black, Terrance
Boettcher, Steven



Bollam, Pamela
Bonilla, John
Bonilla, Rachel
Bonine, Linda
Bonine, Matthew
Bonner, Mark
Boone, Dorothy



Due to the combined efforts of the junior class officers and assistants, a variety of activities were provided for. Among those were the candy sale in October, the car wash in November, the class dance in March, and the class party held at Sea World in June. Assistants included, back row: Byron Glenn, Laurel Hayes, Linda Bonine, Janice Fox, Pam Smith, Marva McInnis, Jeannette Estrada; front row: Matt Bonine, Roland Johnson, John Busker, Bill Westwood; not pictured: Cathy Copeland, Tom Freed, Joey Page and Roy Rozok.



Borja, Gloria
Bourbiel, Jennifer
Bowman, Frances
Boyd, Susan
Boyer, Rick
Bracka, Bettina
Brandon, Carrie



Brannon, Carla
Brealey, Maria
Brooks, Lawrence
Brothers, Jacqueline
Bruner, Brenda
Bryans, Kathleen
Bryant, Belinda



Buchart, Harold
Buck, Jo
Bumpas, Gail
Bunting, Brian
Burnett, Lloyd
Burns, Jeri
Burtless, Mike





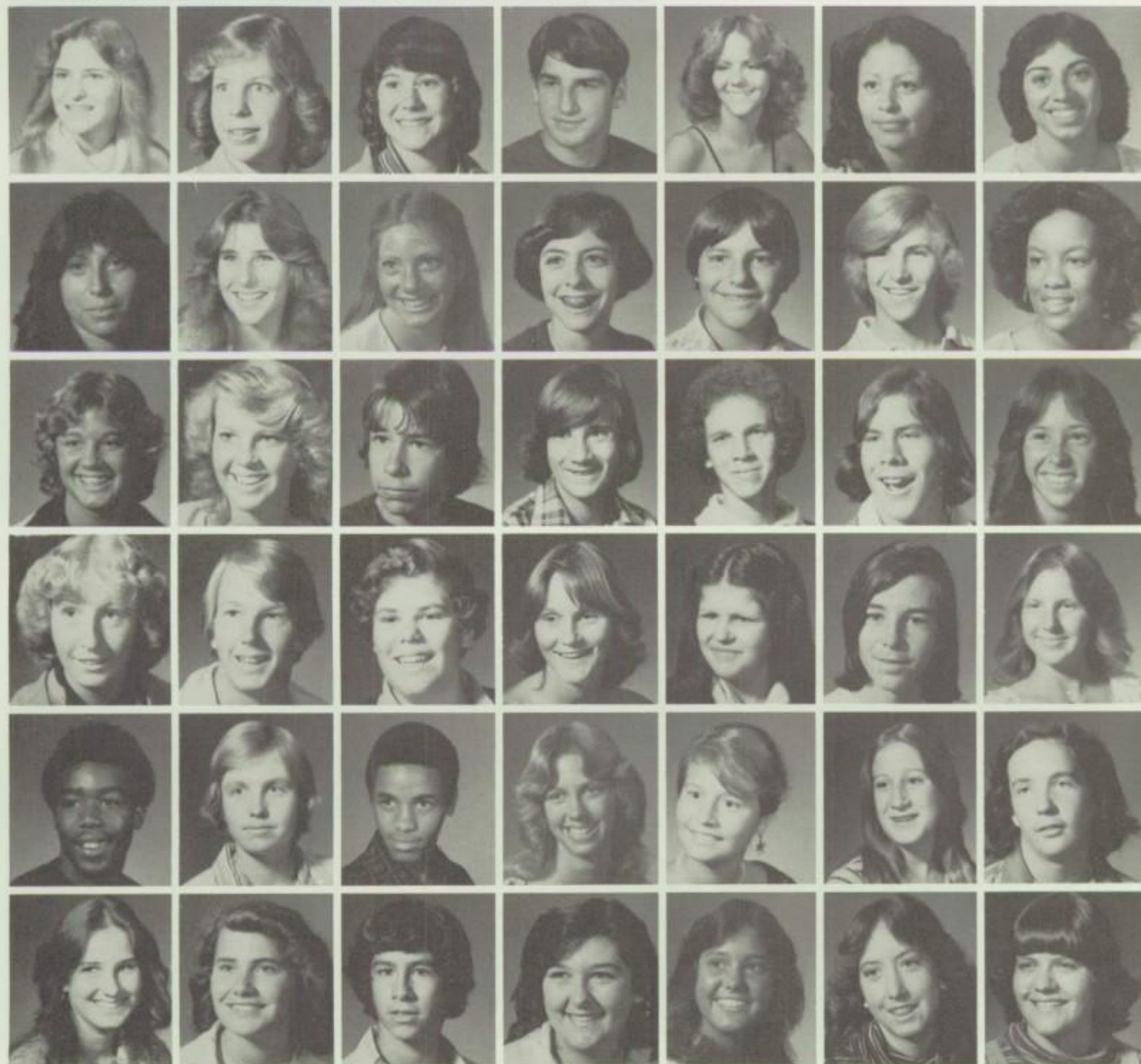
"He went that-a-way!"

Busker, John
Butchart, Allen
Butterfield, Del
Byarlay, Susan

Caballero, Tamara
Campbell, Christina
Campbell, Martha
Campbell, Scott

Campbell, Stuart
Cannizzaro, Dolores
Cano, Terrance
Capitano, Steve

Caporale, Kenneth
Cappello, Vincent
Capron, Angela
Carlton, Carla



Canahan, Stephanie
Carter, Kathryn
Carter, Victoria
Castagna, Angelo
Casteel, Marla
Castillo, Leticia
Castro, Diana

Cerda, Jessica
Chabot, Holly
Cherry, Lynne
Cicarelli, Linda
Ciamacco, Frank
Clark, Keith
Clarkson, Dianna

Clayburn, Elizabeth
Cleves, Diane
Cliffe, Timothy
Cochran, Hank
Colbert, Thomas
Coleman, Eric
Conlin, Keri

Connors, Kelly
Conover, Gary
Conrad, Gary
Contine, Sherry
Contreras, Cynthia
Cooper, Donald Jr.
Copeland, Catherine

Cornist, Curtis
Coyne, Thomas
Cureton, Eugene
Cuthbert, Teri
Dandorf, Tina
Dare, Cyndi
Darling, Craig

Davis, Wanda
De Forest, Cheryl
De Leon, Mark
De Santis, Lisa
De Selms, Kelly
De Warwick, Diane
De Witt, Robert

Deeg, Joylynn
Della, Rocco Dan
Di Sesa, Dotty

Dial, Jim
Dierking, Jennifer
Dill, Peter

Din, Becky
Dodson, Suzanne
Dorworth, Tammie

Dowell, Terry
Downs, Debbie
Duggan, Ross



"Sis-boom-bah, Helix Rah!"



Duncan, Mary
Dwyer, Barbara
Eckert, Joel
Edwards, Eric
Edwards, Eugia
Edwards, Steve
Eldridge, Lisa



Emery, Craig
Engelbrechtsen, Cheryl
Espinoza, Mario
Espinoza, Martha
Estrada, Jeannette
Evans, Jay
Farquar, Chris



Farrelly Michael
Faucher, Mark
Feingold, Lili
Fernandes, Sheri
Ferris, Gary
Ferris, Larry
Fielding, Teri



Fields, Carmen
Figiel, Gregory
Finley, Deanna
Finley, Jerry
Flow, Annette
Fluke, John
Focht, Mark



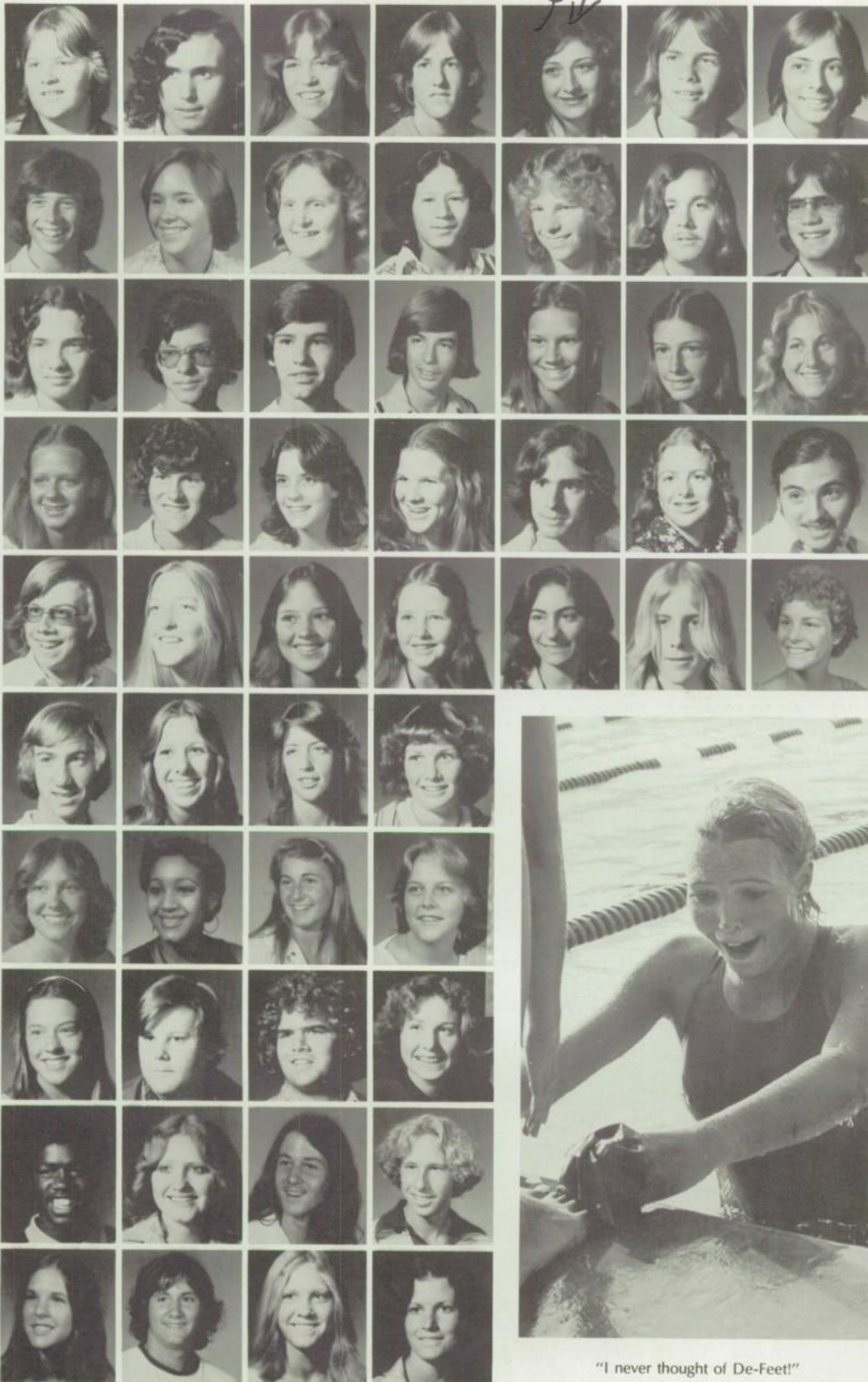
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Foulks, Maria
Fox, Janice
Fredricks, Susan
Fredrickson, Linda
Freed, Elizabeth
Freed, Robert



Freed, Thomas
Freeman, Donald
Friederichsen, Gus
Fritz, John
Fuller, Terri
Gadler, Richard
Gardenhire, Mark



Gina Giles



Garrison, Bobby
Gaskins, Michael
Geisler, Eileen
Gifford, David
Giles, Gina
Gilmore, David
Girard, David

Glenn, Byron
Golojuch, Rita
Gooldy, Barbara
Gortarez, Robert
Graham, Daniel
Green, Kevin
Greene, Max

Gribble, Ronald
Griffin, William
Grindle, Kevin
Griswold, Joe
Groetzinger, Victoria
Guest, Gale
Hackworth, Millie

Haddakin, Lisa
Haley, James
Hall, Cynthia
Hall, Lee
Ham, Kevin
Hambel, Carol
Hammond, Michael

Hanks, Steven
Hansen, Linda
Hardin, Shannon
Hardin, Shirley
Hardtke, Sheila
Hareen, Richard
Hargrove, Jill

Harr, Jeff
Harrison, Deniene
Harshberger, Lisa
Hart, Carol

Hart, Debra
Hathaway, Annett
Hayes, Kimberly
Hays, Laurel

Heacock, Lori
Hedges, Wright
Henson, James
Henson, Laura

Henson, Pernell
Hercules, Julie
Herr, Gaalen
Hildebrand, Scott

Hill, Kelly
Hill, Larry
Hill, Stephanie
Hinze, Debra

"I never thought of De-Feet!"

Holden, Nancy
Holets, Jeannie
Holm, Mitchell
Hooter, Tammy
Hoover, Randy
Houghtlin, Rob
Howell, David



Huber, Kelley
Huddle, Scot
Huey, David
Huey, Robert
Humphries, Tammy
Hyatt, Timothy
Igarashi, Leslie



Igney, Diane
Jackson, Brian
Jackson, Deanna
Jackson, Dwayne
Jaffer, Karim
Jager, Anita
James, Mary



Jeckel, Debra
Jenke, Robert
Jerman, Norma
Johnson, Roland
Juarez, Maria
Judy, Kate
Junior, John



Keais, Janet
Kelley, Alan
Kelly, Edwin
Kennedy, Roby
Kent, Laurie
Kerl, Bruce
Kicklighter, Laurie



Kindle, Jeanine
Kindle, Kathleen
Kinsella, Patrick
Kitchen, Shannon
Klinkenberg, Susan
Kole, Ellen
Kornbluth, Daniel



Kosta, Janet
Kozlowski, Tanya
Krueger, Wanda
Krum, Ronald
Kunkel, Danette
Kunz, Lynn
Kunz, Mark



Kurbis, Glenn
Lakin, David
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Lattery, Kevin

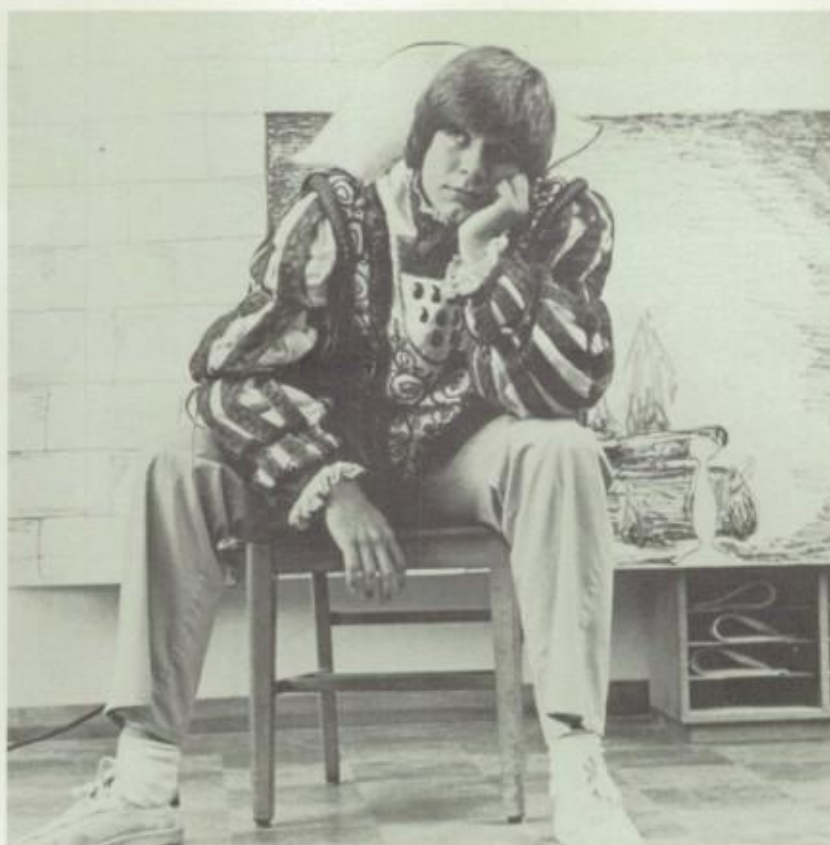


Lehto, Thomas
Lemond, David
Leverette, Tammi
Levikow, Paul
Lindley, Gayle
Lo Medico, Angela
Lobaugh, Dale



Lock, David
Lockey, Steven
Lolli, Sharon
Loritz, Joanne
Ludwig, Laurie
Lujan, Mark
Lukow, Patricia





"WHY ME?!"



Lundquist, Karen
Lydy, Randy
Lyon, John

Mackiewicz, Joseph
Mackin, Robert
Maclean, Lauri

Major, Willie
Makovic, Sarah
Manning, Mark

Mansoor, Rahim
Marano, Karen
Marcoux, Steven

Markall, Mary Sue
Marks, Dorothy
Marland, Harriet
Martinez, Michael
Martinosky, David
Mathis, Patricia
Maxwell, Sheri

McAdams, Donald
McAloney, Dale
McCarty, Cesli
McCarty, Daniel
McCaslin, Scott
McGee, Kevin
McGee, Valarie

McGlennon, Joyce
McGowan, Susan
McInnis, Marva
McPike, Debra
McQuillen, David
Meek, Thaddeus
Meeker, Yvonne

Megling, Shauna
Mercado, Susan
Merrill, Anthony
Merritt, Rich
Meza, John
Meirop, Rodney
Miller, Carol

Miller, David
Miller, David
Miller, Joe
Miller, Laura
Miller, Scott
Mills, David
Mitchell, James

Montalto, Ann
Moody, Dennis
Moore, Sharon
Morebello, Marta
Morgan, Douglas
Morris, Sheri
Morton, Timothy

Moss, Henry
Moulton, Jed
Mucha, Jenni

Murihead, Valerie
Mumma, Stephen
Murdoch, Angus

Muse, David
Mustered, Diana
Napolis, Larry

Neeley, Donna
Nelson, Chris
Nelson, Judith

Nelson, Robert
Nessheim, Kristin
Neumeyer, Daniel
Nevels, Randolph
Newberry, Roberta
Newton, Cynthia
Nguyen, Tuong

Nicholas, Teresa
Nichols, Michelle
Niedziecki, Frank
Nielsen, Suzanne
Nolen, Tony
Norris, John
O'Fallin, James

O'Neill, Shane
O'Rear, Sophia
Oddo, Carlo
Odom, Randy
Odum, Cynthia
Offield, Kathy
Ohlsen, John

Oldeschulte, Mary
Oliverio, Anette
Olson, Becky
Ortega, Laura
Osman, Valerie
Osuna, Kim
Otsuka, Kevin

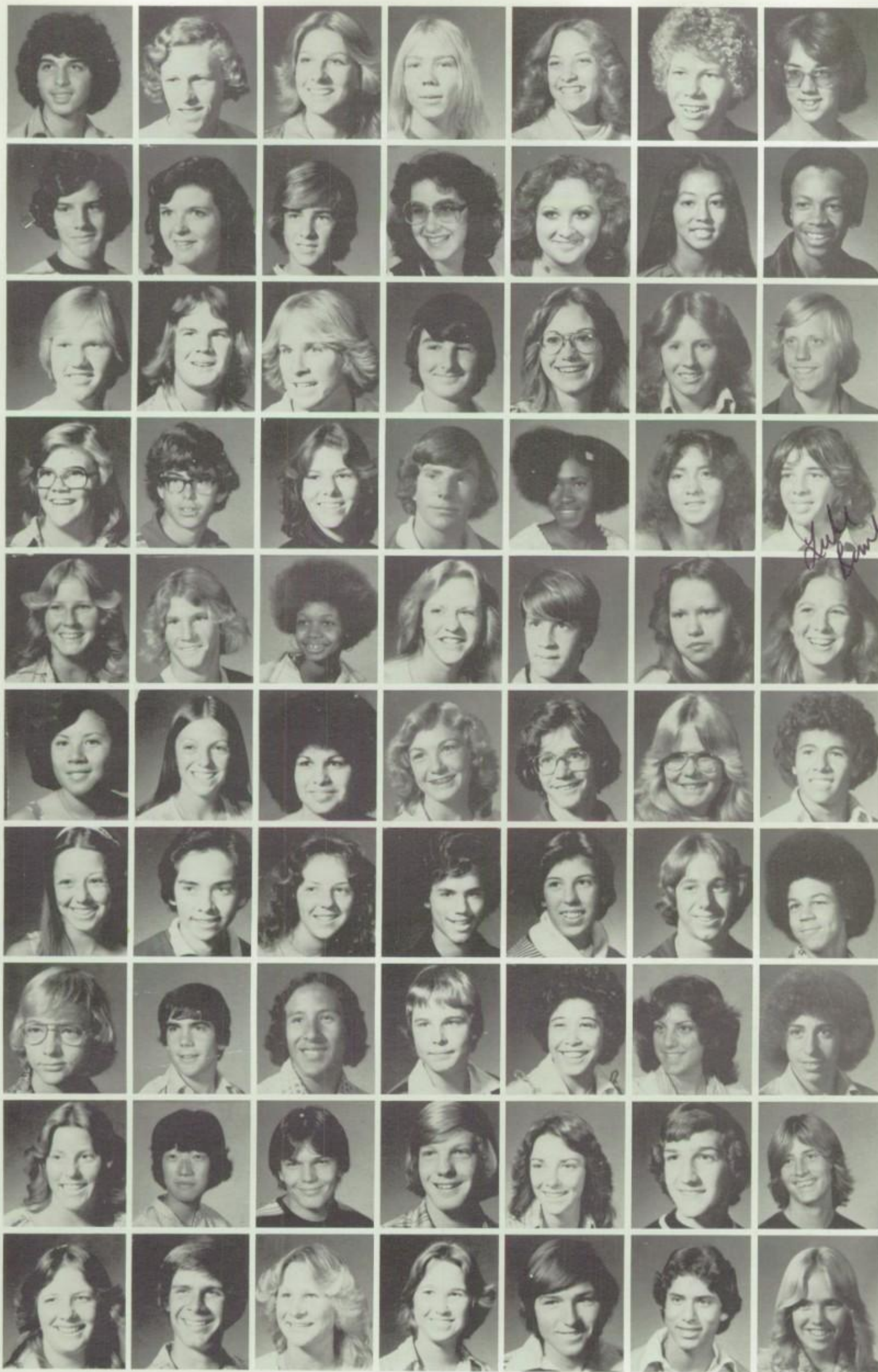
Ozark, Kim
Paasche, Scott
Padgett, Nancy
Paek, Sook
Page, Joseph
Palencia, Denisa
Palmer, James

Panfil, Dennis
Parra, Adam
Payan, Sylvia
Payton, Stephen
Paz, Lisa
Peckham, Brian
Perea, Linda



"I never thought I'd see the day!"





Perez, Mike
Perkins, Billy
Peruchetti, Jeannine
Peterson, Paul
Peterson, Sarah
Pilkerton, Stephen
Pingatore, Joe

Pirie, Michael
Plum, Cynthia
Plunkett, Scott
Poll, Karen
Ponce, Beatrice
Porter, Elizabeth
Porter, Steve

Postulka, Lon
Preece, Michael
Price, Mark
Price, Michael
Punzo, Lisa
Purkliser, Deborah
Quasarano, Richard

Raines, Sharon
Ranstead, Randall
Regan, Lesley
Reichert, Jeffrey
Reid, Wanda
Reiter, Lydia
Remler, Luther

Reynolds, Diana
Reynolds, Donald
Reynolds, Gail
Rhea, Lillian
Richardson, James
Rielly, Lori
Riggans, Kelly

Riley, Juanita
Riley, Stacy
Rivera, Robin
Roberg, Karen
Roberts, Brian
Rodgers, Patti
Rodriguez, Daniel

Romano, Gia
Romero, Robert
Roscoe, Linda
Rosen, Jerry
Rosiak, Teresa
Rozok, Roy
Rudd, Thomas

Runkel, Marlon
Sager, Christopher
Sandoval, Daniel
Sandstrom, David
Santos, Solidad
Sardina, Francesca
Sardo, Bart

Sarkela, Rona
Sato, Junko
Savoie, David
Schedler, Stephen
Scheidel, Suzanne
Schlom, Darell
Schooler, David

Schumacher, Joan
Schuster, Rene
Schwartz, Lori
Scott, Kelley
Seevers, Scott
Serrano, John
Seyfferth, Patty

Shaffer, John
Shelton, Pam
Sheridan, Bernie
Shuey, Melissa
Simmons, David
Simmons, William
Simoncini, Greg



Skort, Lisa
Small, April
Smart, Kathy
Smith, Chad
Smith, Jim
Smith, Lori
Smith, Mark



Smith, Pam
Smith, Ralph
Smith, Scott
Snyder, Mike
Solbue, Burgan
Solomon, Larry
Spencer, Teresa



Spilva, Debbie
Spinks, Kristi
Sprague, Kevin
St. John, Debbie
Stewart, Jeff
Stewart, Laura
Stifter, Shelley



Stilley, Lori
Stone, Mark
Street, Gary
Stuczynski, Michelle
Stuhler, Marty
Sullivan, Dan
Sullivan, David



Sullivan, Tom
Surber, Kim
Svedberg, Steve
Swanson, Sandra
Swanson, Susan
Tallant, Jon
Talley, Drew



Tarich, Dan
Tarnow, Sally
Taylor, Dan
Taylor, Ty
Thacker, Annette
Thomas, Jill
Thomas, Mike



Thomas, Raymond
Thourson, Phil
Tinkham, Debbie
Tirpak, Frank
Tiumalu, Casey
Tiumalu, Mouna
Tom, Robert

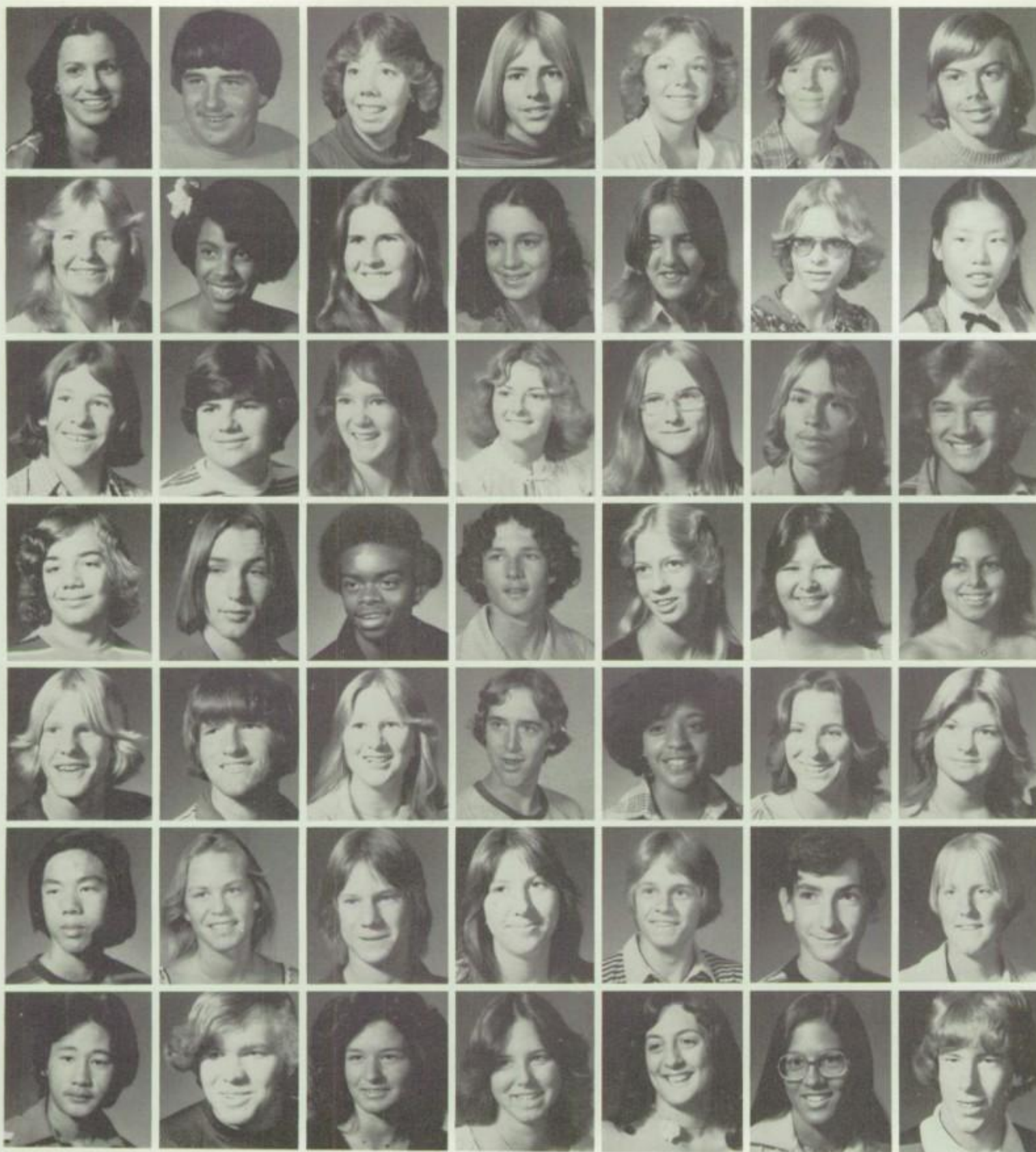


Torgersen, Deene
Townsend, Sara
Trent, Paul
Trujillo, Emilio
Tufo, Rick
Tulledge, Stewart
Turner, Jim



Turpin, Steve
Ullrich, Kurt
Underwood, David
Vasquez, Manny
Verba, Jean
Verba, Kathy
Vetter, Carl





Villarino, Valerie
Vitiello, Bob
Wagner, Lisa
Wagner, Nick
Wallace, Julie
Wallace, Marc
Wallace, Mark

Walters, Jennifer
Ward, Beverly
Waycaster, Lynn
Webb, Robin
Wennhold, Mary
Wenzel, Robin
West, Hee Ae

Westling, Clay
Westwood, Bill
Whelan, Shelly
Whelan, Sheryl
Wherry, Deena
While, Mike
Whitcomb, Greg

White, Philip
White, Robert
Wickware, Paul
Wiginton, Billy
Wiles, Julie
Williams, Brenda
Williams, Marlene

Williams, Richard
Wineinger, Gary
Wineteer, Tami
Wire, George
Wixx, Archie
Woempner, Cilissa
Wojczynski, Debbie

Wong, Wilson
Wood, Sandy
Wrieden, Bill
Wright, Liz
Wyland, Richard
Yeager, Ruff
Yeakley, Joyce

Yip, Martin
Zambito, Nick
Ziegler, Anne
Zinn, Kim
Zschunke, Lisa
Zschunke, Lori
Zulauf, Mark



Junior Honor Students



Tartan Bearers (4.000-3.909 GPA): Laura Andre, Julie Beckman, Robert Berg, Steven Boettcher, John Busker, Dolores Cannizzaro, Kelly DeSelms, Joanne Loritz, Donald McAdams,

Scott Paasche, Stephen Pilkerton, Karen Roberg, Rona Sarkela, Darrell Schlom, Kelley Scott, Steve Svedberg, David Underwood, Clay Westling.



Graduation Assistants (3.474-3.200 GPA): Susan Arellano, Gregory Barnicoat, Damon Barone, Jennifer Bock, Anglea Capron, Timothy Cliffe, Lisa DeSantis, Diane DeWarwick, Gerald Dolezal, Jerry Finley, Byron Glenn, Kevin Grindle, Lee Hall, Laurel Hays, Stephanie Hill, Karim Jaffer, Robert Jenke,

Laurie Kicklighter, Sarah Mokovic, Douglas Morgan, Michelle Nichols, Tony Nolen, Becky Olson, Adam Parra, Michael Pirie, Elizabeth Porter, Lisa Punzo, David Sandstrom, Francesca Sardina, Kevin Sprague, Deene Torgersen, Anne Ziegler.



The Students pictured here represent hours of hard work and determination as the top scholastic achievers of their class. They have been given the traditional honor to participate in the Helix Graduation Ceremonies.

Congratulations to these outstanding future seniors of 1980!

Torch Bearers (3.900-3.813 GPA): Leslie Igarashi, Ann Montalto, Philip White, Theresa Randow.



Graduation Ushers (3.800-3.684 GPA): Eric Anderberg, Michael Burtless, Allen Butcher, Christina Campbell, Richard Gadler, David Girard, Robin Larson, Cesli McCarty, Susan McGowan, Frank Niedzwiecki, Pamela Smith, Elizabeth Wright.



Baccalaureate Ushers (3.647-3.500 GPA): John Altwegg, Marie Andreone, Cynthia Anfinson, Janet Asbury, Linda Bonine, Jennifer Bourbiel, Lili Feingold, Carol Hambel, Janey Keais, John Norris, Kimberly Osuna, Junko Sato, Larry Solomon, Thomas Sullivan, Ty Taylor, Frank Tirpak, Mark Zulauf.



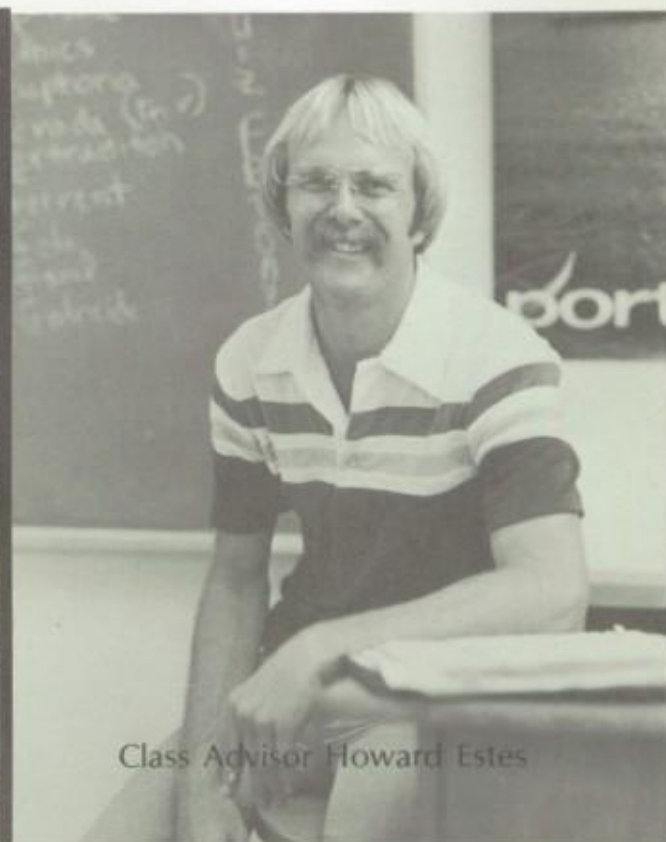
Top: "Check out the burrito! It's crawling!" **Center:** Jim Dial maneuvers a sly attempt to "remember" the answers to his English quiz! **Center Right:** Sheri Morris boogies to the sounds of the early morning pep band. **Bottom Left:** Jenny Bock plays the leading role in the annual German play. **Bottom Right:** Millie Hackworth and Kelly De Selms relay the weekend's gossip.



Sophomores

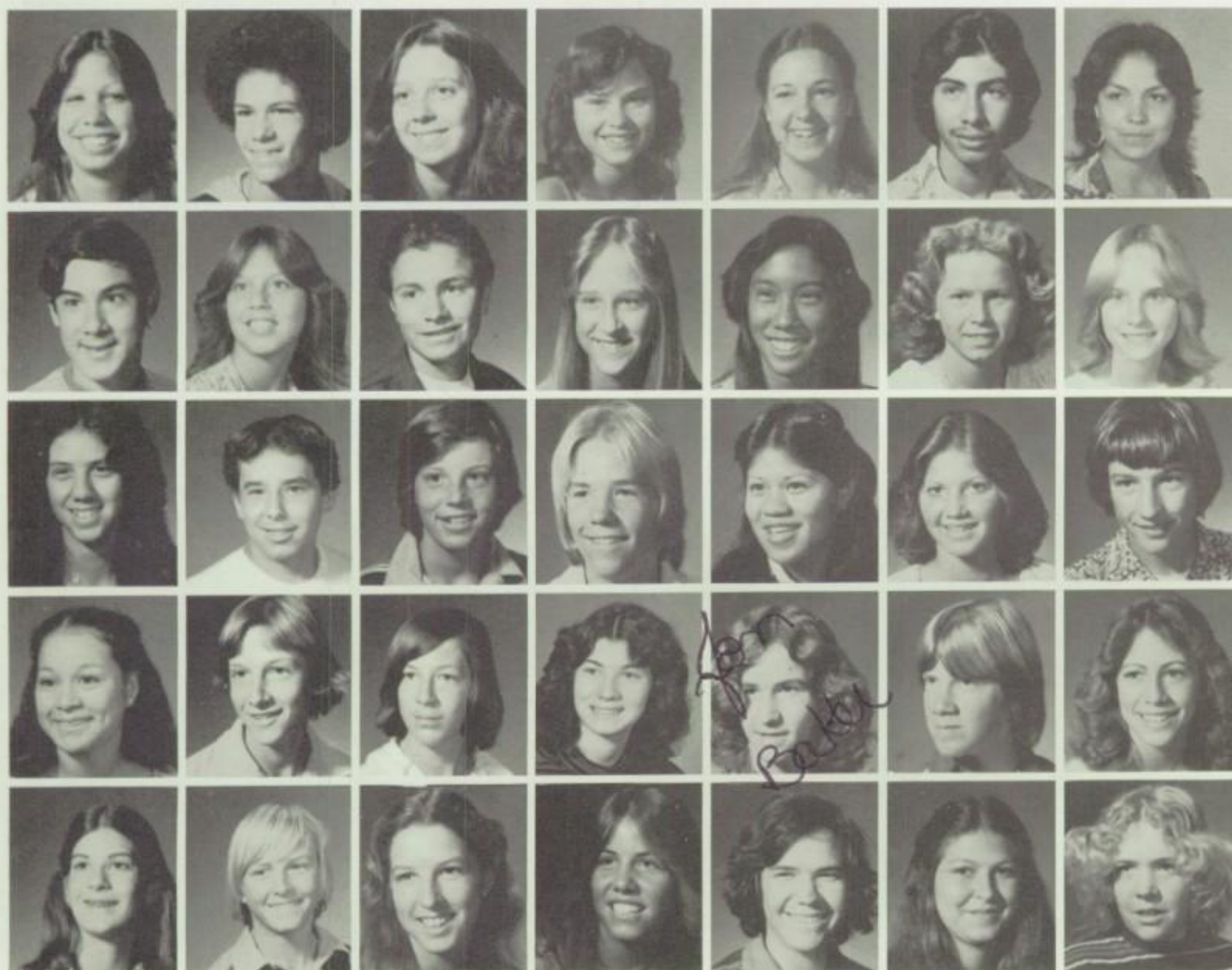


Sophomore Class Officers: Joanne Manning, President; Jennifer Brown, Vice President; Jennifer Brierly, Secretary; Nina Balistreri, Treasurer.



Class Advisor Howard Estes

Class of 1981



Abaroa, Michele
Aguilar, Stanley
Allard, Michelle
Allen, Sonya
Allen, Vanessa
Almeida, Louis
Alonse, Maurilia

Alonzo, John
Alvarez, Tammy
Amador, Victor
Ambler, Patricia
Andaleon, Elizabeth
Anderson, Luran
Anderson, Lisa

Arellano, Cindy
Arellano, Joe
Arendt, Chris
Argent, Scott
Arnado, Wendy
Aruiso, Deena
Audia, Robert

Avilez, Maria
Baehr, David
Bagley, Dennis
Bailey, Cheryl
Baker, Jonny
Baldwin, Vincent
Balistreri, Nina

Ball, Vincetta
Barend, Peter
Barnicoat, Kimberly
Barone, Paige
Barragan, Jimmy
Barron, Davida
Barron, Patrick

Bartczak, Derek
Bartow, Karin
Batson, Leticia
Battleson, Robin
Batts, Nora
Bauer, Gary
Bauer, Nancy



Baxter, Shalene
Bea, Suzanne
Beach, Gary
Beaver, Cyrus
Bechtol, Becky
Beck, Alan
Becker, Paul



Beers, Gregory
Belasco, Melissa
Belcher, Terry
Bender, Addam
Bendigtsen, Gunnar
Bergmans, Tamra
Bernal, Anthony



Addam

The Sophomore Class worked with enthusiasm throughout the year to promote their spirit around the school. Among the many activities sponsored were carwashes, candiesales, shirt sales, a four hour dance, a skating party at the Aquarius Roller Rink and a trip to Disneyland. Assistants were the following: **Top Row:** Sharon Bohamed, Kelly Danielson, Yvonne Denos, Greg Tidwell, John Naples. **Bottom Row:** Carolyn Mathis, Lisa Bras, Sheryl Jones, Teri Thompson, Stephanie Ford.



Bernitz, Teri
Bierly, Kenneth
Birkholz, Donna
Boark, Robert
Boggan, Teresa
Bohamed, Sharron
Bond, Debbie

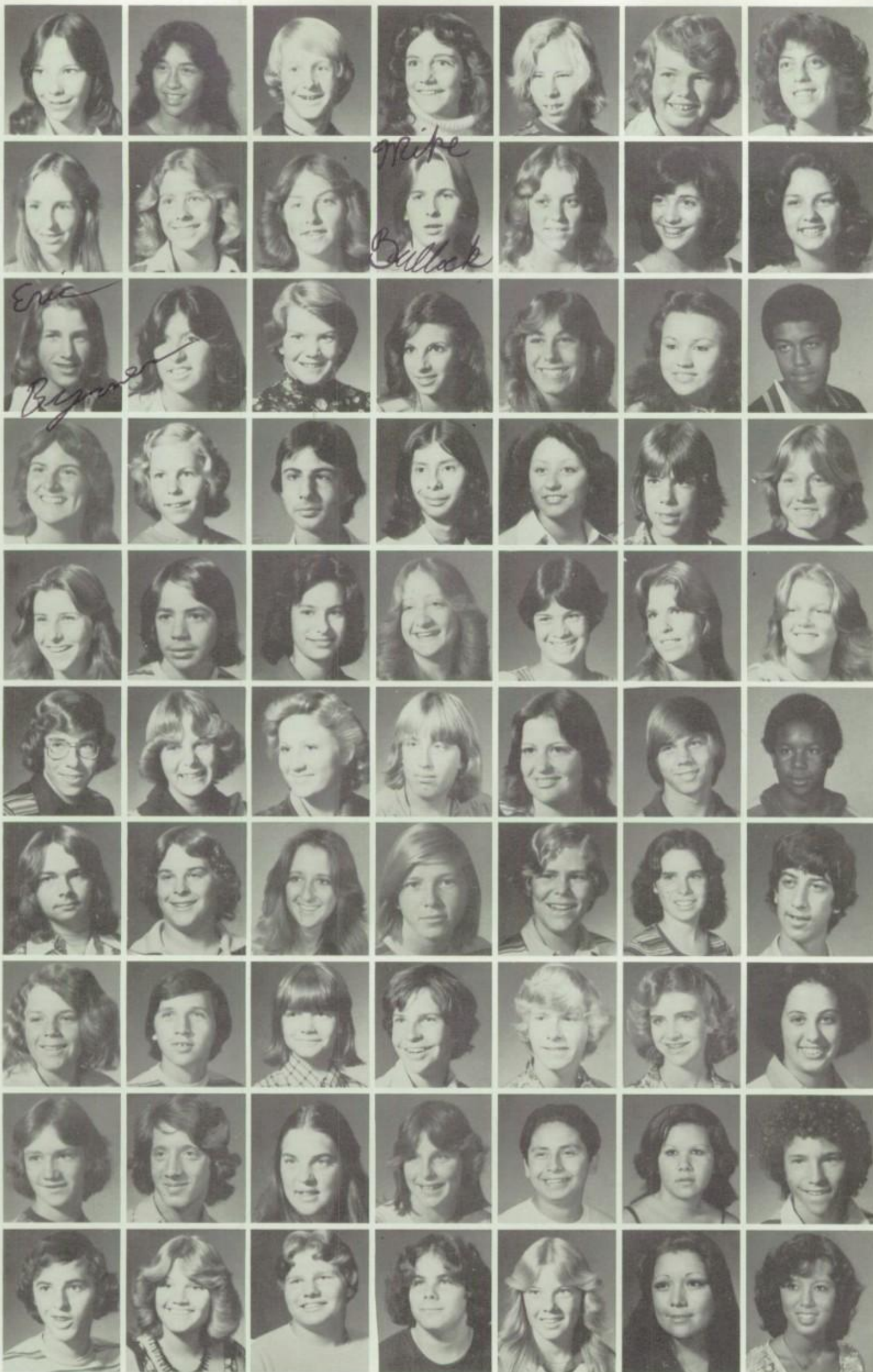


Bonilla, Joseph
Bonilla, Olivia
Borovicka, Briggett
Boucher, Dawn
Boullo, Brian
Boulter, Kathryn
Boutelle, Kristin



Box, Laurie
Bradberry, Linda
Bradley, David
Bradley, Kim
Bradley, Scott
Branson, Billy
Bras, Lisa





Brawner, Andrea
Bredeson, Ramona
Brewer, Stephen
Brierly, Debra
Brinkmeier, David
Brocklehurst, Mark
Brody, Wendy

Brown, Lori
Brown, Nancy
Bruner, Barbara
Bullock, William
Bultez, Sheri
Burrows, Susan
Butchart, Clara

Mike !!!

Byrnes, Eric
Caballero, Vida
Cadwalader, Jan
Cairo, Patrizia
Campbell, Jamie
Caparas, Nicki
Cardwell, Nikita

Carter, Cathy
Carter, John
Casarrubia, John
Castillo, Herman
Castillo, Laura
Cauley, Doug
Caylor, Brett

Chabot, Holly
Cherry, Shawn
Christian, Deborah
Chubb, Kimberley
Clark, Rebecca
Clary, Laurie
Cleveland, Tracy

Cliffe, Jeffrey
Clift, Stacy
Coath, Kelly
Cobb, Michelle
Cogswell, Dena
Collier, William
Collins, Melvin

Collins, Stephen
Combs, Timothy
Conlee, Kelley
Connely, Raun
Conrad, Greg
Conroy, Cindy
Constantino, John

Cook, Thomas
Cornett, Anthony
Cornett, Pamela
Corts, Terry
Coupland, Robert
Coupland, Shelly
Craig, Anna Marie

Crawford, Rick
Crocker, Stephen
Cronk, Monica
Cruff, Judy
Cruz, Daniel
Cuenca, Liz
Cunico, James

Curry, Mark
D'Acquisto, Holly
D'Adamo, Wayne
Damron, Frank
Danielson, Kelly
Darrah, Teri
Davis, Dena

Davis, John
Dawson, Rebecca
De Los Rios, Maria
De Warwick, Robert

Dean, Michael
Del Castillo, Cynthia
Del Grande, Chris
Della Rocco, Tammy

Dennis, Sean
Denos, Yvonne
Deslauriers, Andrew
Deters, Raymond

Di Sesa, Dina
Dial, Anna
Diaz, Linda
Dibos, Dennis



"Super Sophomore!";

Dierking, Leanne
Dillon, Randy
Dine, Lauri
Doering, Penny
Downs, Travis
Draper, William
Duey, Alfred

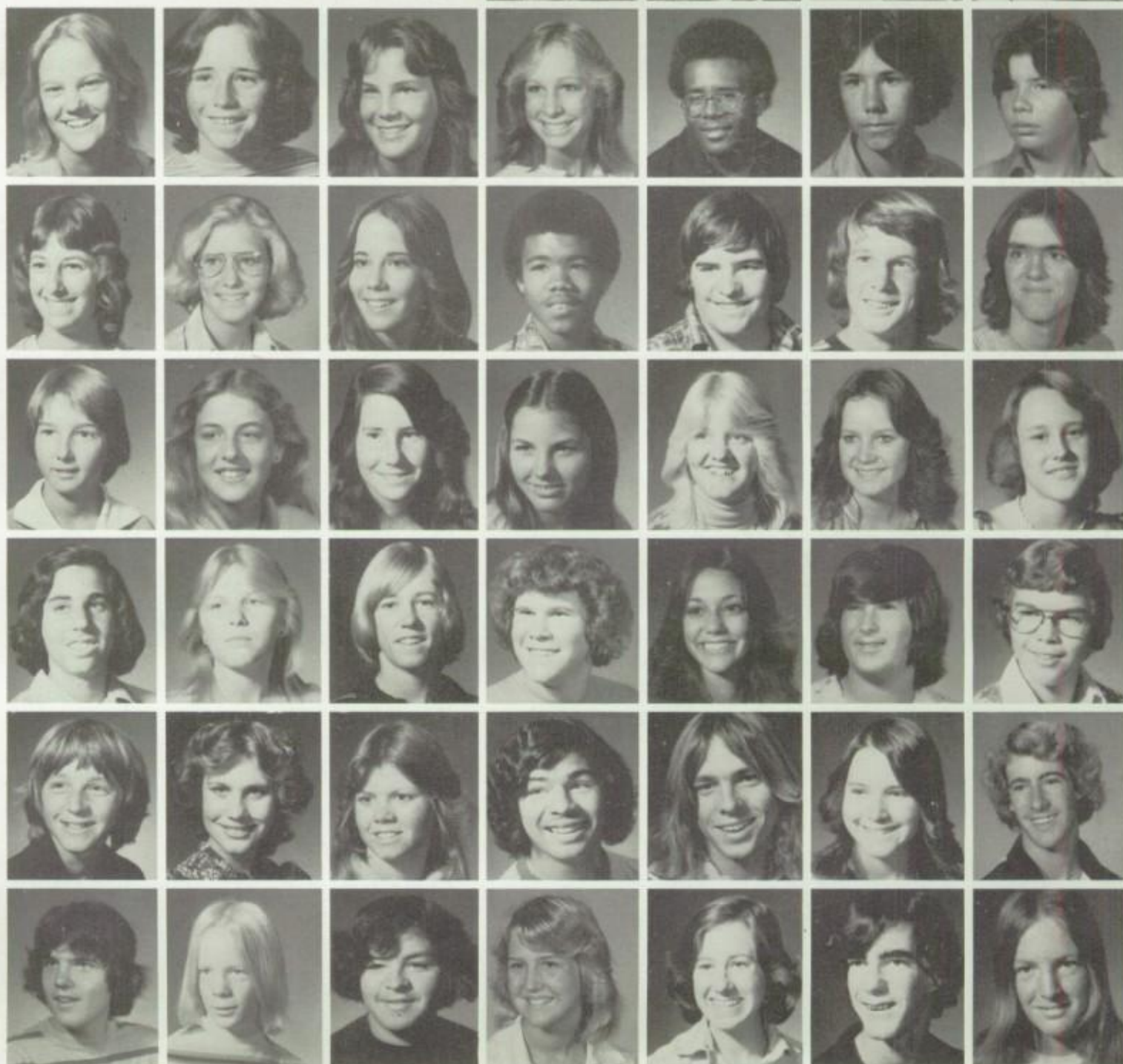
Duff, Teresa
Duncan, Sherry
Durbin, Bonnie
Durden, Kevin
Earley, Ted
Ecklar, Randall
Edmiston, Travis

Edwards, Joseph
Edwards, Tina
Eichinger, Colleen
Ekhaml, Ann
Engebretsen, Sandra
Erickson, Ann
Erwin, Lori

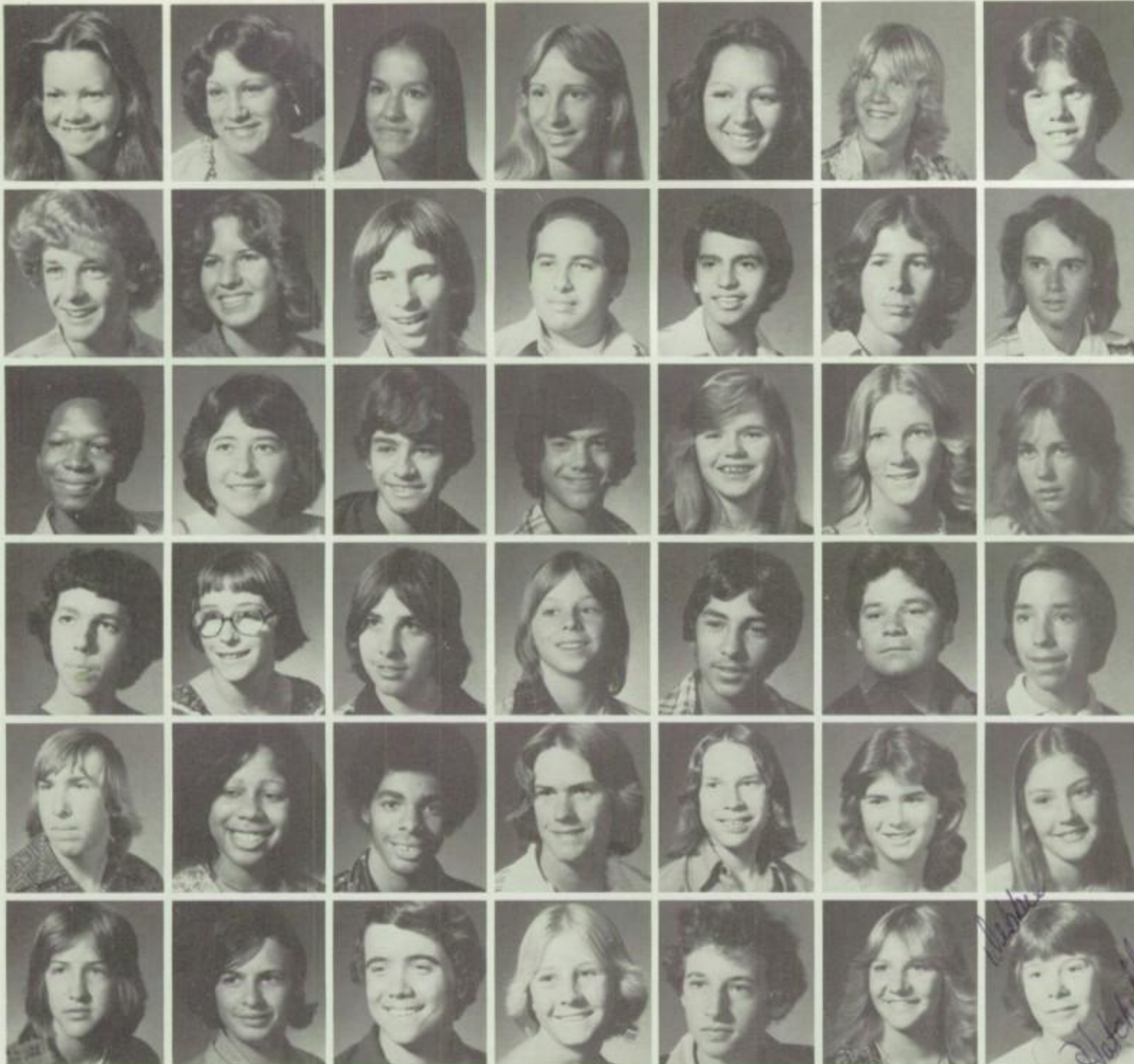
Espinoza, Jorge
Evans, Paula
Evans, Robert
Fairbrother, Keith
Fares, Debra
Farrell, James
Faulk, Scott

Featheringill, Mike
Fellows, Teresa
Ferguson, Deborah
Fernandez, Alfonzo
Fetty, Robert
Finnigan, Mary
Fischer, Bill

Fix, James
Fleming, Andy
Flores, Alvaro
Foerster, Martha
Ford, Stephanie
Fornaciari, William
Fraizer, David



Tammy Della Rocco



Frank, Kristina
Fredrick, Lance
French, Mary
Fusco, Matthew
Gadler, Nicholas
Gamboa, Kenneth
Garcia, Jose

Gardner, Richard
Gaskill, Joseph
Geiger, Raymond
Giernet, Allen
Gilbert, Frank
Girulat, Raymond
Gladhill, Melissa

Glunt, William
Gomez, Rene
Gonzales, William
Gorham, Michael
Greco, Nicholas
Groetzinger, Teresa
Groke, Linda

Guillen, Sandra
Gurrola, Cynthia
Gutgesell, Andrienne
Gutierrez, Lene
Gutierrez, Samuel
Hada, Kama
Hairgrove, James

Haley, Deanna
Hall, Donna
Hall, Jamie
Hall, Mark
Hall, Shor Le
Halpern, Daniel
Hamilton, Marilyn

Hamilton, Maurice
Hamm, Gary
Hanley, Paul
Hardeman, Glynis
Hardin, Bridget
Harper, John
Harper, Richard

Harris, Donald
Harris, Mary
Harris, Philip
Hartman, Margaret

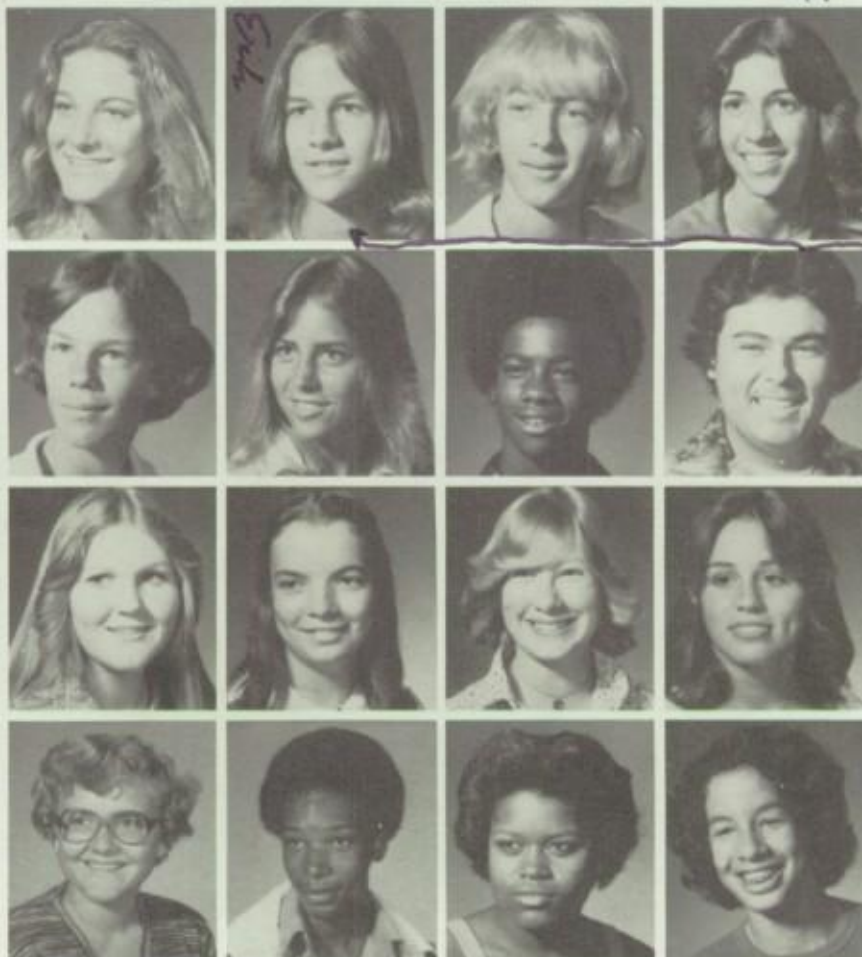
Hatchell, Debbie
Heilpern, Kim
Heimberg, Erik + Cindy Stange
Hellberg, Michael

Helphand, Ronna
Hennessey, Thomas
Hensley, Cheri
Henson, Duane

Hernandez, Henry
Herrington, Diane
Heskett, Cynthia
Heuberger, Joanne



Pleasant Day Dreams!



Hickey, Dianna
Hickman, Judith
Hickman, Robert
Hicks, Steven
Hilterbrant, Ronald
Hobby, Linda
Hofacre, Jeffrey

Hogan, Teresa
Hogue, Irene
Hollingshead, Lynna
Holmes, David
Holt, Vince
Holton, Elizabeth
Holzapfel, Doris

Hood, Erica
Hood, Glenn
Hood, Gregory
Hooker, Ken
Hoover, Tracy
Horta, Leticia
Hostetter, Kelly

Houghtlin, Robert
Howell, Joseph
Huidor, Juan
Humphrey, Michael
Hunt, Jon
Hunter, Jamie
Hunter, Lynn

Hynes, Elizabeth
Iraci, John
Irizarry, Lilian
Jacobson, Mark
Jacques, John
Jarman, Gregory
Jeckel, Robert

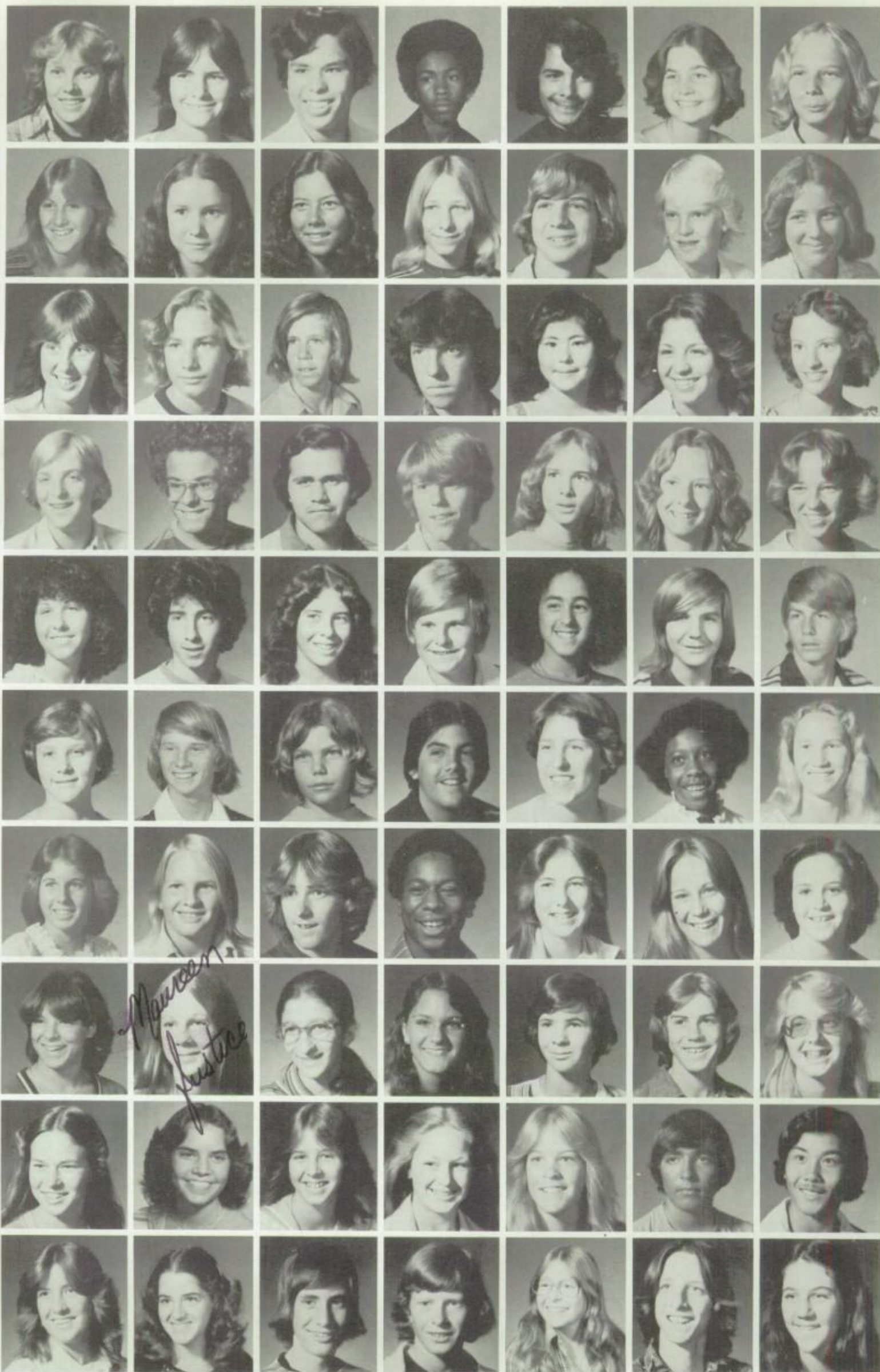
Jeffers, Barbara
Jeffers, Michael
Johnson, Kevin
Johnson, Michael
Johnson, Sally
Johnson, Veda
Johnston, Traci

Jolliff, Cynthia
Jones, David
Jones, Michael
Jones, Richard
Jones, Sheryl
Jones, Trina
Jorgensen, Tracy

Josephson, Lynette
Justice, Maureen
Kassam, Nasreen
Keeton, Dawn
Keller, Brian
Kelley, Michael
Kelly, Collen

Kelly, Laurie
Kelly, Shawna
Kemp, Bonnie
Kennedy, Cameo
Kennedy, Gina
Kent, Charles
Kerstetter, Craig

Ketner, Kelly
King, Kelly
King, Robert
Klepper, Mike
Kline, Lisa
Knox, Craig
Koenig, Suzanne





Korbakes, James
Kositzk, Caroline
Kottenbrock, Wendy
Kramm, John
Kress, Douglas
Krewson, Vincent
Krueger, Eric

Krueger, Kelly
Krumholz, Randall
Kunkel, Paul
Kurbis, Wendy
Kyriakidis, Anthony
Labrincha, Julie
Lamb, Michael



Lambert, Rachel
Landazuri, Alfonso
Lara, Raymond
Larson, Erika



Lauve, Charlotte
Lawson, Scott
Lawton, Robert
Layton, Michael



Leberis, Theodore
Ledesma, David
Lehmann, Daniel
Lemieux, Laurette



Leveille, Yvonne
Liberatore, Ralph
Lightcap, Kevin
Lindsay, Cynthia



Linney, Gerald
Little, Stacey
Logsdon, Jeffrey
Longshaw, Regina



Lopez, Christiano
Lopez, Jymme
Lovejoy, Holly
Loveless, Kathy



"Let's go to the hop!"



Lovell, Keith
Lowery, Gina
Lowrimore, Glenn
Lucas, Daniel
Lueke, Michael
Luu, Bichtu
Mackenzie, Denise



Macon, Becky
Madrid, Lisa
Madruga, Frank
Mallette, Michael
Manno, Johnneen
Manzano, Tina
Martin, Bill

Martin, Susan
Martinez, Edward
Martinez, Ernestina



Martinez, Jesse
Martinez, Pamela
Martinez, Robert



Martinez, Terry
Martini, Megan
Mathis, Carolyn



May, Daniel
McCallum, Malcolm
McCarthy, Cynthia



McCullough, Maxine
McDaniel, Steven
McFarland, Robert
McFarland, Ronald
McGinley, Mark
McGowan, Patrick
McGrath, Camela



McGrath, Tom
McMannis, Noi
McPike, Tracy
Meeker, Lynnette
Megling, Soren
Meier, Mark
Mercado, Robert



Metcalfe, Alma
Mettler, James
Miller, Dini
Miller, John
Miller, Karyne
Miller, Kimberly
Miller, Laura



Miller, Lorie
Miller, Patrice
Mitchell, Mark
Mitchell, Michele
Mix, Emilie
Mogan, Judith
Moore, Dcnna



Moore, Robin
Moran, Daniel
Morgan, Sandra
Morgan, Scott
Moring, Donna
Morris, Tracy
Moser, Cynthia

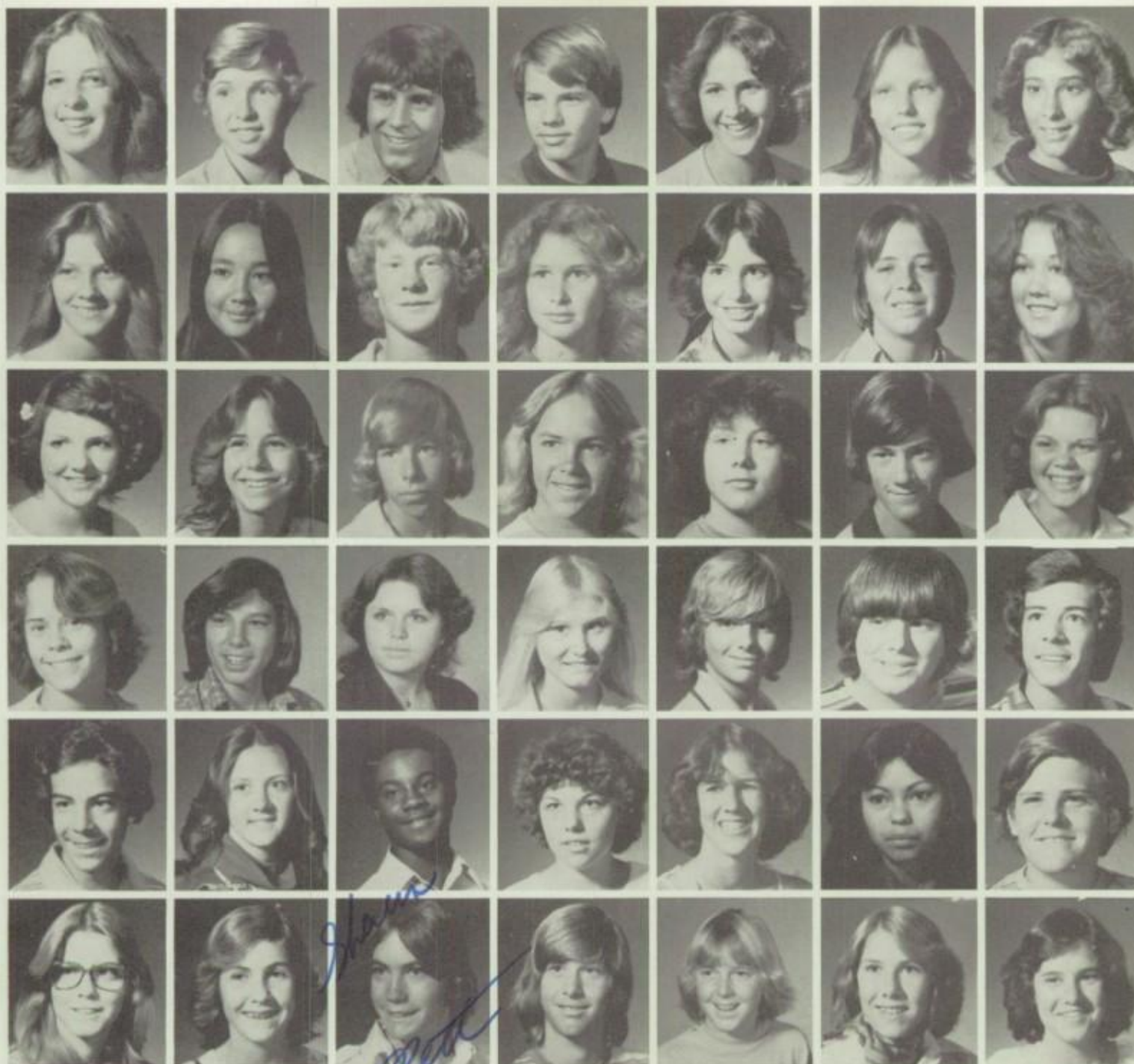


Mountain, Theresa
Murdoch, David
Myers, David
Myers, Ginger
Myers, Kenneth
Nachazel, Eugenie
Nadeau, Linda



"What doesn't go good with milk?"





Nagy, Rosemary
Nale, Darrell
Naples, John
Nelson, Richard
Nelson, Shana
Neve, Amanda
Neve, Vignolia

Newman, Elizabeth
Nichols, Linda
Nicholson, Danny
Nisleit, Sheryl
Nordberg, Valerie
Nunnally, Craig
O'Connor, Colleen

Offield, Denna
Oliveira, Cindy
Oliver, George
Oliver, Steven
Olson, Randy
Omagen, Steven
Orsborn, Noelle
Osborn, Jill
Otsuka, Dale
Owens, Sheila
Page, Darlene
Pagel, Jeffrey
Parianos, Steve
Parra, Adam

Parra, Miguel
Patton, Linda
Payne, Romel
Payton, Laurie
Peace, Vicky
Peer, Christina
Pence, Jeffery

Perkins, Robin
Peterson, Leah
Pett, Shawn
Peyton, Robert
Phillips, Steve
Pilkerton, Deborah
Pires, Catherine

Pitts, David
Polan, Keith
Ponsor, Laura

Popoff, Nathan
Positerry, Rachelle
Pratl, Robert

Proffitt, John
Pruet, Thomas
Puckett, Carl

Pugh, Susan
Puls, Timothy
Putti, Gary



"Are you sure 'Madge the Manicurist' would approve?"



Quasarano, Karen
 Raeburn, Jeanette
 Ramsey, Drew

Rateau, Heidi
 Ray, Andreanette
 Redbird, Shawn

Reed, Cynthia
 Reid, Jeffrey
 Reisch, Elisabeth

Reyes, Michael
 Reynolds, Rick
 Reynolds, Tracy



"Here I am girls!"



Richards, Barbara
 Richardson, Deborah
 Riggins, Torrey
 Rivera, Ray
 Robbert, Lisa
 Roberts, Yvette
 Robson, Edith

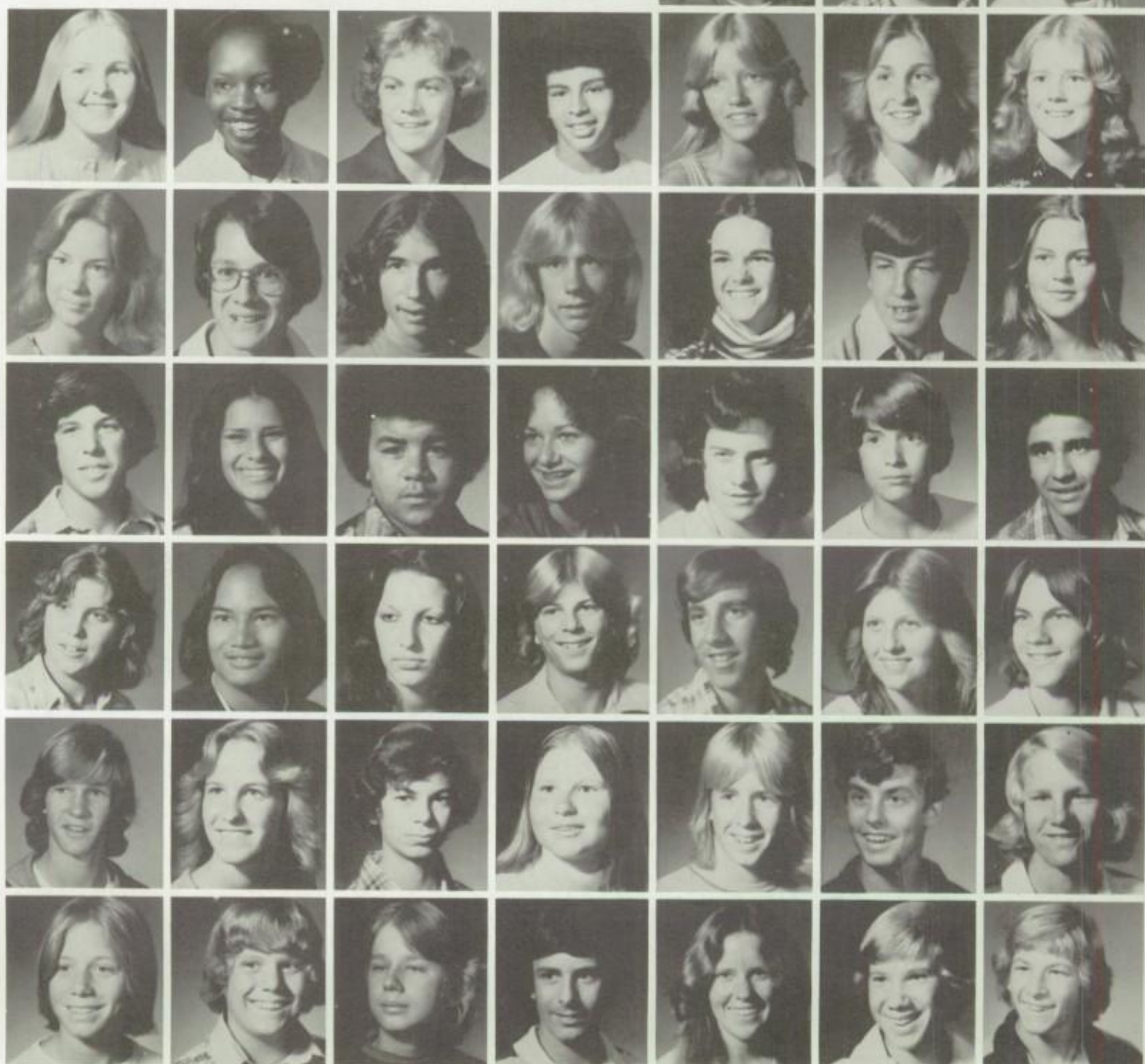
Roedel, Tracy
 Rohowits, Brian
 Rollias, Chuck
 Roney, Dale
 Rose, Sherri
 Rosemeyer, James
 Ross, Michelle

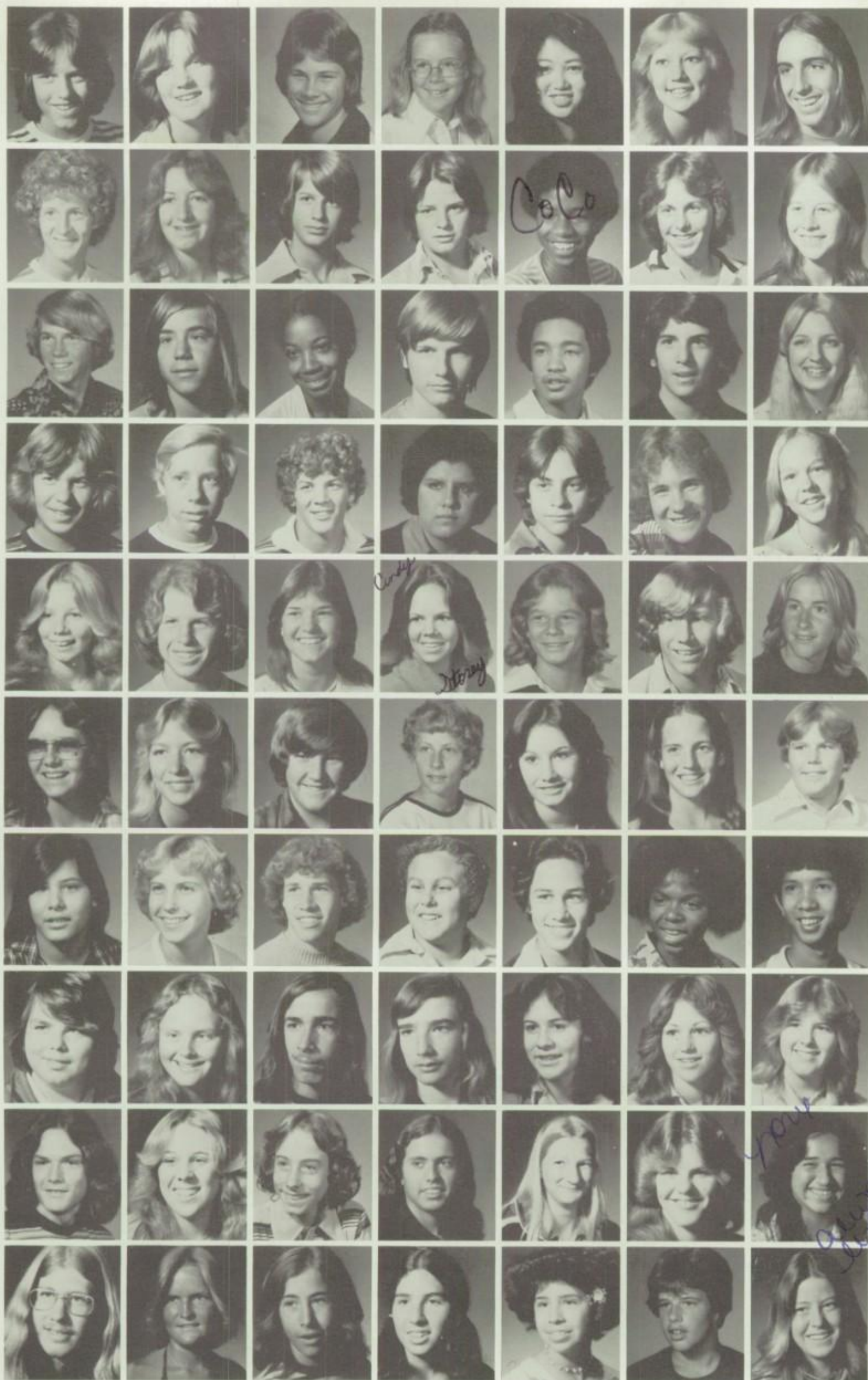
Rossi, Michael
 Rouillard, Amy
 Rudd, Timothy
 Rossiter, Beth
 Rudolph, Joseph
 Sada, Mark
 Salmon, Joseph

Salva, Diana
 Samson, Gumerindo
 Sanchez, Angela
 Sanderson, Richard
 Sardina, Guy
 Sauer, Melanie
 Saunders, Mark

Schafer, Kathryn
 Schaefer, Chuck
 Schechter, James
 Scherf, Valerie
 Schiernbeck, Todd
 Schitoskey, David
 Schniepp, Jerald

Schrader, Michael
 Schroder, Michael
 Schultz, Harry
 Schwartz, Kurt
 Scott, Elizabeth
 Seeman, John
 Selder, Dennis





Senters, Jerry
Shacklett, Melinda
Shaffer, Gary
Shaffer, Stacey
Shipman, Sandy
Shurtleff, Sue
Sigmon, Scott

Simmons, Eddie
Simpson, Tracy
Sindelar, Jeffrey
Sinnen, Charles
Sizemore, Colette
Sleet, Jeffrey
Smith, Melissa

Smith, Michael
Smithy, Lance
Snelson, Bonnie
Snyder, Kenneth
Sosa, Ernest
Sosa, Robert
Spahn, Tamara

Spellerberg, Jack
Spencer, Steven
Sprague, Jeff
Stanley, Yvonne
Steagall, James
Stevens, Jim
Stewart, Bonnie

Stewart, Christina
Stoddard, Jeffrey
Stoop, Sandra
Storey, Cynthia
Stout, Philip
Strandberg, Jay
Stuhler, David

Sutton, Cheryl
Swafford, Lori
Swenson, Nels
Swenson, Richard
Tallant, Deborah
Taylor, Carolyn
Terreault, Timothy

Theroux, Debbie
Thompson, Terri
Tidwell, Gregory
Tilley, Philip
Tinkham, Scott
Todd, Maurice
Ton, Thai

Torres, Thomas
Trigueiro, Karen
True, Joe
True, William
Trujillo, Anna
Upton, Stephanie
Uzunov, Allison

Valente, Roy
Van Maren, Lori
Vanslager, James
Vasquez, Walter
Veeck, Michelle
Velton, Katherine
Verduzco, Elizabeth

Vetter, Ron
Vickery, Christie
Vidaurre, George
Viertel, Helen
Villapando, Lisa
Vitiello, Ronald
Von Willer, Sheryl

Wafford, Teresa
Wagner, Stephen
Walter, John

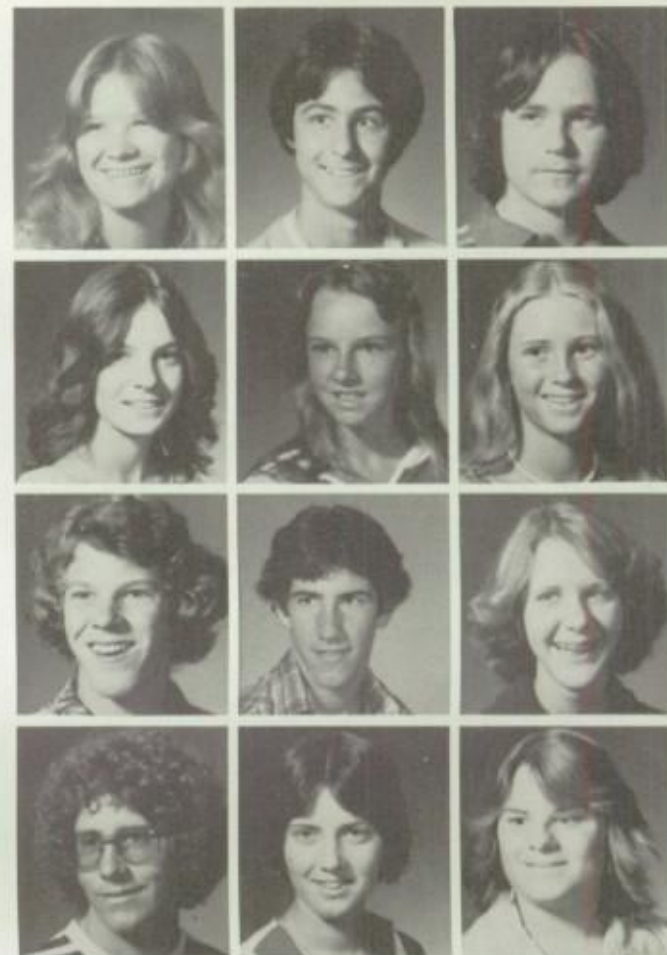
Wamsley, Jamie
Warner, Darlene
Watson, Teresa

Webster, Michael
Wedde, Andrew
Weeks, Catherine

Weinsapfel, Kevin
Wetsch, Pamela
Wheeler, Joyce



"Those Darn Flies!"



White, Caroline
White, Rhonda
White, Thomas
Whitmore, Charles
Whittingham, Darin
Wilder, Thad
Wilkins, Mark

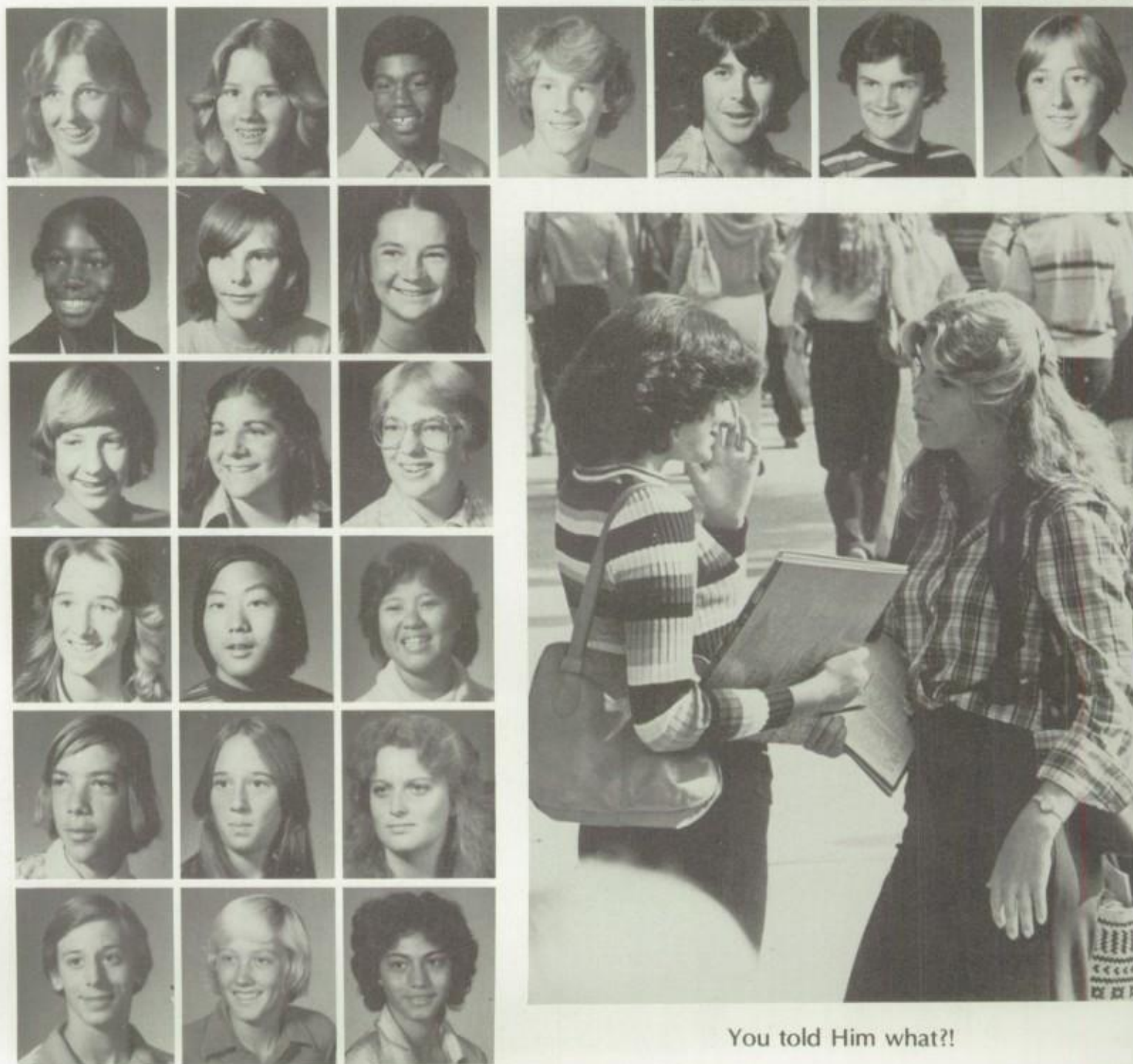
Williams, Phyllis
Willingham, Randall
Wineteer, Teri

Wing, John
Winkler, Patricia
Wissinger, Dawn

Wittkop, Susan
Wong, Jeffrey
Wong, Linda

Woodruff, Michael
Wyckoff, Julie
Zizzo, Angela

Zolezzi, Thomas
To Late To Classify
Davis, John
Brinkerhoff, Tim

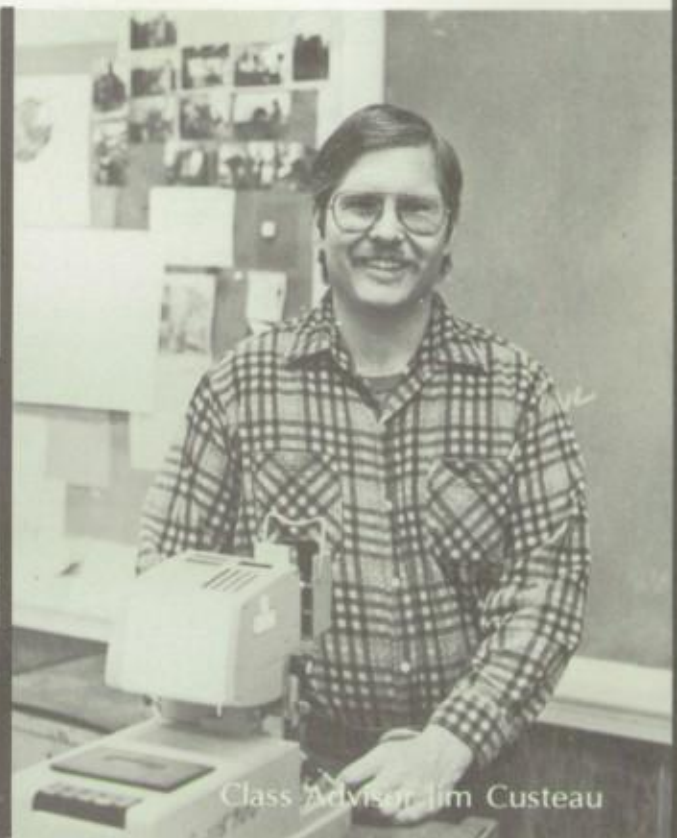


You told Him what?!

Freshman



Freshman Class Officers: Gretchen Biehl, President; Keith Devaney, Treasurer; Ellen Smart, Vice President; Patty Markall, Secretary



Class Advisor Jim Custeau

Class of 1982



Aceves, Edward
Adams, George
Aguilar, Carlos
Aguirre, Donna
Aiken, Kelly
Aishman, Regina
Alarakhia, Amin

Alden, Stacy
Allen, Scott
Allen, Steven
Allgaier, Alene
Alonso, Angelica
Alonso, Hugo
Alspaugh, Michele

Amarillas, Martha
Anderberg, Bonnie
Andersen, Kristine
Anderson, Angela
Anderson, Anthony
Anderson, Holly
Andre, Lori

Andresen, Paula
Appolito, Lisa
Araiza, Lisa
Arapostathis, Evan
Archer, Tina
Areiland, Ruben
Artodi, Antonio

Asbury, Ronald
Austin, Deborah
Avila, Pamela
Avila, Silvia
Badger, Richard
Bailey, Donald
Baker, Clancy

Handwritten signature

Baker, Guy
Banach, Terrence
Barham, William
Barker, Tanya
Barns, Matthew
Barone, Daren
Barrie, Kevin



Bartosh, Daryl
Bass, Gina
Bateman, Paul
Bauer, Diana
Baum, Jeffrey
Beck, Julie
Belanger, Robin



Belcher, Timothy
Bennett, Julie
Bennett, Mark
Bennett, Steven
Benson, Heather
Biehl, Gretchen
Bloom, Jeffrey



Although they were freshmen, the Class of 1982 was one of the most spirited group of people on campus. The freshmen class worked hard to raise money through candiesales, carwashes, etc. They also held a dance and sponsored a major freshmen activity. The following contributed greatly to these activities: **Top Row:** Suzy Perkins, Jennifer Westling, Kathy Selder, Julie Gifford, Anne Feingold, Christine Nagel and Vicki Osman. **Bottom Row:** Lisa Dolezal, Cindy McBride, Alison Usher, Tracey Frye and Holly Flint.



Blount, Frank
Bodien, James
Boggan, Amy
Bolshazy, Jeanette
Boltz, Martin
Bona, Marcelle
Bond, Leslie

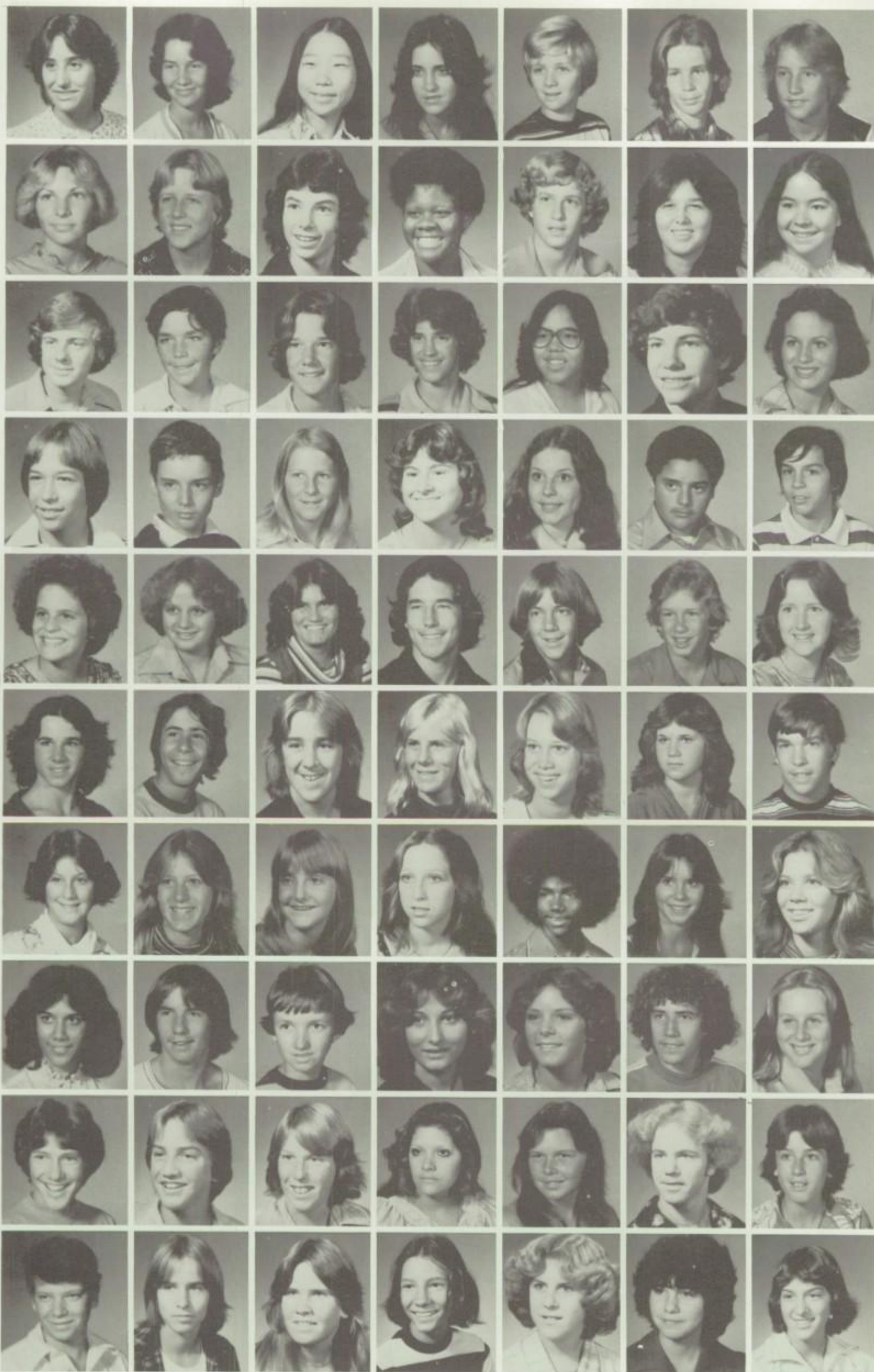


Bongard, Ronald
Bonilla, Rudolfo
Bonine, Kevin
Bonk, Kimberly
Boone, Michael
Boschert, Kevin
Bowen, Susan



Bowman, Marie
Boyd, Sharon
Boyer, Edward
Bracka, Sandra
Brewer, Theresa
Brinkerhoff, Donna
Brody, Mary





Brooks, Michelle
Brown, Carily
Brown, Kikumi
Bruso, Sharon
Buckalew, Michael
Buckley, Kelly
Burdge, Phillip

Burich, Alecia
Burke, Douglas
Burnworth, Patrick
Burton, Diana
Burt, Ted
Bury, Rosa
Busker, Cindy

Butcher, Mike
Byerley, Mike
Cadwalader, Charles
Calvin, David
Cano, Luana
Canyon, Geoff
Caporale, Amber

Cargile, Craig
Carr, Donald
Carroll, David
Carter, Kellie
Carter, Theresa
Casias, Raymond
Caspers, Andrew

Castello, Emily
Cawthron, Dena
Chambers, Lynnette
Chapple, Mark
Christensen, Daniel
Ciaccio, Joe
Ciampoli, Constance

Ciani, Bruce
Clark, Bruce
Clegg, Ronald
Colbert, Annette
Coleman, Daphne
Conro, Angela
Cook, Robert

Cook, Shauna
Copher, Nancy
Cornett, Karen
Cornett, Valerie
Cornist, Harlon
Corson, Kathleen
Costa, Julia

Costantino, Lisa
Coyle, Robert
Coyne, Mike
Crane, Rebecca
Crigler, Lisa
Croxall, Eric
Cummings, Kellie

D'Adamo, Glenn
Daly, Charles
Darland, Rory
Darrah, Patricia
Daves, Elizabeth
Davis, Kevin
De Shazo, Claude

De Witt, William
Dean, James
Dechaine, Denise
Deeg, Kelly
Deere, Jody
Delcastillo, Michiko
Demchak, Robyn

Demos, Melissa
Denn, Dee
Devaney, Keith
Dial, Louis
Dibos, Denise
Dickens, Jody
Dixon, Shelly



Dogue, Blair
Dolezal, Elizabeth
Dorrell, Karl
Dorworth, Todd
Douthit, Keith
Downin, Sandra
Dozier, Waverly



Draheim, Zoe
Draper, Michael
Dreesen, Stephen
Ducharme, Ted
Duenas, Jacqueline
Durbin, Lisa
Durden, Allan



Durland, Clara
Durrett, Joy
Dyar, Deborah
Eckhardt, Kathleen
Edwards, Paul
Egolfe, Mary
Eiland, Steve



Eister, Randy
Ek, Daniel
Ekhaml, John
Engelke, Stephen
Epps, John
Espinoza, Mario
Esquivel, Raquel



Evans, Lisa
Evans, Pamela
Evans, William



Fallon, Robert
Farrar, Stephen
Favero, Scott



Featheringil, Denise
Feingold, Anne
Ferguson, Donna



Ferguson, Gundar
Fetty, Rhonda
Fields, Kay



File, Christina
Finlayson, Jennifer
Fischer, Maura



"Check out that Senior!"



"Senior guys have all the luck!"



Flaherty, Thomas
Fleming, Robert
Flint, Holly
Florence, John

Flores, Fidel
Flynn, Cynthia
Focht, John
Foster, Krystal

Frankey, Shirley
Fredericks, Raymond
Frye, Theresa
Galati, Alexandra

Galati, John
Galligar, William
Gallo, Karen
Gallo, Toni

Galloway, Craig
Galon, Tammy
Gardner, Thomas
Garvin, Mark
Gary, Kelly
Gawłowski, Judith
Gear, Darren

Geisler, Pauline
Giernet, Dale
Gifford, Julie
Gillen, Kirsten
Gilson, Sherwin
Glenn, William
Gonzales, Joanne

Gonzalez, Raymundo
Gould, Gregory
Greene, Amy
Greene, Eric
Gribble, John
Grismore, Julie
Grove, Cynthia

Gutgesell, Angela
Haddakin, Joseph
Haile, Lelia
Hall, Douglas
Hamann, Theresa
Hampton, Tamra
Hansen, Angela

Harpenau, Christine
Harrell, James
Harrell, John
Harris, Barry
Harris, Shannon
Harrison, Jeanne
Hatfield, Karn

Heid, Paul
Hellberg, Sara
Hereford, Joseph
Hereford, Loretta
Herling, Linda
Hession, Bryan
Heuberger, Marianne



Hickey, Steven
Hickman, Charles
Hill, Michella



Hill, Windy
Hlavac, Catherine
Hoaglando, Laura



Hollis, Lillan
Hollister, Mark
Horn, Anthony



Howard, Steven
Hublou, Karen
Hunter, Mary



"Feeling Groovy!"

Inman, Dawn
Isenmann, Shawna
Jacobs, Teresa
James, Annette
Jenkins, Carl
Jenkins, Thomas
Johnson, Donna



Johnson, Lisa
Jones, Kathleen
Jones, Kristina
Jones, Meris
Jones, Shayne
Jones, Sheila
Joradan, David



Kaplan, Philip
Kappmeier, Kathy
Keisler, Gilbert
Kenney, Rick
Kimbrell, Trudy
Kindle, Michael
King, Leslie



King, Robert
Kinnaman, Suilin
Kirkendall, Jodie
Kirkman, Tom
Kissel, Michelle
Klasna, Steve
Kloekner, Gary

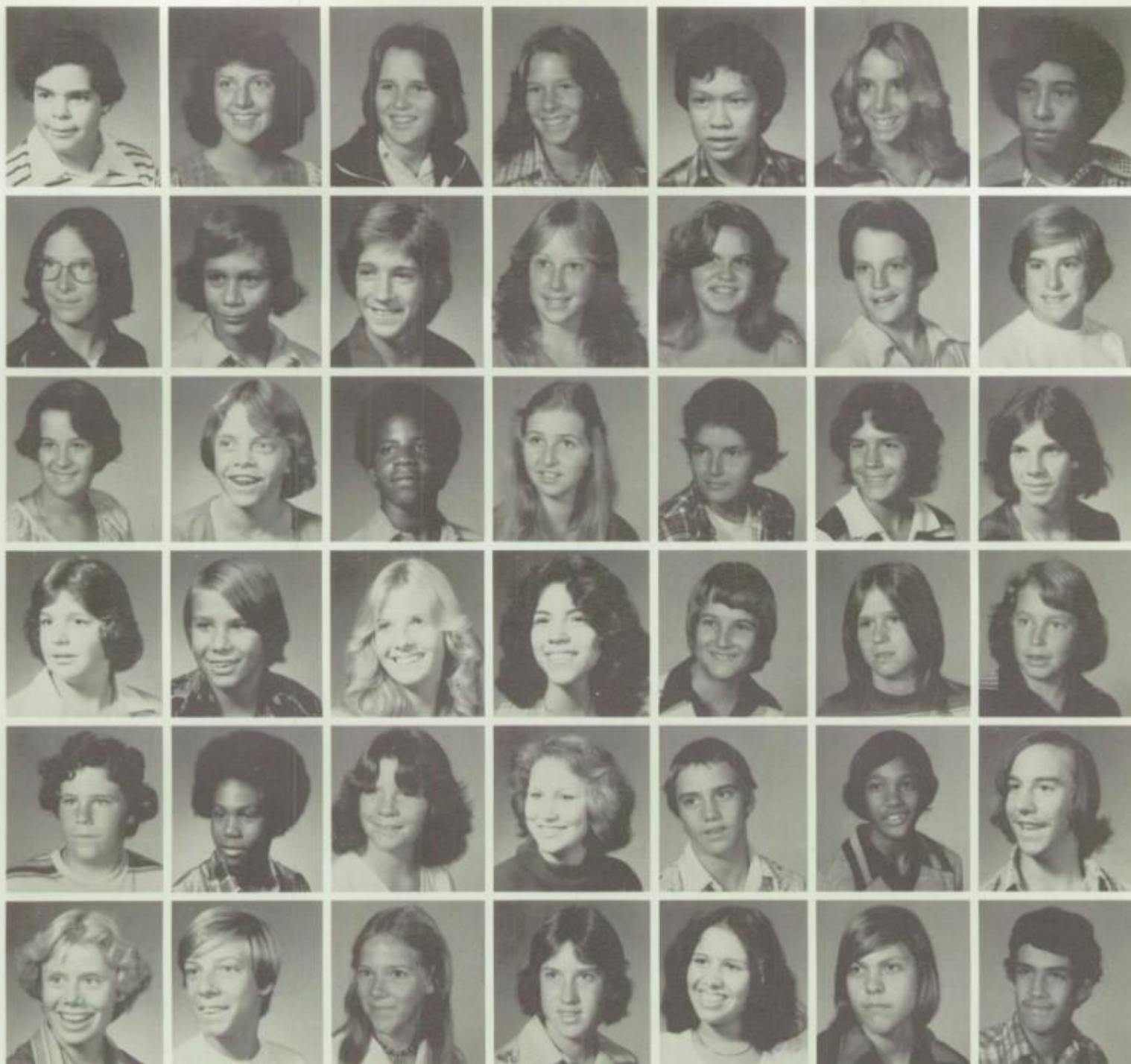


Knarr, Laura
Knight, James
Knori, Clark
Kohnke, Richard
Koistra, Paula
Korth, Jacqueline
Kozul, Josephine



Kramer, Edward
Kramm, George
Krauter, Terry
Kress, Jarilyn
Krommes, Barbara
Krugle, Jefferey
Landrey, Charles





Langford, Craig
Larsen, Colleen
Larsen, Allison
Larsen, Stephanie
Le, Dzuong
Leary, Dina
Leger, Fred Jr.

Leithoff, Curtis
Leners, Lee
Lents, Michael
Leone, Kathleen
Lewis, Lindasue
Lewis, Shawn
Lindley, Joe

Lindsey, Liane
Lintvedt, Marilyn
Littleton, Stacy
Loach, Catherine
Lopez, Eddie
Lopez, Van
Loritz, Richard

Lowe, Richard
Lowell, John
Lowrimore, Jill
Lunnon, Zena
MacFarlane, Robert
MacLeod, Roderick
MacDonald, Bruce

Macy, Timothy
Major, Toben
Manning, Kathy
Mansfield, Lisa
Mantooth, Wayne
Manzano, Anthony
Marino, Salvatore Jr.

Markall, Patricia
Martin, Kevin
Martin, Kimberly
Martin, Michael
Martinez, Emily
Martinez, Joseph
Martinez, Rodrigo

McAfee, Suzy
McBride, Cynthia
McCarty, Cathy

McCombs, James
McCrary, Bryon
McCrary, Kirk

McEntee, Daniel
McFee, Ronald
McGlennon, Richard

McGough, Mark
McGarth, Terri
McHenry, Jeffrey



Exercise is Good for Freshman Bodies!



McInnis, LaDonna
McNeil, John
McSwain, Ann
Mendoza, Anthony
Mendoza, Arturo
Mendoza, Leticia
Merit, Suzanne



Merill, John
Merill, Kevin
Metcalf, Charles
Mettler, Terrence
Miller, Bobbi
Miller, Burton
Miller, Jamie



Miller, Michele
Mills, Tony
Mitchell, Robbin
Mix, Marilyn
Monaco, Stephen
Montalto, Chris
Moore, Joni



Moore, William
Morales, Denise



Morgan, Karen
Morton, David



Moser, Steven
Mucha, Tamara



Mulley, Mary
Munguia, Henry



"Go Buy Your Own Sandwich, Turkey!"

Murillo, John
Murray, Donald
Murray, Ethan
Myler, Peggy
Nabarrete, Michele
Nachazel, Anna
Nadeau, Mark



Nagel, Christine
Nelson, Jackie
Nelson, Paul
Nelson, Robert
Nelson, Scott
Nenashi, Teri
Neubauer, Diana



Newman, Julia
Nguyen, Tuong
Nichols, Scott
Nielsen, Rene
Nordahl, Gail
Nunez, Frances
O'Fallin, Paul





"It's a dull-day afternoon."

Oddo, Joseph
Oliver, Renee
Oliverio, Denise
Olson, Julie

Olson, Linda
Olson, Marie
Olson, Randall
Orozco, Rose

Orozco, Eva
Orth, Michael
Osman, Victoria
Oswalt, Deanna

Oyler, Rick
Pabon, Michael
Palechek, Henry
Payan, Tammy

Payan, Virginia
Paz, Michele
Peace, Lora
Pekelder, Susan
Pelowitz, Kent
Perea, Richard
Perez, Sonia

Perkins, Lawrence
Perkins, Susan
Peterson, Danny
Pfahl, Kathleen
Phillips, Danielle
Phillips, David
Piland, Shelley

Pingator, Todd
Pires, Diana
Piroske, Renee
Platt, Gerald
Plum, James
Plum, Theresa
Ponce, Mary

Porter, Shephanie
Portuguez, Regina
Potter, David
Preece, Darryl
Price, James
Prochac, Maria
Prock, Alan

Pulliam, Ian
Pyle, Susanne
Ramos, Ruben
Rasmussen, Yon
Raus, Kevin
Redbird, Jolene
Reeder, Willian

Reeves, Thomas
Reichert, Therese
Reid, Anthony
Restaino, Linda
Reynolds, Jim
Rhea, Mark
Richardson, Debra

Rico, Francisca
Ring, Katherine
Rivera, Marquerite

Robertson, Kenyon
Robinette, Marne
Robles, Manuel

Rodriguez, Adrian
Rodriguez, Christina
Rowell, Becky

Rozok, Leah
Ruberio, Lisa
Rudd, Jeannie

Rury, Jill
Ruth, Joanne
Salazar, Roy



Aspiring Athletes in Action ...!



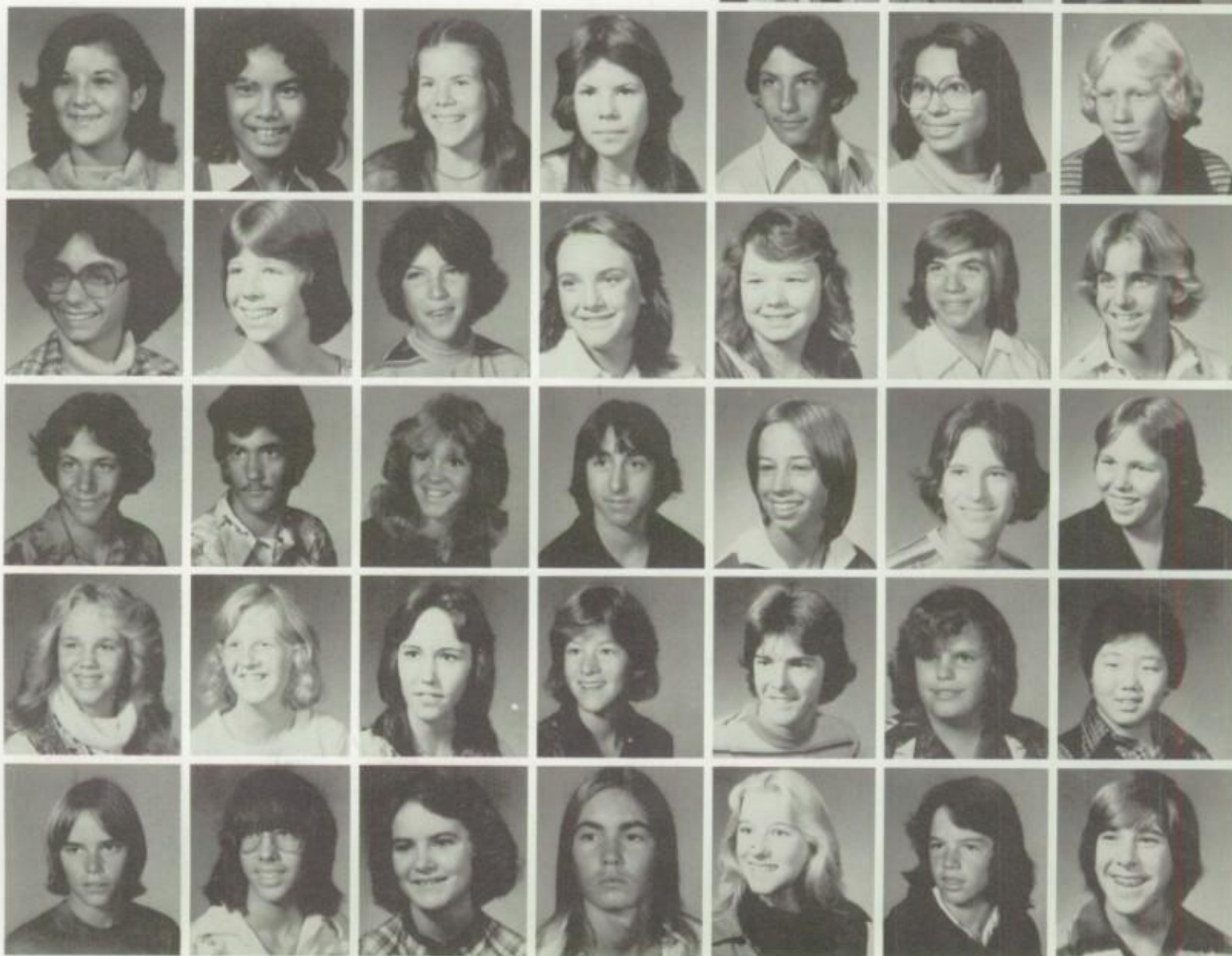
Samayoa, Laura
Samson, Danilo
Sanchez, Christina
Sanchez, Christina
Sanchez, John
Sanchez, Sandra
Sandberg, Joakim

Sanfilippo, Dora
Sanford, Catherine
Sardina, Pat
Saunders, Janice
Saunders, Leslie
Saunders, Ronnie
Scarcelli, Lewis

Scelso, Adam
Scelso, Kevin
Schaffer, Lori
Schilling, Lorenz
Schimke, Troy
Schmidt, David
Schneider, James

Schniepp, Jill
Scribner, Wendy
Selburg, Danielle
Selder, Katherine
Semi, Theoddore
Senters, Jeffrey
Seo, Han

Shepherd, Paul
Sherman, Michael
Sherrill, Barbara
Shook, Tom
Siebenthal, Janet
Simmons, Don
Singer, Bradley





Skiles, Paul
Skrak, Kimberly
Smart, Ellen

Smith, James
Smith, Krista
Smith, Marcellus

Soliday, Denise
Souza, Jimmie
Spencer, Lisa

Spencer, Mark
Sperry, Lisa
Spilva, Denise

Freshmen have that Funky Beat!



Spivey, Robert
Springer, Lisa
Springer, Pamala
Stahl, Julie
Stansifer, Cindy
Stanton, Scott
Stark, Julia



Staton, Judie
Stewart, David
Strauss, Mitchell
Stuczynski, James
Suggs, Douglas
Surber, James
Swaner, Susan



"It's a bird, It's a plane, NO, It's ...!"



Swanson, Ronald
Swartos, Kristi
Sypolt, Ann



Syracuse, Louis
Tam, Michael
Tanzola, Jeffrey



Taylor, Paty
Thomas, Douglas
Thomaselli, Patrick



Thompson, Mark
Thompson, Matthew
Thorson, Kimberly

Tinkham, Denise
 Todd, Paris
 Tom, Sally
 Tozer, Lance
 Trail, Tawnya
 Treinen, Christine
 Turley, Cathy



Turpin, Scott
 Usher, Alison
 Van Dusen, David
 Vaughn, Jeanette
 Velton, Jennifer
 Villani, Rosa
 Wade, Jodi



Wagner, Charles
 Wagner, Maria
 Wagner, Susan
 Walker, Cheryl
 Waterford, Denise
 Watkins, Gregory
 Weaver, Donna



Weaver, Heath
 Wedde, Angela
 Weir, Alexander
 Westling, Jennifer
 Whitcomb, Wendy
 Wicks, Stacey
 Wickware, Bruce



Wiginton, Bobby
 Williams, Richard
 Williamson, Martie
 Wilson, Dawn
 Wilson, Marc
 Winn, Thomas
 Wintemute, Denise



Wittkop, Jay
 Wojczynski, Robert
 Wong, Stanley
 Wright, Victoria
 Wright, William
 Wuebold, Daniel
 Wurzel, Karla



Young, Lisa
 Ziegler, James



Zitterow, Wendy
 Zizzo, Louis



Zopfi, Debbie
 Zouhar, Roger



Zschunke, Tommy



"36-24-36 ... WOW!!"

FACULTY AND STAFF

To Pissbody
 I hope you have
 a nice winter and
 don't get ~~stuck~~ snowed out.
 You are a really nice
 person. I think you are
 a person, aren't you? I wish
 you all the bad luck in
 the universe.
 Love Duke



Admin Notes

Positive Attitude

Dr. Robert E. King: "Students enrolled at Helix this year have been on the cutting edge of the beginning of what appears to be many future changes in public education. The successful educational process continues to demand a positive attitude from the student, parent and teacher. It is my firm belief that the strong minds, positive attitudes, moral responsibilities and good judgments will continue to generate the same excellent results in the future of Helix as those results to which our school has grown accustomed in past years. I am confident that our graduates of 1979 and those of future years will continue to be proud of their educational foundations."



Gerald E. Reckin: "With the financial crisis that prompted the closing of summer school and caused many other changes in the master schedule and staffing, we were very concerned about what the school year held for students and staff. Once again, a positive attitude prevailed and a cooperative spirit was exhibited by students and teachers. The school year opened smoothly, and continued this way throughout the year. This is a tribute to the fine student body and excellent teaching staff."





P. Richard Geck
Student Services
Vice Principal
Came to Helix
in 1973

Gerald E. Reckin
Administrative
Vice Principal
Came to Helix
in 1971

Norman Robbins
Counselor G-Koi
Came to Helix
in 1958

James Thurman
Counselor She-Z
Came to Helix
in 1972



Robert E. King
Principal
Came to Helix
in 1975

Lynn Lorsch
Counselor Ci-F
Came to Helix
in 1967

Patricia Robbins
Counselor A-Ch
Came to Helix
in 1965

Carole Hutchins
Psychologist
Came to Helix
in 1976

Not Pictured:
Art Edge
Counselor Kol-Nes



Ken Peeters
Student Services
Vice Principal
Came to Helix
in 1978

Robert Eckert
Career Development
Came to Helix
in 1972

Samuel Singer
Counselor Net-Sha
Came to Helix
in 1968

Janet Stollenwerk
School Nurse
Came to Helix
in 1978



Faculty Represented By Multi-Talented Scholars



Jim Arnaiz
Driver Ed., Math,
Football
Came to Helix
in 1969

Rick Ash
P.E., Football
Came to Helix
in 1976



Nilo Atkinson
Math, Geometry,
Algebra
Came to Helix
in 1962

Shurli Bailey
Latin, Geography
Came to Helix
in 1970

Don Bonney
U.S. History, A.S.B.
Came to Helix
in 1976

John Boone
U.S. and World
History
Came to Helix
in 1961





Gerry Branstetter
Home Economics
Came to Helix
in 1965

Jean Costa
Spanish
Came to Helix
in 1964

Chris DeGaetano
Speech, English
Came to Helix
in 1977



Jack Charles
Merchandising,
Math
Came to Helix
in 1974

Jon Crawford
P.E., Waterpolo
Came to Helix
in 1965

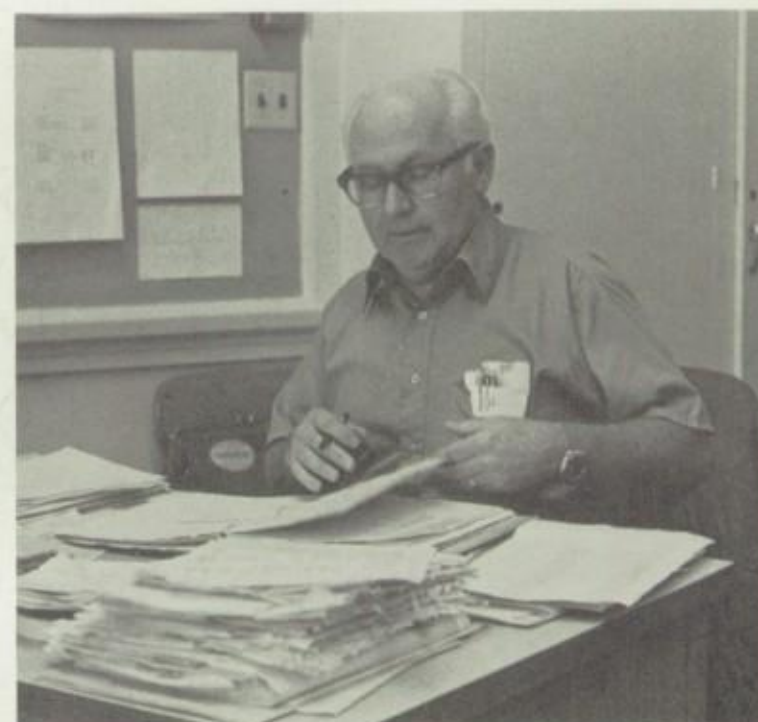
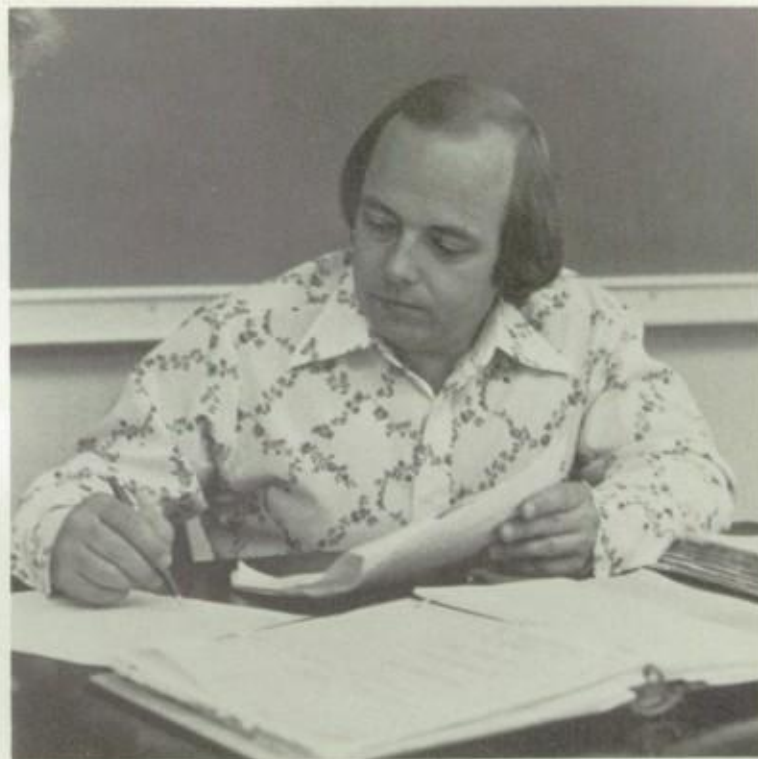
Jane Drake
English
Came to Helix
in 1966



Toni Clayton
E.H., LDG
Came to Helix
in 1974

James Custeau
Auto Motives
Came to Helix
in 1975

Richard Dye
E.S.L., Spanish
Came to Helix
in 1973





William Ehlers
Math, Algebra
Came to Helix
in 1961

Robert Freeland
Librarian
Came to Helix
in 1952

James Hart
Math, Geometry
Came to Helix
in 1964



Howard Estes
English, Reading
Came to Helix
in 1973

Mary Garcia
Business Ed.
Came to Helix
in 1955

Doug Hartung
Spanish
Came to Helix
in 1976



Mark Faulk
Guitar, Choir
Came to Helix
in 1974

Jill Gormley
French
Came to Helix
in 1975

Maria Heimpel
Spanish
Came to Helix
in 1967



Charles Feeser
U.S. History
Came to Helix
in 1959

Reginald Grainger
English
Came to Helix
in 1966

Charles Higby
English
Came to Helix
in 1955



Louis Freed
Algebra, Geome-
try
Came to Helix
in 1955

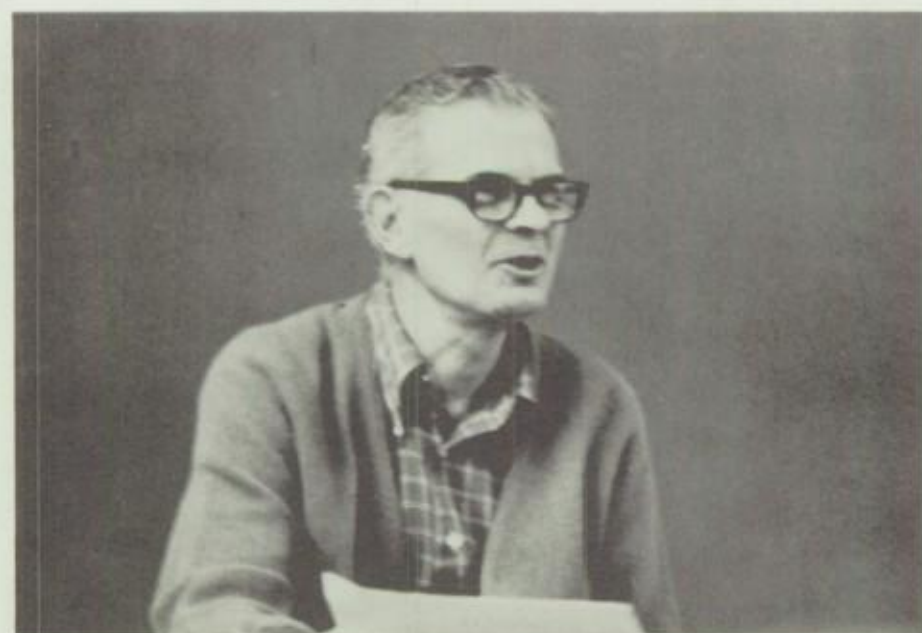
Steve Griswold
E.H., Ldg.
Came to Helix
in 1971

Clovis Hill
English, Journ.
Came to Helix
in 1953

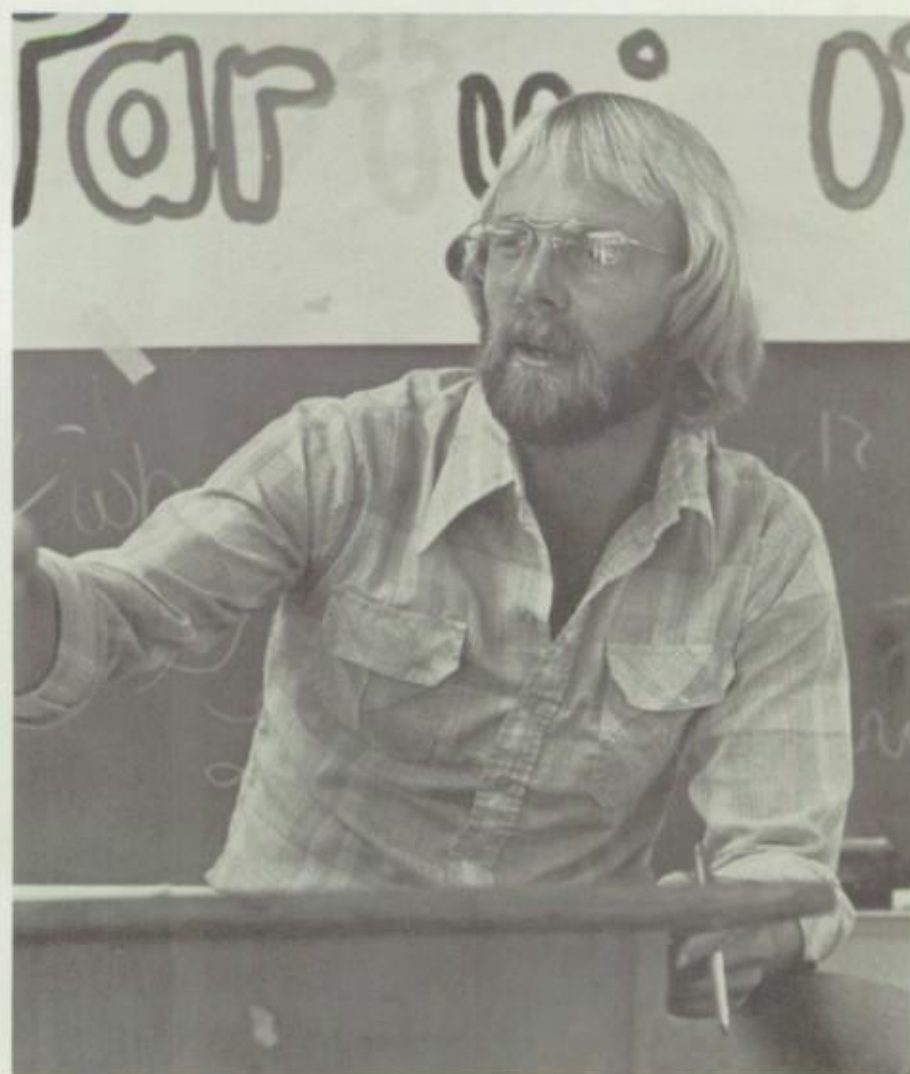
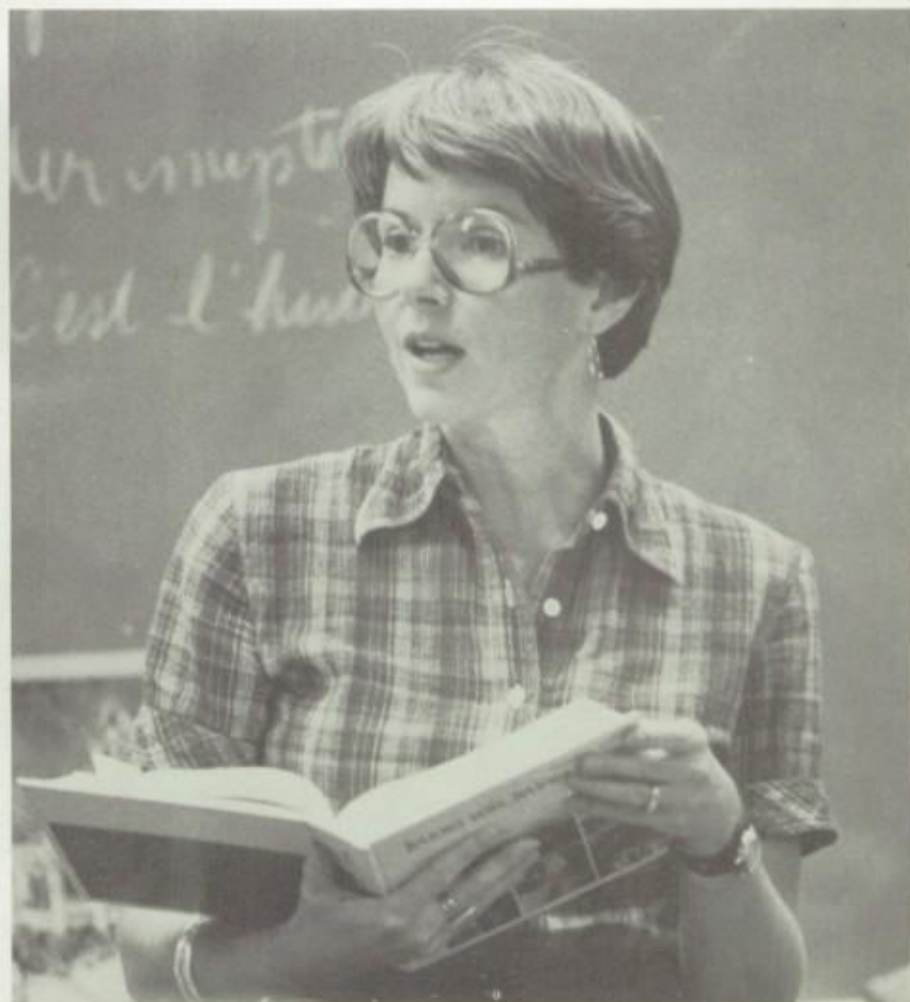
So Chris,
So a really rotten
person that I have
always dreaded at home
the only reason that I ever
talk to you is because I like
to fight those little brats
I hate you! I hate you! I hate
you are one of the rottenest
that I have ever seen. I hate
to see you again, on the
people I hope
love Always
being executed
P.S. You are rotten and I hate you,
LVB

Math And English Departments Reflect Changes

Al Larsen: "The English department has changed in the sense that the 'back to basics' emphasis has nearly eliminated the elective program. I don't see much change in the goal of education ... there is a little bit more emphasis on mechanics, grammar, etc. I thought the program was good before and recent changes haven't effected it that much."



Lou Freed: "There is not much effect on students who were doing well in math before. Most students in the applied arts program will now need almost twice as much math to be able to pass the competency test ... some more than that. This means that Helix students are taking more math than before, and more teachers are needed now to meet their needs."





Margaret Hopkins
Algebra, Calculus
Came to Helix
in 1960

Charles Kahan
English, Reading
Came to Helix
in 1963

Gerald Kirk
Band, Orchestra
Came to Helix
in 1971



Denise Hume
Physical Ed.
Came to Helix
in 1972

Robert Keppler
English
Came to Helix
in 1966

Phil Knott
German, Econ.
Came to Helix
in 1968



Dale Johnson
Woodworking
Came to Helix
in 1975

Agnes King
Physical Ed.
Came to Helix
in 1966

David Landry
English
Came to Helix
in 1970

Faculty Profiles

Reveal Varied Interests

Richard Langston
Social Living,
Psych, Wrestling
Came to Helix
in 1967

Lou Laterza
Electronics
Came to Helix
in 1975

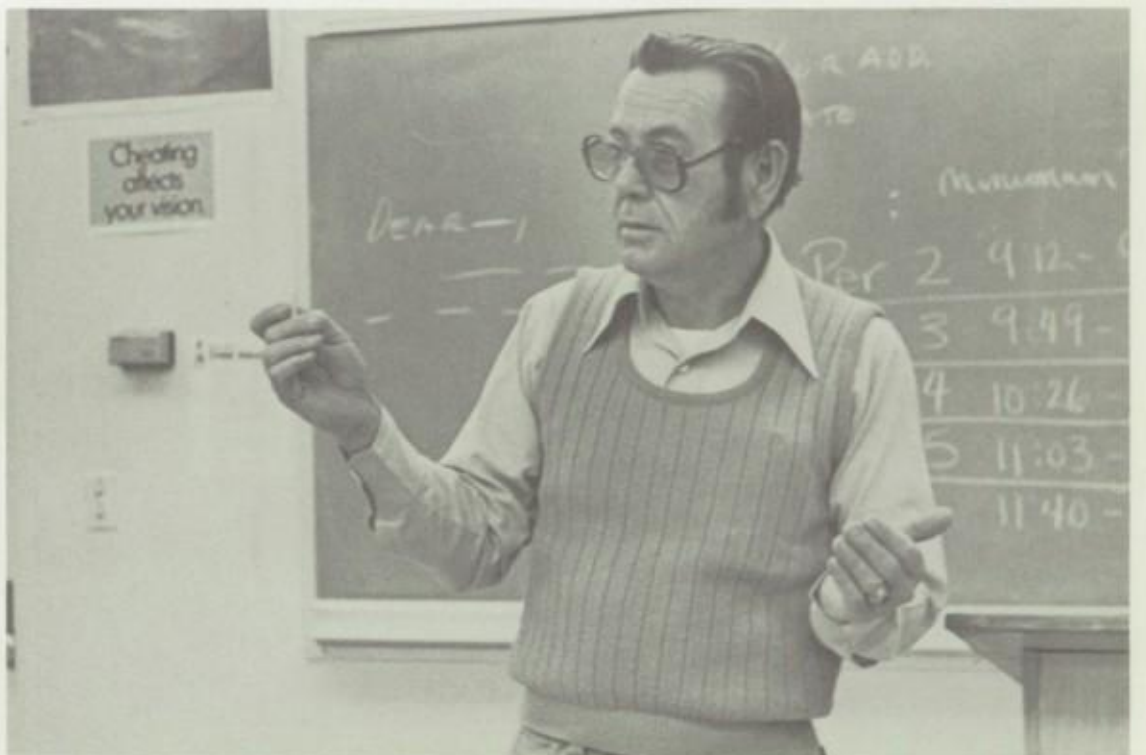
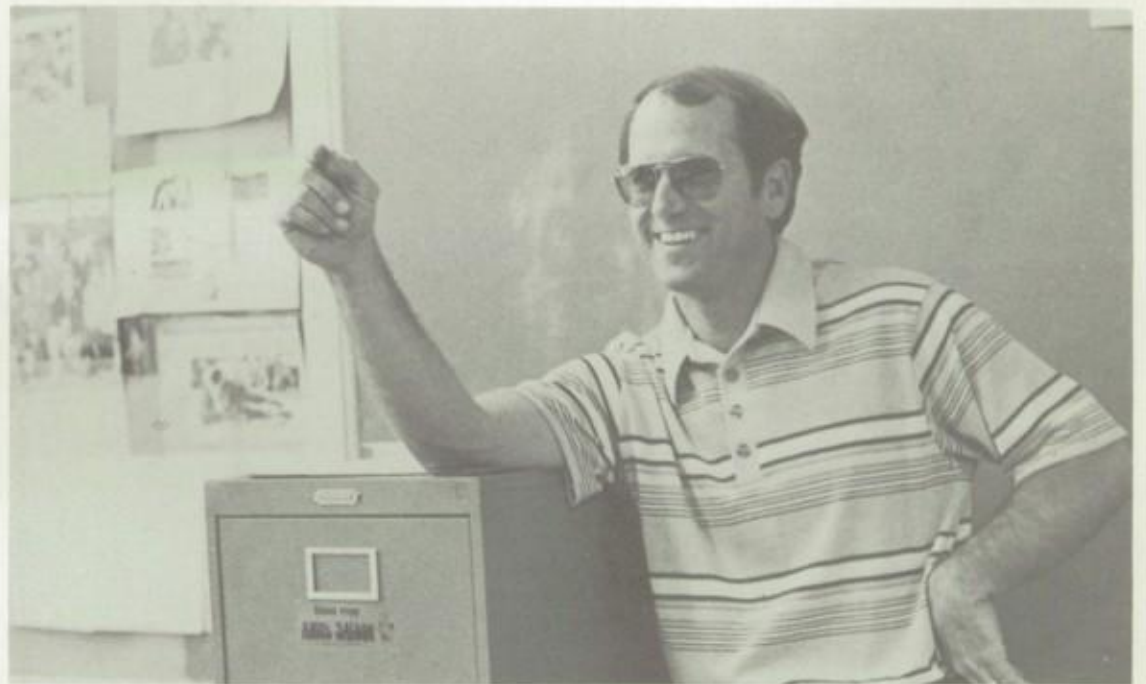
Ernest Ligon
Math
Came to Helix
in 1972



Al Larsen
English
Came to Helix
in 1967

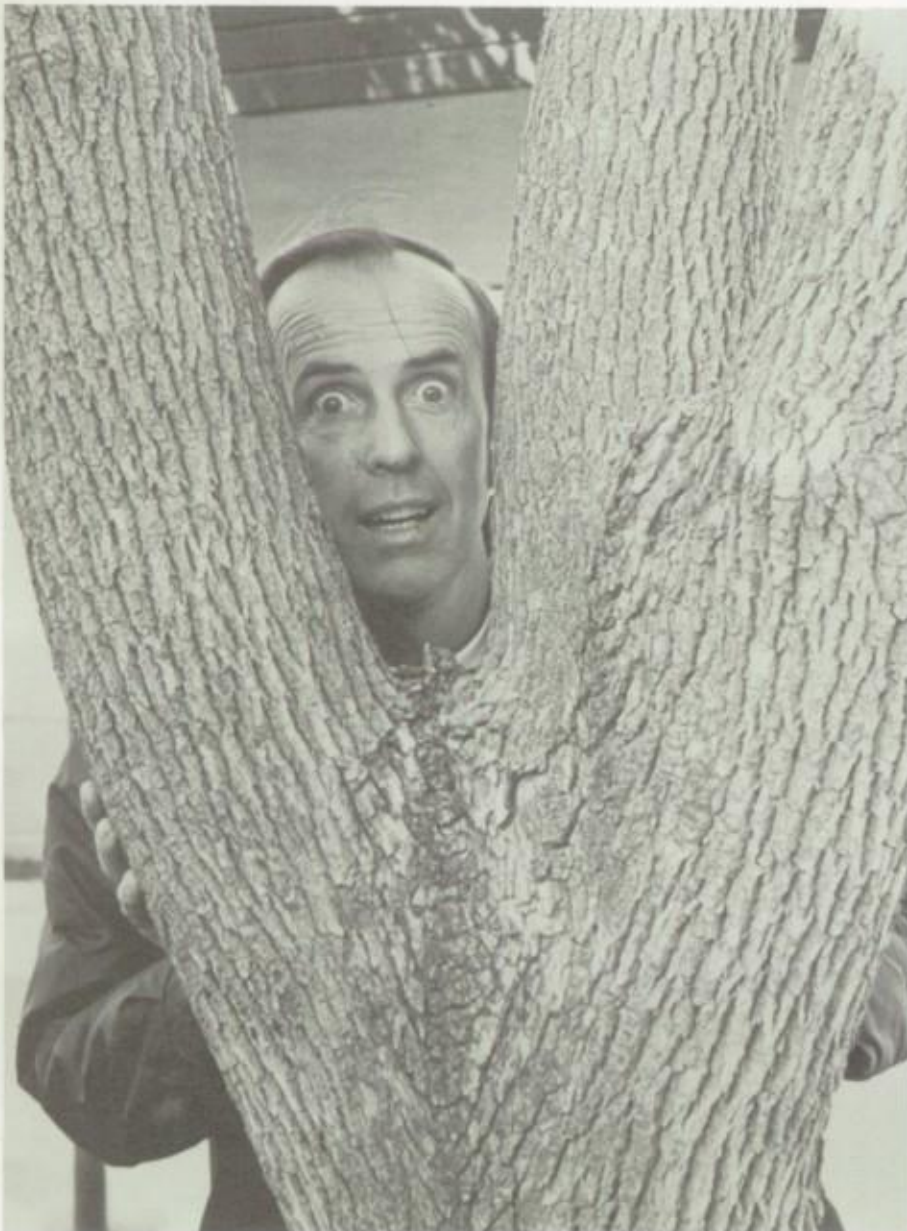
Myrra Lee
Social Living, U.S.
History
Came to Helix
in 1970

Marianne Loftus
Physical Ed.
Came to Helix
in 1957



Proposition 13 Proposed Major Challenge

Don Bonney: "The school year was filled with rewards and growth. Facing the threat of proposition 13 and answering the challenges it posed for this year was a rewarding experience for many, and a growth experience for others. If anything, proposition 13 forced the many aspects of Helix to pull together and reunify. That in itself was very rewarding. The specter of proposition 13 has not passed, however, and the next two or three years will require even more unified efforts if the long range outcomes are to be either growth experiences or a rewarding answer to a major challenge."





Bob Lucas
Physical Ed.
Came to Helix
in 1964



William Melton
Social Living
Came to Helix
in 1971



Jack Munson
Math, Geometry
Came to Helix
in 1960



Frank Lueke
Geography
Came to Helix
in 1967



Leslie Messier
Physical Ed.
Came to Helix
in 1971



Gordon Nash
Biology
Came to Helix
in 1961



Joe Manor
Poli. Sci., Psych.
Came to Helix
in 1959



Paul Messier
Bio-Med, Biology
Came to Helix
in 1978



Betty Jo Nichols
Art, Design
Came to Helix
in 1964



Patricia Mcquillan
English
Came to Helix
in 1970



Mike Muirhead
Physical Ed.,
Track, Cross-
Country
Came to Helix
in 1962



Evonne Noll
Drama, Stagecraft
Came to Helix
in 1966



Ellen Mellon
Home Dec., US
Hist.
Came to Helix
in 1973



Elizabeth Muller
Physical Ed.,
Gymnastics
Came to Helix
in 1970



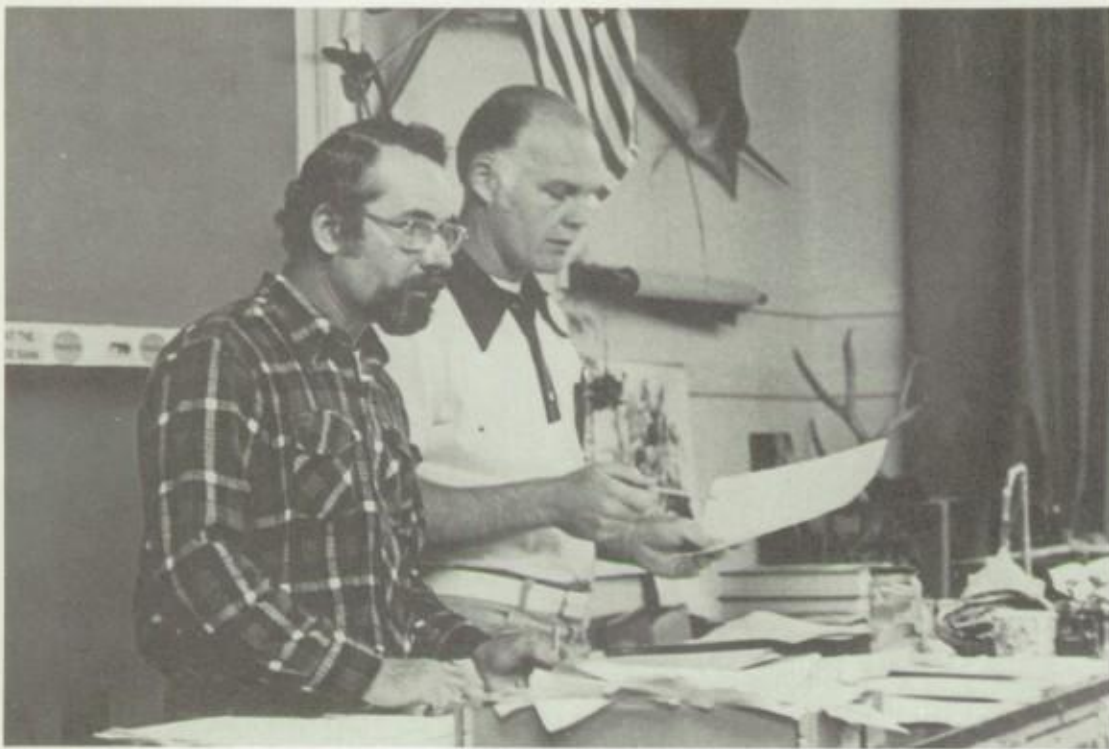
Parker Olsen
Biology, Oceanog.
Came to Helix
in 1967

Talented Teachers Had Numerous Pastimes



Yolanda Ornelas
Spanish
Came to Helix
in 1957

Hazel Osborne
Business, Basic
Arithmetic
Came to Helix
in 1961

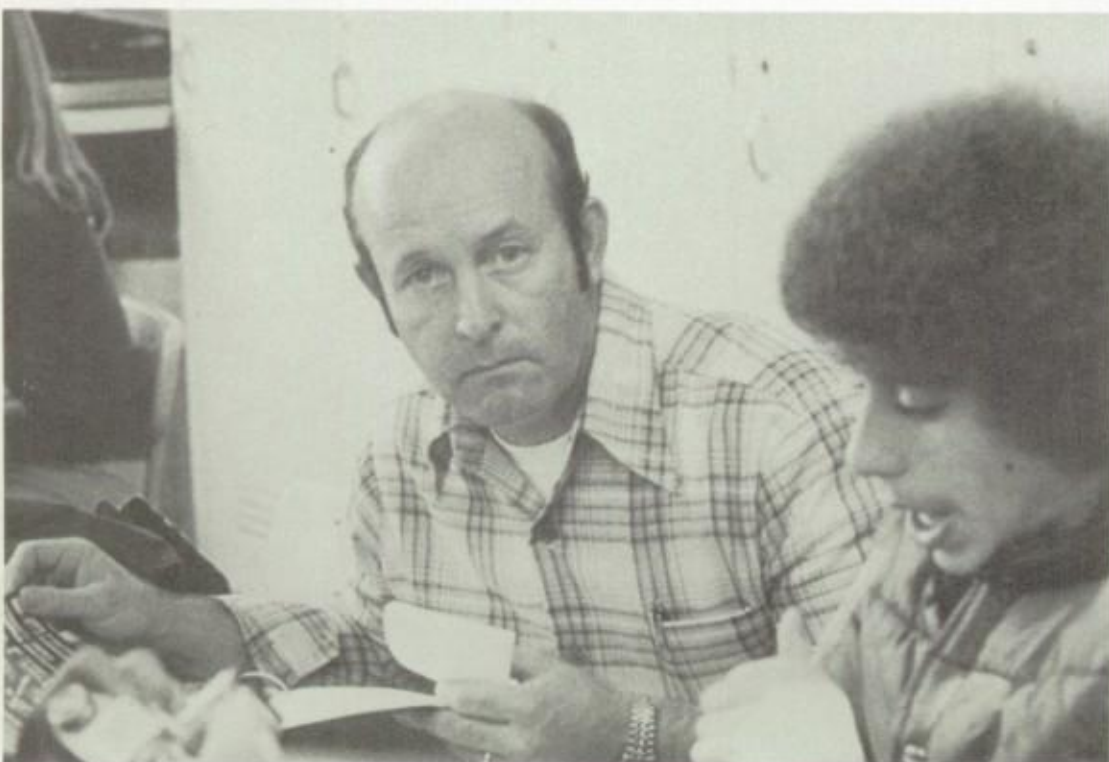


Jimmy Oxford
Metals
Came to Helix
in 1978

Jessica Patton
English
Came to Helix
in 1966

Phillip Patton
English
Came to Helix
in 1965

Terrie Pennock
English
Came to Helix
in 1977





Alan Pirie
Biology
Came to Helix
in 1961

William Ramsey
Bio-Med, Chemistry
Came to Helix
in 1951

Jon Schmit
Math, Crafts
Came to Helix
in 1978



Dan Plough
Math, Arithmetic
Came to Helix
in 1976

Ron Ray
Photography, Publications
Came to Helix
in 1964

Charles Serr
Crafts, Photog.
Came to Helix
in 1968

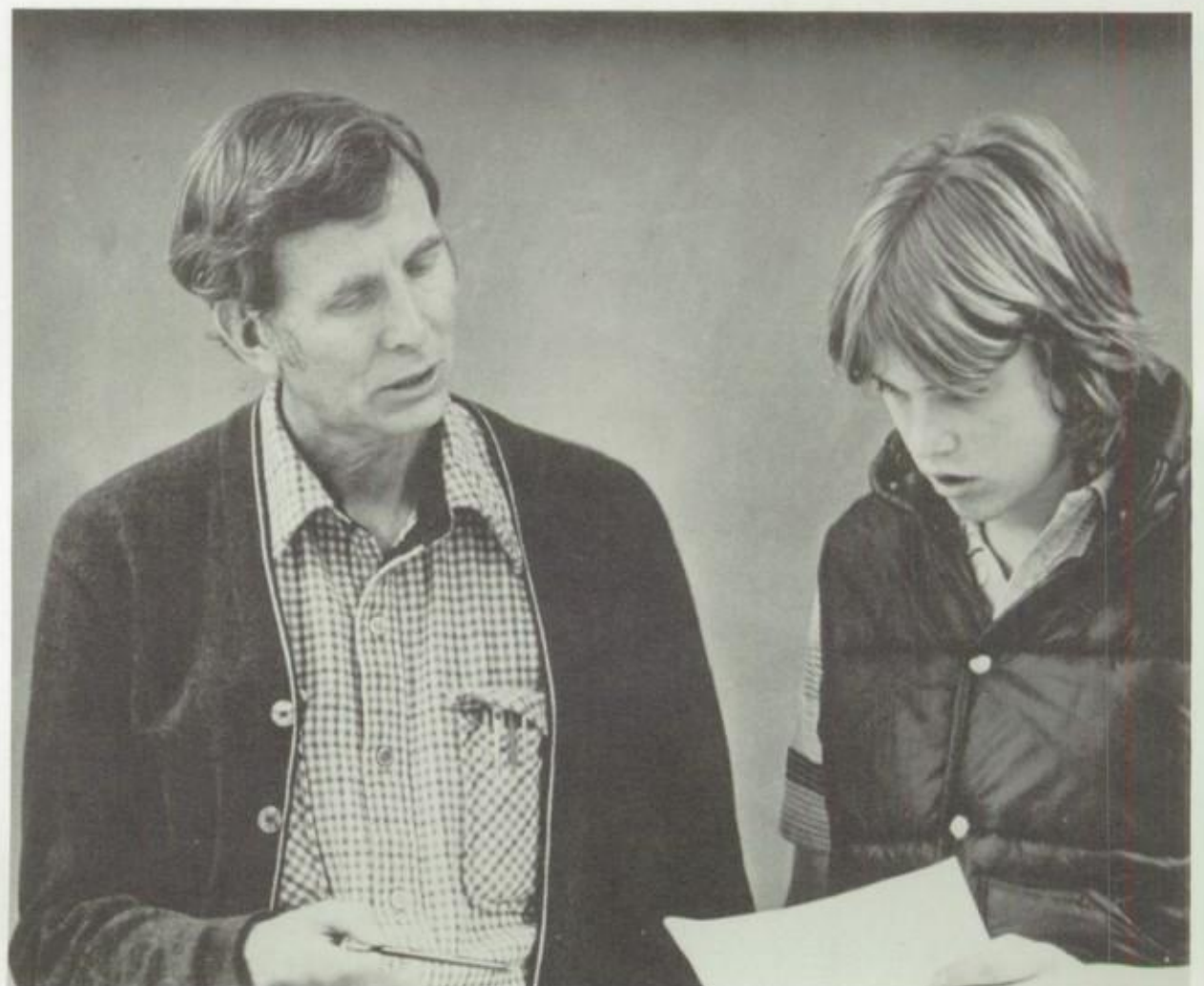
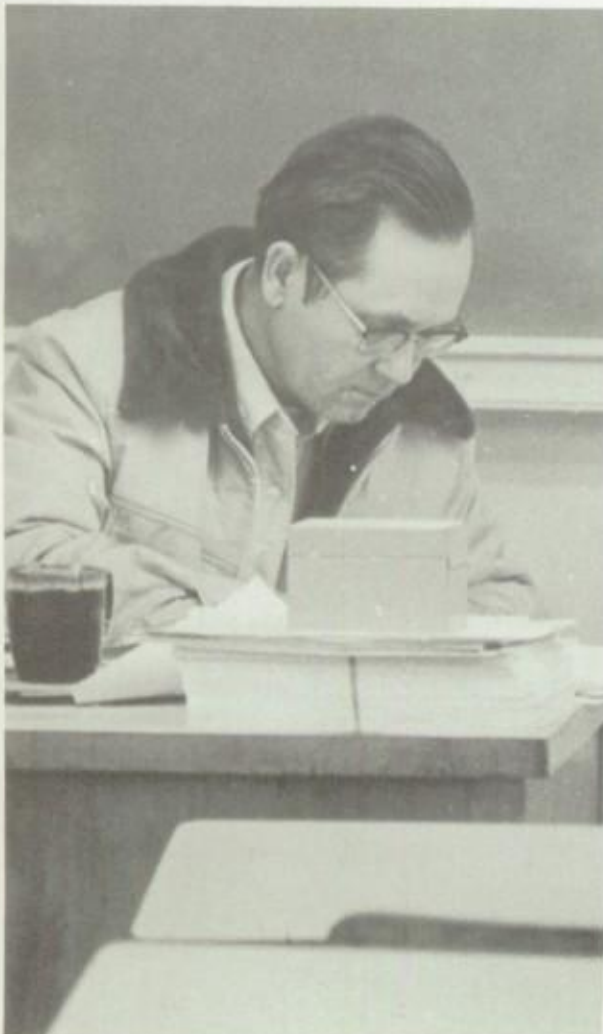
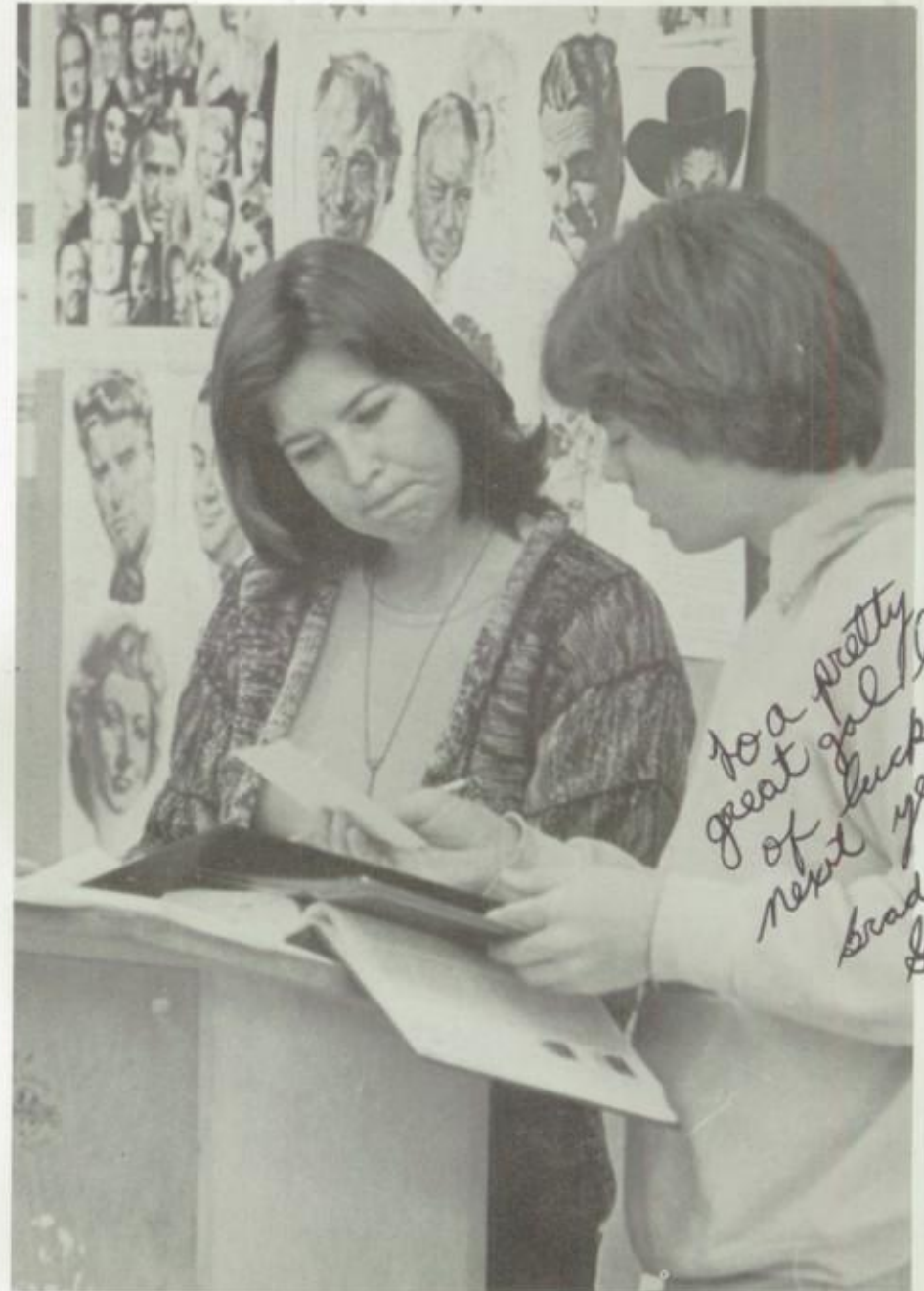


Kay Raines
Typing, Book-keeping
Came to Helix
in 1970

John Roang
Vocational, Graphic Arts, Duplicating
Came to Helix
in 1951

Jerry Shepherd
U.S. History
Came to Helix
in 1967

Instructors Communicated Need for Self-Expression





William Simpson
Arithmetic, Math,
Algebra
Came to Helix
in 1961

Warren Vinton
Political Sci., Ge-
ography, Golf
Came to Helix
in 1956

Dale Welch
Graphic Arts,
Drafting
Came to Helix
in 1968



Sharon Smith
English
Came to Helix
in 1971

Ross Walker
Biology, Math
Came to Helix
in 1958

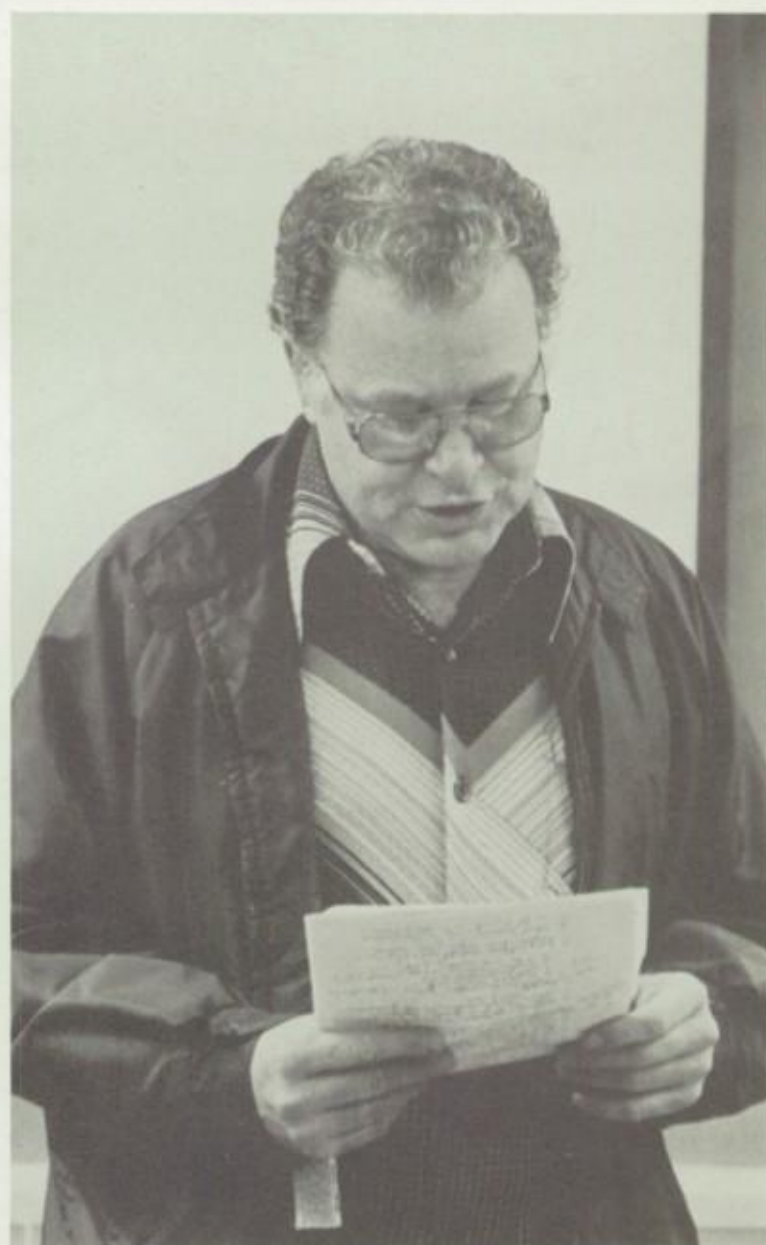
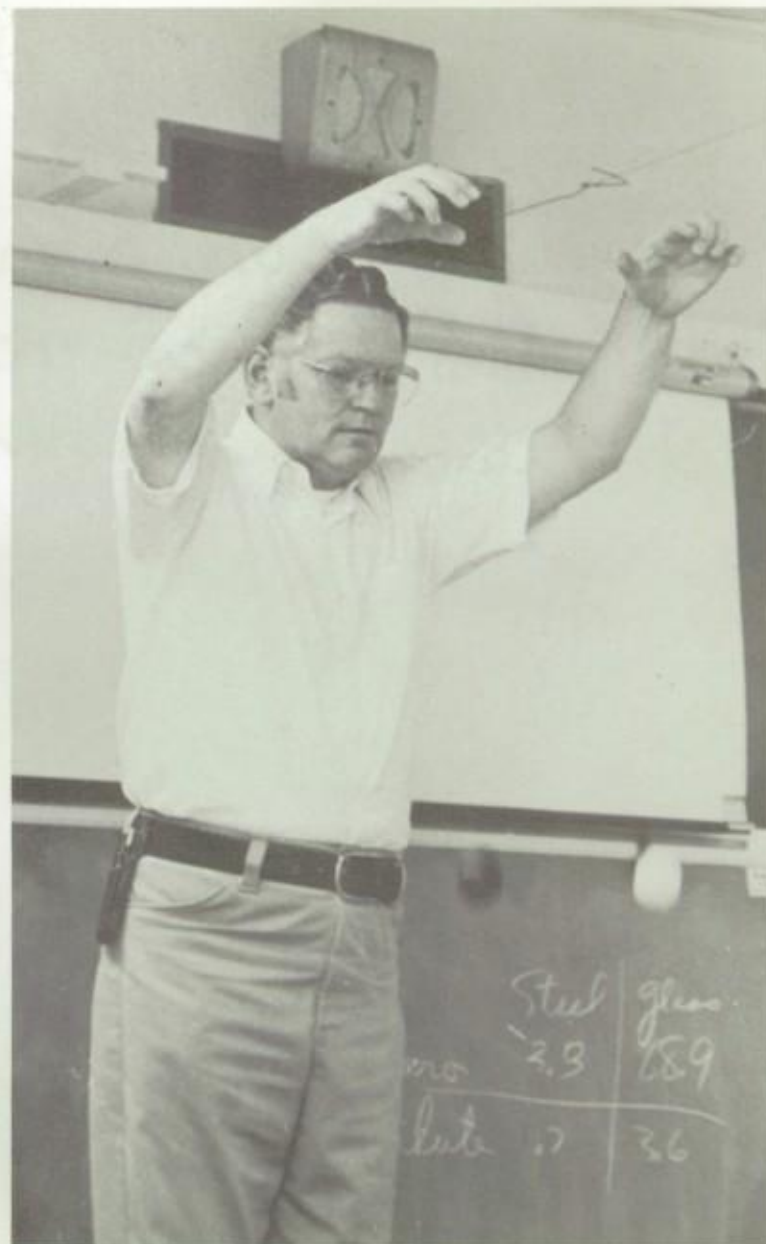
Robert Winans
Driver Ed., Soccer
Came to Helix
in 1976. *The worst
teacher in
this DAMN
school*

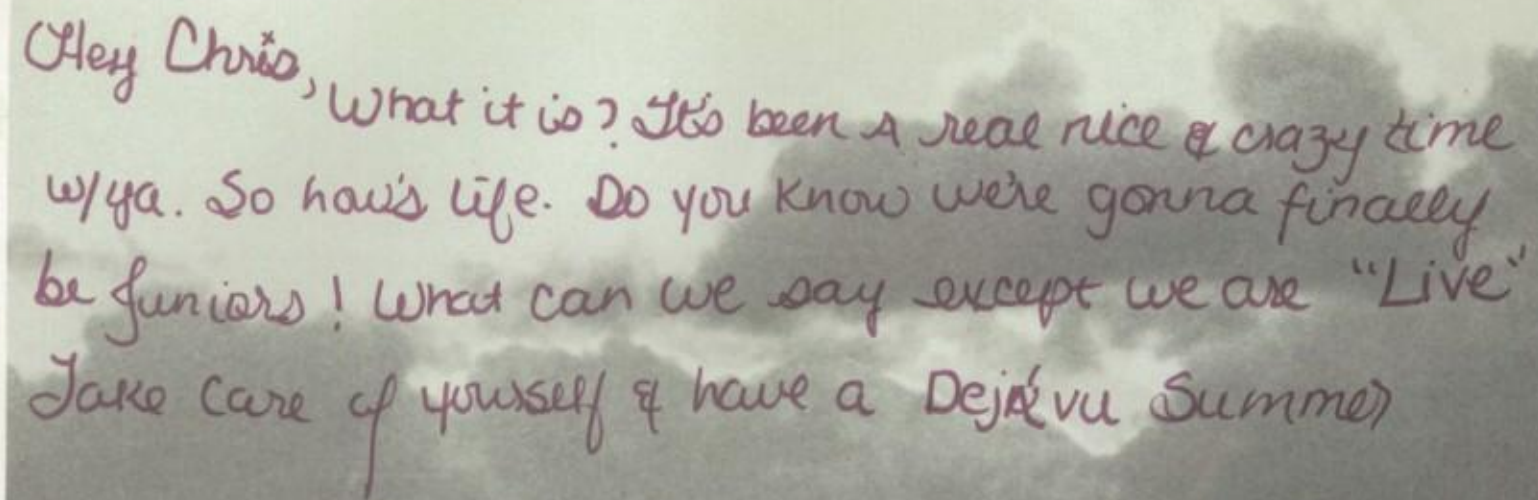


Donald Spear
Geography, U.S.
History
Came to Helix
in 1960

Frank Watenpaugh
Physics, Science
Came to Helix
in 1953

Joseph Woods
Political Sci.
Came to Helix
in 1964





Okey Chris, what it is? It's been a real nice & crazy time
w/ya. So have's life. Do you know we're gonna finally
be Juniors! What can we say except we are "Live"
Take care of yourself & have a Déjà vu Summer

Love Andreanette
"49"

"In this sad world of ours,
sorrow comes to all ...
it comes with bitterest agony ...
Perfect relief is not possible
except with time.
You cannot now realize
that you will ever feel better ...

And yet it is a mistake.
You are sure to be happy again.
To know this, which is certainly true,
will make you some less miserable
now.
I have had experience
enough to know what I say."

Abraham Lincoln

*Keppler was one of
the best teachers
that I ever had!!!*

In Memory Of



John Roang
1914-1978



Robert Keppler
1937-1978

Classified Staff Forced To Reduce, Learned To Endure

Joined in a common plight to overcome cut-backs resulting from the passing of proposition 13, the Helix classified staff performed their respective responsibilities admirably. In some instances it was necessary to totally modify job descriptions, while in others it meant a "doubling up" of secretarial and custodial duties. All students, parents, faculty and administration appreciated the classified services provided, and sincerely admire the endurance of those who performed "above and beyond" their assigned tasks.



Al Burkhart
Utilityman
Came to Helix
in 1973

John Drivick
Groundsman
Came to Helix
in 1978

Dorothy Focht
Food Services
Came to Helix
in 1962

Yvonne Guterrez
Food Services
Came to Helix
in 1976



Eileen Clogston
Records Clerk
Came to Helix
in 1961

William Emerson
Custodian
Came to Helix
in 1978

Leda Frame
Food Services
Came to Helix
in 1973

Lou Jean Harris
Counseling Sec.
Came to Helix
in 1969



Vivian Davies
Food Services
Came to Helix
in 1976

Sabrina Espinosa
V.P.'s Secretary
Came to Helix
in 1977

Sherry Gillespie
Attendance Clk.
Came to Helix
in 1977

Tyrone Hicks
Custodian
Came to Helix
in 1978

Barbara Kirk
Program Clerk
Came to Helix
in 1971

Bob LaCross
Admin. Asst.
Came to Helix
in 1972

Pat Limpic
Prin. Secretary
Came to Helix
in 1973

Barbara Magdich
Textbook Clerk
Came to Helix
in 1977



Evelyn Koske
P.E. Attendant
Came to Helix
in 1976

Ron Lara
Custodian
Came to Helix
in 1978

Judy Lobb
Program Clerk
Came to Helix
in 1977

June Maytas
Food Services
Came to Helix
in 1973



Stephen Kossowski
Groundsman
Came to Helix
in 1976

Jean LaMoe
Food Services
Came to Helix
in 1953

Josephine Mackey
Food Services
Came to Helix
in 1977

John Mueller
Custodian
Came to Helix
in 1960





Charles Myers
P.E. Attendant
Came to Helix
in 1968

Louise Sanborn
V.P.'s Secretary
Came to Helix
in 1966

Kay Teaby
Counseling Sec.
Came to Helix
in 1967



Gordon Nyhus
Head Custodian
Came to Helix
in 1976

Marlene Stark
Food Services
Came to Helix
in 1975

Alfredo Ubaldo
Custodian
Came to Helix
in 1978



Pat Owens
Library Tech.
Assistant
Came to Helix
in 1974

Janet Taylor
Bookkeeper
Came to Helix
in 1972

Rosa Van Pelt
Food Services
Manager
Came to Helix
in 1955



Dore Plese
Counseling Sec.
Came to Helix
in 1978

Mavis Taylor
Food Services
Came to Helix
in 1977

**Margaret Von
Dran**
Food Services
Came to Helix
in 1975

**Wanda Zimmer-
man**
Receptionist
Came to Helix
in 1978

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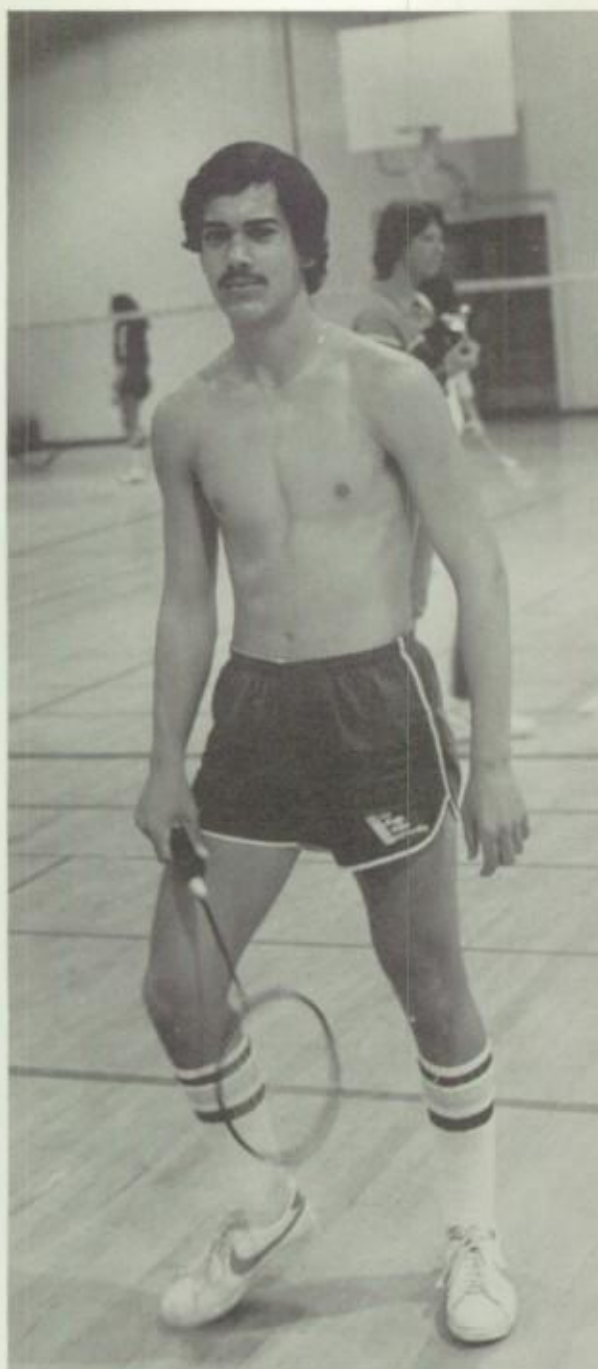


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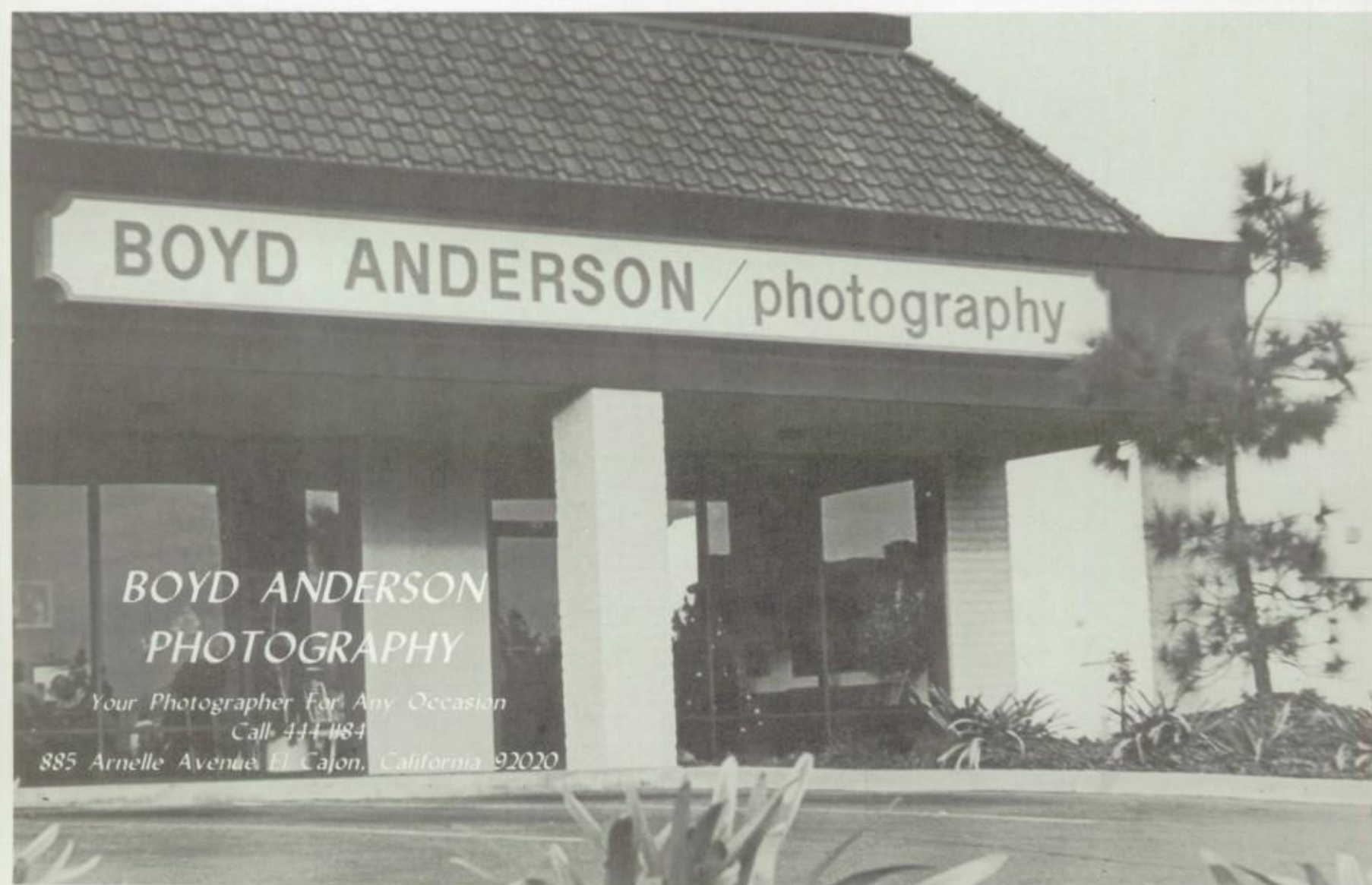
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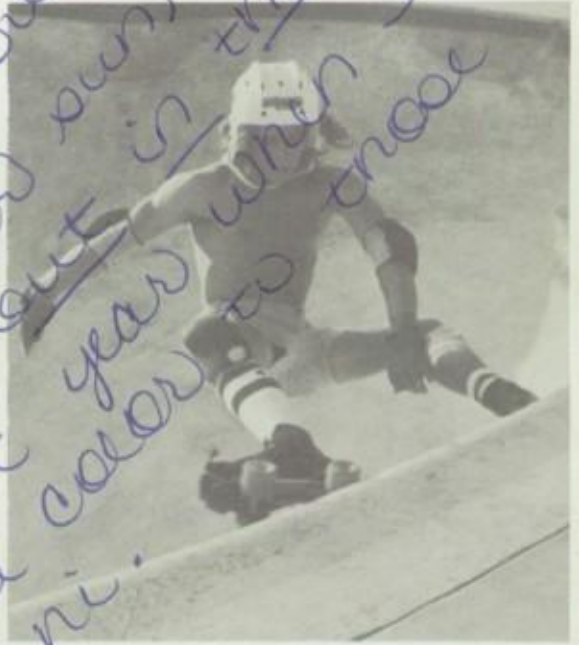
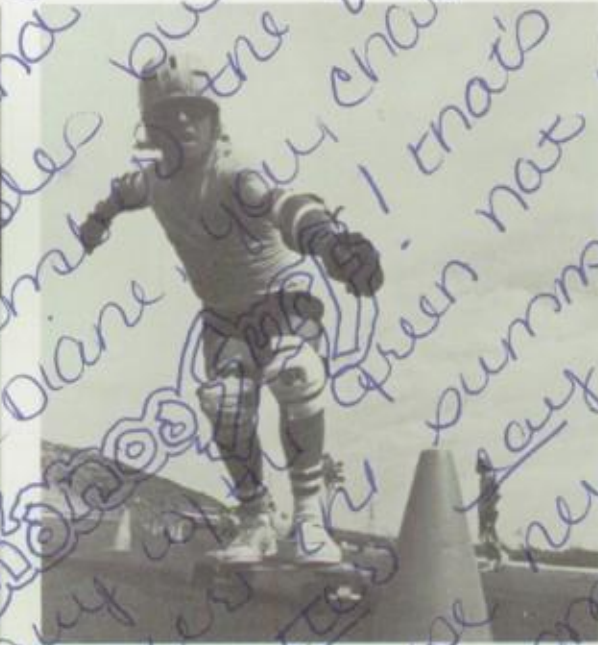
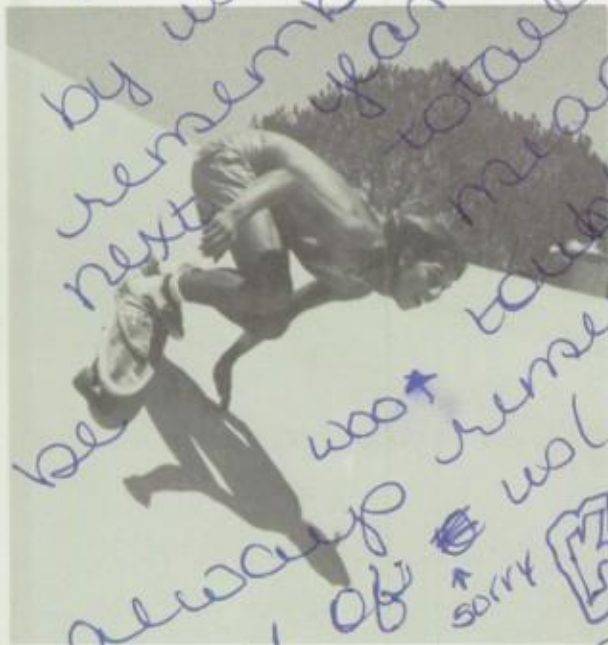
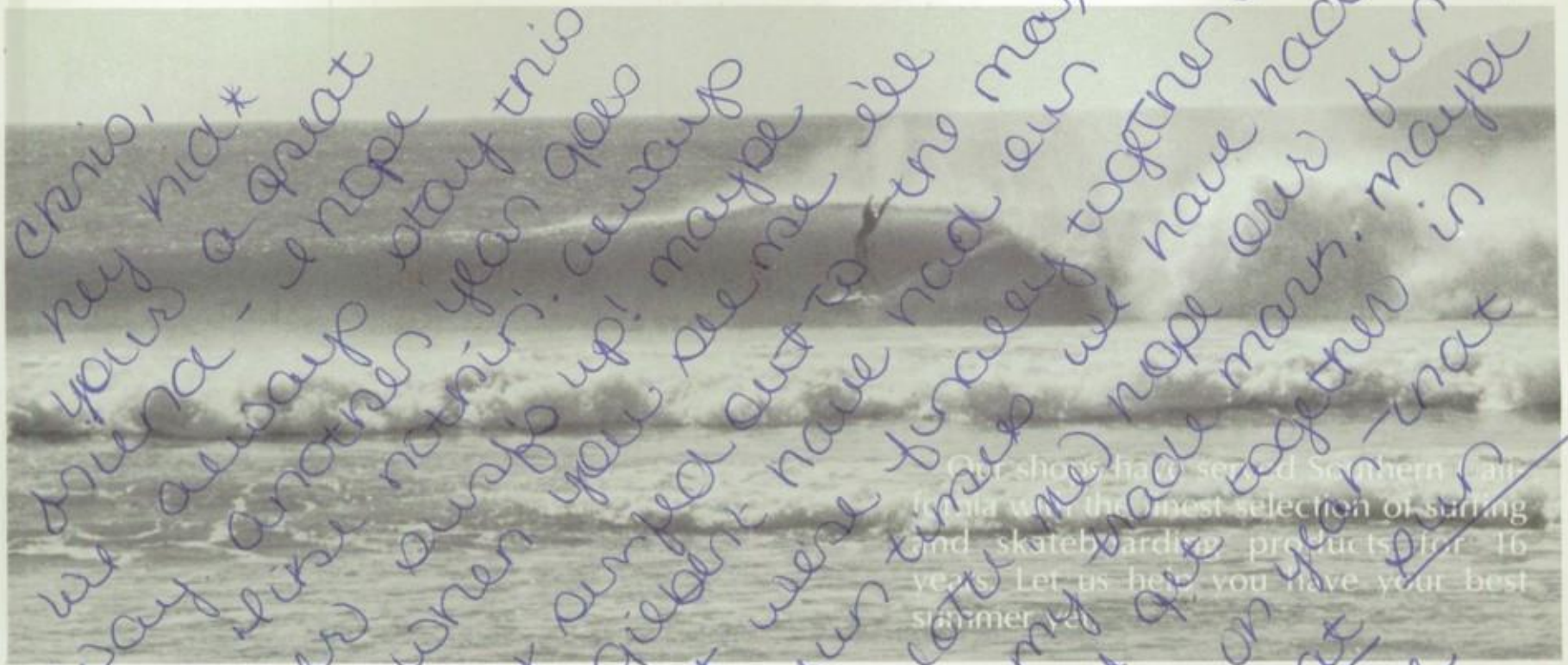


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we always stay trio
way another year goes
by no first nothing. always
remember our's up! maybe
year when you see me ill
totally surfed out to the max!
mean and quiet have had our
but we're finally together again.
the fun times we have had
you, Charlotte, me, hope our fun
that's my whole mark. maybe
I'll see you next year that
summer. Let us hear you have your best
summer.

all 4 of us
always remember
Diane, you, Charlotte, me, hope our fun
that's my whole mark. maybe
I'll see you next year that
summer. Let us hear you have your best
summer.

continues. you and the summer. under the sun. cause next year when I
reminds me. you better have some color to those
and get you, your mama, your always friend always
see you, tell you, your mama, your always friend always
legs. tell you, your mama, your always friend always

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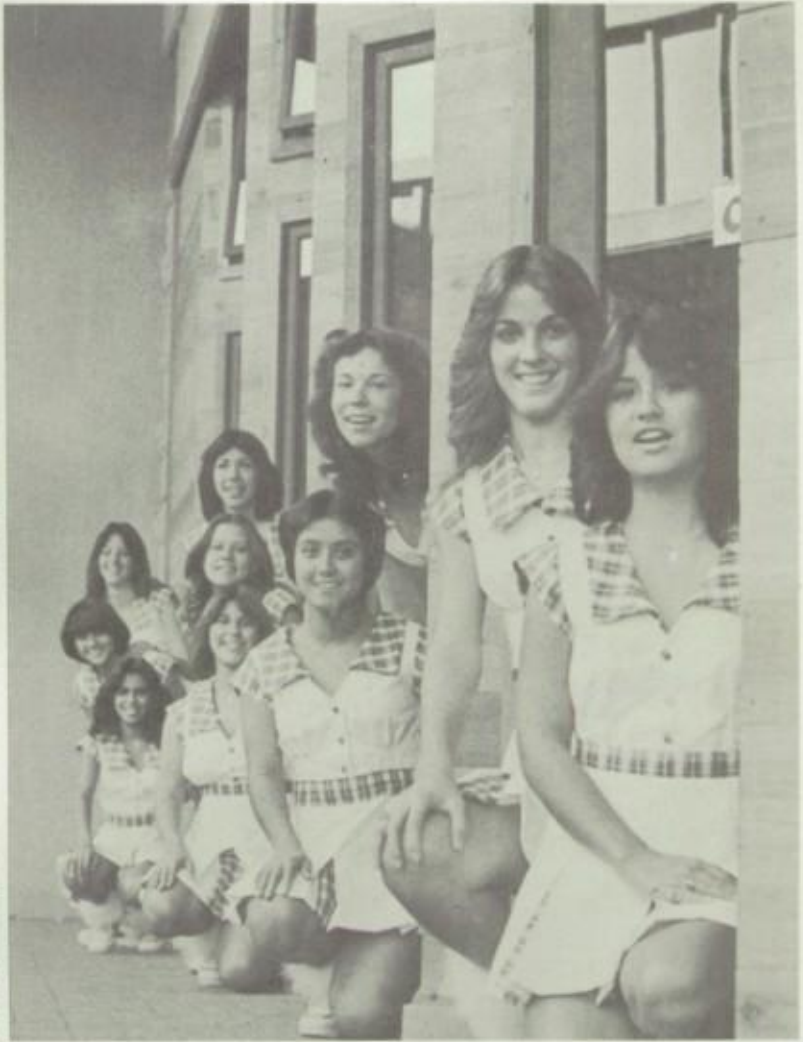
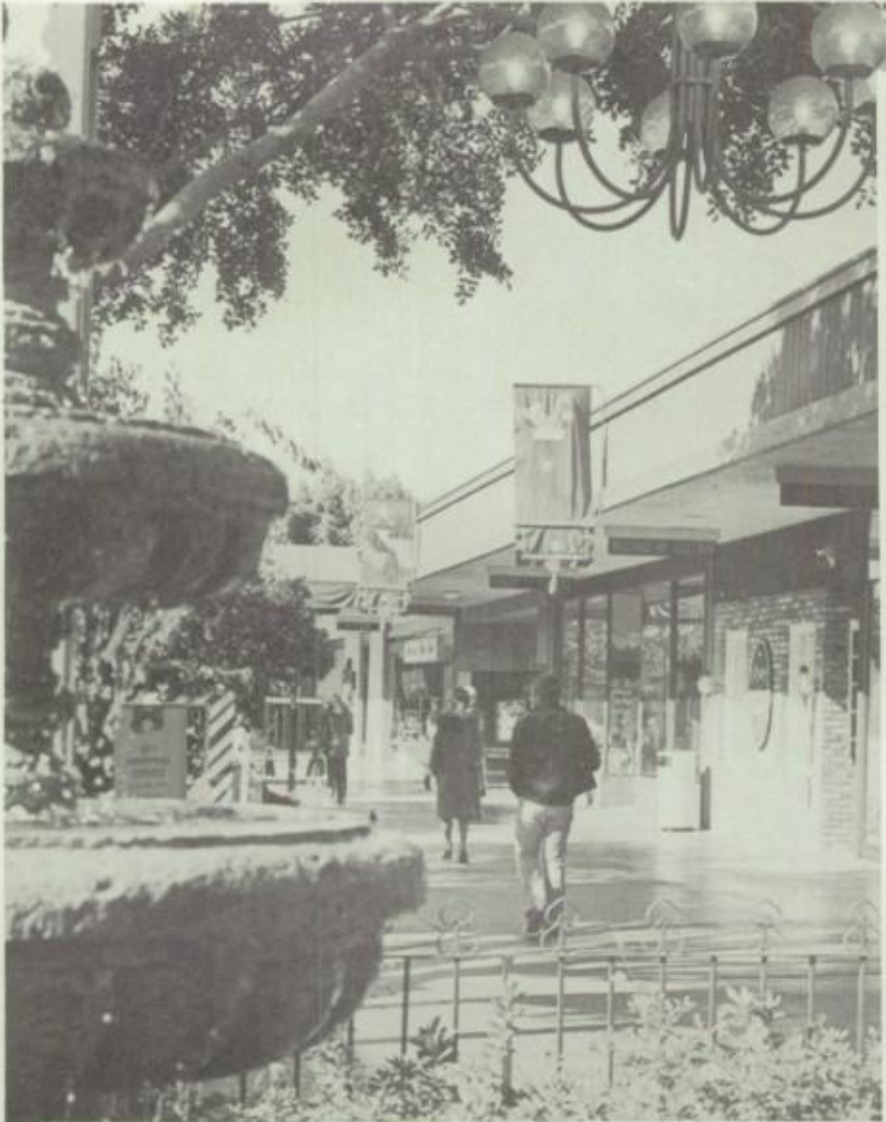
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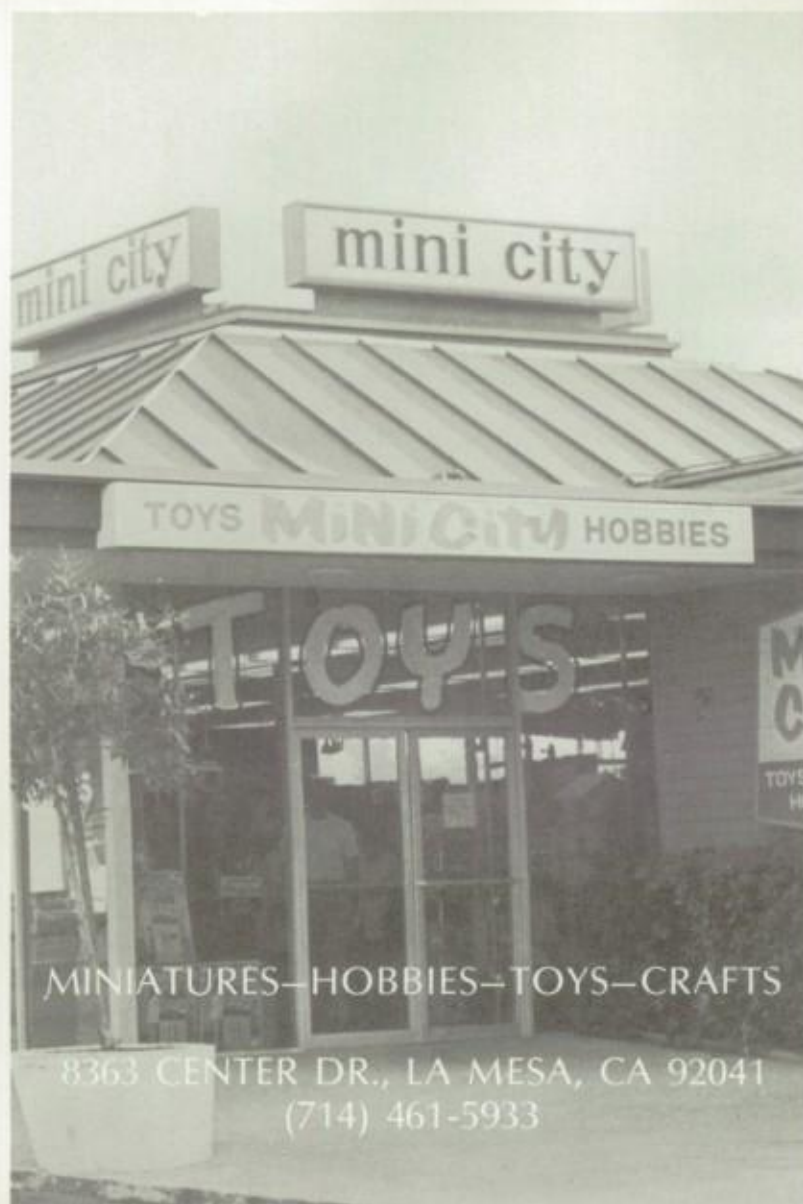
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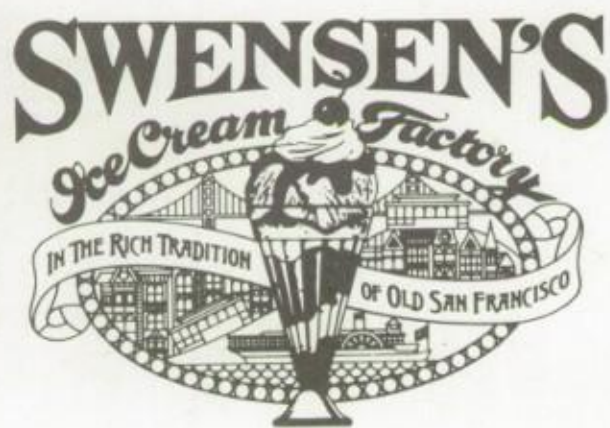
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Good-Bye from '76-77 J.V. Cheer: Mary Men-
doza, Donna Oleksow, Lore Meek, Missy
Rhea, Doreen Kim and Venise Contreras. We
love you, Helix!



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The best of luck to all Helix Students

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Chas
you get a round sec
don't kill sec
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Special Thanks To Special Folks



Thanks to Suzy Erautt, Michele Jarvis, Marti Vidaurri, Debbie Lapham and Dawn Wolford for the work they know they did. Thanks for photographic and secretarial help (and moral support) from Jim Allen, Sandy Engebretsen, Randy Darland, Katrina Klebe, Lisa Markall, Kim McBride, Kevin Parriott, Teri Simpson, Brett Roberts, Mike Usher and Steve Whitcomb. My special thanks are reserved for Don Bonney, Boyd Anderson, John Stickney, Bruce Smith, the school administration and those who expressed a **real** concern for the Tartan.

In closing . . .

Whatever we numbered in the beginning of the year (I don't remember) hardly matters. And the reasons for our dwindling are many and too complex to generalize. Never, it seems, has a publication staff been so plagued with difficulties. But now the incredible amount of work is finished. It would be all too easy to pass the buck, so to speak, regarding the myriad of troubles which beset the production of the '79 Tartan. The fault is mine, because I trusted in the idealism and enthusiasm of youth. I believed (and still do) that young people on the verge of maturity could handle the responsibility of conceiving, working on, and putting together a year-book, with a minimum of "outside" interference. This time I was wrong, and unfortunately the ultimate product is lacking in spirit that seems to emanate only from youthful minds. As I set about to pick up the pieces and begin planning for the 1980 Tartan, I will do it the same all over again. I will look for the same enthusiasm and spirit which has in the past worn well under fire and succeeded.

Ron Ray
Advisor

Chris
I hope you
have a nice
summer and I hope
to see you in the summer.
hope to see you next year.
stay cool and high! See you later.
Love Jim Fix

To Chris
I hope to see
next year have
good summer
love & fix

Chris,
it's been nice
knowing you
this year and
it's been fun
seeing you by
the bleachers
having a smoke
hope to see you
next year
love
always
windy
will

Chris,
I hate you
hope to see you
on ~~the~~ being
~~radio~~ KILLER
Love
Addam
By Luke

To Chris
areally nice person
that I really hate. You
are so nice that I wish
you were dead. Even
Addam says so. I wish
you all of the ~~bad~~ bad
luck in the world.
See you later
Luke


Luke

Chris
you've been
a real good friend
for the time I've known
you. I forgot I've known
you, I think it was
at Bernie's, and good luck with the guys
summer, and good luck next year and the
years to come.
hope to see you

Chris,
 I'm really glad we
 got to be better friends.
 I'm sure I'll see you during
 the summer. Good luck with
 this sport. See you
 every thing. Love
 Jessa
 6/6/79

Chris,
 I am really glad we were
 in the same English And
 Thanks for all the gum
 I wouldn't be able to
 live without it —
 Pretty soon my car will
 be ready and we can go cruiz
 around (fun) Take Care
 See ya next year
 Mustang forever
 Debbie

My Buddy Chris
 We had great times to-
 gether. The football games, dances,
 basketball games and of course
 Schmitts class. I never could figure
 out if it was crafts or study hall.
 But it was fantastic playing with you
 and Rick. If I'm ever a senior again we'll
 have to get together.

Jerry "The Bulliten" Sullivan

Miss. (EABOD)
 as Luke says
 I hope you get
 executed. seriously
 you are a nice girl (sometimes)
 I hope to see you next
 year.
 Shawn
 [Signature]

UNUS,
 I don't know
 what it means
 done if you
 weren't in
 social time.
 Have a fine
 summer
 I hope you'll
 be back
 in the fall
 Love
 Shawn

